



St. Paul's News Bulletin August 2023



Parish Events



For those travelling, have a safe, relaxing and blessed time and for those returning welcome back!

Everyone's invited to join us for Coffee Time after the services. **Thank you to everyone who volunteers to host this time of fellowship!**



Heritage Sunday Potluck: Join us after the service today for food and fellowship!

Our Walking Group will meet Mondays at 9:00 am. **The schedule for locations is now on our website under events.** All are welcome! **Note change in time!**



Prayer Group will meet: August 14 - in person at the church at 1:30 PM and Aug. 28 - via Zoom at 7:30 PM

Deacon Betty will be holding Wednesday Morning Prayer Services at 9:30 am. ***These services will resume in September.***

Confirmation preparation Part 2 will begin in September.

Servers: we are looking for volunteers to be servers at our Sunday services. Youth or Adults are welcome! Please contact Father Cyril or the Parish Office if you are interested. Training is available!

Offerings: Thank you for giving your Offering. It provides critical help for us to fulfill our Mission. Here are two ways to donate electronically

- use e-transfers, this is the preferred way (***please use the email gift@stpaulscalgary.ca; no password is needed; put your envelope no. in the "message" spot.***)
- Credit Card Via our website (<https://www.stpaulscalgary.ca/donate>);

Direct Deposit is also available to set up direct depositing (the form is on our website: type "Donation" in the search box, & click on "Pre Authorized Donations")

Sunday Services are in-person or posted live on our main Facebook page. See the website for more details.

Nini's Cooking Camp will be renting our facility for the summer. This means that the Hall will be in use from 8 am to 5:30 pm Monday to Friday for July and August. If you have an questions please contact the Parish Office.

Parish Office Summer Hours: The office will be open Tuesday to Thursday from 9 am to noon during July and August. ***Laura Anne will be on holidays from July 22 to August 7. Please check before coming into the office to see if someone is there.***

Infinitely More will be joining us once again!

Saturday, September 30 at 7:00 pm—
No tickets—Freewill Offering at the Door
- Invite family and friends! Infinitely More CDs will be available. See the July/August Living Waters for more information.



St. Paul's Anglican Church

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Phone: 403 256-1428 Fax: 403 256-1554

E-mail: office@stpaulscalgary.ca

Website: <https://www.stpaulscalgary.ca>

Priest:

The Rev'd Dr. Norman Knowles

Incumbent:

The Rev'd Fergus Tyson (on medical leave)

Assistants: The Rev'd Cyril Haynes

The Rev'd Betty Nadurak

Wardens: Cam Cline & Ingrid Bolton

Main Facebook Page: [stpaulscalgary](https://www.facebook.com/stpaulscalgary)

Twitter: @stpaulscalgary & @Pastor_Fergus

Instagram: [stpaulsanglican Calgary](https://www.instagram.com/stpaulsanglican Calgary)

YouTube: <https://www.youtube.com/channel/UCldxFHv5pFYST-j8as1GVg>

Youth Ministry

Calling All Junior and Senior High Students to be Youth Who Make a Difference!

Youth Sunday School is on the first and third Sundays of each month during the Sunday Service. The first Sunday will be a self-directed discussion group. The first part of Confirmation preparation is finished today. The second part will begin in September.

Pioneers of Paul (POP) our youth volunteer group.

Have a great summer and we look forward to starting up again in September!

Details are posted on the website use the QR Code for access. **POP is on Instagram, also, at** <https://www.instagram.com/pioneersofpaul/>.



Diocese and Community Events

Summer Cooking Camp: these summer camps are being held at St. Pauls during the summer. Check out ninicookingclass.ca or 403 966 3604 for more information.

Wholeness and Healing: "What" "Why" and "How" a Workshop on Prayer for God's Healing: Aim: to encourage and to deepen our relationship with God in prayer. Led by Rev. Martyn Alvey, September 30th, 9:30 am to 3:30 pm at St. Benedict's Anglican Church—602—3rd Street SW High River. No cost—but a freewill offering to help cover costs. More information will be in the September Living Waters. Book early—space limited—at admin@stbenshr.church



Prayer Ministries

Prayer Group

The main purpose of the Prayer Group is to undergird the Parish with prayer.

We meet:

Second Monday of each month in person at 1:30-2:30 pm
Fourth Monday of each month via Zoom from 7:30- 8:30 PM.

The group has found a pattern that works well for us. When we arrive, we share any requests with one another. We take turns leading (only if one is comfortable doing so). The leader begins the prayers and then others pray for the various needs and requests that have been brought to us. It is not necessary to pray aloud. Prayers in this group are not formal (as in Sunday Services), but are more in line with what Rosalind Rinker's book called "conversational prayer"—having a conversation with the Lord. The leader signals that Prayer Time is coming to a close by leading the group in the Lord's Prayer after which we say "the Grace". Responsibility for the group is shared by all its members. We do not have a "leader" as such. Confidentiality is our only rule. We do not discuss prayer requests outside the group with anyone, anytime.

Everyone in the parish is welcome to attend. You are welcome to come to see if it is for you, to come on a drop-in basis, or to come for prayer for yourself. We would be more than happy to have you join us. Even if you have

never belonged to a prayer group, it is still alright to come!!
Contact Dinah if you are interested in participating in this ministry.

Pastoral Care

If you'd like to be part of our Pastoral Care Team, please contact Nicola Peden.

Chemo Care Bag: If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag please contact the Parish Office

If you would like to be part of the **Caring Contact Ministry**, please contact Deacon Betty Nadurak.

Please contact the Parish Office if you or someone you know would like a visit.

Prayer Shawl: We meet on the first & third Wednesdays, of each month at 1 pm, in person and via Zoom. **We will resume meeting in September.** Contact Laura Anne [here](#) if you would like to join the group or if you know of anyone who would benefit from receiving a shawl.

Hunger for Healing, a Christian Twelve Step Programme, is meeting every Wednesday from 11:30 am to 1:30 pm. Everyone is welcome, and we'd love to have you join us to find out what the programme is all about, and see if it's for you. There is no leader, as we all take part in leading the programme. If you wish more information, please contact the Rev'd Deacon Betty Nadurak.

Stewardship Reflection:

"...then from the cloud came a voice that said, 'This is my beloved Son, with whom I am well pleased; listen to him.'"
-Matthew 17:5

When Peter, James and John heard this they immediately fell prostrate to the ground and they "were very much afraid." We, too, may respond the same way when we hear God's voice. How many times do you become fearful when invited to participate more fully in the life of the Church? Or, when someone says something negative about the Church, are you afraid to respond? Remember, we too, are beloved sons and daughters of God; Jesus is there to help us, but we need to listen.

<https://www.archstl.org/about-stewardship/bulletin-inserts/weekly-bible-reflections>



Financial News

Our 2023 deficit at the end of April was 4,267. Thank you, everyone for helping support our Mission financially in 2023.



Outreach



PWRDF is a response by Canadian Anglicans to the gospel call to bear witness to God's healing love in a broken world. For almost 64 years, PWRDF has been walking together with partners in Canada and overseas to share in the creation of a more just and peaceful world, - and still, in joy and struggle, it engages in development work, responds to emergencies, works to protect refugees, and educates and advocates for change. You can contribute to that work by donating to PWRDF.

5th Sundays of the Month are Food for Others Sundays at St. Paul's. On the fifth Sunday of the month, everyone is invited to bring non-perishable food items to share. October 29 is the next Food for Others Sunday.

Opportunities to Serve

2023 Flower Chart is now up on the bulletin board by the kitchen: Please see the flower chart in the Hall by the kitchen. If you would like to make a dedication please send it to Laura Anne at office@stpaulscalgary.ca. The cost for flowers is \$30.00.

Prayer Chain Requests: Please contact Dinah Breu with your prayer requests.

Casserole Ministry: If you know of anyone who would benefit from receiving a casserole. Please contact Linda Hubert.

Card Ministry: We are looking for someone to volunteer for

this ministry if you are interested please contact Betty. If you know of anyone who would benefit from receiving a card please let Betty or the Laura Anne know.

Living Waters: Monday, August 28 is the deadline for *Living Waters* submissions for the September Edition. Please submit to office@stpaulscalgary.ca.

Sign: We'd like to change the sign more regularly, but to do this we need helpers. *If you can help, please contact Paul Bourgeois or the Office.*



Welcome

A word to newcomers and visitors: St. Paul's welcomes you and invites you to make this your church home. Please indicate on a pew card, located in the pew racks, how we can help you feel part of the family. Please place the card on the offering plate or hand it to one of the clergy or Parish Council members.

If you are a newcomer, and would like to connect with us, please [click here](#) and go to the downloads at the bottom of the page. And click on the Welcome forms.

Regular Weekly Activities at St. Paul's:

Sun.: Confirmation Preparation Pt 2 will resume in September

Pioneers of Paul (POP): will resume in September

Mon.: Walking Group: 9 am (see the St Paul's website under events for locations)

Prayer Group: 1:30 pm (2nd Monday of the month in-person) (Monday, August 14)

7:30 pm (4th Mondays of the month via Zoom) (Monday, August 28)

Wed.: Morning Prayer: 9:30 am (will resume in September)

Bible Study: postponed until further notice

Hunger for Healing: 11:30 am (in the Chapel Room)

Spring Bible Study: 7:30 pm via Zoom

Prayer Shawl Ministry: 1 pm (3rd Wednesdays of the month) (will resume in September)

Thurs.: TOPS (Taking off Pounds Sensibly): 6:30 pm

Choir Practice: 7:30 pm (If you'd like to join the Choir, please contact Paul Bourgeois at pbourgeois@shaw.ca.)

Sat.: Ladies Luncheon: 11:30 am—2nd Saturdays (next is July 8)

Men's Breakfast: 8:30 am—3rd Saturdays (next is July 15)