



# St. Paul's News Bulletin November 20, 2022



## Parish Events

*Yvette, we're delighted to welcome you to our Service today! Thank you for sharing it with us!*

There are no in-person COVID restrictions. However, masking is still strongly recommended by the Diocese and Parish Council, and physical distancing is still being maintained. If a person is wearing a mask, this means that they are concerned about a possible severe outcome from COVID for them or someone they care about. So please be sure to keep 2 metres' distance from them. Services continue to be live-streamed.

Sunday Services are posted live at 9:30 am on our main Facebook page. A Facebook account isn't needed to watch. You just go to the link <https://www.facebook.com/stpaulscalgary> and click on the video. At around 11:30 am onward, if you don't have a Facebook account, you'll be able to watch the Service by going to our website (<https://www.stpaulscalgary.ca/podcasts/media>) or YouTube Channel. To ensure that all are able to share the whole Service online, we'll pause the Liturgy, if any problem arises, to give us time to address the issue. If we're unable to continue live-streaming, we'll record the remainder of the Service, and post it as soon as possible.

**Sunday School:** We are using the Virtual Church School curriculum offered by the Anglican Church of Canada. The link is on our website. For those joining us online, this is the same material we used while in-person Sunday School was on hiatus. For more information, see *Living Waters*.

**Sunday School Teachers:** If you feel God is calling you to this ministry, or if you would like to know what is involved, please contact Kerin ([spaargw@shaw.ca](mailto:spaargw@shaw.ca)) or the church office. See *Living Waters* for more information.

**Everyone's invited to our in-person Coffee Time after the Service.** We're looking for helpers in the Coffee Time Ministry. If you're able to help, please contact the Parish Office or sign up on the sheet by the kitchen door. **We also have a Virtual Coffee Time on Sundays at 11:45.**

**The next Prayer Group Meeting is 7:30 pm THIS MONDAY, Nov. 21, via Zoom.** To share a request or join this vital ministry, please email Dinah ([breu.dinah@gmail.com](mailto:breu.dinah@gmail.com)).

**Hunger for Healing, a Christian Twelve Step Programme, is meeting every Wednesday from 11:30 am to 1:30 pm.** Everyone is welcome, and we'd love to have you join us to find out what the programme is all about, and see if it's for you. There's no leader, as we all take part in leading. If you wish more information, please contact Deacon Betty.

**The next midweek online Service occurs THIS THURSDAY, Nov. 24.** These are posted on Facebook and YouTube on or around the 2nd and 4th Thursdays of the month. **Here's the Remembrance Day Service of Prayer and Reflection we posted on Nov 10:** <https://youtu.be/YwMkKNT2t0>. The easiest way to view these Services on YouTube is to subscribe to our Channel (the link is at the bottom of the page).

**Our Advent DVD Study, "Incarnation: Rediscovering the Significance of Christmas" by Adam Hamilton, occurs every Wednesday, from Nov. 30 to Dec. 21: in-person at 10:30 am, and via Zoom at 7:30 (please ask for the link).**

**The Study book is available at a subsidized price of \$10.**

Our in-person Wednesday Holy Eucharist and Bible Study usually occur on the 1st, 3rd, and 5th Wednesdays of the month, at 9:30 and 10:30 am, respectively. **The next Holy Eucharist is Wednesday, Nov. 30! The Bible Study throughout Advent is "Incarnation." (See above.)**

**Our youth volunteer group is now named Pioneers of Paul (POP).** The first event is Dinner Service at Inn From the Cold, 4 to 8:15 pm, Friday, Nov. 25, Please sign up at [youthvolunteer@stpaulscalgary.ca](mailto:youthvolunteer@stpaulscalgary.ca). The deadline is Nov. 23. Future dates, including an info. session (Dec. 4) and volunteer event at the Bethany Care Centre (Dec. 16), are posted online at <https://www.stpaulscalgary.ca/ministries/outreach-ministries/pages/pioneers-of-paul>. The website's QR code is on the right.



**Confirmation preparation continues today, with the new Alpha Youth Series on video.** We're showing and discussing this in our Jr. High Sunday School class on the 3rd Sundays of the month. If you wish to be Confirmed in 2023, please participate.

**Christmas Market: Dec. 3, 10 am to 3 pm. Volunteers are needed!** For further information and volunteer sign-up, please contact Steve ([steve.colle68@gmail.com](mailto:steve.colle68@gmail.com)).

**Ladies Christmas Party: Dec. 6 at 6 pm. Let's celebrate the JOY of Christmas together!** It will be an evening of food, fun and fellowship. Please bring a savoury or sweet dish to share. There will be an "optional" gift exchange, \$20 limit, for all ladies who are not a Secret Friend. The Secret Friend reveal and final gift exchange will take place at the party! RSVP to Julie Wilson by Friday Dec. 2.

**Offerings: Thank you for giving your Offering. It provides critical help for us to fulfill our Mission.** Here are ways we can do this. We can bring our Offering to Sunday Services. (For Offering envelopes, please use ones from previous years, or contact the Office.) We can donate to St. Paul's via our website (<https://www.stpaulscalgary.ca/donate>); mail our Offering (e.g. post-dated cheques) via regular post; drop it off in the Office mailbox (phoning 1st); arrange for it to be picked up from our mailbox; set up direct depositing (the form is on our website: type "Donation" in the search box, & click on "Pre Authorized Donations"); or use e-transfers (please use the email [gift@stpaulscalgary.ca](mailto:gift@stpaulscalgary.ca); no password is needed; put your envelope no. in the "message" spot).

**St. Paul's Anglican Church**  
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E-mail: [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca)

**Incumbent:** The Rev'd Fergus Tyson  
**Assistants:** The Rev'd Cyril Haynes  
The Rev'd Dr. Norman Knowles  
The Rev'd Dr. Bob Mummery  
The Rev'd Betty Nadurak

**Wardens:** Cam Cline & Ingrid Bolton

**Main Facebook Page:** [stpaulscalgary](https://www.facebook.com/stpaulscalgary)

**Twitter:** @stpaulscalgary & @Pastor\_Fergus

**Instagram:** [stpaulsangelical](https://www.instagram.com/stpaulsangelical)

**YouTube:** <https://www.youtube.com/channel/UCldxfHv5pFYST-j8as1GVg>

**Pastor's Postings Blog:** [pastorfergus.wordpress.com/](https://pastorfergus.wordpress.com/)

## Youth Ministry

### Calling All Junior and Senior High Students to be Youth Who Make a Difference!

St. Paul's Youth Volunteer Initiative  
<https://www.facebook.com/StPaulsCalgaryYouth>



**Youth Sunday School** is on the first and third Sundays of each month during the Sunday Service. The first Sunday will be a self-directed discussion group. The third Sunday will be the Alpha Series Refresh. Any youth who are interested in confirmation are asked to please attend this Sunday.

### Appeal for Donations for a Refugee Family

## Diocese and Community

**URGENT:** The Diocesan Refugee Committee is seeking immediate help from parishes and parishioners in the Calgary area. An emergency situation has come to our attention. This involves a refugee family of 4 (Parents and 2 children) who are coming from a tent camp in Jordan and are set to arrive on 21 November 2022. We are in search of a 3 bedroom house, apartment or townhouse preferably in the southwest part of Calgary, as well as donated furniture (in good shape), 3 beds (1 double/queen and 2 singles), housewares, linens and other items to set up their living accommodation. We will also need a place to store the items until we have secured a residence. If, as an individual or as a parish, you are able to help with donations or a storage space, or if you know of a 3 bedroom accommodation, please contact: The Rev'd Canon Erin Phillips, Chair of the Diocesan Refugee Committee



### Maintenance Coordinator

This person oversees and coordinates the care of our 7 Sunmills Green S.E. building and grounds. This includes regular activities such as grass mowing, furnace cleaning, and light bulb changing; as well as repairs of anything that is broken, from toilets to furnaces. It is helpful for the Coordinator to be "handy," and able to do one-person, simple maintenance tasks; and to be part of a team of Parishioners who address simple tasks requiring more than one person (e.g., mowing). The Coordinator does not do most of the maintenance activities themselves (e.g., snow removal), but, by delegating to others, they do make sure that these activities are done. The Maintenance Coordinator also attends, or at least sends monthly reports to, Parish Council, as the Parish Council Maintenance Contact.



### Parish Wardens

What is a Warden in the Anglican Church? "A Warden facilitates the communication and resolution of concern of Parishioners regarding matters affecting the work of the Parish." St. Paul's currently has two Wardens - your People's Warden who provides the congregation with a contact for ideas, suggestions, and yes, complaints, is Cam Cline, and the Incumbent's Warden who provides support to the In-

cumbent (Rector), is Ingrid Bolton. The Wardens, along with the Incumbent, are members of Parish Council but also form the Corporation. The Corporation meets monthly, or more often if required, to review the Parish Financials in detail, to discuss any issues involving the parish or community that we serve, and then report to Parish Council with any concerns/ suggestions. The People's Warden is elected by Parishioners and the Incumbent's Warden is appointed by the Incumbent. Both serve a two year term. At St. Paul's we prefer to alternate the two year terms to ensure we are not replacing both Wardens at the same time, providing some continuity to the Corporation. This gives us the opportunity to have a Deputy Warden for the outgoing position - a one year term to "learn the ropes" before moving into the Warden position. We are currently seeking a Deputy People's Warden and welcome your suggestions and/or interest! Please feel free to speak with Fergus, Cam or Ingrid if you are interested or know someone who would be interested. And, as always, feel free to approach us with any concerns or suggestions - together we make St. Paul's a vibrant, caring community.

### Altar Guild

*The Altar Guild teams prepare the Altar for regular weekly services as well as baptisms, weddings, funerals, and additional services connected to Lent, Holy Week, Easter, advent and Christmas. The teams prepare the communion vessels, flowers, candles, linens and lectionary books as a gift to God and to all who come to worship at St. Paul's.*

*We are in need of help for our Altar Guild. If you are interested in volunteering or would like more information, please contact Heather or the Parish Office. Thank you, Heather and all others who are participating in this*



### Stewardship Reflection: Solemnity of Our Lord Jesus Christ, King of the Universe

*"...giving thanks to the Father, who has made you fit to share in the inheritance of the holy ones in light."*

*Colossians 1:12*

God wants us to be happy! Instead of looking at the Ten Commandments as being restrictive and telling us what we can't do, look at them as guides for living a joy-filled and peaceful life. Most of our problems arise when we put our own needs first or we spend most of our time trying to acquire more stuff. Instead, try putting God first in all things. We were made for God. Open your heart and let Him in!

<https://www.archstl.org/about-stewardship/bulletin-inserts/weekly-bible-reflections>



## Financial News

***Our 2022 deficit decreased in October by \$4,000 to -12,753. For our 2022 income to meet our expenses will require a very strong fall. Please pray for our financial health, as we continue to reach out with God's love in word and deed as a Parish family. And thank you, everyone for helping support our Mission financially in these challenging times. Ways to do this are listed on the front of this News Bulletin.***



## Outreach



**PWRDF** Fruit trees are the gift that keeps on giving. They provide vitamin-rich food, as well as income and shade, and they attract bees. \$50 provides five fruit tree seedling to a farmer participating in the St. Jude Family Projects in Uganda. This, and many other gifts, can be found in the PWRDF World of Gifts.

**24 GOOD DEEDS Charity Advent Calendar** Make your holiday charitable gift giving easy and heart warming this year, with the 24 GOOD DEEDS Charity Advent Calendar. Each day from December 1st to 24th, the recipient of your gift Advent Calendar can open a door to discover how your donation on their behalf supports another meaningful environmental or social project by one of 24 carefully vetted registered Canadian charities. Supporting 24 different national and international projects helps ensure everyone on your gift list will feel touched by their GOOD DEEDS this holiday season. [Donate or Order Here](#)

**Mitten Basket:** Our Mitten Basket is once again out and ready to be filled up. Thank you Barbara Jean for coordinating this again this year.

**Calgary Veterans Food Bank:** Boxes will be in place until November 30. Please help us fill the boxes to overflowing!

## Pastoral Care

If you'd like to be part of our **Pastoral Care Team**, please contact Fergus or Nicola Peden.

**Chemo Care Bag:** If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag please contact Gloria.

If you would like to be part of the **Caring Contact Ministry**, please contact Deacon Betty Nadurak. Please contact Fergus if you or someone you know would like a visit.

**Prayer Shawl:** We meet on the third Wednesdays, of each month at 1 pm, next meeting Wednesday, November 16, *in*

*person and via Zoom.* Contact Laura Anne [here](#) if you would like to join the group.

**Hunger for Healing, a Christian Twelve Step Programme,** is meeting every Wednesday from 11:30 am to 1:30 pm. Everyone is welcome, and we'd love to have you join us to find out what the programme is all about, and see if it's for you. There is no leader, as we all take part in leading the programme. If you wish more information, please contact the Rev'd Deacon Betty Nadurak at 403 818 9879.

## Opportunities to Serve

**2022 Flower Chart:** *We are purchasing flowers every two weeks to try to save money as we have not had a good response to flower donations.* Please see the flower chart in the Hall by the kitchen. If you would like to make a dedication please send it to Laura Anne at [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca). The cost for flowers is \$30.00.

**Prayer Chain Requests:** Please contact Dinah Breu with your prayer requests.

**Casserole Ministry:** If you know of anyone who would benefit from receiving a casserole. Please contact Linda Hubert.

**Card Ministry:** Gail Munro will send greetings on behalf of our parish to anyone in the parish who is ill, etc.

**Grocery Pick-up Ministry:** If you would like to help pick up groceries or prescriptions for those who cannot get out, please contact the Office.

**Living Waters: Monday, November 28** is the deadline for *Living Waters* submissions for the December/January Edition. Please submit to [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca).

**Sign:** We'd like to change the sign more regularly, but to do this we need helpers. *If you can help, please contact Paul Bourgeois or the Office.*

**New Maintenance Coordinator:** Please see page 2 of this Bulletin to see what's involved. If you'd like to respond to this call, please contact the Wardens.

## Regular Weekly Activities at St. Paul's:

- Sun.:** **Pioneers of Paul (POP):** 9:30 am—2nd Sundays (next is December 4)  
**Alpha Youth Series (Confirmation Preparation, Part 1):** 9:30 am—3rd Sundays (next is today, November 20)
- Mon.:** **Prayer Group:** 7:30 pm (3rd Mondays of the month via Zoom) (next is this Monday, November 21)
- Wed.:** **Holy Eucharist:** 9:30 am (1st, 3rd, and 5th Wednesdays of the month) (next is November 30)  
**Bible Study:** 10:30 am (1st, 3rd, and 5th Wednesdays of the month) (next is November 30; 'regular' is January 18)  
**Hunger for Healing:** 11:30 am (in the Chapel Room)  
**Prayer Shawl Ministry:** 1 pm (3rd Wednesdays of the month) (next is January 18 in person and Zoom)  
**Advent DVD Study:** 10:30 am in-person & 7:30 pm on Zoom (starting on November 30)
- Thurs.:** **Video Prayer Service** (twice a month) (next is November 24)  
**TOPS (Taking off Pounds Sensibly):** 6:30 pm  
**Choir Practice:** 7:30 pm (If you'd like to join the Choir, please contact Paul Bourgeois at [pbourgeois@shaw.ca](mailto:pbourgeois@shaw.ca).)
- Sat.:** **Men's Breakfast:** 8:30 am—3rd Saturdays (next is December 17)  
**Ladies Luncheon:** 11:30 am—3rd Saturdays (next is December 17)