

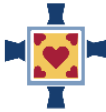
St. Paul's News Bulletin

Oct. 11, 2026

Welcome! Join us after the service for coffee and goodies. Newcomers, please pick up information at the table outside the sanctuary doors.



2027 Canadian Church calendars: Calendars are available for \$8 (cash) in the parish hall. Please see the display near the nametags.



Pledge Cards: Stewardship cards are available from sidespeople. Please prayerfully consider pledging a regular donation to St. Paul's to assist in planning. Return cards by **Nov. 8**. Put them on the collection plate (in an envelope) or bring to the parish office.

Winter Plant & Greenery Fundraiser: Winter greenery and gifts can be ordered until **Nov. 8** as a Hospitality fundraiser. Pickup will be available at the **Winter Tea Christmas Fundraiser on Nov. 21**. Please see Abby in the parish hall after the service. Donations of baking and *new* silent auction items are also needed for the Winter Tea.

Bakeless Bake Initiative: You can help raise some dough for St. Paul's with our Bakeless Bake fundraiser. Don't bake, just donate! Please look for the dough bins with instructions located by the entrances during October. See Annette for details.

Shoebboxes: Samaritan's Purse Shoeboxes are available in the Parish Hall. See Laure. Return boxes by **Nov. 8**.



Men's Breakfast: The group will meet Saturday, **Oct. 17** at St. Paul's at 8:30 a.m. All men 13+ are invited to join great food and fellowship.

Ladies' Luncheon: Meeting starts at 11:20 a.m. on **Oct. 24**. **Annette Pingot** will share how Psalm 119: 105 shaped her life.

Newcomers Welcome: On **Nov. 1** we will celebrate newcomers who have joined St. Paul's since our last celebration in June. Enjoy the special coffee time with cake and greet our newcomers.

Parking changes: St. Paul's parking lot is now a paid system for people *not* coming to St. Paul's events. **Sunday parking and funerals are exempt.** **Please register your vehicle details with the office** for all other activities. Please see Living Waters for more details or ask a **Warden**.

Winter Coats: Until the end of November, St. Paul's is collecting donations of new or gently used winter coats for Alpha House, which provides shelter, detox, outreach and housing programs in Calgary. Look for the marked boxes in the hall.

Mitten Basket: Donations of mittens, scarves & hats are welcome in the basket in the Parish Hall.



Food for Veterans: We will be collecting non-perishable donations for the Veterans Association Food Bank in until the end of November. Please look for marked boxes in the parish hall.

Foundation Bible Class: This **in-person** class is held at St. Paul's each **Wednesday from 7 – 8 p.m.** See Prosper or Fr. Tony for information.

Coffee Fellowship Time: Volunteers are needed to host Coffee Time. There is no need for a large spread — bring what is comfortable and feel free to pair up with others. The focus is on spending time together as a church family. Every contribution is appreciated!

St. Paul's Anglican Church

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Phone: 403 256-1428

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web site: www.stpaulscalgary.ca

Incumbent: The Rev'd Tony Hilling

Assistants: The Rev'd Cyril Haynes

The Rev'd Betty Nadurak

People's Wardens: Paul Bourgeois

Rector's Warden: Muiy Ekomwenrenren

Main Facebook Page: [stpaulscalgary](https://www.facebook.com/stpaulscalgary)

X: [@stpaulscalgary](https://twitter.com/stpaulscalgary)

Instagram: [stpaulsanglicanocalgary](https://www.instagram.com/stpaulsanglicanocalgary)

YouTube: <https://www.youtube.com/channel/UCldxfHv5pFYST-j8as1GVg>

Outreach

A Season of Thanksgiving

At this season of the year, we have much to be thankful for. Simply having food and shelter makes us more fortunate than millions of people around the world. You can help to feed and house some of these needy people by contributing to Alongside Hope. so that many more people may have cause for thanksgiving.

5th Sundays of the Month are Food for Others Sundays at St. Paul's. Everyone is invited to bring non-perishable food items and leave them in the bin marked Calgary Food Bank. The next Food for Others Sunday is **Nov. 29.**

Inreach: Many in our congregation face financial struggles, so a special fund was created. Donations marked "Financial Help for Parishioners" are welcome. If you need financial help or know of someone in our Parish who is (and you have their permission), please let Tony know. Confidentiality will be respected. This is a way we can care for each other in these challenging times.



Pastoral Care

If you'd like to be part of our **Pastoral Care Team**, please contact the Rev'd Deacon Betty Nadurak to find out more about it.

Chemo Care Bags: If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag, please contact the Parish Office.

Prayer Shawl: We meet in person on the first & third Wednesdays of each month at 1 p.m. Contact Laura Anne if you would like to join the group or if you know of anyone who would benefit from receiving a shawl. Everyone is welcome. No experience needed.

Grief Support Group: This is open to anyone who is grieving due to loss, illnesses or other struggles. For more information, please contact Laura Anne or leave your contact information at the Parish Office. Meets on Thursdays at 1 p.m.

Hunger for Healing, a Christian Twelve Step Program, meets Wednesdays 11:30 a.m. to 1 p.m. Everyone is welcome. We'd love to have you join us to find out what it is all about and see if it's for you. There is no official leader. We all take part in leading. For more information, please contact the Rev'd Deacon Betty Nadurak at 403-818-9879.

Check out these opportunities to participate

2026 & 2027 Flower Chart is on the bulletin board by the kitchen door. Cost: \$30. To make a dedication, fill out the form under the chart or email Chizoba at office@stpaulscalgary.ca.

Prayer Chain Requests: Please contact Dinah Breu with your prayer requests.

Card Ministry: If anyone who is grieving, unwell, or celebrating a birthday or anniversary, and would like a greeting card from the St. Paul's Family, contact Pauline Payne at 403-988-2546 or email her at Pauline_payne1@yahoo.com

We need more volunteers for Sidespeople. Please contact Suzanne Wray or the parish office if interested in serving in this ministry.

Volunteers needed for **Soundboard.** Contact Murray Sykes or Paul Bourgeois. Training will be provided.

Casserole Ministry: If someone would benefit from receiving a casserole, please **help yourself.** Our freezer for casseroles is now well stocked thanks to parish volunteers. If you would like to contribute a casserole, please label it with what it is, ingredients and the date and put in freezer.

Servers: We are looking for **youth volunteers** to serve during our Sunday services. All youth are welcome to participate! If you are interested, please contact Father Tony or the parish office for more information. Training will be provided.

Sacramental Assistant: Each Sunday at the 10 a.m. service, two people are needed to help at communion by administering the chalices. if you think it is something that might interest you please contact Ed or the Parish Office for more information.

Regular Activities at St. Paul's:

- Sunday:** Holy Eucharist 10 a.m.
Hand Chimes Practice 11:30 – 12:30 p.m.
Word to World Ministries Canada: 2 - 3 p.m.
Philippines Independent Church (IFI): 4 p.m.
- Monday:** Walking Group: 9:30 a.m. (see the St. Paul's website under Events for locations)
Trex | Girl Guides: 6:30 – 8 p.m.
St. Paul's Stringers Rehearsal: 7:30 p.m.
Prayer Group - meetings held both in person and online: 1:30 p.m. (2nd Monday of the month **in-person**) 7:30 p.m. (4th Mondays of the month **via Zoom**)
- Tuesday:** Girl Guides: 6:30 – 8 p.m.
Parish Council: 7 p.m. (usually 2nd Tuesday of the month) **Next meeting Oct. 13**
- Wednesday:** Morning Prayer: 9:30 a.m.
Morning Bible Study: 10:30 a.m.
Hunger for Healing: 11:30 a.m. (in the Chapel)
Prayer Shawl Ministry: 1 p.m. (1st & 3rd Wednesdays of the month)
Foundation Bible Class: 7 – 8 p.m. in-person. (See Prosper.)
Choir Practice: 7 p.m. (Please note new day and time.)
If you'd like to join Choir, please contact Paul Bourgeois.
- Thursday:** Grief Support Group: (See Laura Anne if you are interested.)
TOPS (Taking off Pounds Sensibly): 6:00 p.m.
Evening Bible Study: 7 p.m. via Zoom.
- Friday:** Hand Chimes Practice 1 - 2 p.m.
Coffee House: 7 p.m. second Friday on alternate months. **Next date is Nov. 13**
- Saturday:** Ladies Luncheon: 11:20 am – 4th Saturday each month. **Next date is Oct. 24.**
Men's Breakfast: 8:30 am - (at St. Paul's in Jan, March, May, July, Aug. and Oct. and at St. Peter's Feb, Apr, June, Sept and Nov). **Next date is Oct. 17 @ St. Paul's.**



Welcome to newcomers & visitors

St. Paul's welcomes newcomers and invites you to make this your church home. We would be most pleased to learn about you and help you learn about us. Please indicate on a pew card, located in racks on the back of the pews, how we can help you feel part of the family.

Please place the card on the offering plate or hand it to one of the clergy or Parish Council members. There are also welcome packages available after the service. We are so glad you were able to join us.

Financial News

Our surplus at the end of August was \$9,983. Thank you for supporting our mission financially in these challenging times.



Our Ministries

PRAYER CHAIN: Dinah Breu

The Prayer Chain is a confidential, caring ministry. Everyone who is involved in this ministry believes in the power of prayer, and that God is in charge of all our lives, because He loves us. The time commitment for the Prayer Chain varies depending on the need. It works by prayers being passed down a chain of people and then these people lifting the prayers in their own time privately at home. If you are interested in joining this group or would like more information, please contact Dinah.

PRAYER GROUP: Dinah Breu

The main purpose of the Prayer Group is to support the Parish through prayer.

We meet:

2nd Monday of each month: **In person, 1:30–2:30 p.m.** and **4th Mondays** of each month: **Via Zoom, 7:30–8:30 p.m.**

When we meet, we share prayer requests and take turns leading, if comfortable. Others may pray aloud or silently. Our prayers are informal and conversational, simply talking with the Lord about the needs shared with us. We close with the Lord's Prayer and "the Grace." Responsibility is shared among all members; there is no formal leader. Confidentiality is our one rule: prayer requests are never discussed outside the group. Everyone in the parish is welcome! Come and see if it's for you, drop in occasionally, or come for prayer for yourself. No previous prayer group experience is needed. We would be delighted to have you join us.

COFFEE HOUSE: Paul Bourgeois

Come and join us for our bi-monthly evening of song featuring our own St. Paul's Stringers. There will also be an open mic available. This is a family-friendly event.

Stewardship Reflections

"My God will fully supply whatever you need..."
- *Philippians 4:19*

God really does provide for those who are grateful and generous. This is very difficult for people that don't live a stewardship lifestyle to believe. People are skeptical and say it's just coincidence. If you are skeptical, try living a stewardship lifestyle for just one month – be generous with your gifts of time in prayer, talent in charitable works, and treasure, then see how God provides for your needs.



Cursillo



Diocese of Calgary – Fall 2026 Cursillo Weekends

The Anglican Diocese of Calgary Cursillo Movement will be holding its Fall 2026 Cursillo weekends this October and November. **Men's Cursillo Weekend: Oct. 29 – Nov. 1. Women's Cursillo Weekend: Nov. 5 – Nov. 8.** Both weekends begin at **7 p.m. on Thursday evening** and conclude at approximately **4p.m. on Sunday afternoon**. The weekends will be held at Entheos Retreat and Conference Centre, located off Highway 8 toward Bragg Creek. More information is available at Cursillo.ab.ca. Application and sponsor forms are available on the Diocesan Bulletin Board in the parish hall. For questions or information about sponsorship, please contact: Dan Brisbin Cursillo Parish Representative, St. Paul's Anglican Church Phone: 403-437-3414 Email: brisbind98@gmail.com We invite anyone interested in learning more about the Cursillo experience to reach out and consider taking part in one of these upcoming weekends. Email brisbind98@gmail.com