



# St. Paul's News Bulletin October 23, 2022



## Parish Events

**Stewardship Pledge Cards** are available by clicking [here](#), on our website, from the sidespeople or in *Living Waters*. The return date is around November 6. They can be returned by email, in the collection plate or by mail.

There are no in-person COVID restrictions. However, masking is still strongly recommended by the Diocese and Parish Council, and physical distancing is still being maintained. If a person is wearing a mask, this means that they are concerned about a possible severe outcome from COVID for them or someone they care about. So please be sure to keep 2 metres' distance from them. Services continue to be live-streamed.

**Sunday Services** are posted live at 9:30 am on our main Facebook page. A Facebook account isn't needed to watch. You just go to the link <https://www.facebook.com/stpaulscalgary> and click on the video. At around 11:30 am onward, if you don't have a Facebook account, you'll be able to watch the Service by going to our website (<https://www.stpaulscalgary.ca/podcasts/media>) or YouTube Channel. **To ensure that everyone is able to share the whole Service online, as well as in-person, we'll be pausing the Liturgy, if any problem arises, to give us time to address the issue. If we're unable to continue live-streaming, we'll record the remainder of the Service, and post it as soon as possible on Sunday.**

**Sunday School:** We are using the Virtual Church School curriculum offered by the Anglican Church of Canada. The link is on our website. For those joining us online, this is the same material we used while in-person Sunday School was on hiatus. For more information, see *Living Waters*.

**Sunday School Teachers:** If you feel God is calling you to this ministry, or if you would like to know what is involved, please contact Kerin ([spaargw@shaw.ca](mailto:spaargw@shaw.ca)) or the church office. See *Living Waters* for more information.

**Everyone's invited to our in-person Coffee Time after the Service. We're looking for helpers in the Coffee Time Ministry.** If you're able to help, please contact the Parish Office or sign up on the sheet by the kitchen door. **We also have a Virtual Coffee Time on Sundays at 11:45.**

**The 2nd meeting of St. Paul's Volunteer Initiative is scheduled for the couch area on Sunday, Nov. 13, during the Service.** Come and vote on our group name, help design our team t-shirt, and find out about our 1st volunteer event. Breakfast from Tim Horton's will be ordered (group members watch for a group text; others email [youthvolunteer@stpaulscalgary.ca](mailto:youthvolunteer@stpaulscalgary.ca) or just show up) Look on St. Paul's Website or Instagram for additional information. This Initiative has its own Instagram account. Its QR code is on the right.

On Oct. 14, we posted an online Service of Prayer for Justice and Peace on Facebook and YouTube, to mark the 58th anniversary of Martin Luther King's being awarded the Nobel Peace Prize. Here is a link: <https://youtu.be/h90NSoydWbs>. Services are usually posted on the 2nd and 4th Thursdays of the month, **the next one being THIS THURSDAY, Oct. 27.** The easiest way to view them on YouTube is to subscribe to our Channel (the link is at the bottom of the page).

**Part 1 of Confirmation preparation is the new Alpha**

**Youth Series on video, which we're showing and discussing in our Jr. High Sunday School class on the 3rd Sundays of the month. If you're looking to be Confirmed in 2023, please participate in these.** Part 2 of Confirmation preparation will take place when these videos are completed.

**We're delighted to offer a meeting space at St. Paul's for Hunger for Healing, an outreach group meeting every Wednesday from 11:30 am to 1:30 pm.** Hunger for Healing is a Christian Twelve Step Programme. Everyone is welcome, and we'd love to have you join us to find out what the programme is all about, and see if it's for you. There is no leader, as we all take part in leading the programme. If you wish more information, please contact the Rev'd Deacon Betty Nadurak at 403 818 9879.

**EVERYONE IS INVITED to our Wednesday Evening Study—the 2021 and 2022 global Anglican Communion Series "Being Anglican."** Using written and video material, we're meeting via Zoom to explore 3 essential components of being Anglican. The 1st is Anglican Spirituality, from 7:30 to 9, Oct. 5 to Nov. 9. To participate, please contact Fergus.

**EXPLORERS: Has unfortunately been cancelled due to health issues. We thank Gloria and Stephen for the love for young adults they put into practice with this initiative, and we lift them up especially in our prayers at this time.**

**Our Men's Breakfast and Ladies' Potluck Luncheon** occur on the 3rd Saturdays of the month, at 8:30 and 11:30 am, respectively, with the next occurring on Nov. 19. All age 13 and over are invited!

**Church Calendars for 2023 are now available.** The cost is still \$5.

**Offerings: Thank you, everyone, for giving your Offering. It provides critical help for us to fulfill our Mission.** Here are ways we can do this. We can bring our Offering to Sunday Services. (For Offering envelopes, please use ones from previous years, or contact the Office.) We can also donate to St. Paul's via our website (<https://www.stpaulscalgary.ca/donate>); mail our Offering (e.g. post-dated cheques) via regular post; drop it off in the Office mailbox (phoning 1st); arrange for it to be picked up from our mailbox; set up direct depositing (the form is on our website: type "Donation" in the search box, & click on "Pre Authorized Donations"); or use e-transfers (please use the email [gift@stpaulscalgary.ca](mailto:gift@stpaulscalgary.ca); no password is needed; put your envelope no. in the "message" spot).

**St. Paul's Anglican Church**  
7 Sunmills Green SE T2X 3P6  
Phone: 403 256-1428 Fax: 403 256-1554  
E-mail: [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca)

**Incumbent:** The Rev'd Fergus Tyson  
**Assistants:** The Rev'd Cyril Haynes  
The Rev'd Dr. Norman Knowles  
The Rev'd Dr. Bob Mummery  
The Rev'd Betty Nadurak  
**Wardens:** Cam Cline & Ingrid Bolton  
**Main Facebook Page:** [stpaulscalgary](https://www.facebook.com/stpaulscalgary)  
**Twitter:** @stpaulscalgary & @Pastor\_Fergus  
**Instagram:** [stpaulsanglican Calgary](https://www.instagram.com/stpaulsanglican Calgary)  
**YouTube:** <https://www.youtube.com/channel/UCLdxHv5pFYST-j8as1GVg>  
**Pastor's Postings Blog:** [pastorfergus.wordpress.com/](https://pastorfergus.wordpress.com/)

## Youth Ministry

### Calling All Junior and Senior High Students to be Youth Who Make a Difference!

St. Paul's Youth Volunteer Initiative  
<https://www.facebook.com/StPaulsCalgaryYouth>



**Youth Sunday School** is on the first and third Sundays of each month during the Sunday Service. The first Sunday will be a self-directed discussion group. The third Sunday will be the Alpha Series Refresh. Any youth who are interested in confirmation are asked to please attend this Sunday.

## Diocese and Community

### Friday and Saturday, November 4 & 5: "Poetry Unbound" with Irish Poet & Theologian Padraig O Tuama:

The Friday evening public lecture will be held at the Calgary Central Library, hosted by the Wisdom Centre and the U of C 2022 Chair of Christian Thought Iwaasa Lecture. The Saturday one-day Retreat is hosted by the Wisdom Centre, and will be either in-person or online (location to be determined). For more information or to register, please [click here](#).

**Information on Funerals by Calgary Funeral Co-Operative, Thursday, November 3 at 3 pm. Location St Paul's Anglican Church. To register please contact Barry at 403 681 4139**



### Maintenance Coordinator

This person oversees and coordinates the care of our 7 Sunmills Green S.E. building and grounds. This includes regular activities such as grass mowing, furnace cleaning, and light bulb changing; as well as repairs of anything that is broken, from toilets to furnaces. It is helpful for the Coordinator to be "handy," and able to do one-person, simple maintenance tasks; and to be part of a team of Parishioners who address simple tasks requiring more than one person (e.g., mowing). The Coordinator does not do most of the maintenance activities themselves (e.g., snow removal), but, by delegating to others, they do make sure that these activities are done. The Maintenance Coordinator also attends, or at least sends monthly reports to, Parish Council, as the Parish Council Maintenance Contact.



### Prayer of the People Ministry

Each Sunday, the Prayers of the People are led from the midst of the congregation by a lay person. The prayers of our Christian community express our belief that both people and circumstances can be changed through the love of God, Jesus and the transforming work of the Holy Spirit. These prayers MAY include intercessions & thanksgivings for the Church (worldwide), the Queen & all in authority, world situations, the local community, those in need and the departed. Certain seasons and special days (eg Pente-

cost, Christmas etc.) may call for specific litanies. Many litanies are taken from the Book of Alternative Services and some prayer leaders create their own. There is always room for more prayer leaders and if you are interested, know that training and resources are available. Please contact Dinah, Fergus or the Office for more information.

**Thank you to Dinah for coordinating this ministry and for all those who volunteer to lead us in prayer each Sunday.**

### Reader's Ministry

Reader's Ministry is a very fulfilling Ministry for each of us who has had the opportunity to do the readings. Standing at the front of the Church and relaying God's messages has proven to me how closely connected to our Lord we really are. There is training available so you will have assistance if you choose to partake in this Ministry. Please contact Dinah, Fergus or the Office for more information.

**Thank you to Robbie for coordinating this ministry and for all those who volunteer to read each Sunday.**

### Altar Guild

The Altar Guild teams prepare the Altar for regular weekly services as well as baptisms, weddings, funerals, and additional services connected to Lent, Holy Week, Easter, advent and Christmas. The teams prepare the communion vessels, flowers, candles, linens and lectionary books as a gift to God and to all who come to worship at St. Paul's.



We are in need of help for our Altar Guild. If you are interested in volunteering or would like more information, please contact Heather or the Parish Office. Thank you, Heather and all others who are participating in this Ministry!

### Stewardship Reflection for October 16

*"...for whoever exalts himself will be humbled, and the one who humbles himself will be exalted." Luke 18:14*

Pride and ego are the root causes of most of our sins. Thinking your time is so valuable or your talent is better than anyone else or your money gives you status is another way of making those things "gods" before God. Pride is the opposite of humility. Remember, all that we have and all that we are is a gift from God. We should be humbled by God's incredible generosity and be grateful for all we have been given. Ultimately, gratitude leads us to humility.



<https://www.archstl.org/about-stewardship/bulletin-inserts/weekly-bible-reflections>

## Financial News

**Our 2022 deficit grew in September to \$17,174. For our 2022 income to meet our expenses will require a very strong fall. Please pray for our financial health, as we continue to reach out with God's love in word and deed as a Parish family. And thank you, everyone for helping support our Mission financially in these challenging times. Ways to do this are listed on the front of this News Bulletin.**



## Outreach



**PWRDF is accepting donations for Hurricane Fiona relief.** PWRDF is in contact with our Diocesan Representatives and other key volunteers in the affected areas to learn the extent of the damage. Please consider donating to PWRDF to support these communities. We are assessing the best ways to channel your gifts to support those in the highest need in ways that do not duplicate support being offered by other agencies or provincial or federal governments. [Donate online](https://pwrdf.org/give-today) or go to [pwrdf.org/give-today](https://pwrdf.org/give-today) and click on Hurricane Fiona. You may also send a cheque to PWRDF, 80 Hayden Street, 3rd floor, Toronto, Ontario, M4Y 3G2, indicating Pakistan Floods on the cheque. You may also donate by phone at 416-822-9083 or leave a voicemail toll-free at 1-866-308-7973 and we will return your call.

**24 GOOD DEEDS Charity Advent Calendar** Make your holiday charitable gift giving easy and heart warming this year, with the 24 GOOD DEEDS Charity Advent Calendar. Each day from December 1st to 24th, the recipient of your gift Advent Calendar can open a door to discover how your donation on their behalf supports another meaningful environmental or social project by one of 24 carefully vetted registered Canadian charities. Supporting 24 different national and international projects helps ensure everyone on your gift list will feel touched by their GOOD DEEDS this holiday season. [Donate or Order Here](#)

**Mitten Basket:** Our Mitten Basket is once again out and ready to be filled up. Thank you Barbara Jean for coordinating this again this year.

**Thanksgiving fresh produce:** The Calgary Food Bank received 93 lbs of produce from St Paul's. Thank you everyone who gave. A bag of tomatoes and onions from our gardens were included in the produce given!

## Pastoral Care

**Chemo Care Bag:** If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag please contact Gloria.

If you'd like to be part of our **Pastoral Care Team**, please contact Fergus or Nicola Peden.

If you would like to be part of the **Caring Contact Ministry**, please contact Deacon Betty Nadurak.

Please contact Fergus if you or someone you know would like a visit.

**Prayer Shawl:** We meet on the third Wednesdays, of each month at 1 pm, next meeting Wednesday, October 19, *in person and via Zoom*. Contact Laura Anne [here](#) if you would like to join the group.

## Opportunities to Serve

**2022 Flower Chart:** *We are purchasing flowers every two weeks to try to save money as we have not had a good response to flower donations.* Please see the flower chart in the Hall by the kitchen. If you would like to make a dedication please send it to Laura Anne at [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca). The cost for flowers is \$30.00.

**Prayer Chain Requests:** Please contact Dinah Breu with your prayer requests.

**Casserole Ministry:** If you know of anyone who would benefit from receiving a casserole. Please contact Linda Hubert.

**Card Ministry:** Gail Munro will send greetings on behalf of our parish to anyone in the parish who is ill, etc.

**Grocery Pick-up Ministry:** If you would like to help pick up groceries or prescriptions for those who cannot get out, please contact the Office.

**Living Waters: Monday, Oct 31** is the deadline for *Living Waters* submissions for the November Edition. Please submit to [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca).

**Sign:** We'd like to change the sign more regularly, but to do this we need helpers. *If you can help, please contact Paul Bourgeois or the Office.*

**New Maintenance Coordinator:** Please see page 2 of this Bulletin to see what's involved. If you'd like to respond to this call, please contact the Wardens.

## Regular Weekly Activities at St. Paul's:

**Sun.:** **Youth Volunteer Initiative:** 9:30 am—2nd Sundays (next is November 13)

**Alpha Youth Series (Confirmation Preparation, Part 1):** 9:30 am—3rd Sundays (next is November 20)

**Mon. :** **Prayer Group:** 7:30 pm (3rd Mondays of the month via Zoom) (next is November 21)

**Wed. :** **Holy Eucharist:** 9:30 am (1st, 3rd, and 5th Wednesdays of the month) (next is November 2)

**Bible Study:** 10:30 am (1st, 3rd, and 5th Wednesdays of the month) (next is November 2)

**Hunger for Healing:** 11:30 am (in the Chapel Room)

**Being Anglican Study:** 7:30 pm (on Zoom, up to and including November 9)

**Prayer Shawl Ministry:** 1 pm (3rd Wednesdays of the month) (next is November 16 in person and Zoom)

**Thurs.:** **Video Prayer Service** (twice a month) (next is October 27)

**TOPS (Taking off Pounds Sensibly):** 6:30 pm

**Choir Practice:** 7:30 pm (If you'd like to join the Choir, please contact Paul Bourgeois at [pbourgeois@shaw.ca](mailto:pbourgeois@shaw.ca).)

**Sat.:** **Men's Breakfast:** 8:30 am—3rd Saturdays (next is November 19)

**Ladies Luncheon:** 11:30 am—3rd Saturdays (next is November 19)