

Living Waters

May 2023



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Traditional Land Acknowledgement: *Creator, you made all people of every land. In the spirit of respect and truth, we honour the traditional Treaty 7 territory of the Blackfoot Confederacy, including the Siksika, Kainai, and Piikani Nations, the Stoney Nakoda, including the Chiniki, Bearspaw, and Wesley Nations, and the Tsuu T'ina Nation. We acknowledge the Métis Nation of Alberta, Region Three. In the spirit of reconciliation and because we are all treaty people, we also acknowledge all people who make their homes in the traditional Treaty 7 territory of Southern Alberta.*



St. Paul's

information



SERVICE TIMES

Sunday Services 9:30 am in person and live streaming on Facebook; later go to Sermons on our website for recording

Odd no. weeks of the month: Wed. 9:30 a.m. HE

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office@stpaulscalgary.ca
Website:
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Incumbent

The Rev'd Fergus Tyson (On Medical Leave)

Priest

The Rev'd Dr. Norman Knowles

Assistants

The Rev'd Cyril Haynes

The Rev'd Betty Nadurak

Parish Council 2022

Administration: Paul Bourgeois

Caring Contact: The Rev'd Betty Nadurak

Christian Education: Tosan Chigbo

Communications: Paul Bourgeois

Community Connection: Cec Sparrow

Hospitality: Steve Colle

Maintenance: vacant

Incumbent's Warden: Ingrid Bolton

New Members: vacant

Pastoral Care: Nicola Peden

People's Warden: Cam Cline

Outreach: John L'Ecuyer

Stewardship: Laura Anne Fink

Sunday School: Kerin Spaargaren

Worship:

Youth: Vacant

Ex Officio: The Rev'd Cyril Haynes

Synod Delegates

Cam Cline

Alternates: Parish Council

MCES Directors

Kerry Peters , Iona Shaw

Treasurer

Treasurer: Ingrid Bolton

Parish Ministries

Worship Ministries

Altar Guild - Heather Johnson

Sacramental Assistants – Ed Mullaney

Choir – Paul Bourgeois

Prayers of the People – Dinah Breu

Readers 9:30 am – Robbie Coller

Servers – Karla Manuel

Sidespeople – Suzanne Wray

Prayer Team – Dinah Breu

Envelope Secretary – Debra Brisbin

Counters— Roxie Hall

Fellowship Ministries

Greeters – Roxie Hall

Coffee Time – Hospitality

Ladies Potluck Luncheon

— Gloria Ford

Men's Breakfast

– Kerry Peters

Fellowship & Foods Group

– Doreen Peters

Secret Friends – Julie Wilson

Toddlers to Tweens

— Abby Ekomwenrenren

Maintenance – ad hoc work groups

Christian Education

Nursery

Youth – Stephanie Evans

Adult Education—Tosan Chigbo

Clergy & Lay

Stewardship – Laura Anne Fink

Library – Doreen & Kerry Peters

Anglican Fellowship of Prayer

– Dinah Breu

Sunday School Coordinator

– Kerin Spaargaren

Pastoral Ministries

Hospital Visiting – Clergy

& Pastoral Care Team

Home Visiting – Clergy

& Pastoral Care Team

Caring Contact - Betty Nadurak

Casserole Ministry – Linda Hubert
(Contact Office)

Prayer Group – Dinah Breu

Prayer Chain – Dinah Breu

Card Ministry – Robbie Coller

Pastoral Care Team – Nicola Peden

Grief Support Group

– Laura Anne Fink

Outreach Ministries

Outreach Committee

– John L'Ecuyer

Father Lacombe Sunday Eucharist—

Kathleen Robinson

Father Lacombe Fri.'s—Kerry Peters

AgeCare Seton — Fergus

NeST — Jennifer Solem

Food Bank, CAWST, Alpha House etc. –

shared through Outreach Committee

Pioneers of Paul—

Karen Huq & Laura O'Neill

PWRDF — Doreen Peters

Quilt/Shawl Prayer Ministry

– Laura Anne Fink

Living Waters

– Laura Anne Fink



LOOKING AHEAD TO PENTECOST

The Rev'd Dr. Norman Knowles

As we begin the month of May, spring seems to have finally arrived. This is a time of rebirthing as the land awakes from its winter slumber, as migrating birds return, and as new life sprouts forth. On the last Sunday of May, we celebrate the Feast of Pentecost—the birthday of the Church. Pentecost too is all about rebirth and renewal, new life and new beginnings.

Pentecost is the day in which we celebrate the pouring out of the Spirit upon the first disciples of Jesus and how from that day the church began to reach out around the world, how they went from being timid and afraid in their testimony to Christ to being bold and courageous in their witness; how they went from being inward looking to being outward looking, from seeking to save themselves to being ones who had a passion for showing others where healing is to be found; how they went from hiding in fear or trying not to be noticed to being heralds of truth and justice.

Something strange happened on the day of Pentecost - as the Spirit overcame the confusion that had been upon the face of the earth since the days when the Tower of Babel was destroyed, and made it possible for the disciples to communicate with every person - regardless of differences of race, colour, language or gender.

Something strange and profound happened on the day of Pentecost – almost 2000 years ago, and that something profound is still occurring as the Spirit continues to be poured out upon those who believe in and follow Christ - bringing order out of chaos, understanding out of confusion, unity out of diversity, justice out of oppression.

Pentecost is also the day in which we give thanks to God for the many gifts with which we have been blessed. Paul reminds us in his first letter to the Corinthians that everyone who follows Christ is gifted, gifted by God, gifted in different ways and to different degrees, but that each gift and each person is important - none more or none less than another:

that those who preach are not greater than those who listen and that those who wait on tables are no greater than those who gather to eat. Each one of us if we are being obedient to the call of God in our lives is gifted by God and each of those gifts is used God.

This is good news indeed. God has given us a diversity of gifts to be used here in our midst at St. Paul's and beyond this church - in the world to which we are sent as disciples of Christ. We do have old men who dream dreams and young men who see visions. We have daughters and son who are moved by the Spirit to build up the body by sharing their faith, their hope, their worship of God.



We have those with gifts of administration, of preaching, and of teaching, of music and of prayer. We have those with gifts of help and of service and those with the gifts of hearing and of counsel, of presence and encouragement.

In all that we celebrate at Pentecost the hand of God is evident and that hand calls us to rejoice and take heart. We earnestly pray that we leave no gift, no person out, because we know that God has not left us so incomplete, that God treasures and gifts each person here.

The good news is that we are equipped by the Spirit; we are equipped to do what the Spirit calls the church to do, which is to witness to the love and purpose of God as revealed through Christ Jesus our Lord and the Law and the Prophets.

The Spirit makes us one. May the walls that divide us from one another be broken down in our common service and celebration. And may God's name be praised - now and forever. Amen

Norman+

ROSTER FOR SUNDAY SERVICES

DATE	PRESIDING	PREACHING	ASSISTING	CHILDREN'S TIME
May 7	Norman	Norman	Betty	Norman
May 14	Norman	Betty	Betty	Betty
May 21	Cyril	Norman	Betty	Norman
May 28	Norman	Norman	Betty	Kerin
June 4	Norman	Norman	Betty	
June 11	Norman	Cyril		
June 18	Pilar Gateman	Pilar Gateman		
June 25	Rafiq Raphael	Rafiq Raphael		

UPCOMING SERVICES

Our 9:30 Sunday Services can be shared in-person or online (live streamed on Facebook, and posted shortly thereafter on our YouTube Channel and website (to access Services on our website, please click on the Sermon tab in the top right hand corner of the home page).

Sunday, May 14: Mother's Day
Sunday, May 21: Ascension Sunday
Sunday, May 28: Pentecost & Holy Baptism: wear red
Sunday, June 4: Trinity Sunday



UPCOMING EVENTS

Ladies' Luncheon: Saturday, May 13 at 11:30 am Speaker Cec Sparrow on her trip to Tanzania
Men's Breakfast: Saturday, May 20 at 8:30 am
Clean Up Day: Saturday, May 27 9 am to 3 pm

BIBLE STUDIES & PRAYER MEETINGS & SERVICES

Wednesday Bible Study: is postponed until further notice.

Prayer Group: Second Mondays of the Month in person at 1:30 to 2:30 pm; 4th Mondays of the Month via Zoom at 7:30 pm

Wednesday Services of Morning Prayer: At 9:30 am check Parish Office for dates. Next ones will be May 17 and 31.

Spring Bible Study: Wednesdays at 7:30 pm via Zoom The Study is on Deuteronomy. See page 9 for more information.



Ascension Sunday

The Ascension of Our Lord, which occurred 40 days after Jesus Christ rose from the dead on Easter, is the final act of our redemption that Christ began on Good Friday. On this day, the risen Christ, in the sight of His apostles, ascended bodily into Heaven.

[Luke 24:51](#); [Mark 16:19](#); [Acts 1:9-11](#)

<https://www.learnreligions.com/ascension-of-our-lord-jesus-christ-542462>

Holy Week & Easter Services



Tenebrae



Compline at the Historic Chapel



Maundy Thursday



Good Friday



Easter Vigil

Easter Day

A solemn Holy week lead us into a joyous Easter Day celebration. We began with the Sunrise service at the Historic Chapel with Deacon Betty and then the celebration at St. Paul's with The Rev'd Helen Belcher.





Income Statement as at March 2023

			Jan - Mar 23	Jan - Mar 22	Budget
Income					
	Interest Income		448	32	201
	Offerings		51,538	45,416	57,249
	Other Income		3,445	275	2,751
	Total Income		55,431	45,723	60,201
Gross Profit			55,431	45,723	60,201
Expense					
	Administration		8,137	6,157	7,251
	Apportionment		7,725	7,152	6,450
	Christian Education		12	117	252
	Communication		60	36	126
	General Maintenance		6,112	3,709	3,750
	Hospitality/Fellowship		0	0	252
	Ministerial		29,979	27,804	30,000
	Outreach		5,154	4,556	5,775
	Pastoral Care		0	10	24
	Utilities/Insurance		5,505	4,729	5,490
	Worship		1,754	1,137	1,620
	Total Expense		64,438	55,407	60,990
	Net Income		-9,007	-9,684	-789



Due to technical difficulties the study has been delayed a week.

For the Spring Bible Study, we'll be doing a Deuteronomy Study, from St. John's Vancouver. This is the [link](#) to the study.

It is a 9 lesson study. All the materials required are on the website and there is no cost related to this.

If you would like a print copy of the study please contact Laura Anne at the Parish Office. Please contact [Tosan](#) for the Zoom link.

See below a synopsis of the study:

Life on the Edge – Deuteronomy. Deuteronomy is about God's grace and His holy invitation to reorient our hearts in living service to Him. It is a foundational text for the people of God, crucial for understanding what it means to be in covenantal relationship with him. It goes to the heart of who we are and who God is.



Pioneers Of Paul



Inn from the Cold service day

We are a group of junior and senior high school students who are working together to bring God's love into our wider community by volunteering together at various Calgary organizations.

Activities and Meetings

Saturday May 13, 2023 (1145-1530) (shift 1230-1500) *The Calgary Food Bank* - Fresh Food– Sign up closed - forms, completion of 20 min. food safety online course

Watch for an online survey by June. Members/parents will receive invite my email. If you are a potential member and would like the survey email youthvolunteer@stpaulscalgary.ca

Watch for year end get together for 2022-23 participants and future participants.

Other opportunities for interested youth:

Youth representative on Parish Council: provide a youth perspective to the St. Paul's leadership team. Meetings are monthly, on the 2nd Tues of each month (7-9pm). No reports or additional requirements, just a willingness to share a youth perspective on relevant church issues.



QR code for website page

Come and make a difference
in our world!
Gain experience and build your
resume at the same time!





Sunday School

Sunday school is available at the 9:30 am Sunday Service.

We are using the Virtual Church School curriculum offered by the Anglican Church of Canada. The link is on our website.

For those joining us online, this is the same material we have been using while the in-person Sunday School has been on hiatus. Please fill out a registration form so we

know that your children are participating online. They are location [here](#) and can be sent to the Parish Office via email or post.

We hope that this will provide greater continuity for our Sunday School students. As we move closer to a hybrid church model.

If you choose to continue worshipping with us on-line, or if you know in advance that your child(ren) will not be able to attend in-person on an upcoming Sunday, and you live within Calgary, please let me or the Church Office know and we will try to get any handouts, crafts, etc., to you.



No matter how you join us in worship, we want you to feel you are fully part of the St. Paul's family.

Youth Sunday School

Youth Sunday school began Sunday, October 2, and is continuing on the 1st and 3rd Sundays of each month. Thank you to Stephanie for facilitating this group.



On the first and third Sundays, we're watching and discussing the Alpha Youth Series Refresh. **Any youth who are interested in Confirmation are asked to please attend these Sundays.**

Alpha Refresh

Our first ever Alpha Youth Film Series was launched in 2013. Over the years the series has evolved and been updated to include stories that are relevant, relational, and relatable for students as we continue to encourage conversation around life, faith, meaning, and purpose.



In this refresh, released September 1, 2022, we're showcasing new voices, conversations, and ideas from Gen Z.

The hope of this new refresh is that it would continue to catalyze students for student-led Alphas. In doing so, we want the Alpha Youth Series Refresh to represent the current cultural moment we are in.

Sunday School Teachers



As we gather together again in-person, we will probably be meeting as one large group; but as more people return in-person and our numbers grow, we will likely be needing move to 2 or even 3 classes. That means we will need more Sunday School teachers. If you feel God is calling you to this ministry, or if you would like to know what is involved, please contact me (spaargw@shaw.ca) or the church office.





Prayers



*"O taste and see that the Lord is good;
happy are those who take refuge in him."*
Psalm 34:8

PRAYER NEVER ENDS

"Pray continually. Give thanks in all circumstances, for this is God's will for you in Christ Jesus." 1Thes. 5:17-18

"Our prayer has a beginning because we have had a beginning, but it will have no end. It will accompany us into eternity and will be completed in our contemplation of God when we join in the harmony of heaven and are "filled with the flood of God's delights". The story of our earthly-heavenly life will be the story of our prayer."

-Carlo Carreto / Letters from the Desert

Father, give to us and to all your people, in times of anxiety, serenity: In time of hardship, courage; in times of uncertainty, patience; and, at all times, a quiet trust in your wisdom and love; through Jesus Christ our Lord. AMEN

-New Every Morning

LORD, I SEEK YOU

*As a deer longs for flowing streams,
so longs my soul for you, O Lord.* Psalm 42:1

I put aside my weighty cares and
leave my wearisome toils for a while.

I abandon myself to you, O God, and rest for a little in you.

I enter the inner chamber of my soul, and seek only God
and the things that can help me in my quest for you.

Come then, Lord my God, teach my heart where and how to
look for you, where and how to find you. AMEN

-after St. Anselm

"Help me, O Lord,

.....that my eyes may be merciful, so that I will never
be suspicious or judge by appearances, but always look for
what is beautiful in my neighbours' souls and be of help
to them;

.....that my ears may be merciful, so that I will be
attentive to my neighbours' needs, and not indifferent to
their pains and complaints;

.....that my tongue may be merciful, so that I will
Never speak badly of others, but have a word of comfort
and forgiveness for all;

.....that my hands may be merciful and full of good
deeds;

.....that my feet may be merciful, so that I will hasten
to help my neighbor, despite my own fatigue and
weariness;

.....that my heart may be merciful, so that I myself will
share in all the sufferings of my neighbor." AMEN

-Prayer of Saint Foustina

WE ARE NOT ALONE

"The Lord is near to all who call on him."
Psalm 145:18

God, you are invisible, but not unseen. You reveal yourself in creation and demonstrate your kindness in a stranger's sincere smile.

You are intangible, but not unfelt. You caress our faces with the wind and embrace us in a friend's arms.

We look for you and feel your presence.

AMEN

-Prayers of Comfort

A PRAYER FOR THOSE IN NEED OF HEALING

*"O taste and see that the Lord is good;
happy are those who take refuge in him."*
Psalm 34:8

Lord Jesus, you listen to our hearts and enter into our pain and our fears.

Come Lord, and bless all who are in need of your healing touch in body, mind or spirit with the comfort and quiet of your gentle presence, now and always. AMEN

-D.B. (adapted from All Will Be Well)

"May the healing love and grace of God be in every corner of your heart, crevice of your mind, and cell of your body.

AMEN

- Avery Brooke

CORONATION PRAYERS MAY 6

(Source: Diocese of Connor)

FOR THE KING

Lord God, in your power you provide for your people
and rule over them in love:

Grant to your servant Charles, our King

the spirit of wisdom and government,

that being devoted to you with his whole heart,
he may so wisely govern,

that during his reign your church may be protected,
and Christian devotion may continue in peace;

that so persevering in good works to the end,

he may by your mercy enter your everlasting kingdom;

through Jesus Christ, your Son, our Lord,

who lives and reigns with you in the unity of the Holy Spirit,
one God now and forever. AMEN

(Based on a prayer in the 1953 Coronation Service)

FOR THE QUEEN CONSORT

Almighty God, the fountain of all goodness:

hear our prayer and multiply your blessings

upon your servant Camilla the Queen Consort

as she offers herself with humble devotion to your service.

Defend her from all danger,

make her an example of virtue and godliness
and a blessing to the King and to his people;
through Jesus Christ our Lord,
who lives and reigns with you
in the unity of the Holy Spirit,
one God, world without end. Amen.
(Based on a prayer in the 1953 Coronation Service)

SEASONAL PRAYERS

St. Philip & St. James May 1

Almighty God, by whose providence your servants Philip & James were called to be apostles of our Lord :
help us, like them, so to follow Jesus as to know him to be the Way; and so to believe in Jesus as to find in him the Truth; that following and believing we may possess eternal Life through his Name. AMEN -Llewellyn Cumings

St. John the Evangelist May 6

Eternal god, who through the witness of the apostle and evangelist Saint John revealed the mystery of the Word made flesh for our salvation: grant that we who rejoice in your love may walk in the light of your truth and be partakers in the life eternal, by faith in your Son, Jesus Christ our Lord. AMEN -Frank Colquhoun

A Prayer for Mother's Day May 14

Thank you Lord, for our mothers. We remember today their loving care, and their ceaseless love for us. May we show them by our gifts, our words and our actions that we love them and care about them too.

Thank you Lord, that you have spoken to us through our mothers that we may know your steadfast love.
AMEN -source unknown

The Ascension May 18

Sing to the Lord, who ascended above the heaven of heavens, our Christ, our Sunrise, our Joy, our King, crowned in glory. ALLELUIA ! -source unknown

You are not only risen and alive, you are Lord.
This is your ascension,
your ascendancy over the whole universe.
You stand over and above all that is best in life as its' source.
You stand above all that is worst as ultimate victor.
You stand above all powers and authorities as judge.
You stand above all failure,
weakness and sin as forgiveness and love.
You alone, are worthy of total allegiance, total commitment.
You are Lord, "My Lord and my God." AMEN
-Rex Chapman

PRAYERS FOR PENTECOST May 28

Jesus said: "you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria and to the ends of the earth."
-Acts 1:8

Almighty God, our heavenly Father, the privilege is ours to be called to share in the loving, healing and reconciling mission of Your Son Jesus Christ our Lord in this age and wherever we are.

Since without you we can do no good thing,
may your Spirit make us wise;
may your Spirit guide us;
may your Spirit renew us;
may your Spirit strengthen us
so that we will be
strong in faith;
discerning in proclamation;
courageous in witness;
persistent in good deeds.

This we ask through the same Jesus Christ our Lord.

AMEN

-Anglican church of the West Indies

Fire of God,
Wind of God,
Spirit of God,
purify us in the flame of your mercy,
change us by the breath of your power
and take possession of us in the warmth of your love. AMEN
-Angela Ashwin

O Spirit of God, mighty river, flow over me,
in me, through me.

O Spirit of God, cleanse me, purify the channels of my life.
O Spirit of God, bear me along with thy flood
of life giving service.

O spirit of God, mighty river, bear me down to the ocean, the ocean of thy love.

O Spirit of God, mighty fire, glow in me, burn in me until
thy radiance fills my soul.

O spirit of God, mighty fire, may thy light illumine my mind.

O Spirit of God, mighty fire, may thy heat consume my will
until I burn for thee alone.

May the flames of thy love ever blaze upon
the altar of my heart. AMEN

-C. Devnesan

PRAYER FOR JERUSALEM SUNDAY May 29

O God, we give thanks that your dear Son has gathered us in the embrace of his redeeming love and sent us to make that love known to the ends of the earth.

We pray your continued blessings on the steadfast witness of the Church in Jerusalem and throughout the Middle East.

Give your deep joy to those who welcome the pilgrims seeking to know this land and its many peoples.

Grace those who proclaim the Gospel.

Guide all who teach the new generation of young people.

Draw near to those who are sick and bless those who tend them.

Sustain the hope in all who long and labour for a just and lasting peace in the land of th Holy One.

And may the Companions of Jerusalem be many and faithful.

We pray in the name of our merciful Saviour, Friend and Brother, our Lord Jesus Christ.

- Most Reverend Fred Hiltz

The Visit of The Blessed Virgin Mary to Elizabeth -May 31

Blessed is she who believed that the Lord's promise would be fulfilled.
Luke 1.45

Almighty God,
 who looked with favour on your servant Mary
 and called her to be the mother of your Son,
 nurture in us the humility and gentleness
 that found favour in your sight,
 that with her we may proclaim the greatness of your name
 and find the mercy you show to those who fear you;
 through Jesus Christ our Lord,
 who is alive and reigns with you and the Holy Spirit,
 one God, now and for ever. AMEN

-For All the Saints

A BLESSING

*"Now may the Lord of peace himself give us peace,
 at all time and in all ways, The Lord be with us all."*

2 Thess. 3:16

Blessing and loving and laughter be yours.

The love of a Great God

who names you

and holds you

while the earth turns and the flowers grow,

this day

this night

this moment

and forever. AMEN

-Ruth Burgess

PRAYERS FOR OUR PARISH IN THIS TIME OF TRANSITION.

The Prayer Group invites all parishioners to join with us as we pray intentionally for our parish. More prayers will be added as the transition unfolds.

A Prayer For Our Parish

Lord, pour your grace upon us and give us a spirit of wisdom and discernment that we may continue to grow in knowledge and love of you. Let the fruit of your Holy Spirit be active and apparent in our lives. Empower us to be your witnesses in our community and among our families, friends and acquaintances. Help us to love one another as you have loved us, so that all may know that we are your disciples. Let us share your life as we worship you. AMEN (source unknown)



We pray for ourselves, as a parish, and as individuals;

- that the Lord place a hedge of protection round about us and clothe us with his armour, -

-that we remain strong in his mighty power'

-that we continue to grow in faith and the knowledge of our Lord,

-that we continue to support and care for one another, and

-that we continue to be a place where all are made welcome.

We pray:

-for our spiritual leaders, that they would be faithful in the ministry of the word and sacraments

-for our wardens that the Lord would bless their leadership..

-for all Ministries in our Parish, that they would continue to grow and function as the Lord intended.

We will continue to pray as God's plan for St. Paul's unfolds. We find great assurance in God's word to the exiles in Babylon through His prophet, Jeremiah:

"For I know the plans I have for you," declares the Lord, "plans to prosper you And not to harm you, plans to give you hope and a future."

These words are as encouraging to us now, as they were to those who received them originally. We know that our God is faithful and keeps his promises. Thanks Be To God.

A MOM'S PRAYER

Now I lay me down to sleep,
 I pray my sanity to keep;
 For if some peace I do not find,
 I'm pretty sure I'll lose my mind.

I pray I find a little quiet
 Far from the daily family riot;
 May I lie back ... not have to think
 About what they're stuffing down the sink,
 Or who they're with, or where they're at,
 And what they're doing to the cat.

I pray for time all to myself
 (Did something just fall off a shelf?)

To cuddle in my nice, soft bed
 (Oh no! Another goldfish ... dead!)

Some silent moments for goodness sake
 (Did I just hear a window break?)

And that I need not cook or clean ...
 (Well heck! I've got the right to dream!)

Yes, now I lay me down to sleep,
 I pray my wits about me keep;
 But as I look around I
 know ...
 I must have lost them
 long ago!

~ Author Unknown



LADIES no-mess POTLUCK LUNCH

*A dish to share with its own serving implement is grand or
your own special individual bag lunch is cool*

Come with or without food – there's always plenty to share

Bring your own drink along with cutlery & plate to wash at home

Bring a Friend

Meet a Friend

Make a Friend

ALL WOMEN ages 13 and up in the Parish are invited

2nd weekend in May—May 13 @ 11:30 am



**Cec Sparrow (our outreach co-ordinator) will be sharing a part of her story, including
HER TRIP TO TANZANIA IN JANUARY 2023**

**"I hope you will join us at our Ladies Lunch while share some of this
amazing world with you." Cec**

Last months meeting with a talk by Cari on heart health



WALKING GROUP

Let's get together and enjoy the great outdoors!

Are you interested in joining a walking group?

We are meeting Monday, May 8th at 1 pm at Glennfield parking lot.

We will be walking and talking about how we want to organize our outings.

Join us for some exercise and conversation!



Pastoral CARE

Join this ministry

If you'd like to be part of our St. Paul's Pastoral Care Team, please contact Nicola . Training will be provided to anyone interested in this important ministry.



Prayer Shawl Ministry—

This is a fun ministry where we quilt or knit and share fellowship for an afternoon. We meet on the third Wednesday of each month. No experience needed! Everything is supplied.



For more info. contact Laura Anne at the Parish Office.

Next meeting is May 17 at 1 pm in-person and Zoom.



Cheмо Care Bag

If you know of anyone who is beginning Chemotherapy treatment and would benefit from receiving a Chemo Care Bag please contact the Parish Office 403 256-1428.



Grief Support Group

Our Grief Support Group is a chance to be with others who have suffered a loss. It is a chance to speak from the heart or just listen. If you are interested, please contact Laura Anne at the Parish Office.



Men's Breakfast

The next one will be this Saturday, May 20 at 8:30 am.

The Men's Breakfast is prepared by the men themselves, a couple each time, with a suggested donation of \$5 going to CAWST (the Centre for Affordable Water Sanitation Technology). All age 13 and over are invited!



JERUSALEM & HOLY LAND SUNDAY



May 21, 2023

Jerusalem Sunday, known now as Jerusalem and the Holy Land Sunday, is an opportunity for Anglicans and Lutherans in Canada to learn more about and support God's mission in the Diocese of Jerusalem and the Evangelical Lutheran Church in Jordan & the Holy Land (ELCJ&HL).

BABY BOTTLE CAMPAIGN

in support of

CALGARY | STRATHMORE | AIRDRIE
Pregnancy Care Centres

MOTHER'S DAY TO FATHER'S DAY



YOUR DONATION ADDS UP TO BIG CHANGES IN PEOPLE'S LIVES

Every donation counts! Your donation will join thousands of others to add up to changed lives for women, parents and young families in our community. Participating is easy.

- 1** Pick up a bottle OR simply give online.
- 2**
 - a.** If you have a bottle, put your cash, coins or a cheque inside. Bring the bottle back on Father's Day.
 - b.** If donating online, go to pregcare.com/BBC2023.
- 3** Continue to pray for the Centre throughout the year.

**All gifts over \$25 will be issued a donation receipt.*



St. Paul's Outreach Ministry



Food for Others on April 30

When there are five Sundays in a month, that Sunday is **Food for Others Sunday**. The next one is **July 30/23**.

Year-round there is a box by the main entrance to collect donations of non-perishable items for the Calgary Food Bank.



What's the Yellow bin?

The yellow bin in our parking

lot is a fundraising effort by the Calgary Humane Society, an animal welfare organization which connects the lives of animals and people while providing essential animal services to the community. Gently used clothing and footwear of any kind can be put in the bin for donation.

Small change for big change

Putting some coins (or bills) into the CAWST water filter by the library will support the delivery of clean drinking water in poor communities. Through our donations, the health of many people in the third world can be greatly improved.



Clothing appreciated

Calgary Alpha House Society gratefully accepts donations of clothing and backpacks to help provide a safe and caring environment for those whose lives are affected by alcohol and other drug dependencies. Top needs include backpacks, , jeans, hoodies, shirts, athletic pants and shorts, pyjama pants, belts, jackets, gently used towels and sleeping bags.

There is a clearly marked Alpha House bin on the



base of a coat rack near the south entrance where you can leave donations.

PWRDF

PWRDF's Response to Humanitarian Crises

Every year PWRDF responds to emergencies in Canada and around the world. Primarily, we allocate grants to appeals issued by the ACT Alliance, of which we are a member. ACT Alliance (Action by Churches Together) is an organization of 140 international Christian organizations working in areas of high need.

When disaster happens, ACT is able to contact one of its members already in place and quickly get them funds for immediate necessities of life, such as water, sanitation, food and shelter. PWRDF also works with the Canadian Foodgrains Bank in this same capacity.

When disasters are particularly grave, the government of Canada sometimes introduces a matching period to encourage donors. The time period and the value of the match is up to the government. In April 2019, the government determined that only funds donated to the Humanitarian Coalition will be eligible to receive a government match.

The Humanitarian Coalition is a collection of 10 leading aid organizations providing Canadians with a simple and effective way to help during large-scale humanitarian emergencies. Its goal is to reduce unnecessary fundraising competition, increase the impact of humanitarian responses and reduce administrative costs. The Canadian Foodgrains Bank is a member of the Humanitarian Coalition, and PWRDF's membership in the Foodgrains Bank allows donations to PWRDF to be matched.



PWRDF
The Primate's World Relief and Development Fund
The Anglican Church of Canada

We can't end homelessness alone.
But a village can!



All donations matched in May!

Have you heard? Inn from the Cold has launched our newest annual campaign, *A Village Can*. From May 1 to May 31, all donations to The Inn will be matched dollar for dollar.

Our new campaign aims to raise \$1 million to provide a safe space for families on the brink of homelessness. While this may seem like an audacious goal, *A Village Can*, is inspired by the idea that when Calgarians come together, seemingly insurmountable challenges can be overcome — something we have witnessed firsthand.

Since the beginning of 2022, the need for Inn from the Cold's services has surged, with more families reaching out for help. In response, the organization saw an outpouring of community support as Calgarians rose to the occasion of helping families get back on their feet. With more and more families reaching a point of crisis, your support is needed.

A Village Can, is a vital opportunity for the community to make a real difference in the fight against homelessness. Funds raised go directly to supporting Calgary families experiencing the brunt of the housing crisis. We believe that, together, Calgarians can provide much-needed support to those impacted by a housing crisis **because a village can end family homelessness.**

Donate today and your donation is matched by a village of generous donors, having TWICE the impact! Go here to donate <https://innfromthecold.org/village/>

Donate today and your donation is matched by a village of generous donors, having TWICE the impact! Go here to donate <https://innfromthecold.org/village/>

The Church's Call to Environmental Stewardship

February 13, 2011 By the Rev. Dr. Gilson A. C. Waldkoening

What does the gospel and the ministry of the church offer to a world concerned about its natural environment?

Many people throughout the church – farmers, business people, parents, pastors, workers of all sorts – are concerned about ecological issues. The health and well-being of our planet affects everyone. What does the gospel of Jesus Christ, and the ministry of his church, have to offer a world concerned about its natural environment? This article shows the biblical and theological basis for ecological stewardship.

Why not involve your congregation in caring for the earth? You may hear the gospel in a fresh way in relationship to God's abiding care for his whole creation.

God is active in the world! Although we often overlook the fact, each and every moment of each and every day is precisely the time and place that God Almighty is present. God constantly engages our lives, and the life of all creation. The Good News of Jesus Christ is that God has acted decisively for the salvation of all: Christ obediently suffered for us, and then God raised him triumphantly! God's continued activity in, with and for the sake of the world is consistent with that decisive act of salvation in Jesus Christ.

God Loves the World

God loves the world! Even while God pursues his wonderful mission among humankind, God's presence and activity affect the entire world. God created the world, according to the scriptures. That creation was not a one-time, over-and-gone event. God's creation of the world continues each day. Martin Luther so often taught this, and he encouraged us to live lives of creative responsibility that would be in harmony with God's continual care of his creation.

The Holy Scriptures testify to God's creative and redemptive work in all things. For example, Paul taught the Christians in Rome: *the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labor pains until now; and not only creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved* (Romans 8:21-24a).

All people have a renewed call to the role of steward or caretaker of creation Paul's faith in Christ was a mighty faith; his sense of the power of God's work in Christ knew no bounds. Paul saw that the work of God in Christ would complete God's work of creation, that redemption would be the most creative act of all.

If Paul is correct in his vision of the implications of Christ's work (and we believe he is!), then Christians and all people have a renewed call and renewed motivation in the role of "steward" or caretaker of creation. This role was given to humankind when "the Lord God took the man (Adam) and put him in the garden of Eden to till and keep it." Work and service in the world are not punishment for humankind. God gave work to Adam as a gift in the Garden before Adam fell

into sin. It was later that "toil" was added to work, and a "curse" was extended toward the earth because of human rebellion against God. When Christ comes and saves, humans are restored to their rightful and joyful role of stewards, tillers and keepers, and released from the burden of toil in their work.

When people do the work that God has given them, they join God in his mission to care for the whole world. Meanwhile, Christ draws all believers into the fellowship of the church, and it is through that community, too, that Christians are empowered by God to join him in care for creation.

Another great community surrounds and often meets the church as it goes forth in its mission. All creation is called to be a community and is united under God's care, as Paul's teaching indicated. Signs of the great community of creation appear around us, even though many signs of strife rend the intended community of creation. The leading sign of the community of all creation is the church itself, with Christ's reconciling work at its center. From that center flows God's care for both the natural world and humankind.

Ecological Crisis

In recent years most people have become more aware of the ecological crises, the dangers that threaten the health and stability of God's natural world. There is much debate over the extent of this danger, and over the degree to which we must respond

with remedial action. No matter what the extent of ecological crisis — or even if there were no crisis at all! — it is clear from the biblical witness that Christians and all people are called to be responsible stewards of the earth, as well as each other.

The biblical call to stewardship will lead us to foster quality of life. The quality of life that is measured only by material goods and economic factors is incomplete. Total quality of life must include the health and stability of the natural world, relative justice and peace for people, and the free and true worship of God Almighty. It is on this basis, on this biblical vision, that Christians are motivated to respond to ecological crises. It is on the basis of belief in the power of the gospel, and confidence in its ultimate triumph, that Christians dare to do as Christ did, to reach out in responsible love toward a world in need.

To have the opportunity "to till and keep" the earth is an arena in which we can proclaim anew the powerful redemption of God's work in Christ. To care for the earth, just as to care for one's neighbor, is an opportunity to witness to Christ and to practice the church's mission. When the church and Christians are reaching out in service, they are most alight with the radiance of God's powerful gospel. This is why your pastor might ask your congregation to care for creation by some specific ecological project. It is why a seminary should include in its education the church's vibrant opportunity to serve Christ by tending God's own creation.



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<https://www.stewardshipoflife.org/2011/02/the-churchs-call-to-environmental-stewardship/>

ESL Conversation Club Tuesday mornings at St. Martin, Calgary

St. Martin's is extending a volunteer opportunity, to have conversations with new English speakers. Tuesday mornings from 9:30 to 11:00 am, a group will be meeting (until the end of May). It's fun, interesting and rewarding. If you are interested, please contact Martha by [email](#).

Evensong at Christ Church, Calgary

Fourth Sunday of each month at 4:30 pm

The Choir of Christ Church, Elbow Park hosts choral evensong on the fourth Sunday of each month. Please join us for this sacred service beginning at 4:30 pm.



Grab, Snatch and Take Event

A Fundraiser for Christ Church, Nanton



Christ Church, Nanton will be holding a Fundraiser on Saturday, May 13 from 9:00 am to 1:00 pm - a combined Bake, Plant and Garage Sale:

GRAB some homemade baking and goodies.

SNATCH up a deal from the garden and household plants on sale.

TAKE home a bargain from our Garage Sale.

We are looking for donations for this fundraiser. If you are able to donate baking, plants or household items for sale, they may be dropped off at the Parish Hall from 7:00 to 8:30 on the morning of Saturday, May 13. If that time doesn't work or you need someone to come pick up your items, please contact Karen or call (403) 601-0361. We appreciate knowing ahead of time if you will be donating or able to help us out on that day. Please join us for this great event in support of Christ Church and our Lord.

ALTAR GUILD



Members of the Altar Guild prepare the church for worship services by setting out and then cleaning up the communion vessels, arranging or setting out flowers, replacing candles, and marking Bible.

At present there is one volunteer each week. The volunteers work in rotation, which turns out to be about once a month. Set-up can be done Friday or Saturday as suits your schedule. During the Christmas and Easter seasons we have need for extra shifts, which are covered on a volunteer basis. We hold two meetings a year at which time all members get together to discuss issues, ideas, and the future while having a happy time socializing and keeping aware of how wonderful a group we really are.

We are in need of new members - male or female - to join us, as many hands make light work. If you are interested in this quiet behind-the-scenes ministry to our community, please contact one of the Heather or the Parish Office - 256-1428 .

Servers

We are looking for volunteers to be servers at our Sunday services. Youth or Adults are welcome! Please contact Father Cyril or the Parish Office if you are interested. Training is available!



Missional Minute

The worldwide wave of prayer, **Thy Kingdom Come**, is rooted in the practice and experience of the earliest church as they obeyed Jesus' command to wait for the outpouring of the gift of the Holy Spirit. Acts 1:14 tells us their mission planning was rooted in constant, ground-breaking prayer:

They all joined together constantly in prayer, along with the women and Mary the mother of Jesus, and with His brothers.

- Acts 1:14

At this time they were surely confused, uncertain, perhaps even fearful as they considered the enormity of the task, but also excited and on the edge of a whole new world as they knew themselves to be loved and forgiven because of their Lord's death and resurrection.

Thy Kingdom Come's Novena for 2023 is focused on verses from St John's First Letter. They express an excitement about the character of God and all He has done. The focus is on God's dynamic action in creation and salvation. Here is a story of love, hope, challenge, and peace. Here is God's powerful invitation to share His life and love: not only here and now but for all eternity. **Thy Kingdom Come** is an annual invitation and encouragement to Christians and Churches, not only in England but across the world, to seek the indwelling of the Holy Spirit that we might live out and share the Kingdom of God. This passion is the heartbeat of the life of the Church. This presence is what transforms a human institution into the Body of Christ.

At the heart of Thy Kingdom Come is our focus to 'Pray for five'. It is an invitation to bring five people before God – friends, family, neighbours or colleagues who are not yet following the Lord Jesus. It is an encouragement to pray that the Holy Spirit will open their hearts and minds to God's love, forgiveness, and peace.

Consider this opportunity to be missional by intentionally praying for five people to come to know Jesus.

Thy Kingdom Come

May 18 to 28, 2023

Join the global wave of prayer calling all Christians to pray between Ascension and Pentecost for more people to come to know the love and peace of Jesus Christ.

May 18 - 28, 2023. More information can be found <https://www.thykingdomcome.global/>



St. Paul's Annual Spring Clean-Up



WHEN: SATURDAY, May 27
WHERE: OUTDOORS AND INDOORS
TIME: 9:00 AM TO 3:00 PM



COME WHEN EVER YOU CAN AND
STAY for AS LONG AS YOU CAN

Outdoors we will need help digging up the vegetable gardens in the backyard and adding fertilizer.

In the front yard we will need help preparing the gardens for planting and doing some planting. Donations of plants is always welcome!

We also need the outside of all the windows and doors washed and the parking lot swept.

Inside the only cleaning needed at this time are the windows, blinds and doors.



WHAT TO BRING: RAKES, SPADES, SHOVELS, OUT-DOOR BROOMS, BUCKETS, RAGS



LUNCH WILL BE PROVIDED

COME AND HELP MAKE
ST. PAUL'S BEAUTIFUL!!!



Answers to Quiz on page 27

1. a (Genesis 3:20) 2. c (Genesis 17:15) 3. b (Genesis 24:67) 4. d. (Genesis 29:28) 5. b (1 Samuel 1:20) 6. d (1 Samuel 18:26)
7. b (Ruth 1:16) 8. a (Genesis 39:14) 9. a (Joshua 2:1) 10. a (Exodus 2:21) 11. c (2 Samuel 11:2) 12. c (Judges 16:6)
13. b (Esther 7:3) 14. c (Genesis 29:25) 15. a (Hosea 1:3) 16. c (Genesis 16:15) 17. b (1 Kings 19:2) 18. b (Exodus 6:20)
19. c (Genesis 19:6) 20. b (Ruth 1:4)

Why Is Reading the Bible So Important?

The best way to learn about the past is to read the eyewitness account of someone who was there. God gave us such a record of creation.

Many Christians begin each new year with a plan to read through the entire Bible over the course of that year. **Some reach that goal, but most don't. Then there are others who don't even bother to read God's Word at all.** Is this issue really a big deal? Why is it so important to read Scripture on a regular basis?

Knowing God

First and foremost, the Bible is essential for knowing God and His will for our lives. The book of Romans tells us there are certain things we can know about God from general revelation.



Without Scripture people can know about God's power and divine nature by examining creation (*Romans 1:20*). They also know God's law because it is written on their hearts (*Romans 2:14-15*).

However, there is a vast difference between *knowing about* God and personally *knowing* God. Everyone knows about God, which is why you are without excuse if you reject Him, but only a fraction personally knows Him. The Bible is the foundational truth that teaches the history of the universe, the origin of sin, the reason

for death, morality, and so on. **Apart from God's Word, mankind would never learn the all-important message of salvation through our Lord Jesus Christ.**

Knowing God's Will

The message of eternal salvation is a vital and dominant theme in Scripture, but the Bible reveals much more—including how God would have us live. Through the recorded examples of biblical figures we can learn what pleases God and what does not. His Word also gives direct instruction to believers on how we should act in every circumstance.

God's inspired and inerrant Word was given for many reasons: to teach us, rebuke us, correct us, and instruct us in righteousness; it was also given so that we may be complete and equipped for every good work (*2 Timothy 3:16-17*). By reading the Bible on a consistent basis, you can find direction for your life and learn how to best serve the Lord who gave His life for you.

Knowing God's Word

Reading through the entire Bible provides an opportunity to better understand Scripture's "big picture." At the same time, we must be careful not to read the Bible just for the sake of doing it.

READING THROUGH THE ENTIRE BIBLE PROVIDES AN OPPORTUNITY TO BETTER UNDERSTAND SCRIPTURE'S "BIG PICTURE."

How can we present ourselves approved before God? We need to diligently study His Word so that we acquire an accurate understanding of it and then faithfully act upon the truth (*2 Timothy 2:15*).

Studying the Bible requires careful and prayerful attention to the text and the correct application of biblical principles of interpretation. **By studying God's Word, you can not only more fully enjoy the wisdom God gives, but also bless your family and friends by sharing the fruit of your labor.**

Making God's Word your authority in every area is vital for defending against the many spiritual attacks facing Christians. "But sanctify the Lord God in your hearts, and always be ready to give a defense to everyone who asks you a reason for the hope that is in you, with meekness and fear" (*1 Peter 3:15*).

We encourage you to read the whole Bible if you never have before. If you have already read through the Bible, then we would urge you to consider studying Scripture in more detail by concentrating on one passage per day. Continue thinking about that passage throughout the day and try to think of ways to apply what you have learned.

Don't forget to spend time in prayer. Thank God for giving you eternal life and His Word. Ask Him to teach and guide you so that you will become even more faithful in following Him.

Commit to read and study God's Word regularly in order to better know God, His Son, and His will.



from: <https://answersingenesis.org/bible-questions/why-is-reading-bible-important/>

Days in May

May 8:

No Sock Day

It's spring and the weather is getting warmer each day. It's time to get out your sandals and flip-flops. Now is the perfect time of the year to go without socks. So, it is only fitting that today is No Socks Day. Go ahead, use this May 8 holiday to free your toes of the confines of socks and stockings. Give those toes of yours a breath of fresh air. The creators of this day also profess that No Socks Day will reduce your laundry load, and therefore, it's healthy for the environment.

As we head towards summer, the urge to go barefoot hits us. It's great to feel the soft grass or warm sand under and between our toes. Go ahead and wear those deck shoes without socks. That's really the only way to wear them. Sandals and flip-flops are the norm when you need something on your feet. The only requirement is that you must wash your feet first. As for your shoes and sneakers, leave them in the closet until September.



May 12:

National Nurses Day

International Nurses Day is celebrated all across the world on May 12. It is also known as Nurses Day and was created by the International Council of Nurses in 1974 to honor the commendable work done by nurses.

The council chose May 12 as Nurses Day because it was the birth anniversary of Florence Nightingale and also marked the end of National Nurses Week which starts on May 6.

May 19:

National Bike to Work Day

National Bike to Work Day is today. This is a fantastic opportunity to get some exercise and save a little gas, along with less wear and tear on your automobile. Once you commit to biking to work today, you will discover how enjoyable it is. Hopefully, it encourages you to form a new habit and cycle to work any day when the weather is good.



May 20:

World Bee Day



Bees and other pollinators, such as butterflies, bats and hummingbirds, are increasingly under threat from human activities.

Pollination is, however, a fundamental process for the survival of our ecosystems. Nearly 90% of the world's wild flowering plant species depend, entirely, or at least in part, on animal pollination, along with more than 75% of the world's food crops and 35% of global agricultural land. Not only do pollinators contribute directly to food security, but they are key to conserving biodiversity.

To raise awareness of the importance of pollinators, the threats they face and their contribution to sustainable development, the UN designated 20 May as World Bee Day.

The goal is to strengthen measures aimed at protecting bees and other pollinators, which would significantly contribute to solving problems related to the global food supply and eliminate hunger in developing countries.

We all depend on pollinators and it is, therefore, crucial to monitor their decline and halt the loss of biodiversity.

May 28

National Hamburger Day

This comes at just the right time, as the outdoor grilling season has arrived. Hamburgers are America's favorite sandwich. So, it is only fitting that we have a special day to celebrate our cherished burgers. So have burgers for dinner tonight.



Helpful Information

Parish Office Hours: Monday to Friday 9 am to noon.

Sunday Services: 9:30 am Live Streamed on Facebook or after 11:30 on our website under the Sermon tab

Wednesday In –Person Services of Morning Prayer: 9:30 am Contact office for dates



Useful Websites and other Social Media Platforms:

St. Paul's Website:
<https://www.stpaulscalgary.ca>

Instagram: [stpaulscalgary](https://www.instagram.com/stpaulscalgary)

Facebook Page: <https://www.facebook.com/stpaulscalgary>

Twitter:
[@stpaulscalgary](https://twitter.com/stpaulscalgary)
[@PastorFergus](https://twitter.com/PastorFergus)

YouTube Channel:
<https://www.youtube.com/channel/UCldxfHv5pFYST--j8as1GVg>

Youth Group's Facebook:
[StPaulsCalgaryYouth](https://www.facebook.com/StPaulsCalgaryYouth)

MCES: <https://www.stpaulscalgary.ca/ministries/midnapore-church-of-england-society>

Facebook: [historicstpaulschurch](https://www.facebook.com/historicstpaulschurch)

Pioneers of Paul Instagram: [pioneersofpaul](https://www.instagram.com/pioneersofpaul)

Diocese of Calgary:
<https://www.calgary.anglican.ca>

Diocesan Facebook: [calgary.anglican](https://www.facebook.com/calgary.anglican)

Canadian National Church: <https://www.anglican.ca>

PWRDF—www.pwrdf.org



St. Paul's is a Scent-Free Parish

A reminder that we try to be scent-free out of love and respect for those whose health is threatened by fragrances. May we ask your co-operation in avoiding wearing to church, perfumes and after-shave, perfumed hair-sprays, etc.

Many thanks.

Offerings

Offerings: Thank you for continuing to give your Offering when so many of us are unable to be physically present together. It's critical to helping us fulfill our Mission. Here are ways we can do this. We can donate via our website (<https://www.stpaulscalgary.ca/donate>). This is completely secure, with the highest level of PCI compliance. We can also mail our Offering (perhaps post-dated cheques) via regular post; drop it off in the Office mailbox (phoning 1st); arrange for it to be picked up

E TRANSFER PAYMENTS



from our mailboxes; or set up direct depositing (for the form, go to our website, type "Donation" in the search box, and click on "Pre Authorized Donations"). We can also now use e-transfers. Please use the email gift@stpaulscalgary.ca. No password is needed; to help our Envelope Secretary, please included your envelope number in the "message" spot.



Parking: Just a reminder that the small parking lot at the north door is for Sundance on the Green residents. Thank you for helping us be a good neighbour!

Information you may find helpful:

Large Print Order Of Service: We have large print copies of the service and hymn book available. Please ask the sides people.



Hearing Devices: If you have trouble hearing the service, we have hearing devices that can help. Please ask the sides people for assistance.

Colouring Pages for the Children: clipboards with crayons and colouring pages are available for children to use during the service. Please ask the sidespeople for them.

Welcome Booklets: If you would like to know more about St. Paul's and our ministries, please help your self to a booklet. You will find them by the name tags.

Business Cards: St. Paul's Business Cards with service times are available. They are designed to carry in your wallet to give to people who ask about St. Paul's. This is a form of Outreach to the community.

Women in the Old Testament Bible Quiz

1. What does "Eve" mean?
a. "mother of all living" b. "new beginnings" c. "matron of the earth" d. "daughter of God"
2. Who married Abraham?
a. Anna b. Rebekah c. Sarah d. Rachel
3. Looking for a wife for Isaac, Abraham's servant found:
a. Rachel b. Rebekah c. Michal d. Leah
4. Jacob agreed to work 7 years for the hand of:
a. Gomer b. Rachel c. Isabel d. Hagar
5. This woman promised the Lord that if He would bless her with a son, she would dedicate the boy to Him. She later bore Samuel.
a. Hannah b. Bathsheba c. Jezebel d. Leah
6. David's original wife was:
a. Bathsheba b. Michal c. Leah d. Miriam
7. This woman remained with her mother-in-law, Naomi, after Naomi's husband and sons died.
a. Ruth b. Hannah c. Esther d. Miriam
8. This woman rumored that Joseph tried to commit adultery with her.
a. Jacob's wife b. Potiphar's wife c. Gideon's wife d. Pharaoh's wife
9. This harlot housed spies sent by Joshua to take the city of Jericho.
a. Bathsheba b. Rahab c. Jezebel d. Leah
10. This woman married Moses
a. Zipporah b. Jezebel c. Michal d. Rahab
11. After David looked upon her lustfully, he had an affair with this woman that ultimately led to the death of her original husband.
a. Rahab b. Bathsheba c. Zipporah d. Leah
12. This woman tempted Samson to reveal the secret to his massive strength, which she used to betray him to the Philistines.
a. Delilah b. Rebekah c. Jezebel d. Deborah
13. This brave Israelite woman became queen of Persia and used her influence to protect her people, the Jews.
a. Ruth b. Esther c. Naomi d. Rachel
14. This woman was given to Jacob as a wife deceitfully before he could marry her younger sister, who he loved.
a. Michal b. Rachel c. Leah d. Dinah
15. The prophet Hosea was commanded to marry this woman, though she was a harlot.
a. Deborah b. Gomer c. Rahab d. Bathsheba
16. This Egyptian woman was Sarah's handmaiden, and bore Ishmael through Abraham.
a. Gomer b. Zipporah c. Hagar d. Jezebel
17. This wicked queen wanted to kill the prophet Elijah.
a. Michal b. Hagar c. Jezebel d. Zipporah
18. This woman gave birth to Moses.
a. Merab b. Jochebed c. Keturah d. Orpah
19. This woman was turned into a pillar of salt because she looked back as Sodom and Gomorrah were being destroyed.
a. Lot's wife b. Ishmael's wife c. Noah's wife d. Moses' wife
20. This woman was Ruth's sister-in-law.
a. Naomi b. Orpah c. Miriam d. Michal

answers on page

May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7 9:30am H.E. In-Person & Live streamed on Facebook Confirmation Preparation	8 7:30—8:30 am Before school 1:30—2:30 pm Prayer Group 3—5:30 pm After School	9 7:30—8:30 am Before school 3—5:30 pm After School Parish Council	10 7:30—8:30 am Before school 11:30 am—1pm Hunger for Healing 3—5:30 pm After School	11 7:30—8:30 am Before school 3—5:30 pm After School 6:30 pm TOPS	12	13 10:00 to 6 pm Step Up 4 Kids elec- tronics Collection in parking lot 11:30 am Ladies Luncheon Talk by Cec on her trip to Tanzania
14 Mother's Day 9:30am H.E. In-Person & Live streamed on Facebook	15 7:30—8:30 am Before school In person 3—5:30 pm After School	16 7:30—8:30 am Before school 3—5:30 pm After School	17 7:30—8:30 am Before school 3—5:30 pm After School 9:30 am M.P. 11:30 am—1pm Hunger for Healing 1:00 pm Prayer Shawl	18 7:30—8:30 am Before school 3—5:30 pm After School 6:30 pm TOPS 7:30 pm Choir Practice	19 7:30—8:30 am Before school 3—5:30 pm After School	20 8:30 am Men's Breakfast
21 Ascension Sunday 9:30am H.E. In-Person & Live streamed on Facebook Confirmation Preparation	22 7:30—8:30 am Before school 3—5:30 pm After School 7:30 pm Prayer Group via Zoom	23 7:30—8:30 am Before school 3—5:30 pm After School 1 pm Pastoral Care Meeting	24 7:30—8:30 am Before School. 11:30 am—1pm Hunger for Healing 3—5:30 pm After School	25 7:30—8:30 am Before school 3—5:30 pm After School 6:30 pm TOPS 7:30 pm Choir Practice	26 7:30—8:30 am Before school Pick-up 3—5:30 pm After School	27 9 am to 3 pm Clean Up Day at St Paul's
28 Day of Pentecost 9:30am Baptism & H.E. In-Person & Live streamed on Facebook	29 7:30—8:30 am Before school Pick-up 3—5:30 pm After School	30 7:30—8:30 am Before school 3—5:30 pm After School	31 7:30—8:30 am B.S. 11:30 am—1pm Hunger for Healing 3—5:30 pm A.S.	June 1 7:30—8:30 am Before school 3—5:30 pm After School 6:30 pm TOPS 7:30 pm Choir Practice	2 7:30—8:30 am Before school 3—5:30 pm After School	3