



St. Paul's News Bulletin

May 3, 2026



Welcome Everyone! Please join us after the **Sunday service for coffee & goodies.** If you are new to St. Paul's, please ask for a welcome package.

Coffee House: The next St. Paul's Stringers Coffee House will be Friday, **May 8** at 7 p.m. Come enjoy our own house band, open mic and snacks. This is family friendly.

Sundance on the Green Yard Sale: This event, hosted by our neighbours on Saturday, **May 9** from **9 a.m. – 1 p.m.**, will feature a variety of items including toys, books, clothes and more.

Baby Bottle Fundraiser: As of **May 10**, baby bottles will be available for the Bottles for Change fundraiser with Mainsprings Pregnancy & Family Support for local families facing pregnancy and parenting challenges. Fill bottles with change or a cheque, and return them by Father's Day, **June 21**. See Living Waters for details.

Men's Breakfast: The next date is Saturday, **May 16** at St. Paul's starting at 8:30 a.m. All men 13+ are invited to join great food and fellowship!

Living Waters: The deadline for the **June/July** issue of *Living Waters* is Wednesday, **May 20**. Please submit materials as early as possible to office@stpaulscalgary.ca

Ladies' Luncheon: On Saturday, **May 23** at 11:20 a.m. with Karaoke. See Living Waters for more details.



Spring Garden Celebration: A **bake sale, silent auction, games** and pickup for plants ordered through the St. Paul's Hospitality Ministry will be all part of the fun at a **Spring Garden Celebration** on Saturday, **May 23** from **1 to 4 p.m.** Please donate ready-to-display items like gift baskets, baked goods, gift cards, seasonal items, services, experiences and more. Food and drink donations are welcome. To donate or volunteer, see Abby.



Graduation Celebration: On Sunday, **June 21**, we will honour our **Grade 12 graduates** during and after the 10 a.m. service. Please note the celebration is for Grade 12 only. To participate, please submit your name and photo to the parish office by **May 25**.

Garry's Book Signing: Rev. Garry MacDowall will be selling and signing copies of his new book, **Just Call Me Garry – A Friend of Jesus (John 15:15)**, during Coffee Time after the service on **May 24**, Pentecost Sunday. Please see Rev. MacDowall for more information.



Spring Cleanup Day: Please join us on **Saturday, May 30** for Cleanup Day. The event runs **9 a.m. – 3 p.m.**, but you are welcome to come all day or any part of the day that suits you. A lunch of chicken, pizza and veggies will be served to volunteers.



Fundraisers: A **gift card fundraiser** run by the Hospitality Ministry lets you purchase gift cards for everyday use. You get a full value gift card. St. Paul's receives a percentage donated by the retailer. Hospitality is also accepting donations of **recyclable bottles**. Please see Abby for details.

St. Paul's Anglican Church

7 Sunmills Green SE T2X 3P6

Phone: 403 256-1428

E-mail: office@stpaulscalgary.ca

web site: www.stpaulscalgary.ca

Incumbent: The Rev'd Tony Hilling

Assistants: The Rev'd Cyril Haynes

The Rev'd Betty Nadurak

People's Wardens: Paul Bourgeois

Rector's Warden: Muyi Ekomwenrenren

Main Facebook Page: [stpaulscalgary](https://www.facebook.com/stpaulscalgary)

X: [@stpaulscalgary](https://www.x.com/stpaulscalgary)

Instagram: [stpaulsangelicalcalgary](https://www.instagram.com/stpaulsangelicalcalgary)

YouTube: <https://www.youtube.com/channel/UCldxfHv5pFYST--j8as1GVg>

Outreach



Emergency Appeal: Middle East

The Humanitarian Coalition, including Alongside Hope, is delivering urgent, life-saving aid to people in Lebanon, Syria, and across the region. Teams are already providing food, clean water, healthcare, shelter, cash support, and psychosocial services to families in need. Efforts are also expanding to respond to growing needs in Afghanistan, Gaza, Iraq, Jordan, Türkiye, and the West Bank. Your support helps reach those most in need.

5th Sundays of the Month are Food for Others Sundays at St. Paul's. Everyone is invited to bring non-perishable food items and leave them in the bin marked Calgary Food Bank. The next Food for Others Sunday is **May 31**.

Inreach: Many in our congregation face financial struggles due to the economy, so a special fund was created. Donations marked "Financial Help for Parishioners" are welcome. If you are in need of financial help or know of someone in our Parish who is (and you have their permission), please let Tony know. He will maintain absolute confidentiality. This is one way we can care for one another in these challenging times.

Pastoral Care

If you'd like to be part of our **Pastoral Care Team**, please contact the Rev'd Deacon Betty Nadurak to find out more about it.

Chemo Care Bags: If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag, please contact the Parish Office.

Prayer Shawl: We meet in person on the first & third Wednesdays of each month at 1 p.m. Contact Laura Anne if you would like to join the group or if you know of anyone who would benefit from receiving a shawl. Everyone is welcome. No experience needed.

Grief Support Group: This is open to anyone who is grieving due to loss, illnesses or other struggles. For more information, please contact Laura Anne or leave your contact information at the Parish Office. Meets on Thursdays at 1 p.m.

Hunger for Healing, a Christian Twelve Step Program, meets every Wednesday 11:30 a.m. to 1:00 p.m. Everyone is welcome. We'd love to have you join us to find out what the programme is all about and see if it's for you. There is no official leader. We all take part in leading. If you wish more information, please contact the Rev'd Deacon Betty Nadurak at 403-818-9879.

Check out these opportunities to participate

2025 Flower Chart is available on the bulletin board by the kitchen door. The cost is \$30. If you would like to make a dedication, please fill out the form under the flower chart or send it to Chizoba at office@stpaulscalgary.ca.

Prayer Chain Requests: Please contact Dinah Breu with your prayer requests.

Sign: To change the outdoor sign more regularly, we need helpers. ***If you can help, please contact Paul Bourgeois or the Office.***

Card Ministry: If anyone who is grieving, unwell, or celebrating a birthday or anniversary, and would like a greeting card from the St. Paul's Family, contact Pauline Payne at 403-988-2546 or email her at Pauline_payne1@yahoo.com

Casserole Ministry: If someone would benefit from receiving a casserole, please **help yourself to what is available**. Our freezer for casseroles is now well stocked thanks to parish volunteers. If you would like to contribute a casserole, please label it with what it is, ingredients and the date and put in freezer.

Servers: We are looking for **youth volunteers** to serve during our Sunday services. All youth are welcome to participate! If you are interested, please contact Father Tony or the parish office for more information. Training will be provided.

We are looking for volunteers to be **Sacramental Assistants**. Please contact Ed or the Parish Office for more information.

Regular Activities at St. Paul's:

- Sunday:** **Holy Eucharist** 10 a.m.
 Hand chimes Practice 11:30 –12 p.m.
 Word to World Ministries Canada: 2 - 3 p.m.
 Philippines Independent Church (IFI): 4 p.m.
- Monday:** **Walking Group:** 9 a.m. (see the St. Paul's website under events for locations)
 St. Paul's Stringers rehearsal: 7:30 p.m.
 Prayer Group - meetings held both in person and online: 1:30 p.m. (2nd Monday of the month **in-person**) 7:30 p.m. (4th Mondays of the month **via Zoom**)
- Tuesday:** **Girl Guides:** 6:30 – 8 p.m.
 Parish council: 7 p.m. (2nd Tuesday of the month)
- Wednesday:** **Morning Prayer:** 9:30 a.m.
 Morning Bible Study: 10:30 a.m.
 Hunger for Healing: 11:30 a.m. (in the Chapel Room)
 Prayer Shawl Ministry: 1 p.m. (1st & 3rd Wednesdays of the month)
 Evening Bible Study: 7 p.m. via Zoom.
- Thursday:** **Grief Support Group:** (See Laura Anne if you are interested.)
 TOPS (Taking off Pounds Sensibly): 6:00 p.m.
 Choir Practice: 7:30 p.m.
 If you'd like to join Choir, please contact Paul Bourgeois.
- Friday:** **Hand chimes Practice** 10 - 11 a.m.
 S.P.Y. Group: 6:30 p.m. 1st Friday of the month. (Check website)
 Coffee House: 7 p.m. second Friday on alternate months. **Next date is May 8.**
- Saturday:** **Ladies Luncheon:** 11:20 am – Changed from 2nd Saturdays to 4th Saturdays.
 Next date is May 23.
 Men's Breakfast: 8:30 am - 3rd Saturdays (at St. Peter's alternate month
 Check website to confirm location). **Next date is May 16 @ St. Paul's.**



Welcome to newcomers and visitors

St. Paul's welcomes newcomers and invites you to make this your church home. Visitors, please sign our guest book, which is on the stand by the sanctuary doors.

We would be most pleased to learn about you and help you learn about us. Please indicate on a pew card, located in racks on the back of the pews, how we can help you feel part of the family.

Please place the card on the offering plate or hand it to one of the clergy or Parish Council members. There are also welcome packages available after the service. We are so glad you were able to join us.

Youth Ministry

Exciting opportunity for the Youth of our Parish! S.P.Y. Group is a social group. All youth are welcome!

St. Paul's Youth Group (S.P.Y)

Meets on the first Friday of each month. Invite your friends!



A place to be yourself, to make friends and have some fun! See the St. Paul's website for more information. Search Youth Group to register use this QR code

Please note: Youth meetings are currently on hold

Our Ministries

SIDESPEOPLE: Suzanne Wray

At every service one or two people are needed to hand out leaflets, make people feel welcome and comfortable, count the congregation, collect the offering, take up the bread and wine for communion, usher the congregation up for communion and refill the cardholders in the pews.

It requires arriving early on your assigned Sunday to ensure everything is ready and tidying up before closing the doors after the service ends. Each new sidesperson is given a leaflet detailing duties and help from experienced sidespeople. To volunteer, or for more information, please call Suzanne or the Parish office.

GREETERS: Roxie Hall

The Greeters come about a half hour before the service. The job requires a smiling face, a warm greeting for those arriving, and helping newcomers find name tags and giving them general help. This ministry doesn't require much time but it is very important.

Stewardship Reflections

"The stone which the builders rejected has become the cornerstone." 1 Peter 2:7

Every person has been given gifts from the Holy Spirit. These are called "charisms" and they are used to build God's kingdom of earth. While many people are able to recognize their natural talents and abilities, they may be unsure of their charisms. If you know someone who is struggling for a direction in life, give them a little encouragement. Help them discern their charisms and how God is calling them to use them. Remember - no gift is too small or insignificant in God's salvation plan.

Financial News

Our surplus at the end of March was \$4,394. Thank you to everyone for helping support our mission financially in these challenging times.



Anglican Journal available online

The April 2026 issue of The Anglican Journal is now available online. Please visit <https://anglicanjournal.com/#currentissue>

Diocesan News

Announcements

Thy Kingdom Come

God with Us is the theme of this year's Thy Kingdom Come, which runs May 14-24. Thy Kingdom Come is a global ecumenical prayer movement that began in 2016, when the Archbishops of Canterbury and York invited Christians worldwide to pray for more people to come to know Jesus. Over eleven days, a different Bible story is explored each day—from Ruth and Gideon to Elijah and the early church—showing God's transforming presence, power, and love at work. The hope is that as we pray for five people, they too will experience this life-changing love.