



St. Paul's News Bulletin May 21, 2023



Parish Events



Next Sunday is the Day of Pentecost and as is our tradition we ask everyone to wear a little red! We will also be celebrating the Holy Baptism of Fenna.

Everyone's invited to our in-person Coffee Time after the Service. Thank you to the Spoonheims for hosting Coffee Time today!



Spring Clean-Up Day, May 27 from 9 am to 3 pm we will be working on the outside: gardens, leaves, outside windows; and inside, the windows are all that need to be

done. Come for as long as you can, all help is appreciated. Lunch will be provided!

Celebration for High School Graduates will be on Sunday, June 18 at the 9:30 am service. If you know of any 2023 Graduates please let us know at the Office.



Our New Walking Group meets Mondays and Fridays at 1 pm call the office for meet location. Come both days or just one day. All are welcome!



Prayer Group Zoom meeting has been changed to May 29 at 7:30 pm due to the long weekend.



Spring Bible Study: Study of Deuteronomy from St. John's Vancouver. Wednesdays at 7:30 pm on Zoom. Please contact the Parish Office or Tosan for the link. For more info. see the events section of our website or the May



Living Waters.

Confirmation preparation is using the new Alpha Youth Series on video. The last Sunday of this part of the preparation is today May 21st. Part 2 will begin in September.

Deacon Betty will be holding Wednesday Morning Prayer Services at 9:30 am check with the Parish Office for dates. The next morning prayers will be on May 31.

Servers: we are looking for volunteers to be servers at our Sunday services. Youth or Adults are welcome! Please contact Father Cyril or the Parish Office if you are interested. Training is available!

Offerings: Thank you for giving your Offering. It provides critical help for us to fulfill our Mission. Here are two ways to donate electronically

- use e-transfers, this is the preferred way (*please use the email gift@stpaulscalgary.ca; no password is needed; put your envelope no. in the "message" spot*).
- Credit Card Via our website (<https://www.stpaulscalgary.ca/donate>);

Direct Deposit is also available to set up direct depositing (the form is on our website: type "Donation" in the search box, & click on "Pre Authorized Donations")

Sunday Services are in-person or posted live on our main Facebook page. See the website for more details.

Our in-person "Wednesdays with the Word" Bible Study has been postponed until further notice.



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E-mail: office@stpaulscalgary.ca
Website: <https://www.stpaulscalgary.ca>

Priest:

The Rev'd Dr. Norman Knowles

Incumbent:

The Rev'd Fergus Tyson (on medical leave)

Assistants:

The Rev'd Cyril Haynes

The Rev'd Betty Nadurak

Wardens:

Cam Cline & Ingrid Bolton

Main Facebook Page: [stpaulscalgary](https://www.facebook.com/stpaulscalgary)

Twitter: @stpaulscalgary & @Pastor_Fergus

Instagram: [stpaulsangelicalgary](https://www.instagram.com/stpaulsangelicalgary)

YouTube: <https://www.youtube.com/channel/UCldxfHv5pFYST--i8as1GVg>

Youth Ministry

Calling All Junior and Senior High Students to be Youth Who Make a Difference!

Youth Sunday School is on the first and third Sundays of each month during the Sunday Service. The first Sunday will be a self-directed discussion group. The first part of Confirmation preparation is finished today. The second part will begin in September.

Pioneers of Paul (POP) our youth volunteer group.

Thank you to all youth volunteers for a successful first year volunteering together. We were able to bless many Calgarians through several organizations!

Watch for a survey to evaluate this year and plan for next year and also for a year end get together to finish our year off.

Details are posted on the website use the QR Code for access. **POP is on Instagram, also, at <https://www.instagram.com/pioneersofpaul/>.**



Diocese and Community Events

Thy Kingdom Come May 18 to 28, 2023

Join the global wave of prayer calling all Christians to pray between Ascension and Pentecost for more people to come to know the love and peace of Jesus Christ. For more information see the May Living Waters.

How is God Changing Me, You, Us? The Diocese of Calgary ACW invite you to an "In Person" Retreat—BBQ and Potluck Lunch - Saturday, June 10 at Holy Cross Anglican Church Calgary—2828-19th Street NW. **All Women are Welcome!** For registration, please contact Linda Holt at 403 734 2130 or Email: dioceseofcalgaryacw@gmail.com. **Please register no later than June 1st. See poster in the Hall for more info.**



Men's Breakfast

This group meets the third Saturday morning of the month from 8:30 am until 10:30 am. The men take turns preparing the breakfast. This is a fellowship time for all men, age 13 years and up, of the Parish. For more information contact Kerry or Paul. The next one is June 17.

Ladies No-Mess Potluck Luncheon

The Ladies No-Mess Potluck Luncheon is on the second Saturday of each month at 11:30 am. Bring a dish to share with its own serving implement, or your own special individual bag lunch is cool. Come with or without food – there's always plenty to share Bring your own drink along with cutlery & plate to wash at home. Bring a Friend; Meet a Friend; Make a Friend All women ages 13 and up in the Parish are invited. The next one is June 10 and our guest

speaker is Laura who will share about her trip to walk the Camino de Santiago in Spain. **Please arrive 15 min. early so we are ready to start eating at 11:30 am.**

Pastoral Care

If you'd like to be part of our Pastoral Care Team, please contact Nicola Peden.

Chemo Care Bag: If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag please contact the Parish Office

If you would like to be part of the **Caring Contact Ministry**, please contact Deacon Betty Nadurak.

Please contact the Parish Office if you or someone you know would like a visit.

Prayer Shawl: We meet on the first & third Wednesdays, of each month at 1 pm, next meeting Wednesday, June 7, in person and via Zoom. Contact Laura Anne [here](#) if you would like to join the group or if you know of anyone who would benefit from receiving a shawl.

Hunger for Healing, a Christian Twelve Step Programme, is meeting every Wednesday from 11:30 am to 1:30 pm. Everyone is welcome, and we'd love to have you join us to find out what the programme is all about, and see if it's for you. There is no leader, as we all take part in leading the programme. If you wish more information, please contact the Rev'd Deacon Betty Nadurak .

Stewardship Reflection:

The Ascension of the Lord

"I am praying for them..."

JOHN 17:9

Prayer is the foundation of our Faith and the foundation of Stewardship. Prayer is always the first best option in any situation - not just our last resort. Pray for friends and family, and especially for those that don't treat you very well. Pray to give praise, to thank, and to ask God for help. Pray to see what God wants you to do with the gifts He has given you. Teach others how to pray. It has been said that teaching someone how to pray is the best gift you can give someone.



<https://www.archstl.org/about-stewardship/bulletin-inserts/weekly-bible-reflections>

Financial News

Our 2023 deficit at the end of April was 10,583. Thank you, everyone for helping support our Mission financially in 2023.



Outreach



PWRDF supports partners in Canada and throughout the world who are implementing grassroots solutions relevant to the particular needs and situation of their local communities. This approach empowers communities to take a leading role in their own development, which ultimately moves them closer to a place of sustainability and self-sufficiency. PWRDF believes this grassroots, capacity-building approach is crucial in fostering a culture where communities are empowered to build their own success and well-being. PWRDF partners are drawn from Anglican churches, ecumenical organizations and community-based groups. Some PWRDF programs receive funding from Global Affairs Canada, a department of the government of Canada. These programs match PWRDF donations at a ratio ranging from 3:1 to 6:1, depending on the program.

Donation Drive for The Drop Inn Center: the centre is in need of the following personal items. They are as follows:

- 1) Deodorant
- 2) Sunscreen
- 3) Toothpaste and toothbrushes
- 4) Shampoo
- 5) Soap
- 6) Wash cloths

Please advertise this in the bulletin. Drop off dates the last two weeks of June. For a full list see <https://calgarydropin.ca/get-involved/give/> and scroll down to #3.

Pregnancy Care Centre: Your Change, Changes Lives baby bottles are once again available by the name tags at the North door. Please return them by June 18, Father's Day.

5th Sundays of the Month are Food for Others Sundays at St. Paul's. On the fifth Sunday of the month, everyone is invited to bring non-perishable food items to share. July 30 is the next Food for Others Sunday. *If you are wondering why the Food Box remains with food in for awhile, it is because I wait until the box is full to call the Food Bank to come and pick it up. When our box is full it equals 2 or 3 of their boxes.*

Clothing to donate?: You can donate any clothes or footwear by using the Calgary Humane Society collection bin in the parking lot.

Opportunities to Serve

2023 Flower Chart is now up on the bulletin board by the kitchen: *We are returning to having fresh flowers every week.* Please see the flower chart in the Hall by the kitchen. If you would like to make a dedication please send it to Laura Anne at office@stpaulscalgary.ca. The cost for flowers is \$30.00.

Prayer Chain Requests: Please contact Dinah Breu with your prayer requests.

Casserole Ministry: If you know of anyone who would benefit from receiving a casserole. Please contact Linda Hubert.

Card Ministry: thank you to Robbie for volunteering to look after this ministry. If you know of anyone who would benefit from receiving a card please let Robbie know.

Living Waters: Monday, May 29 is the deadline for *Living Waters* submissions for the June Edition. Please submit to office@stpaulscalgary.ca.

Sign: We'd like to change the sign more regularly, but to do this we need helpers. *If you can help, please contact Paul Bourgeois or the Office.*

Welcome

A word to newcomers and visitors: St. Paul's welcomes you and invites you to make this your church home. Please indicate on a pew card, located in the pew racks, how we can help you feel part of the family. Please place the card on the offering plate or hand it to one of the clergy or Parish Council members.

If you are a newcomer, and would like to connect with us, please [click here](#) and go to the downloads at the bottom of the page. And click on the Welcome forms.

Regular Weekly Activities at St. Paul's:

Sun.: **Alpha Youth Series Confirmation Preparation Pt 1:** 9:30 am—1st and 3rd Sundays (May 21)

Pioneers of Paul (POP): Year End event to be announced

Mon.: **Prayer Group:** 7:30 pm (4th Mondays of the month via Zoom) (Monday, May 29)

Walking Group: 1 pm (call office for location)

Wed.: **Morning Prayer:** 9:30 am (May 31)

Bible Study: postponed until further notice

Hunger for Healing: 11:30 am (in the Chapel Room)

Spring Bible Study: 7:30 pm via Zoom

Prayer Shawl Ministry: 1 pm (3rd Wednesdays of the month) (next is June 7 in person and Zoom)

Thurs.: **TOPS (Taking off Pounds Sensibly):** 6:30 pm

Choir Practice: 7:30 pm (If you'd like to join the Choir, please contact Paul Bourgeois at pbourgeois@shaw.ca.)

Fri.: **Walking Group:** 1 pm (call office for location)

Sat.: **Ladies Luncheon:** 11:30 am—2nd Saturdays (next is June 10)

Men's Breakfast: 8:30 am—3rd Saturdays (next is June 17)