



St. Paul's News Bulletin

January 29, 2023

Parish Events



There are no in-person COVID restrictions. Masking, however, is strongly recommended by the Diocese and Parish Council, and physical distancing is still being maintained. If a person is wearing a mask, this means that they are concerned about a possible severe outcome from COVID for them or someone they care about. So please be sure to keep 2 metres' distance from them. Services continue to be live-streamed.

Sunday Services are posted live at 9:30 am on our main Facebook page. A Facebook account isn't needed to watch. You just go to the link <https://www.facebook.com/stpaulscalgary> and click on the video. At around 11:30 am onward, if you don't have a Facebook account, you'll be able to watch the Service by going to our website (<https://www.stpaulscalgary.ca/podcasts/media>) or YouTube Channel. To ensure that all are able to share the whole Service online, we'll pause the Liturgy, if any problem arises, to give us time to address the issue.

Sunday School: We are using the Virtual Church School curriculum offered by the Anglican Church of Canada. The link is on our website. For more information, see *Living Waters*.

Sunday School Teachers: If you feel God is calling you to this ministry, or if you would like to know what is involved, please contact Kerin (spaargw@shaw.ca) or the church office. See *Living Waters* for more information.

Confirmation preparation is under way, using the new Alpha Youth Series on video. We're now showing and discussing this twice a month, in our Jr. High Sunday School class on 1st and 3rd Sundays.

Everyone's invited to our in-person Coffee Time after the Service. Thank you, Rick and Robbie, for looking after this today! We're looking for helpers in the Coffee Time Ministry. If you're able to help, please contact the Parish Office or sign up on the sheet by the kitchen door. We also have a Virtual Coffee Time on Sundays at 11:45. The Zoom link for it is in each Sunday's Order of Service.

Midweek online Service: We've posted on Facebook and YouTube an online Week of Prayer for Christian Unity Service, led by Fergus and Pastor Wallace of All Saints Lutheran. Here's a link: <https://youtu.be/CaG48cMfBLM>. As of Jan. 25, this Service had been shared by around 87 people. These Services are posted around the 2nd and 4th Thursdays of the month. The easiest way to view them on YouTube is to subscribe to our Channel (the link is in the right hand corner of the page). The next one is Feb 9.

Our in-person Wednesday Holy Eucharist and "Wednesdays with the Word" Bible Study occur on the odd Wednesdays of the month, at 9:30 and 10:30 am, respectively. The next are THIS WEDNESDAY, Feb. 1.

Wednesday Evening Christian Education Study: Part 2 of "Being Anglican." We're continuing our exploration of the 2021 and 2022 material from the worldwide Anglican Communion. From fall to spring, we're spending 18 sessions together to delve into the 3 parts of this material. In this second Part, we're sharing 5 Studies on Anglican Church Life, with a special focus on the Five Marks of Mission. We're meeting Wednesdays to Feb. 15 at 7:30 pm via Zoom. Please contact Fergus for the link.

EVERYONE IS INVITED to join us in our Annual Meeting of Parishioners (AMP), which takes place TODAY at 11 am in the Parish Hall! Lunch is provided. To have a vote at the AMP, you'll be asked to sign a Declaration to satisfy Diocesan Canon 13.52, saying: "I solemnly declare that I am baptized and that I regularly attend Services of Worship in the Parish of St. Paul, Calgary and receive communion or otherwise receive the administrations of the Clergy of the Parish of St. Paul and that I have not voted at an annual meeting of the Parishioners of any other Parish this year, and that I am of the full age of 16 years." Those who sign this Declaration will be the attendees of record.

The AMP is being live-streamed to our "St. Paul's Anglican Church, Calgary" Facebook page. If you can't attend in-person, you're invited to share the Meeting in this way. If you're watching online you'll have the status of observers. You won't be officially recorded as AMP attendees, or have a vote or forum for live interaction. **The AMP will also be posted later in the day on our Website and YouTube.**

A temporary leader for POP is needed to support co-leader Karen during Laura's absence March to mid-April. Detailed instructions and support are available. The commitment involves leading POP in 1 volunteer event in March and 2 short information meetings after Sunday Services, as well as monitoring/updating communication (email, Instagram, info. to go on website). A police check (paid for by the Parish) is required. It would also be ideal for the temporary leader to be a driver with access to a vehicle. It's a great opportunity for an adult >21 years! Please contact Laura at youthvolunteer@stpaulscalgary.ca.

Offerings: Thank you for giving your Offering. It provides critical help for us to fulfill our Mission. Here are ways we can do this. We can bring our Offering to Sunday Services. (For Offering envelopes, please use ones from previous years, or contact the Office.) We can donate to St. Paul's via our website (<https://www.stpaulscalgary.ca/donate>); mail our Offering (e.g. post-dated cheques) via regular post; drop it off in the Office mailbox (phoning 1st); arrange for it to be picked up from our mailbox; set up direct depositing (the form is on our website: type "Donation" in the search box, & click on "Pre Authorized Donations"); or use e-transfers (please use the email gift@stpaulscalgary.ca; no password is needed; put your envelope no. in the "message" spot).

Envelopes for 2023 are in the church. If you have envelope queries, please contact Debra, our Envelope Secretary, at envsecretary@stpaulscalgary.ca.

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Incumbent: The Rev'd Fergus Tyson
Assistants: The Rev'd Cyril Haynes
The Rev'd Dr. Norman Knowles
The Rev'd Dr. Bob Mummery
The Rev'd Betty Nadurak
Wardens: Cam Cline & Ingrid Bolton
Main Facebook Page: [stpaulscalgary](https://www.facebook.com/stpaulscalgary)
Twitter: @stpaulscalgary & @Pastor_Fergus
Instagram: [stpaulsangelicancalgary](https://www.instagram.com/stpaulsangelicancalgary)
YouTube: <https://www.youtube.com/channel/UCldxfHv5pFYST-j8asiGVg>
Pastor's Postings Blog: pastorfergus.wordpress.com/

Youth Ministry

Calling All Junior and Senior High Students to be Youth Who Make a Difference!

Youth Sunday School is on the first and third Sundays of each month during the Sunday Service. The first Sunday will be a self-directed discussion group. The third Sunday will be the Alpha Series Refresh. Any youth who are interested in confirmation are asked to please attend this Sunday.

Pioneers of Paul (POP) our youth volunteer group.

Feb. events: Sun Feb 5 10:45-11:15: Short information meeting after the service about the February event.

Sat. Feb. 18: 1215-1630 (shift is 1-4pm): Calgary Drop-In Centre: Donation Centre

Future events:
Fri. Mar 10: Bethany Care Centre; **Fri Apr 28:** Inn From the Cold; **Sat. May 13** The Calgary Food Bank has been rescheduled



Details are posted on the website use the QR Code for access. **POP is on Instagram, also, at <https://www.instagram.com/pioneersofpaul/>.**

Diocese and Community Events

A Workshop on Spiritual Warfare "What?", "Why?", "How?"- Aim: To learn how to fight the enemies of God with His word and His power. "For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms". (Eph. 6:12 NIV) - Led by Rev. Martyn Alvey Honorary Associate, Meota Parish March 18th 9:30am – 3:30pm at St. Benedict's Anglican Church 602 -3rd Street S.W. High River, AB. 403-652-2271. Bring your own lunch. Muffins and drinks provided. No cost – but there will be a freewill offering to help cover costs. Please register by email: stbenedicts@telus.net

Community Connection Opportunity: We have an opportunity to participate together in a service project on **Sunday Feb. 5th from 1 to 4 pm** during United Nations World Interfaith Harmony Week. The Service is called "Feed the Hungry" It is an established event put on by the Catholic Diocese but they are looking for volunteers. It will be at St Mary's Cathedral on 18 Ave SW. We are looking for 5 to 10 volunteers from St. Paul's. Please send the Parish office a note as soon as possible if you are interested in volunteering.



Parish Council Positions to be Filled

Maintenance Coordinator

Church council is looking to fill the position of Maintenance Coordinator. The purpose of this position is to **coordinate** (not necessarily perform) the work needed to maintain the church building. Typical activities include:

- Maintain a list of maintenance work items and find volunteers and/or engage repair persons to do the work
- Attend the monthly council meeting (currently via Zoom) and report on the building maintenance status
- Organize the fall and spring clean-ups (i.e. pick a date, 'advertise' for volunteers and arrange for some pizza)

- Arrange for the blowing out the underground watering system in the fall
- Renew the snow removal contract
- Arrange for plumbers, locksmiths and other trades if required for repairs

There are a few congregational members who typically provide help for this position. However, a coordinator is required. Since this is a coordinating position, actual building maintenance experience is not a requirement.

New Members Coordinator

We are looking for someone to fill the position of New Members Coordinator.

The role of the New Members Ministry position on Parish Council is to formerly Welcome all new members to St. Paul's and provide them with support and information about St. Paul's and its many ministries. For more information please contact the Wardens or Fergus.



Deputy People's Warden

We are looking for a deputy People's Warden. This is a position which will prepare you to be the People's Warden next year. The term for this position is 1 year and then 2 years as the People's Warden. You will assist the People's Warden by being an avenue for members of the parish to bring concerns and also compliments.

Youth Representative

We are looking for a youth member to represent the youth of our parish on Parish Council. The responsibility of this position would be to attend Parish Council meetings and to give a youth perspective.

Stewardship Reflection: 4th Sunday in Ordinary Time

"Blessed are the poor in spirit, for theirs is the kingdom of heaven." MATTHEW 5:3



The phrase "poor in spirit" can be confusing. Think of it in this sense – poor in spirit means depending on God's providence and not depending on our own self-reliance. Being detached from earthly things (power, money, and comfort) and being attached to heavenly things (charity, sacrifice, and mercy). Denying ourselves from satisfying our desires and helping others obtain their basic needs.

<https://www.archstl.org/about-stewardship/bulletin-inserts/weekly-bible-reflections>

Financial News

Our 2022 deficit at the end of December was 8,049.

Thank you, everyone, for your financial giving in 2022! Please pray for our financial health moving ahead, as we continue to reach out with God's love in word and deed as a Parish family. And thank you, everyone for helping support our Mission financially in 2023. Ways to do this are listed on the front page of this News Bulletin.



Outreach



In Epiphany, as we hear the story of Mary and Joseph having to flee to Egypt to keep their baby safe, it seems an appropriate time to remember the record numbers of refugees in the world today. Protection, caring for, and resettling refugees is a large part of the work of PWRDF.

Pastoral Care

If you'd like to be part of our **Pastoral Care Team**, please contact Fergus or Nicola Peden.

Chemo Care Bag: If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag please contact the Parish Office

If you would like to be part of the **Caring Contact Ministry**, please contact Deacon Betty Nadurak.

Please contact Fergus if you or someone you know would like a visit.

Prayer Shawl: We meet on the third Wednesdays, of each month at 1 pm, next meeting Wednesday, February 15, *in person and via Zoom*. Contact Laura Anne [here](#) if you would like to join the group.

Hunger for Healing, a Christian Twelve Step Programme, is meeting every Wednesday from 11:30 am to 1:30 pm. Everyone is welcome, and we'd love to have you join us to find out what the programme is all about, and see if it's for you. There is no leader, as we all take part in leading the pro-

gramme. If you wish more information, please contact the Rev'd Deacon Betty Nadurak at 403 818 9879.

Opportunities to Serve

2023 Flower Chart is now up on the bulletin board by the kitchen: *We are purchasing flowers every two weeks, unless someone has signed up, to try to save money as we have not had a good response to flower donations.* Please see the flower chart in the Hall by the kitchen. If you would like to make a dedication please send it to Laura Anne at office@stpaulscalgary.ca. The cost for flowers is \$30.00.

Prayer Chain Requests: Please contact Dinah Breu with your prayer requests.

Casserole Ministry: If you know of anyone who would benefit from receiving a casserole. Please contact Linda Hubert.

Card Ministry: Gail Munro will send greetings on behalf of our parish to anyone in the parish who is ill, etc.

Grocery Pick-up Ministry: If you would like to help pick up groceries or prescriptions for those who cannot get out, please contact the Office.

Living Waters: this **Monday, January 30** is the deadline for *Living Waters* submissions for the February Edition. Please submit to office@stpaulscalgary.ca.

Sign: We'd like to change the sign more regularly, but to do this we need helpers. *If you can help, please contact Paul Bourgeois or the Office.*

Regular Weekly Activities at St. Paul's:

- Sun.:** **Alpha Youth Series (Confirmation Preparation, Part 1):** 9:30 am—1st and 3rd Sundays (next is February 5)
Pioneers of Paul (POP): 11:45 am—Sunday meetings to plan mid-week serving events (next meeting is Feb 5)
- Mon.:** **Prayer Group:** 7:30 pm (3rd Mondays of the month via Zoom) (next is February 20)
- Wed.:** **Holy Eucharist:** 9:30 am (1st, 3rd, and 5th Wednesdays of the month) (next is February 1)
Bible Study: 10:30 am (1st, 3rd, and 5th Wednesdays of the month) (next is February 1)
Hunger for Healing: 11:30 am (in the Chapel Room)
Prayer Shawl Ministry: 1 pm (3rd Wednesdays of the month) (next is February 15 in person and Zoom)
Being Anglican Study: 7:30 pm on Zoom (January 18 to February 15)
- Thurs.:** **Video Prayer Service** (twice a month) (next is February 9)
TOPS (Taking off Pounds Sensibly): 6:30 pm
Choir Practice: 7:30 pm (If you'd like to join the Choir, please contact Paul Bourgeois at pbourgeois@shaw.ca.)
- Sat.:** **Men's Breakfast:** 8:30 am—3rd Saturdays (next is February 18)
Ladies Luncheon: 11:30 am—3rd Saturdays (next is February 18)