



St. Paul's News Bulletin October 2, 2022



Parish Events

There are no in-person COVID restrictions. However, masking is still strongly recommended by the Diocese and Parish Council, and physical distancing is still being maintained. If a person is wearing a mask, this means that they are concerned about a possible severe outcome from COVID for them or someone they care about. So please be sure to keep two metres' distance from them. Services continue to be live-streamed.

Sunday Services are posted live at 9:30 am on our main Facebook page. A Facebook account isn't needed to watch. You just go to the link <https://www.facebook.com/stpaulscalgary> and click on the video. At around 11:30 am onward, if you don't have a Facebook account, you'll be able to watch the Service by going to our website (<https://www.stpaulscalgary.ca/podcasts/media>) or YouTube Channel.

Sunday School: We are using the Virtual Church School curriculum offered by the Anglican Church of Canada. The link is on our website. For those joining us online, this is the same material we have been using while the in-person Sunday School has been on hiatus. For more information see the September *Living Waters*.

Sunday School Teachers: If you feel God is calling you to this ministry, or if you would like to know what is involved, please contact Kerin (spaargw@shaw.ca) or the church office. See the September "Living Waters" for more info.

If you're interested in beginning Confirmation preparation this fall, please contact Fergus.

Everyone's invited to our in-person Coffee Time after the Service. We're looking for helpers in the Coffee Time Ministry. If you're able to help, please contact the Parish Office or sign up on the sheet by the kitchen door.

We also have a Virtual Coffee Time on Sundays at 11:45.

On Sep. 30, the National Day for Truth and Reconciliation, we posted a special online Service of Prayer on Facebook and YouTube. Here is a link: <https://youtu.be/F4E0d1UNGVO>. Services are usually posted on the 2nd and 4th Thursdays of the month, the next one being Oct. 13. The easiest way to view them on YouTube is to subscribe to our Channel (the link is at the bottom of the page).

Our in-person Wednesday Holy Eucharist and Bible Study occur on the 1st, 3rd, and 5th Wednesdays of the month, at 9:30 and 10:30 am, respectively. The next are Oct. 5!

Our Men's Breakfast and Ladies' Luncheon are great times of fellowship, food, and fun! These take place on the 3rd Saturday of the month, at 8:30 and 11:30 am, respectively, with the next occurring on **October 15**. The Men's Breakfast is prepared by the men themselves, a couple each time, with a suggested donation of \$5 going to CAWST (the Centre for Affordable Water Sanitation Technology). The Ladies' Luncheon is a "no mess" potluck. Please bring a dish to share, plus your own utensils, plate, serving spoon, and drink. All age 13 and over are invited!

Our next Wednesday Evening Adult Continuing Education is the new Anglican Communion initiative: "Being Anglican," 19 sessions from TEAC (Theological Education in the Anglican Communion), starting THIS WEDNESDAY! Using written and video material, we'll explore 3 essential

components of being Anglican: Anglican Spirituality, from Oct 5 to Nov. 16; Anglican Church Life, from Jan. 11 to Feb. 15; and Anglican Mission, from Apr. 26 to Jun. 7. EVERYONE'S INVITED!

EXPLORERS: All young adults, ages 18-26, are invited to explore the reality of God together with round table dinner discussion (homemade soup and bread provided). There are no stupid questions! Limited seating (12 max - 2 organizers, Gloria and Stephen Ford, + 10 participants). Weekly, Fridays, 6-8 pm, up to and including Nov. 11, in the Hall. Sign up via the Church Office. Thank you, Gloria and Stephen, for this exciting initiative!

The Inter-generational Team Trivia Night, which was scheduled for last Friday at 7 pm, had to be postponed due to illness. We plan to try again soon. If you love fellowship and fun - and TRIVIA! - then this Inter-Generational Team Trivia Night will be for you! With a game show-style and questions spanning across 80 years through World News, Music, and Film & Television, it doesn't matter if you don't know the answers. That's where teamwork is key. Working together, you win together. Join as individuals or as a family - AND invite your friends! Teams will be established amongst our participants. Thank you, Shannon and Steve, for hosting!

Prayer Group Ministry: The next Zoom Meeting is Monday, September 26 at 7:30 pm. Please email Dinah (breu.dinah@gmail.com) to share requests or join this ministry.

St. Paul's Youth Volunteer Initiative, first meeting Sunday, October 16 at 11 am at St Paul's. The QR code for the new Youth Volunteer Instagram account is on the right.



Offerings: Thank you, everyone, for giving your Offering. It provides critical help for us to fulfill our Mission. Here are ways we can do this. We can bring our Offering to Sunday Services. (For Offering envelopes, please use ones from previous years, or contact the Office.) We can also donate to St. Paul's via our website (<https://www.stpaulscalgary.ca/donate>); mail our Offering (e.g. post-dated cheques) via regular post; drop it off in the Office mailbox (phoning 1st); arrange for it to be picked up from our mailbox; set up direct depositing (the form is on our website: type "Donation" in the search box, & click on "Pre Authorized Donations"); or use e-transfers (please use the email gift@stpaulscalgary.ca; no password is needed; put your envelope no. in the "message" spot).

St. Paul's Anglican Church
7 Sunmills Green SE T2X 3P6
Phone: 403 256-1428 Fax: 403 256-1554
E-mail: office@stpaulscalgary.ca

Incumbent: The Rev'd Fergus Tyson
Assistants: The Rev'd Cyril Haynes
The Rev'd Dr. Norman Knowles
The Rev'd Dr. Bob Mummery
The Rev'd Betty Nadurak
Wardens: Cam Cline & Ingrid Bolton
Main Facebook Page: [stpaulscalgary](https://www.facebook.com/stpaulscalgary)
Twitter: @stpaulscalgary & @Pastor_Fergus
Instagram: [stpaulsangelicangcalgary](https://www.instagram.com/stpaulsangelicangcalgary)
YouTube: <https://www.youtube.com/channel/UCLdxfHv5pFYST-j8as1GVg>
Pastor's Postings Blog: pastorfergus.wordpress.com/

Youth Ministry

Calling All Junior and Senior High Students to be Youth Who Make a Difference!

St. Paul's Youth Volunteer Initiative, first meeting Sunday, October 16 at 11 am at St Paul's.

<https://www.facebook.com/StPaulsCalgaryYouth>



Diocese and Community

Friday and Saturday, November 4 & 5: "Poetry Unbound"

with Irish Poet & Theologian Padraig O Tuama: The Friday evening public lecture will be held at the Calgary Central Library, hosted by the Wisdom Centre and the U of C 2022 Chair of Christian Thought Iwaasa Lecture. The Saturday one-day Retreat is hosted by the Wisdom Centre, and will be either in-person or online (location to be determined). For more information or to register, please [click here](#).



Maintenance Coordinator

This person oversees and coordinates the care of our 7 Sunmills Green S.E. building and grounds. This includes regular activities such as grass mowing, furnace cleaning, and light bulb changing; as well as repairs of anything that is broken, from toilets to furnaces. It is helpful for the Coordinator to be "handy," and able to do one-person, simple maintenance tasks; and to be part of a team of Parishioners who address simple tasks requiring more than one person (e.g., mowing). The Coordinator does not do most of the maintenance activities themselves (e.g., snow removal), but, by delegating to others, they do make sure that these activities are done. The Maintenance Coordinator also attends, or at least sends monthly reports to, Parish Council, as the Parish Council Maintenance Contact.



Parish Council

Parish Council is the leadership team of the Parish, consisting of 10 to 15 members who represent the different ministries of our congregation. These individuals are elected to a two year term at our Annual Meeting of Parishioners. Their role is to see that the day to day operation and special events take place smoothly. Parish Council meetings are also a time to discuss any problems a ministry maybe having.

Parish Council meets on the second Tuesday of each month except for July and August when we meet just once.

Pastoral Care Team

Our Pastoral Care Team members are our clergy and lay members. We also have unofficial members who help out. The members of our team visit people at home, in the hospital or call on the phone.

Pastoral Care is really something we can all do. It is saying "Hi" with a smile, giving a hug, talking to someone who seems to be standing alone, or offering someone a ride. We never know what is going on in people's lives, and these small gestures make a difference.

If you are interested in becoming a member of this team or would like more information please contact Nicola.

Altar Guild

The Altar Guild teams prepare the Altar for regular weekly services as well as baptisms, weddings, funerals, and additional services connected to



Lent, Holy Week, Easter, advent and Christmas. The teams prepare the communion vessels, flowers, candles, linens and lectionary books as a gift to God and to all who come to worship at St. Paul's.

We are in need of help for our Altar Guild. If you are interested in volunteering or would like more information, please contact Heather or the Parish Office. Thank you, Heather and all others who are participating in this Ministry!

Stewardship Reflection for October 2

"For God did not give us a spirit of cowardice but rather of power and love and self-control." 2 Timothy 1:7



Many of us compartmentalize our Faith, we bring it out only when we attend Mass or when we attend a parish event. Being a good steward requires discipline and striving to put God first in everything - all the time. The next time you are at a neighborhood party or at work or out shopping, would your words and actions signal to others that you are a good and faithful servant of our Lord?

<https://www.archstl.org/about-stewardship/bulletin-inserts/weekly-bible-reflections>

Financial News

Our 2022 deficit as of August 31 is (\$13,206). Please pray for our finances, as we continue to reach out with God's love in word and deed as a Parish family. And thank you, everyone for helping support our Mission financially in these challenging times. Ways to do this are listed on the front of this News Bulletin.



Outreach



PWRDF is accepting donations for Hurricane Fiona relief.

PWRDF is in contact with our Diocesan Representatives and other key volunteers in the affected areas to learn the extent of the damage. Please consider donating to PWRDF to support these communities. We are assessing the best ways to channel your gifts to support those in the highest need in ways that do not duplicate support being offered by other agencies or provincial or federal governments.

[Donate online](#) or go to pwrdf.org/give-today and click on Hurricane Fiona. You may also send a cheque to PWRDF, 80 Hayden Street, 3rd floor, Toronto, Ontario, M4Y 3G2, indicating Pakistan Floods on the cheque. You may also donate by phone at 416-822-9083 or leave a voicemail toll-free at 1-866-308-7973 and we will return your call.

Pastoral Care

Pregnancy Care Centre Baby Bottle Drive 2022: We are so grateful to you, the members of St. Pauls, for taking part in our annual baby bottle campaign. Please know that after all of the many, many coins that you filled your baby bottles up with were counted, you donated \$496.97 to the Calgary Pregnancy Care Centre.

Chemo Care Bag: If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag please contact Gloria.

if you'd like to be part of our **Pastoral Care Team**, please contact Fergus or Nicola Peden.

If you would like to be part of the **Caring Contact Ministry**, please contact Deacon Betty Nadurak.

Please contact Fergus if you or someone you know would like a visit.

Prayer Shawl: We meet on the third Wednesdays, of each month at 1 pm, next meeting Wednesday, October 19, ***in person and via Zoom***. Contact Laura Anne at office@stpaulscalgary.ca if you would like to join the group.

Opportunities to Serve

2022 Flower Chart: We are purchasing flowers every two weeks to try to save money as we have not had a good response to flower donations. Please see the flower chart in the Hall by the kitchen. If you would like to make a dedication please send it to Laura Anne at office@stpaulscalgary.ca. The cost for flowers is \$30.00.

Prayer Chain Requests: Please contact Dinah Breu with your prayer requests.

Casserole Ministry: If you know of anyone who would benefit from receiving a casserole. Please contact Linda Hubert.

Card Ministry: Gail Munro will send greetings on behalf of our parish to anyone in the parish who is ill, etc.

Grocery Pick-up Ministry: If you would like to help pick up groceries or prescriptions for those who cannot get out, please contact the Office.

Living Waters: Monday, Oct 31 is the deadline for *Living Waters* submissions for the November Edition. Please submit to office@stpaulscalgary.ca.

Sign: We'd like to change the sign more regularly, but to do this we need helpers. ***If you can help, please contact Paul Bourgeois or the Office.***

New Maintenance Coordinator: Please see page 2 of this Bulletin to see what's involved. If you'd like to respond to this call, please contact the Wardens.

Regular Weekly Activities at St. Paul's:

(Please Note: All in-person activities not listed here are discontinued until further notice)

Sun.: Alpha Youth Series 10 am—3rd Sundays (beginning October 16)

Mon.: Bible Study: 7:00 pm (*postponed*)

Prayer Group: 7:30 pm (3rd Mondays of the month via Zoom) (next is October 17)

Wed.: Holy Eucharist: 9:30 am (1st, 3rd, and 5th Wednesdays of the month) (next is October 5)

Bible Study: 10:30 am (1st, 3rd, and 5th Wednesdays of the month) (next is October 5)

Being Anglican Study: 7:30 pm (on Zoom) (begins October 5)

Prayer Shawl Ministry: 1 pm (3rd Wednesdays of the month) (next is October 19 in person and Zoom)

Thurs.: Video Prayer Service (twice a month) (next is October 13)

TOPS (Taking off Pounds Sensibly): 6:30 pm

Choir Practice: 7:30 pm (If you'd like to join the Choir, please contact Paul Bourgeois at pbourgeois@shaw.ca.)

Fri.: Explorers (young adults age 18-26): 6:00 pm (every Friday, up to and including November 11)

Sat.: Men's Breakfast: 8:30 am—3rd Saturdays (next is October 15)

Ladies Luncheon: 11:30 am—3rd Saturdays (next is October 15)