



# St. Paul's News Bulletin September 3, 2023



## Parish Events

Everyone's invited to join us for Coffee Time after the services. Thank you to everyone who volunteers to host this time of fellowship!



**Our Walking Group** will meet Mondays at 1:00 pm (please note time change) The new locations schedule for September to October is now on our website under events. All are welcome!

**Prayer Group will meet:** September 11 - in person at the church at 1:30 PM and September 25 - via Zoom at 7:30 PM .



Deacon Betty will be holding Wednesday Morning Prayer Services at 9:30 am. **These services will resume on September 13.**



**Wednesday Bible Study Groups will be resuming on September 13: 10:30 am in person studying the Book of Acts and 7:30 pm on Zoom continuing the study of Deuteronomy, contact Tosan for**

**the Zoom link.**

**Silver Cross Luncheon** will be held on Saturday, September 16 beginning with a service at 11:00 am followed by the luncheon. The Rev'd Canon Erin Phillips will be speaking on refugees. **All women of the parish are invited to attend. Please RSVP to Deacon Betty if you will be attending cost is \$10.**

**Sunday School will resume on Sunday, September 17.** Registration forms are available on our website or a hard copy is available in the Hall.



**Infinitely More will be joining us once again!** Saturday, September 30 at 7:00 pm— No tickets—Freewill Offering at the Door - Invite family and friends! Infinitely More CDs will be available. See the September Living Waters or our website for more information.



**Confirmation preparation Part 2** will begin in September.

**Servers:** we are looking for volunteers to be servers at our Sunday services. Youth or Adults are welcome! Please contact Father Cyril or the Parish Office if you are interested. Training is available!

**Offerings: Thank you for giving your Offering. It provides critical help for us to fulfill our Mission. Here are two ways to donate electronically**

- use e-transfers, this is the preferred way (**please use the email gift@stpaulscalgary.ca; no password is needed; put your envelope no. in the "message" spot**).
- Credit Card Via our website (<https://www.stpaulscalgary.ca/donate>);

Direct Deposit is also available to set up direct depositing (the form is on our website: type "Donation" in the search box, & click on "Pre Authorized Donations"

**Sunday Services are in-person or posted live on our main Facebook page.** See the website for more details.

**Parish Office Hours: Laura Anne will be away September 7 & 8 and 17 to 24.** If you would like to access to the church during this time please call ahead.



### St. Paul's Anglican Church

7 Sunmills Green SE T2X 3P6

Phone: 403 256-1428 Fax: 403 256-1554

E-mail: [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca)

Website: <https://www.stpaulscalgary.ca>

#### Priest:

The Rev'd Dr. Norman Knowles

#### Incumbent:

The Rev'd Fergus Tyson (on medical leave)

**Assistants:** The Rev'd Cyril Haynes

The Rev'd Betty Nadurak

**Wardens:** Cam Cline & Ingrid Bolton

**Main Facebook Page:** [stpaulscalgary](https://www.facebook.com/stpaulscalgary)

**Twitter:** @stpaulscalgary & @Pastor\_Fergus

**Instagram:** [stpaulsanglican Calgary](https://www.instagram.com/stpaulsanglican Calgary)

**YouTube:** <https://www.youtube.com/channel/UCldxFHv5pFYST--j8as1GVg>

## Youth Ministry

**Calling All Junior and Senior High Students to be Youth Who Make a Difference!**

**Youth Sunday School** is on the first and third Sundays of each month during the Sunday Service. The first Sunday will be a self-directed discussion group. The first part of Confirmation preparation is finished today. The second part will begin in September.

**Pioneers of Paul (POP) our youth volunteer group. starting up again Sept 2023.**

We volunteer as a group at various community organizations, including The Inn From the Cold, The Food Bank and others. Events are scheduled monthly, usually on Friday or Saturday, and members sign up for the events that interest them.



**Sign up for the 2023-24 year is open**

**now:** email [youthvolunteer@stpaulscalgary.ca](mailto:youthvolunteer@stpaulscalgary.ca) or let Laura know. There will also be an in-person sign up after the service on Sunday Sept 24, 2023.

Our first event will be the end of Sept or early Oct - watch for updates here, on Instagram or on St. Paul's website use the QR Code for access. **POP is on Instagram, also, at <https://www.instagram.com/pioneersofpaul/>.**

## Diocese and Community Events

**Wholeness and Healing: "What" "Why" and "How" a Workshop on Prayer for God's Healing:** Aim: to encourage and to deepen our relationship with God in prayer. Led by Rev. Martyn Alvey, September 30th, 9:30 am to 3:30 pm at St. Benedict's Anglican Church—602—3rd Street SW High River. No cost—but a freewill offering to help cover costs. More information will be in the September Living Waters. Book early—space limited—at [admin@stbenshr.church](mailto:admin@stbenshr.church)



### Prayer Ministries

#### Prayer Chain

The Prayer Chain is a confidential, compassionate, caring ministry. Everyone who is involved in this ministry believes in the power of prayer, and that God is in charge of all our lives, because He loves us.

The time commitment for the Prayer Chain varies depending on the need. It works by prayers being passed down a chain of people and then these people lifting the prayers in their own time privately at home.

## Pastoral Care

If you are interested in joining this group or would like more information please contact Dinah. If you'd like to be part of our Pastoral Care Team, please contact Nicola Peden.

**Chemo Care Bag:** If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag please contact the Parish Office

If you would like to be part of the **Caring Contact Ministry**, please contact Deacon Betty Nadurak.

**Please contact** the Parish Office if you or someone you know would like a visit.

**Prayer Shawl:** We meet on the first & third Wednesdays, of each month at 1 pm, in person and via Zoom. **We will resume meeting October 4.** Contact Laura Anne [here](#) if you would like to join the group or if you know of anyone who would benefit from receiving a shawl.

**Hunger for Healing, a Christian Twelve Step Programme,** is meeting every Wednesday from 11:30 am to 1:30 pm. Everyone is welcome, and we'd love to have you join us to find out what the programme is all about, and see if it's for you. There is no leader, as we all take part in leading the programme. If you wish more information, please contact the Rev'd Deacon Betty Nadurak .



### Stewardship Reflection:

*"...then from the cloud came a voice that said, 'This is my beloved Son, with whom I am well pleased; listen to him.'"*  
-Matthew 17:5

When Peter, James and John heard this they immediately fell prostrate to the ground and they "were very much afraid." We, too, may respond the same way when we hear God's voice. How many times do you become fearful when invited to participate more fully in the life of the Church? Or, when someone says something negative about the Church, are you afraid to respond? Remember, we too, are beloved sons and daughters of God; Jesus is there to help us, but we need to listen.



<https://www.archstl.org/about-stewardship/bulletin-inserts/weekly-bible-reflections>

### Financial News

**Our 2023 deficit at the end of April was 4,267. Thank you, everyone for helping support our Mission financially in 2023.**



## Outreach



### **PWRDF Humanitarian Responses**

When natural or humanmade disasters occur, the race is on to save lives and alleviate suffering. Humanitarian responses provide essential resources and support that are often a matter of life and death. Immediate medical care, food, clean water, sanitation and shelter can significantly increase survival rates. Long after a crisis disappears from the headlines, the need to contribute to long-term recovery persists. Every year PWRDF responds to emergencies in Canada and around the world. In 2022-2023, PWRDF provided emergency relief to 334,994 people

**5th Sundays of the Month are Food for Others Sundays at St. Paul's.** On the fifth Sunday of the month, everyone is invited to bring non-perishable food items to share. October 29 is the next Food for Others Sunday.

## Opportunities to Serve

**2023 Flower Chart is now up on the bulletin board by the kitchen:** Please see the flower chart in the Hall by the kitchen. If you would like to make a dedication please send it to Laura Anne at [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca). The cost for flowers is \$30.00.

**Prayer Chain Requests:** Please contact Dinah Breu with your prayer requests.

**Casserole Ministry:** If you know of anyone who would benefit from receiving a casserole. Please contact Linda Hubert.

**Card Ministry:** We are looking for someone to volunteer for this ministry if you are interested please contact Betty. If you know of anyone who would benefit from receiving a card please let Betty or the Laura Anne know.

**Living Waters: Monday, September 25** is the deadline for *Living Waters* submissions for the October Edition. Please submit to [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca).

**Sign:** We'd like to change the sign more regularly, but to do this we need helpers. ***If you can help, please contact Paul Bourgeois or the Office.***



## *Welcome*

A word to newcomers and visitors: St. Paul's welcomes you and invites you to make this your church home. Please indicate on a pew card, located in the pew racks, how we can help you feel part of the family. Please place the card on the offering plate or hand it to one of the clergy or Parish Council members.

***If you are a newcomer, and would like to connect with us, please [click here](#) and go to the downloads at the bottom of the page. And click on the Welcome forms.***

## Regular Weekly Activities at St. Paul's:

**Sun.:** **Confirmation Preparation Pt 2:** will resume in September  
**Pioneers of Paul (POP):** will resume in September

**Mon.:** **Walking Group:** 1 pm (see the St Paul's website under events for locations)  
**Prayer Group:** 1:30 pm (2nd Monday of the month in-person) (Monday, September 11)  
7:30 pm (4th Mondays of the month via Zoom) (Monday, September 24)

**Wed.:** **Morning Prayer:** 9:30 am (will resume September 13)  
**Bible Study:** 10:30 am ( will resume September 13)  
**Hunger for Healing:** 11:30 am (in the Chapel Room)  
**Prayer Shawl Ministry:** 1 pm (1st & 3rd Wednesdays of the month) (will resume October 4)

**Thurs.:** **TOPS (Taking off Pounds Sensibly):** 6:30 pm  
**Choir Practice:** 7:30 pm (If you'd like to join the Choir, please contact Paul Bourgeois at [pbourgeois@shaw.ca](mailto:pbourgeois@shaw.ca).) Contact Paul for summer practise dates

**Sat.:** **Ladies Luncheon:** 11:30 am—2nd Saturdays (next is September 9)  
**Men's Breakfast:** 8:30 am—3rd Saturdays (next is September 16)