

# Living Waters

## May 2022



**Yard Sale**  
**Page 13**



**Zoom Study**  
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**Clean-up Day**  
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**Parish Gardens**  
**Page 24**

**Traditional Land Acknowledgement:** *Creator, you made all people of every land. In the spirit of respect and truth, we honour the traditional Treaty 7 territory of the Blackfoot Confederacy, including the Siksika, Kainai, and Piikani Nations, the Stoney Nakoda, including the Chiniki, Bearspaw, and Wesley Nations, and the Tsuu T'ina Nation. We acknowledge the Métis Nation of Alberta, Region Three. In the spirit of reconciliation and because we are all treaty people, we also acknowledge all people who make their homes in the traditional Treaty 7 territory of Southern Alberta.*



# St. Paul's

information



## SERVICE TIMES

**Sunday Services** at 9:30 online go to Sermons on our website for recording

**Odd no. weeks of the month:** Wed. 9:30 a.m. HE

**Even :** Thurs. Service on Facebook and YouTube

7 Sunmills Green S.E  
Calgary, Alberta T2X 3P6  
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office@stpaulscalgary.ca  
**Website:**  
www.stpaulscalgary.ca

## Incumbent

The Rev'd Fergus Tyson

## Assistants

The Rev'd Cyril Haynes  
The Rev'd Dr. Norman Knowles  
The Rev'd Dr. Bob Mummery  
The Rev'd Betty Nadurak

## Parish Council 2022

**Administration:** Paul Bourgeois

**Caring Contact:** Fergus

**Christian Education:** Tosan Chigbo

**Communications:** Paul Bourgeois

**Community Connection:** vacant

**Hospitality:** Steve Colle

**Maintenance:** Gerald de Vries

**Incumbent's Warden:** Ingrid Bolton

**New Members:** vacant

**Pastoral Care:** Nicola Peden

**People's Warden:** Cam Cline

**Outreach:** John L'Ecuyer

**Stewardship:** Laura Anne Fink

**Sunday School:** Shannon Colle

**Worship:** Fergus Tyson

**Youth:** Vacant

**Ex Officio:** The Rev'd Cyril Haynes

## Parish Ministries

### Worship Ministries

Altar Guild - Heather Johnson  
Sacramental Assistants – Ed Mullaney  
10:00 am Music Group – Paul Bourgeois  
Prayers of the People – Dinah Breu  
Readers 10 am – Robbie Coller  
Readers 8:30 am – Laura Anne Fink  
Servers – Karla Manuel  
Sidespeople – Suzanne Wray  
Prayer Team – Dinah Breu  
Envelope Secretary – Debra Brisbin  
Counters— Roxie Hall

### Fellowship Ministries

Greeters – Roxie Hall  
Coffee Time – Hospitality  
Ladies Potluck Luncheon  
— Gloria Ford & Laura Anne Fink  
Men's Breakfast  
– Kerry Peters  
Fellowship & Foods Group  
– Doreen Peters  
Secret Friends – Julie Wilson  
Toddlers to Tweens  
— Abby Ekomwenrenren  
Youth Group – Keith Daye  
Maintenance – Gerald de Vries

### Christian Education

Nursery – Pamela Fleming  
Youth – Keith Daye  
Adult Education  
Clergy & Lay  
Stewardship – Laura Anne Fink  
Library – Doreen & Kerry Peters  
Anglican Fellowship of Prayer  
– Dinah Breu  
Sunday School Coordinator  
– Shannon Colle

## Pastoral Ministries

Hospital Visiting – Clergy  
& Pastoral Care Team  
Home Visiting – Clergy  
& Pastoral Care Team  
Caring Contact - Betty Nadurak  
Casserole Ministry – Linda Hubert  
(Contact Office)  
Prayer Group – Dinah Breu  
Prayer Chain – Dinah Breu  
Card Ministry – Gail Munro  
Pastoral Care Team – Nicola Peden  
Grief Support Group  
– Laura Anne Fink

## Outreach Ministries

Outreach Committee  
– John L'Ecuyer  
Father Lacombe Sunday Eucharist—  
Kathleen Robinson  
Father Lacombe Fridays –  
Kerry Peters  
AgeCare Seton — Fergus  
NeST — Jennifer Solem  
Food Bank, CAWST, Alpha House etc. –  
shared through Outreach Committee  
PWRDF — Doreen Peters  
Quilt/Shawl Prayer Ministry  
– Laura Anne Fink  
Living Waters  
– Laura Anne Fink

## Synod Delegates

Cam Cline  
Gloria Ford  
Alternates: Parish Council

## MCES Directors

Kerry Peters , Iona Shaw

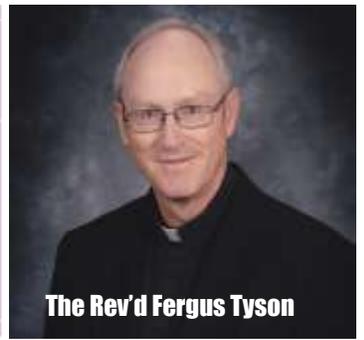
## Treasurer

Treasurer: Ingrid Bolton



# INCUMBENT'S MESSAGE

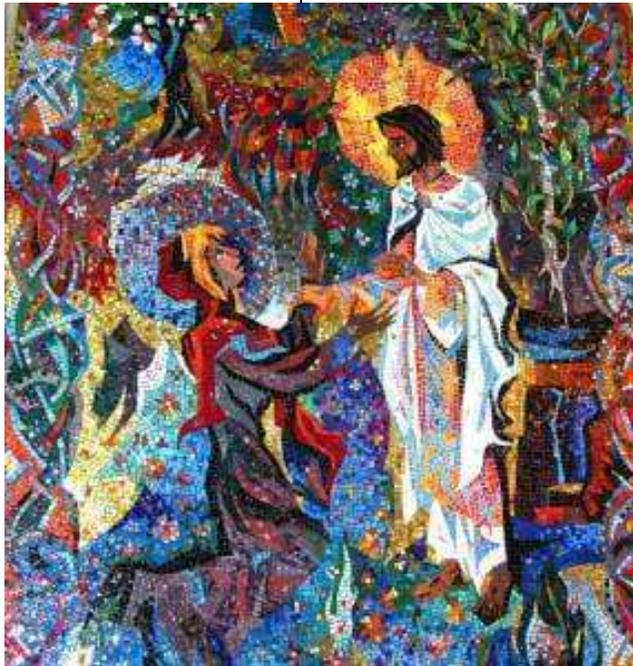
## An Easter Story of Love and Life



The Rev'd Fergus Tyson

*Mary stood weeping outside the tomb. As she wept, she bent over to look into the tomb; and she saw two angels in white, sitting where the body of Jesus had been lying, one at the head and the other at the feet. They said to her, 'Woman, why are you weeping?' She said to them, 'They have taken away my Lord, and I do not know where they have laid him.' When she had said this, she turned round and saw Jesus standing there, but she did not know that it was Jesus. Jesus said to her, 'Woman, why are you weeping? For whom are you looking?'*

*Supposing him to be the gardener, she said to him, 'Sir, if you have carried him away, tell me where you have laid him, and I will take him away.' Jesus said to her, 'Mary!' She turned and said to him in Hebrew, 'Rabbouni!' (which means Teacher). Jesus said to her, 'Do not hold on to me, because I have not yet ascended to the Father. But go to my brothers and say to them, "I am ascending to my Father and your Father, to my God and your God."'* Mary Magdalene went and announced to the disciples, 'I have seen the Lord'; and she told them that he had said these things to her. (John 20:11-18)



Every Easter Season, we get to spend much time in John's Gospel. This means that we get to explore the Resurrection-encounter stories of Thomas (which we looked at on the Second Sunday of Easter) and Peter (which we looked at on Easter 3). We also, as an alternate Reading for Easter Day, get to look at the Resurrection-encounter story of Mary Magdalene.

I love all these stories, and Mary Magdalene's in particular, because they're stories of love and life.

The beginning of John 20 has begins Mary coming as soon as she possibly could to prepare Jesus' body, giving it a "decent burial." Finding the tomb empty, she's distraught and tells Peter and John. They come and go away, leaving Mary behind, overwhelmed, weeping. Two angels ask her why she's weeping, and she replies, "They have taken away my Lord, and I do not know where they have laid him." Note that Mary says "my Lord." These are words of love. Turning around, she sees Jesus, and, thinking he was the gardener, she says, "Sir, if you have carried him away,

tell me where you have laid him, and I will take him away." How she would do this doesn't seem to even enter her mind. Again, these are words of love.

And then Mary hears words of love in response: "Mary." In the words of Malcolm Guite: "And then she hears her name, she hears Love say The Word that turns her night, and ours, to Day." In John 10, Jesus said that his sheep respond to his voice, as he calls them by name. Here, we see this truth demonstrated. Jesus, the Good Shepherd who laid down his life for his sheep, seeks out the lost member of his flock, as

he does in the other Easter stories we look at in John, and in other years, in other Gospels, such as the disciples on the Road to Emmaus in Luke 24. Jesus loves his disciples too much to let them think that evil and death have had the last word in his crucifixion. "Woman, why are you weeping?" was said, because Jesus wanted her to know that there was no reason for her to grieve a dead Lord. He was alive, and standing right in front of her. And he would be with her and all his brothers and sisters always, because he died on the Cross so that we may have his New Life within. The ultimate love story!

And the ultimate "Life" story! Note the "gardener" reference. In John 19, it says that

Jesus was buried in a "garden." Where have we seen a garden and gardener before? The first place is right at the beginning of creation. In Genesis 2:8 and 15 it says: "And the LORD God planted a garden in Eden, in the east; and there he put the man whom he had formed. The LORD God took the man and put him in the garden of Eden to till it and keep it." Adam is the first gardener. But Adam, as we know, rebelled against his calling, wishing to be "as God" (3:5). With every reason to obey, living literally in paradise, Adam says "No" to God's vision for his life and its purpose. The second place we've seen a garden is right at the beginning of the birth pangs of bringing to birth the new creation in Gethsemane. There Jesus, God, who has chosen to become human, as the second Adam, facing not paradise but the mouth of hell, IS obedient. And now, here in John 20, we see the result: day one of the New Creation, with life in and through Jesus.

And so, the story of love and life that begins with weeping, ends with joy! What began in darkness, with death seeming to have the last word, ends with light shining forth, and a message of indestructible life! Jesus tells Mary: "Go to my brothers (we see the same word "brothers" in Matthew - I think, because they remembered that he called them this, they who'd followed in Adam's footsteps of failure, were offered in this one word, the promise that all despite all they had done, Jesus still considered them his beloved, his family). It says: "Magdalene went and announced to the disciples, 'I have seen the Lord'; and she told them that he had said these things to her."

Mary is given the purpose we've all had ever since: to share the Good News of Easter; to share that God IS with us; death DOESN'T have the last word. We have a Saviour who understands all the deepest darkness of death - all the pain, all the sorrow; whose Intimacy of love we can know in its midst; and who will bring us out the other side to the new light and new life of dawn.

These past few days I learned about a person whose life showed this wonderful Good News of Easter in almost unthinkably challenging circumstances. Mizuno Genzo lived in Japan from 1937-1984. At the age of 10, he was struck down with paralysis. He couldn't move or talk. He was thrown into depths of despair. Then some Christians came to share the love of Jesus with him. With no hope anywhere, when the invitation was given, he readily accepted Jesus as his Saviour. He found peace and the joy that surpassed understanding. After his conversion, he started blinking his eyes as his mother pointed to the Japanese alphabet. In doing this, he began composing poetry, which he then later set it to music, as hymns of praise. Here are two examples:

*Living  
in the great hand of God  
the snail crawls as a snail should  
the spiderwort  
blooms as a spiderwort should  
the green tree frog  
croaks as a green tree frog should  
and in the great hand of God  
I live as I should.*

*In the sky  
The song of the skylark  
Greets the dawn.  
In the fields wet with dew  
The scent of the violets  
Fills the air.  
On such a lovely morning as this.  
Surely on such a lovely morning as this  
Lord Jesus  
Came forth  
From the tomb.*

Such a joyful heart, celebrating the gifts of Creation and New Creation, stirs me to remember the AWE-SOMENESS of these gifts I've received! Gifts I, too, am called to share the infinitely precious Easter story

of love and life. I'm called to help those who see nothing but darkness, experience the light, those who see no hope, to enter into the celebration that has no end. I'd like to end this month's message with one of my favourite stories that shows how simply this can be done, and how profound its impact can be.

Tony Campolo relates it in his book, *The Kingdom of God is a Party* (which is available for borrowing from the Book Nook outside my office.):

*Coming from the East Coast, and speaking in Honolulu, I was experiencing jet-lag. As a result, I found myself in a greasy spoon, the only place I could find open, for a 3:30 a.m. breakfast. As I sat there on a stool at the counter, munching on my donut and sipping my coffee, the door of the diner suddenly swung open and, to my discomfort, in marched 8 or 9 provocative and boisterous prostitutes.*

*It was a small place and they sat on either side of me. Their talk was loud and crude. I felt completely out of place and was just about to make my getaway when I overheard the woman sitting behind me say, "Tomorrow's my birthday. I'm going to be 39."*

*Her "friend" responded in a nasty tone, "So what do you want from me? A birthday party? Ya want me to get you a cake and sing 'Happy Birthday'?" "Come on!" said the woman sitting next to me. "Why do you have to be so mean? I was just telling you*

*it's my birthday, that's all. Why do you have to put me down? I don't want anything from you. I mean, why should you give me a birthday party? I've never had a birthday party in my whole life. Why should I have one now?"*

*When I heard that I made a decision. I sat and waited until the women had left. Then I called over the guy behind the counter and asked him, "Do they come in here every night?" "Yeah!" he answered. "The one right next to me, does she come here every night?" "Yeah!" he said. "That's Agnes. Yeah, she comes in here every night. Why d'ya wanta know?" "Because I heard her say that tomorrow is her birthday," I told him. "What do you say you and I do something about that? What do you think about us throwing a birthday party for her - right here - tomorrow night?"*

*The man, whose name was Harry, thought it was a great idea, and said he'd make the cake. At 2:30 the next morning, I was back at the diner. I had picked up some decorations at the store and had made a sign out of big pieces of cardboard that read, "Happy Birthday, Agnes!" I decorated the diner from one end to the other.*

*The word must have gotten out on the street, because by 3:15 every prostitute in Honolulu was in the place. It was wall-to-wall prostitutes ... and me! At 3:30 on the dot, the door of the diner swung open and in came Agnes and her friend. When they came in, we all screamed, "Happy Birthday!" Never have I seen a person so flabber-*

***We have a Saviour who understands all the deepest darkness of death - all the pain, all the sorrow; whose Intimacy of love we can know in its midst; and who will bring us out the other side to the new light and new life of dawn.***

gasted ... so stunned. Her mouth fell open. Her friend grabbed her arm to steady her. As she was led to sit on one of the stools along the counter, we all sang "Happy Birthday" to her. As we came to "Happy birthday, dear Agnes," her eyes moistened. Then, when the birthday cake with all the candles on it was carried out, she lost it and just openly cried.

Harry gruffly mumbled, "Blow out the candles, Agnes! Come on! Blow out the candles! If you don't blow out the candles, I'm going to hafta do it." And, after an endless few seconds, he did. Then he handed her a knife and told her, "Cut the cake, Agnes. Yo, Agnes, we all want some cake." Agnes looked down at the cake. Then without taking her eyes off it, she slowly and softly said, "Look, Harry, is it all right with you if I keep the cake a little while? I mean is it all right if we don't eat it right away?"

Harry shrugged and answered, "Sure! It's OK. If you want to keep the cake, keep the cake. Take it home if you want to." "Can I?" she asked. Then looking at me, she said, "I live just down the street a couple of doors. I want to take the cake home, OK? I'll be right back. Honest!" She got off the stool, picked up the cake, and, carrying it like it was the Holy Grail, walked slowly toward the door. As we all just stood there motionless, she left.

When the door closed there was a stunned silence in the place. Not knowing what else to do, I broke the silence by saying, "What do you say we pray?"

Looking back on it now it seems more than strange for a sociologist to be leading a prayer meeting with a bunch of prostitutes in a diner in Honolulu at 3:30 in the morning. But then it just felt like the right thing to do. I prayed for Agnes, for God to pour out blessings upon her, and Agnes to know the love God had for her.



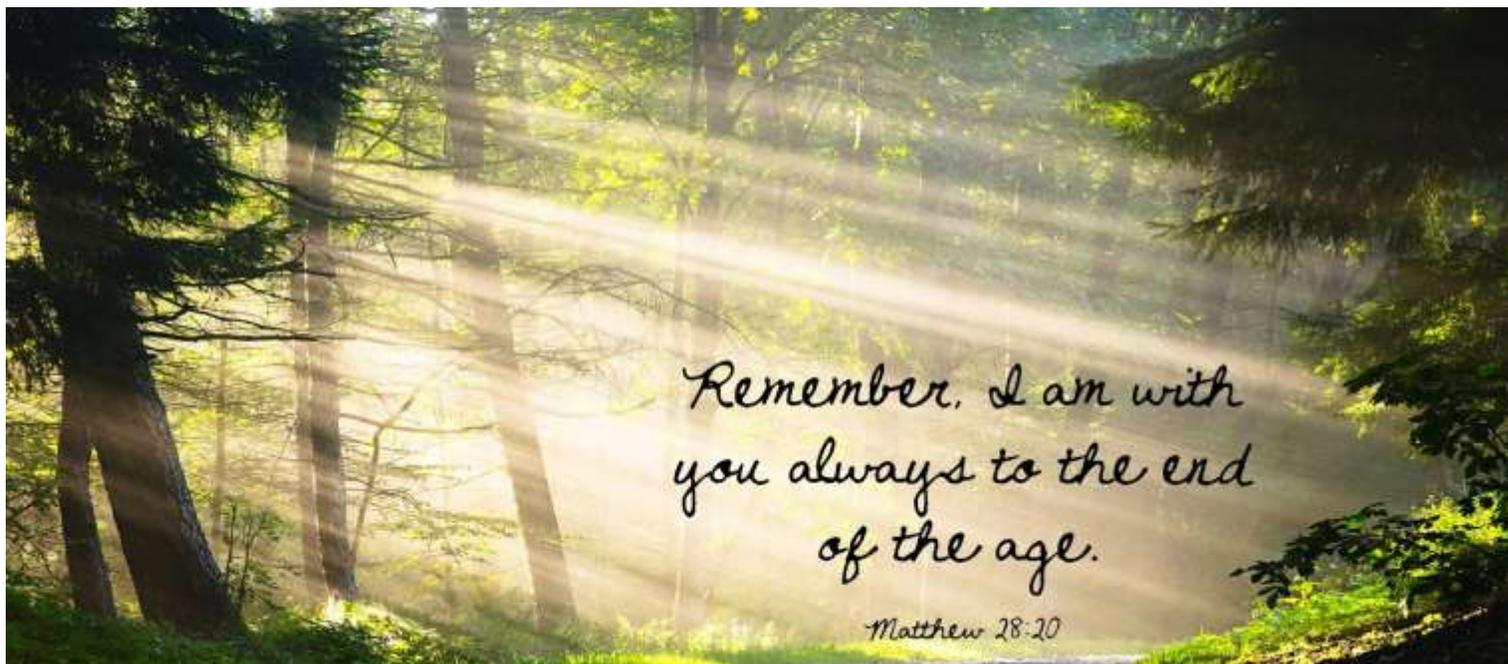
When I finished, Harry leaned over the counter and with a trace of hostility in his voice, he said "Hey! You never told me you were a preacher. What kind of church do you belong to?" In one of those moments when just the right words came, I answered, "I belong to a church that throws birthday parties for prostitutes at 3:30 in the morning." Harry waited a moment and then almost sneered as he answered, "No you don't. There's no church like that. If there was, I'd join it. I'd join a church like that!"

Campolo comments: "Wouldn't we all?" At St. Paul's, we're surrounded by relatives, friends, and members

of our community who'd love to be part of a church where Jesus' Risen Presence is the cause of such joy, a church who, in all we do and all we say, and by how we live, share the Easter story of love and life!

God bless you all this joyous Eastertide, and always.

Your Brother in Jesus,



## ROSTER FOR SUNDAY SERVICES

DATE	OFFICIATING	ASSISTING	PREACHING	CHILDREN'S TIME
May 8	Fergus	Betty	Fergus	Keith Daye
May 15	Norman	Betty	Norman	
May 22	Fergus	Norman & Bob	Bob	Bob
May 29	Fergus	Betty	Fergus	
June 5	Norman	Fergus & Betty	Fergus	Fergus

## UPCOMING SERVICES

Our 9:30 Sunday Services can be shared in-person or online (live streamed on Facebook, and posted shortly thereafter on our YouTube Channel and website (to access Services on our website, please click on the Sermon tab in the top right hand corner of the home page).

- Sunday, May 8:** Mother's Day
- Sunday, May 22:** Triple C, Grad Celebration
- Sunday, May 29:** Book of Common Prayer Service
- Sunday, June 5:** Day of Pentecost
- Sunday, June 12:** Trinity Sunday
- Sunday, June 19:** Corpus Christi, Father's Day
- Sunday, June 26:** National Indigenous Day of Prayer,, World Refugee Day
- Sunday, July 3:** St. Peter and St Paul, Canada Day



## UPCOMING EVENTS

**Watch announcements for when events will resume or be rescheduled**

- Men's Breakfast:** Saturday, May 21 at 8:30 am
- Ladies' Luncheon:** Saturday, May 21 at 11:30 am
- Men's Breakfast:** Saturday, May 21 at 8:30 am
- Ladies' Luncheon:** Saturday, April 21 at 11:30 am
- Spring Clean-up Day:** Saturday, May 14th 9 am to 4 pm
- Parish Picnic:** Sunday, June 19th, 11:30 am
- Yard Sale:** Monday, June 20 begin to drop off items for yard sale  
Saturday, June 25 9am to 3 pm yard sale



## BIBLE STUDIES & PRAYER MEETINGS & SERVICES

**Wednesday Bible Study:** is on the first, third, and fifth Wednesday of the month at 10:30 am. M'Laurel is leading an in-person Bible Study on the Holy Scripture Readings for the upcoming Sunday in the Hall at 10:30 a.m. on May 4 and 18.

**Prayer Group:** Second or third Mondays of the month at 7:30 pm on Zoom.

**On line Midweek Prayer Service:** the Midweek services are on the second and fourth Thursday of the month. The May dates are the 12th and 26th.



**Wednesday Services of Holy Eucharist:** At 9:30 am on the first, third, and fifth Wednesdays of the month.

## Tuesday in Holy week at the Historic Chapel

Tuesday in Holy week is a service of Compline. It is a service to end the day and is also called Night Prayer.



## The Beauty of Elderly Hands

By Kelly Roper

Although the hands of the elderly may not be  
Smooth, supple, and unblemished,  
They have a beauty all their own.  
Each line, each spot, each scar  
Has its own tale to tell.  
Some are tales of tragedy, others are tales of triumph,  
But they all combine to tell the unique story  
Of that treasured person's life.  
So the next time you're with an elder,  
Gently take that person's hands within your own,  
And look with wonder at a life truly lived.



<https://seniors.lovetoknow.com/senior-life/poems-honor-elderly>

# St. Paul's February Financial Report



## Income Statement as at March 31, 2022

### Actual

			Jan - Mar 22	Jan - Mar 21	Budget	\$ Over Budget	% of Budg- et
	<b>Income</b>						
		Interest Income	32	36	45	-13	71%
		Offerings	45,556	44,624	56,274	-10,718	81%
		Offerings Special/SS	0		39	-39	0%
		Other In- come	135	3,814	387	-252	35%
		<b>Total Income</b>	<b>45,723</b>	<b>48,474</b>	<b>56,745</b>	<b>-11,022</b>	<b>81%</b>
	<b>Gross Profit</b>		<b>45,723</b>		<b>56,745</b>	<b>-11,022</b>	<b>81%</b>
	<b>Expense</b>						
		Admin- istration	6,157	5,141	6,000	157	103%
		Apportion- ment	7,152	7,617	7,149	3	100%
		Christian Education	117	78	249	-132	47%
		Communi- cation	36	55	126	-90	29%
		General Mainte- nance	3,709	3,201	3,000	709	124%
		Hospitali- ty/ Fellowship	0	0	249	-249	0%
		Ministerial	27,804	28,358	28,749	-945	97%
		Other	0	0	51	-51	0%
		Outreach	4,556	4,462	5,649	-1,093	81%
		Pastoral Care	10	0	24	-14	42%
		Utilities/ Insurance	4,729	4,194	3,999	730	118%
		Worship	1,137	1,175	1,500	-363	76%
		<b>Total Expense</b>	<b>55,407</b>	<b>54,281</b>	<b>56,745</b>	<b>-1,338</b>	<b>98%</b>
	<b>Net Income</b>		<b>-9,684</b>	<b>-5,807</b>	<b>0</b>	<b>-9,684</b>	<b>100%</b>

# MEN'S BREAKFAST

The next breakfast is May 21 at 8:30 am.

Breakfast starts at 8:30 am, but come early and enjoy your first cup of coffee and some fellowship before we eat.

All men age 13 and over are invited! Friends are most welcome!

Cook volunteers are always welcome!



Picture From 2021

# LADIES LUNCHEON

The Ladies Luncheon is a wonderful time for fellowship with the ladies of our parish family.

Our next luncheon is **Apr. 16, at 11:30 am.**

Stay tuned for if it will be potluck, or BYOLunch, as we've been doing since the Pandemic began.



All ladies age 13 and over are invited! Friends are



# Prayers



## **LORD, I SEEK YOU**

As a deer longs for flowing streams,  
so longs my soul for you , O Lord. Psalm 42:1

## **PRAYER IS**

turning our whole being to God and staying there.  
The trouble is that all sorts of things seem to spoil our attempts to pray, or even prevent us from praying at all. You could call them our “if only’s”-..... if only I weren’t so pressed for time.....if only I didn’t feel so tired..... We need to turn “if only” firmly on its head and say, “Only this, only now; this is where I will meet God.”

-Angela Ashwin

I put aside my weighty cares and  
leave my wearisome toils for a while.  
I abandon myself to you, O God,  
and rest for a little in you.

I enter the inner chamber of my soul, and seek only  
God and the things that can help me in my quest for you.  
Come then, Lord my God, teach my heart where and  
how to look for you, where and how to find you. AMEN  
-after St. Anselm

## **PRAYERS FOR OURSELVES AND OTHERS**

Father, give to us and to all your people, in times of anxiety,  
serenity: in times of hardship, courage; in times of uncer-  
tainty, patience; and, at all times, a quiet trust in your wis-  
dom and love; through Jesus Christ our Lord.  
AMEN -New Every Morning

## **FOR THOSE WHO ARE ILL**

“Heal me, Lord, and I will be healed; save me and I will be  
saved, for you are the one I praise.” Jeremiah 17:14

God our Father, we bring before you today those who  
suffer from illness or disability—those whose lives are pro-  
foundly affected by their illness.  
When they feel fragile and broken,

remind them that you call them by name and hold them in  
the palm of your hand.

When they feel devalued, remind them  
that they are made in the image Jesus.

When they are reminded of different times  
in the past,

lead them to grow in the faith that you love them today, as  
they are, in the reality of their lives this day.

When they feel uncertain and fearful  
about the future,

lead them to that perfect love which casts out all fear.

When situations remind them not of what  
they can do,

but of what they cannot do, remind them  
that love never fails.

May all of us, whatever our circumstances, never be  
so taken up with our own concerns that we do not see or  
respond to the needs of others, especially those who suffer  
in our midst. May we live with courage to respond to the  
challenges that each of us faces. AMEN

Catholic Health Association-USA

## **FOR THOSE WHO MOURN**

“Blessed are those who mourn, for they shall be comfort-  
ed. Matthew 5:4

Dear God, our world is hurting and broken. We pray for  
those who have lost loved ones . Please comfort them in  
their grief and loss, cover them with your peace and pres-  
ence, as only your Spirit can do. We know that in whatever  
we face, you are our peace and refuge, a very present help  
in times of trouble.

AMEN

<https://www.womansday.com › life › prayers-for-peace>

And for each of us individually:

Jesus Christ, Son of God, make yourself known through me.  
Jesus Christ, Son of the living God, speak through me to oth-  
ers. AMEN

-Episcopal Church of the United States of America

## **A Prayer for Ukraine**

God of peace and justice,  
we pray for the people of Ukraine today.  
We pray for peace and the laying down of weapons.  
We pray for all those who fear for tomorrow,  
that your Spirit of comfort would draw near to them.  
We pray for those with power over war or peace,  
for wisdom, discernment and compassion to guide their decisions.  
Above all, we pray for all your precious children, at risk and in fear,  
that you would hold and protect them.  
We pray in the name of Jesus, the Prince of Peace. AMEN

-Archbishop Justin Welby

-Archbishop Stephen Cottrell



### A PRAYER FOR OUR SPIRITUAL LEADERS

May they seek your counsel daily, seeking your wisdom and guidance as they give spiritual guidance to others. Fill them with patience, peace, and joy for their work, remembering you are with them even when the work is hard, for you are faithful to equip those who obey your call. AMEN

Prayer for Church Leaders

<https://www.prayerandpossibilities.com/prayer-for-church-leaders/>

### A PRAYER FOR OUR PARISH

Lord of light.....shine on us;  
Lord of peace.....dwell in us;  
Lord of might .....succour us;  
Lord of love.....enfold us  
Lord of wisdom.....enlighten us;

Then Lord, let us go out as your witnesses, in obedience to your command; to share the good news of your mighty love for us in the gift of your Son, our Saviour, Jesus Christ.

AMEN

-Church in Wales

### SEASONAL PRAYERS

#### **St. Philip & St. James May 1**

Almighty God, by whose providence your servants Philip & James were called to be apostles of our Lord: help us, like them, so to follow Jesus as to know him to be the Way; and so to believe in Jesus as to find in him the Truth; that following and believing we may possess eternal Life through his Name.

AMEN -Llewellyn Cumings

#### **St. John the Evangelist May 6**

Eternal god, who through the witness of the apostle and evangelist Saint John revealed the mystery of the Word made flesh for our salvation:

grant that we who rejoice in your love may walk in the light of your truth and be partakers in the life eternal, by faith in your Son, Jesus Christ our Lord.

AMEN

Frank Colquhoun



#### **A Prayer for Mother's Day May 8**

Thank you Lord, for our mothers. We remember today their loving care, and their ceaseless love for us. May we show them by our gifts, our words and our actions that we love them and care about them too.

Thank you Lord, that you have spoken to us through our mothers that we may know your steadfast love.

AMEN

-source unknown

#### **St. Matthias May 14**

Lord Christ, we thank you that in every age you call faithful people like Matthias to be your witnesses and to serve you in the apostolic ministry. Give your grace to those who in our own day are called to be leaders in your Church, that they may be loyal to the people committed to their care, and above all, loyal to yourself, their master, to whom be glory for ever and ever.

AMEN

-Frank Colquhoun

#### **Ascension Sunday May 29**

Sing to the Lord, who ascended above  
the heaven of heavens,  
our Christ, our Sunrise, our Joy, our King, crowned in glory.  
ALLELUIA !

You are not only risen and alive, you are Lord.  
This is your ascension,  
your ascendancy over the whole universe.  
You stand over and above all that is best in life as its' source.  
You stand above all that is worst as ultimate victor.  
You stand above all powers and authorities as judge.  
You stand above all failure,  
weakness and sin as forgiveness and love.  
You alone, are worthy of total allegiance,  
total commitment.  
You are Lord, "My Lord and my God." AMEN

Rex Chapman

### A PRAYER FOR THE END OF THE COVID 19 VIRUS

Almighty and merciful Father, who show your love to all your creation. Humbly we come before you asking for a swift eradication of the coronavirus. Graciously hear the prayers we offer for all those affected by the virus currently ravaging various parts of the world.

Calm our fears and give strength to those who support and care for others. Grant healing to all suffering in mind, body and spirit, eternal life to the dead and consolation to the bereaved.

Inspire those who are working to find an effective vaccine.

Counsel governments and health authorities to take appropriate steps for the good of all. Look lovingly upon us all, and in your mercy, forgive our failings. We ask this through Jesus Christ our Lord. AMEN

-Stella Maris



**PRAYER FOR JERUSALEM SUNDAY May 29**

O God, we give thanks that your dear Son has gathered us in the embrace of his redeeming love and sent us to make that love known to the ends of the earth.

We pray your continued blessings on the steadfast witness of the Church in Jerusalem and throughout the Middle East.

Give your deep joy to those who welcome the pilgrims seeking to know this land and its many peoples.

Grace those who proclaim the Gospel.

Guide all who teach the new generation of young people.

Draw near to those who are sick and bless those who tend them.

Sustain the hope in all who long and labour for a just and lasting peace in the land of the Holy One.

And may the Companions of Jerusalem be many and faithful.

We pray in the name of our merciful Saviour, Friend and Brother, our Lord Jesus Christ.

- Most Reverend Fred Hiltz

**AN EVENING PRAYER**

Lord Jesus Christ, under your loving gaze I consider the activities of my day.

Thank you for:

the warmth of the sun,  
the affirmation of friends,  
the help of fellow workers.

Forgive me for:

looking to my own interests,  
failing to encourage others,  
neglecting the week.

By faith I now enter the darkness of the night, declaring "It is well with my soul."

- Richard J. Foster

**A BLESSING**

May Christ dwell in your hearts through faith and may you be rooted and grounded in love and comprehend, with the saints what is the breadth and length and height and depth of the love of Christ, so that you may be filled with all the fullness of God . AMEN

Based on Ephesians 3:17-19



**Join this ministry**

If you'd like to be part of our St. Paul's Pastoral Care Team, please contact Ferguson or Nicola Peden. Training will be provided to anyone interested in this important ministry.



**Chemo Care Bag**

If you know of anyone who is beginning Chemotherapy treatment and would benefit from receiving a Chemo Care Bag please contact Gloria Ford.



Grief Support Group

Our Grief Support Group is a chance to be with others who have suffered a loss. It is a chance to speak from the heart or just listen. If you are interested, please contact Laura Anne at the Parish Office.

If you are interested please contact Laura Anne at the Parish Office.



**Prayer Shawl Ministry—**

This is a fun ministry where we quilt or knit and share fellowship for an afternoon. We meet on the third Wednesday of each month. No experience needed! Everything is supplied.

For more info. contact Laura Anne at the Parish Office.

Next meeting is May 18 at 1 pm in-person and Zoom.





## What's used is useful at St. Paul's Annual Yard Sale!

We have set the date for **Saturday, June 25th from 9 am to 3 pm** and are asking for your donations and volunteerism as we plan this year's event.

With your graciousness, we will be accepting any items **EXCEPT** for the following:

- Clothing, bedding, towels/wash clothes/dish clothes
- Mattresses or box springs
- Incomplete games, puzzles, or other items requiring all pieces to function
- Broken or damaged items that clearly will not sell

**As you prepare to donate your used items, we ask that you please reflect on the following two points:**

- 1) Consider and respect our volunteers. Their time and effort in separating and pricing the items is valuable. Adding tasks such as separating garbage from sellable items, as well as donating items that require deep cleaning, should be done before donating.
- 2) All items are priced to sell. If you feel your donation deserves a higher price than what a garage or yard sale can offer, consider keeping it for sale at a different time.

Please note that we will be accepting all donations **ONLY** within the week leading up to the sale, beginning **Monday, June 20th till Friday, June 24th, from 9 am to noon except on Friday which will be 9 am to 4 pm**. This is in consideration - and appreciation - of our service, classes, and coffee time that will take place the day before.

If you have questions or would like to volunteer for the sale, please contact Steve Colle directly at [steve.colle68@gmail.com](mailto:steve.colle68@gmail.com) or by phone at 403-816-5474.

And let us all pray for beautiful weather on the day of the sale!  
God bless.



[worldlabyrinthday.org](https://www.worldlabyrinthday.org)

## World Labyrinth Day

World Labyrinth Day Website: <https://www.worldlabyrinthday.org>

### Walk as One at 1

On this 14th annual World Labyrinth Day, many will walk a labyrinth at 1:00 p.m. local time to help create a rolling wave of peaceful energy passing from one time zone to the next around the globe. Anyone can participate, Walker or finger walk, people new to the labyrinth, those who have walked before and those who do this as a regular practice. This is done in as many countries around the world as possible.

### Be creative!

Walk alone or with others observing all applicable health protocols. Build a permanent or temporary labyrinth. Use a finger labyrinth. Create labyrinth art. There are so many ways to participate!

New to Labyrinths? Go to this page: <https://www.veriditas.org/New-to-the-Labyrinth>

You can pick up a paper Labyrinth for a Finger Walk if you do not have a Labyrinth either finger one or are not able to actually walk on a Labyrinth. Afterwards you could colour it in. This may be a good activity for the children to do.

Paper labyrinths are available:

<https://www.worldlabyrinthday.org/resources/finger-labyrinths>



**The 2nd Annual Big Connection : A Labyrinth Research Project for World Labyrinth Day**  
**Walk on World Labyrinth Day Study by Baylor University.**

**If you are interested in being a part of this study registration is free.**

You will need to go to this website ( <https://www.worldlabyrinthday.org>) to do this. Lots of information is there. Including helpful videos. **Registration closes 3rd May/2**

Fill out a questionnaire online after your walk that will go directly to Baylor University.

Last year there were 400+ participants around the world doing this. There are 4 main categories to choose from. Those being: Human Rights, Social Justice, the Environment and Strengthening Relationships.

Once you register for one of the groups you will be contacted by email by a Legacy Labyrinth Project Group Leader with a welcome and more details. This will include the intention for your group's cause for your walk.

**This year they are studying the question:**" What would happen if groups walked together in brain/heart coherence, with specific intentions for social change?"

"What could happen if they walked regularly with that same intention over a specific period of time?" What could we learn?

Have fun, enjoy the journey! Experience the Experience.

Blessings on the Path.

Nicola

# Finger Labyrinths

These are a few of the Labyrinths available here website: <https://www.worldlabyrinthday.org/resources/finger-labyrinths>.

A variety of paper Labyrinths will also be available at St. Paul's in the foyer. Please help yourself



7-circuit concentric Classical



11-circuit Chartres



7-circuit Classical from diamond seed

# CHRISTIAN EDUCATION STUDY: "Being Anglican"



## "Being Anglican"

a 5 week online Video Study from St. Francis Anglican College, Southern Queensland, Australia, via Zoom

**With supplementary material from:** "Maple Anglican," The Bible Project, and the Alpha Film Series

**Wednesdays at 7:30 pm from May 25 through June 22**

**If you'd like to participate, please let Fergus know by May 24, so that he can send you the Zoom link.**

**Many thanks to Tosan for suggesting this Study for us!**



# We Are Needed Volunteers!



**Coffee time after the 9:30 am service.**

**Make coffee and set out the cups, cream and sugar. No goodies at this time.**

**Sign-up sheet is by the Kitchen door—follow the signs!**

**Training is available!**



**Thank you to Doreen, Kerry, Rick and Robbie who have been volunteering since we reopened. They would greatly appreciate having more help.**

## God's Helpers

God could not be in every place  
With loving hands to help erase  
The teardrops from each baby's face,  
And so He thought of mother.

He could not send us here alone  
And leave us to a fate unknown;  
Without providing for His own,  
The outstretched arms of mother.

God could not watch us night and day  
And kneel beside our crib to pray,  
Or kiss our little aches away;  
And so He sent us mother.

And when our childhood days began,  
He simply could not take command.  
That's why He placed our tiny hand  
Securely into mother's.

The days of youth slipped quickly by,  
Life's sun rose higher in the sky.  
Full grown were we, yet ever nigh  
To love us still, was mother.

And when life's span of years shall end,  
I know that God will gladly send,  
To welcome home her child again,  
That ever-faithful mother.

-- George W. Wiseman





Thy Kingdom Come is a global prayer movement that invites Christians around the world to pray from Ascension to Pentecost for more people to come to know Jesus.

Since its start in May 2016 God has grown Thy Kingdom Come from a dream of possibility into a movement. Christians from 172 countries have taken part in praying 'Come Holy Spirit', so that friends and family, neighbours and colleagues might come to faith in Jesus Christ.

This praying together has been across our diversity and differences as every person, household and church are encouraged to pray in their own way. According to our annual survey findings an astonishing percentage of people said they were praying for family and friends to come to faith in Jesus, and a significant number of people join in for the first time, we recognise there is much more we can do together to help *Thy Kingdom Come* be fully in the lifeblood of the

Church.

During the 11 days of Thy Kingdom Come, it is hoped that everyone who takes part will:

- *Deepen their own relationship with Jesus Christ*
- *Pray for 5 friends or family to come to faith in Jesus*
- *Pray for the empowerment of the Spirit that we would be effective in our witness*

After the very first Ascension Day the disciples gathered with Mary, constantly devoting themselves to prayer while they waited for the outpouring of the Holy Spirit at Pentecost. Like them, our reliance on the gift of the Holy Spirit is total – on our own we can do nothing.

Through the centuries Christians have gathered at that time to pray for the coming of the Holy Spirit. 'Thy Kingdom Come' picks up this tradition. Over the years more and more worshipping communities have dedicated the days between Ascension and Pentecost to pray 'Come Holy Spirit'.

We are praying that the Spirit will inspire and equip us to share the Good News of Jesus Christ with our friends and families, our communities and networks. It has been amazing how many varied ways there have been in which people from every tradition have taken up this challenge. The effects have been remarkable.

It is our prayer that those who have not yet heard the Good News of Jesus Christ and his love for the world will hear it for themselves, and respond and follow Him. Specifically, we again invite each and every Christian across the globe to pray that God's Spirit might work in the lives of 5 friends who have not responded with their 'Yes' to God's call.

Whether you have joined in 'Thy Kingdom Come' before or not, we invite you to take part – along with churches from over 80 different denominations & traditions in nearly 90% of countries (172) around the world.

*"In praying 'Thy Kingdom Come' we all commit to playing our part in the renewal of the nations and the transformation of communities."* Archbishop Justin Welby

Free resources can be found here: <https://www.thykingdomcome.global/prayer-resources>

## Congratulations to all our Graduates of 2022!

On Sunday, May 22nd we will have a special Blessing of Graduates.



If you have someone graduating in 2022 (kindergarten to post-graduate)

Please send a picture of them to of-

office@stpaulscalgary.ca, by May 16, so we can include them in the power point on that Sunday.



# St. Paul's Outreach Ministry



## Food for Others on May 29/22

When there are five Sundays in a month, that Sunday is **Food for Others Sunday**. The next one is **May 29/22**.

Year-round there is a box by the main entrance to collect donations of non-perishable items for the Calgary Food Bank.



## What's the blue bin?

The big blue bin in our parking

lot is a fundraising effort by the Calgary Humane, an animal welfare organization connects the lives of animals and people while providing essential animal services to the community. Gently used clothing and footwear of any kind can be put in the bin for donation.

## Small change for big change

Putting some coins (or bills) into the CAWST water filter by the library will support the delivery of clean drinking water in poor communities. Through our donations, the health of many people in the third world can be greatly improved.



## Clothing appreciated

Calgary Alpha House Society gratefully accepts donations of clothing and backpacks to help provide a safe and caring environment for those whose lives are affected by alcohol and other drug dependencies. Top needs include backpacks, , jeans, hoodies, shirts, athletic pants and shorts, pyjama pants, belts, jackets, gently used towels and sleeping bags.



There is a clearly marked Alpha House bin on the

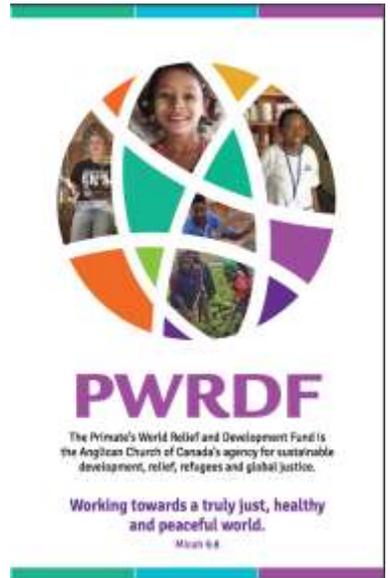
base of a coat rack near the south entrance where you can leave donations.

## PWRDF works to address basic health needs.

PWRDF's overall strategy to reduce poverty worldwide depends in large part on improving health. Specifically, our programs address:

- Maternal, newborn and child health (MNCH) – prenatal visits, education about healthy pregnancies, access to trained birth attendants, newborn care education, vaccinations and well baby visits
- reproductive and sexual health and family planning – education about child spacing and safe sexual activities
- HIV/AIDS – prevention, education and treatment
- Nutrition – preventing malnutrition and promoting good nutrition, often with agricultural interventions
- Access to clean water – bore wells, water purification systems
- malaria prevention – treated mosquito bed nets, education
- improving access to health care with construction of basic health facilities in rural areas (clinics, expectant mothers' houses, dispensaries)
- providing solar power electricity to clinics
- community education – youth theatre groups, radio programs
- supplying medications and equipment
- enhanced training of health professionals, and training of community health workers.

education/outreach – training volunteer Community Health Workers, students  
Great progress has been made, but much remains to be done, Wont you please help?



## St. Paul's Outreach Donations

April 5, 2022		
Agency		Donation
Mustard Seed		\$600.00
Calgary Drop Inn		\$500.00
Calgary Food Bank		\$500.00
Veteran's Food Bank		\$500.00
Total		\$2,100.00
Ukranian Relief Fund : \$2000.00		

Here are the first quarter donations distributed by our Outreach Ministry.

Respectfully Submitted  
John L'Ecuyer



**South Calgary Community**

**Clothing GIVEAWAY**

**Saturday, May 7, 2022**  
**10:00 am to 1:00 pm**

**380 MIDPARK BLVD SE**  
**All Saints Lutheran Church**



We are excited to welcome back our 10th annual Claire's Campaign! As Inn from the Cold's largest fundraising initiative, this important campaign has raised over \$8.4 million to help support more than 4,700 vulnerable families experiencing homelessness in our city.

This May and in honour of Mother's Day, you can pay tribute to the courage of mothers facing a housing crisis by making a generous donation to Inn from the Cold. All donations made in the month of May are matched dollar for dollar, thanks to our group of generous donors.

lar, thanks to our group of generous donors.

When you donate to Inn from the Cold this May, you are supporting a mother's love. Mothers sacrifice so much for their children; they fiercely protect them and they always want a better life for them. At Inn from the Cold, you can see the powerful loving devotion of mothers every day. Every single mother who comes to their door for help in their darkest hour is here for one reason – her children.

Inn from the Cold has been there to support mothers and children facing a housing crisis for 25 years -- but they need YOU to ensure their doors are always open to each and every one of them.





# BABY BOTTLE CAMPAIGN

in support of  
CALGARY | STRATHMORE | AIRDRIE  
Pregnancy Care Centres

Mother's Day to Father's Day

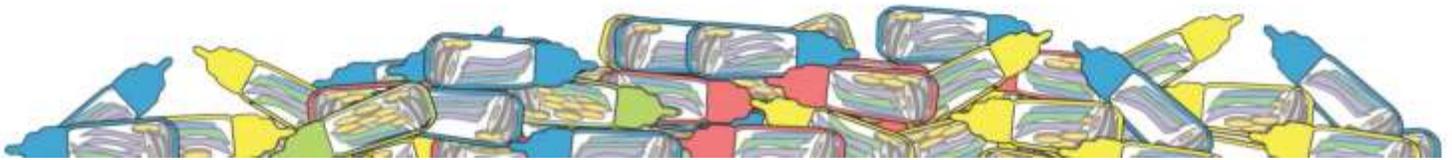


## Be a change-maker!

Your donation will join thousands of others to add up to changed lives for women, parents and young families in our community. Participating is easy.

- 1** Pick up a bottle OR choose to donate online.
- 2**
  - a.** If you have a bottle, put your cash, coins or a cheque inside. Bring the bottle back on Father's Day.
  - b.** If donating online, go to [pregcare.com/BBC2022](http://pregcare.com/BBC2022)
- 3** Continue to pray for the Centre throughout the year.

*\*Donations of \$25 or more will be issued a donation receipt.*



**Thank you for supporting women, young parents, and families by participating in this year's Baby Bottle Campaign! You can donate online or by picking up a bottle from your church.**

### Where do donations go?

All donations will go toward supporting the more than 3,000 clients we see annually. These clients may be coming for a pregnancy test and information about their options, maternity and baby clothing, birth parent support or post-abortion support, or even a fatherhood class. Many people think the Centre is only for young women and only there for the moments before a decision is made, but it is so much more than that.

We meet clients, whether male, female, young, or old, at their point of need – whatever that may be.

- For Susan, it was a pregnancy that was unplanned, and her relationship with the father of the baby was uncertain. She needed encouragement and support to believe she could do this – even if she had to do it as a single mom.
- For Allison, it was adjusting to a new culture. She and her husband were thrilled when they found out she was pregnant, but they weren't sure how to navigate this culture. We were able to help with baby clothes, prenatal classes, and they even made friends in our mother goose class. This helped give them the confidence they needed.
- Jacqueline, a mother of 2 beautiful twins, has been a client for a number of years now. WE don't see her as often as before, but she still drops by for a chat, or encouragement, or even to celebrate small victories along the way.

Whatever the situation, we hope to help reduce the challenges that our clients are facing by meeting their immediate practical needs, but most of all we offer emotional and educational support for whatever lies ahead. We want our clients to be empowered to make decisions that are informed. Informed decisions lead to more positive outcomes.

# St. Paul's Annual Spring Clean-Up



**Volunteers Needed**



**WHEN: SATURDAY, MAY 14**  
**WHERE: OUTDOORS AND INDOORS**  
**TIME: 9:00 AM TO 4:00 PM**  
**WHO: EVERYONE!**

**COME WHENEVER YOU CAN AND  
STAY for AS LONG AS YOU CAN**

**WHAT TO BRING: RAKES,  
OUTDOOR BROOMS,  
BUCKETS, RAGS**



**LUNCH WILL BE PROVIDED**  
**COME AND HELP MAKE ST. PAUL'S BEAUTIFUL!!!**



# Easy Steps to Minimize Your Ecological Impact – And Live With Creation Care in Mind

## Conserve Electricity

1. Unplug appliances and electronics not in use
2. Purchase a solar electronics charger
3. Air dry clothing
4. Buy more efficient compact florescent lightbulbs (CFLs)
5. Turn off your laptop, television, iPad and iPhone –go outside and interact with God's creation!



## Reduce Your Emissions

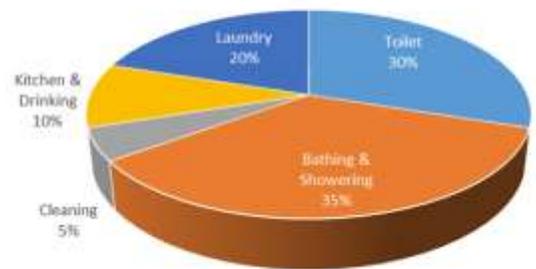
1. Drive less. Purchase a bike, walk, and take public transportation.
2. Eat less meat or go vegetarian. America's industrial meat production system produces nearly as many greenhouse emissions as our cars!
3. Buy locally at farmers markets. If you don't have access to locally-grown food, keep a chart on your refrigerator to tell you which foods are in season (Out of season blueberries, for example, are likely shipped from South America with fossil fuels).



## Conserve Water

1. Take shorter showers using a kitchen timer
2. Place a brick into toilet tank for low-flushing if you don't already have a low-flushing toilet
3. Use 5-gallon bucket to catch water as the shower heats up and use:
  - Fill the washing machine
  - Water your potted or planted garden
  - Flush the toilet

Average Residential Indoor Water Usage Chart



## Reduce Waste

1. Purchase food with minimal packaging
2. Compost food waste
3. Cook at home rather than buying pre-made food on campus or elsewhere –plus it's cheaper!
4. Recycle and reuse as much as possible! Keep in mind that the recycle sign is unregulated, and often many plastic products cannot be recycled in eco-friendly ways.
5. Print papers double-sided!
6. Purchase paper products that have been made from recycled or postconsumer goods (printer and notebook paper, toilet paper, etc.)
7. Get rid of the paper towels! Use cloth rags instead.
8. Use cloth grocery bags. Keep one in your purse, backpack, or car at all times.



Article from Azusa Pacific University : [https://www.apu.edu/live\\_data/files/273/guide\\_to\\_environmental\\_stewarship\\_at\\_apu.pdf](https://www.apu.edu/live_data/files/273/guide_to_environmental_stewarship_at_apu.pdf)

Activity Book for Children to learn about Waste Management from the City of Calgary: [file:///C:/Users/gospe/Downloads/kids-activity-book%20\(1\).pdf](file:///C:/Users/gospe/Downloads/kids-activity-book%20(1).pdf) or <https://www.calgary.ca/waste/education.html#kids>

# WATCH FOR OUR NEW VEGETABLE AND HERB GARDENS COMING SOON!

Our new raised gardens will be coming soon. They will be located in the west yard. We will start with 2 beds and see how it goes. We are already preparing plants to begin this spring.

The boxes will be made and we ask that if anyone has wood that would be good for the boxes please contact Kerry or the Parish Office. The boxes will be similar to the ones at the Midnapore community garden.



If you would like to help with the gardens please contact Laura Anne or Julie for more information.

This project is part of our Stewardship program for Creation Care, for Outreach and caring for others.



## PARISH GARDENS

\*\*\*\*\*  
\* Gardens around church and MidSun Community. Gardens are looking pretty good and the grass getting greener. The irrigation system will be operational on May 3rd. Gardens at MidSun will be ready for planting soon. The church clean up day is May 14th, 9:00am onwards. There is a lot of work to be done with our existing gardens and building new ones. A good turn out and effort on clean up day is needed, so please show up, bring garden stuff and we can get things done. We are also planning where and how to place our memorial benches. Kerry  
\*  
\*\*\*\*\*



## SEEDS AND GARDENS

If words are seeds,  
let flowers grow  
from your mouth,  
not weeds.  
If heart are gardens,  
plant those flowers  
in the chest of the ones  
who exist around you.

— R.H. Swaney



# “I have seen the Lord!”

A 2022 Easter message from National Bishop Susan Johnson (Evangelical Lutheran Church in Canada) and Archbishop and Primate Linda Nicholls (Anglican Church of Canada). [Archbishop Linda Nicholls] Mary Magdalene went and announced to the disciples, "I have seen the Lord."

[Bishop Susan Johnson] The joy and hope and promise of Easter is summed up in these five words. I have seen the Lord. In these last few years it has been hard for us to hold onto this message of hope. The COVID pandemic has ravaged our world with illness and fear and death underlined injustices of poverty, racism and abuse, and caused us to close borders and fear the other. Natural disasters have harmed people, the land, and property through fire, extreme heat, drought, flooding, and extreme cold.

[Archbishop Nicholls] The discovery of unmarked graves at a number of former Indian Residential Schools has shocked our nation and re-traumatized many Indigenous peoples. We experienced a convoy expressing anger at COVID restrictions, shutting down border crossings and paralyzing downtown Ottawa.



National Bishop Susan Johnson  
(Evangelical Lutheran Church in Canada)

[Bishop Johnson] Conflicts continue to rage in Yemen, Ethiopia, Syria, Afghanistan, and against the Rohingya and Uyghur peoples. Russia is waging war in Ukraine. And the number of displaced people in our world continues to grow. For the first time since the Cold War, there is fear about the use of nuclear arms.

[Archbishop Nicholls] Mary Magdalene went to the tomb full of fear and despair. They were living under harsh Roman occupation and Jesus had been crucified. Hopes and dreams of a new and just world were dashed. But after Mary's encounter with the living Christ she becomes the first evangelist and her announcement, I have seen the Lord ignites joy, hope, and promise.

[Bishop Johnson] In these times of trial we have seen the Lord as well in the kindness of strangers, in the response to community needs from churches and other organisations, in the generous donations to victims of war and natural disaster, in the commitment that every child matters and that reconciliation between settlers and Indigenous peoples is still possible.

[Archbishop Nicholls] I have seen the Lord in the beauty and wonder and constant renewal and recreation of God's earth. And in the faces of people who in the midst of all of that struggle and despair have found resilience and hope in community together.

[Bishop Johnson] I have seen the Lord as I have worshipped with you online whether it's through Zoom or Facebook live or whatever. I see the eagerness of people to still hear and participate in the Gospel message of hope. This Easter, we can again celebrate with Mary the hope, joy, and promise of the risen Christ. With her and all the faithful we can proclaim, I have seen the Lord.

[Archbishop Nicholls] Hallelujah! Hallelujah! Hallelujah! Amen.

Listen to the Address here:

<https://www.anglicanlutheran.ca/statements/i-have-seen-the-lord/>

From: In Full Communion: Anglicans and Lutherans working together in Canada



Archbishop Linda Nicholls of the Anglican Church of Canada

# DIOCESAN EVENTS



## Phishing Scams Happening Again

Once again, there have been several phishing attempts reported to the Diocesan Office. If you receive a request from one of our staff asking for your help, and you are suspicious, please do not respond and delete the email.

Phishing emails may look extremely authentic. Here are some tips on how to protect your confidential personal information:

- Do not click on links OR open attachments in emails or messages from people that you do not know.
- Remember that the Archbishop or the staff would never ask you for assistance in this way.
- Look out for spelling or grammatical errors.
- Check the sender's email address. Is this address the same as you would usually see from this person or organization?
- Be cautious with any unexpected messages. When in doubt, delete.

These emails are not harmful to your computer, just annoying.

## Rosary Gathering via Zoom

Fr. Jerrod McCormack will be offering the Rosary Gathering via Zoom on the second and fourth Saturdays of the month. This is open to all who wish to participate. For the Zoom link or more information, please email \ Fr Jerrod.



## Crosstalk Ministries: Day Camps in 2022

With the hope that communities will be more confident about opening their doors to summer activities, Crosstalk Ministries is offering Day Camps for Summer 2022.

This year, the theme is "Follow the Leader" to be offered in three formats:

- A virtual experience, which families can hold in their own backyards, or share among neighbours
- The Super Day Camp Experience, with virtual mentoring for communities new to our materials
- The Basic Day Camp Experience, a community-led program that includes all the resources needed to host a Day Camp.

For more information or to order the resources, please contact [Valerie, Day Camp Director](#)



## Provincial Synod

Suzanne meeting the Archbishop of Canterbury, The Most Rev'd Justin Welby, in St Albert Saskatchewan.

They were attending the Provincial Synod for the Ecclesiastical Province of Rupert's Land, April 29 to May 1.

The Archbishop made several apologies to Indigenous people who are survivors of the residential schools.

One quote by the Archbishop from the paNow newspaper was: "Without Indigenous people's full participation of the church, the church is not fully the church of Christ. Without you, we are the less. We are inadequate," Welby said, while holding the eagle feather he was gifted on Saturday at James Smith Cree Nation. "The communion is impoverished and we deny the reality of God. There is more to learn than I can say."

# Our Stories of GOD, CANCER & COVID

By Gloria

## Stephen's Story

In June 2018 my husband Stephen distinctly heard a deep male voice say, "You are my child. You have nothing to fear." Yet, when he looked around, no one was there.

One week later he was diagnosed with Multiple Myeloma. Stephen had cancer.

It was a lot for us to take in, and as we processed the news, Stephen told me about the voice from that week. The voice he had heard the week before his diagnosis. As he described the event, I came to the inescapable conclusion that it was God Himself speaking to my husband.

Our awesome God was preparing Stephen for his cancer diagnosis a week before he got the news. He told Stephen not to be afraid. Stephen received this personal message at the time when he needed it most. And God called him his child! What comfort Stephen was given by God— out loud— so that Stephen couldn't miss his personal message.

Over these past few years, I have often marveled at the fact that God, who ever was, is, and is to come, would take "time" to audibly speak to Stephen. God loves each one of us so much that He does whatever He can to make Himself known in deeply personal ways so that we may connect with Him. From glorious sunrises to magnificent sunsets, God knows what moves each one of us.

God wanted us to know that He was in control so Stephen didn't need to be afraid. What a loving and personal God we follow.

## Gloria's Story

On Friday, January 14, 2022 my son-in-law tested positive for COVID-19. By Saturday my daughter had as well, along with their 3 children, and by Monday our entire Johnson/Ford household had COVID. The scenario we had tried so hard to prevent was now a reality.

That Monday I had a strong urge to read my daily bible verse in the YouVersion app. I usually, but not always, read the verse. But it felt particularly important to read it that day:

"God always gives you all the grace you need.

So you will have to suffer only for a little while.

Then God Himself will build you up.

He will make you strong and steady.

And He has chosen you to share in His eternal glory  
Because you belong to Christ."

1Peter 5:10

As I read the verse I was overwhelmed by a sense of comfort. God had sent me this verse. He said I "will have to suffer only for a little while." God wanted me to know my suffering would not be long, in spite of my asthma. He was lifting that burden off my shoulders onto His. Not only that, I was also assured that, "God Himself will build you up."

That was why I needed to read that daily verse!

I felt inspired to share this deeply relevant and person-

al verse, but I could not remember the exact "address" to share. I went back into YouVersion the next day, but Monday's verse was from Isaiah, not 1Peter. I was flabbergasted.

I knew what I had seen. I had even shared it with Stephen. Yet, when I returned to YouVersion it was not there.

I wondered what happened. I wondered what it meant. I concluded that God had used the bible app to speak directly to me, just as he had spoken audibly to Stephen. I was awestruck. I was floored... by the notion that God would use a Bible app to speak directly to me.

God gave me what I needed at that moment, that Monday, to reassure me that He knew what was happening to me – and that He was in control, not Covid.

What an assurance,

"God always gives you all the grace (unmerited favour) you need."

Because Stephen continues to receive chemo for Multiple Myeloma, he qualified for a monoclonal antibodies infusion after his positive PCR test. It made all the difference. Extreme fatigue on top of his regular fatigue lasted only a couple of weeks.

For me, extreme fatigue, headaches at the base of my skull, coughing – often with excess mucus that would choke me if I didn't get it out, lasted many weeks.

Time and again I would go back to the scripture God gave especially to me for comfort and I wondered...How long is "a

little while", Lord? Then when I started having pain by heart and lung, under my armpit, it was time for me to go to see my doctor. But she wasn't available until February 28. An X-ray was ordered and proved to show all was well.

I could have probably predicted the results beforehand. You see, on February 25, three days before my doctor's appointment, the verse of the day on YouVersion was, you guessed it, 1Peter 5:10

"For God Himself will build you up.

He will make you strong and steady."

which is what God was doing! So He reminded me on February 25 that He was doing what He had promised. Indeed I was feeling so much stronger.

## CONCLUSION

- The God of the universe who created all matter and never ceases to create
- The God who raised His Son, Jesus the Christ, from the dead, so that all who look to Jesus and believe will be saved for eternal life
- The God who personally reminded me of His promise in 1Peter 5:10..."And He has chosen you to share in His eternal glory because you belong to Christ."..... took "TIME" from His busy schedule to speak to me through a Bible App!!!

If God would want to speak directly to me – little, old Gloria, He wants to speak directly to anyone and everyone who wants to have a relationship with Him/Jesus ("The Father and I are one"). Just like Stephen; just like Gloria; Jesus loves you and wants to talk to YOU! (and He's a very good listener, too.)



## From the April 20 Diocesan Newsletter

The Easter service was wonderful! The sermon was deeply moving and inspirational. And then it took a turn; it became uncomfortable. The minister's final message was, "Now, go and tell others." I squirmed in my pew and I'm sure other like-minded Anglicans did as well. I love God. I am grateful for Easter. But I am not pushy or a loud mouth, so how am I going to go out and tell others??

This is not the first time that I have heard, "Go and tell." I have actually given it some thought with great trepidation. When could I tell someone? What would I say? What would they say? And what if I offend them? These are just some of the questions that make me hesitate to say anything to anyone.

Then something happened. My girlfriend's husband was not well. It was quite serious. Without thinking, I said, "Oh, I'm so sorry. I will pray for you." She breathed a heartfelt, "Thank you." I was surprised. She wasn't offended at all. In fact, she was grateful that I would pray for him. I realized then that I had just shared, in a roundabout way that I believe in God and that I think He can make a difference. I was being missional; I was "telling."

This has led me to think of other times that I could share about my faith in God in a natural way. Friends ask me to go for coffee Sunday mornings. I always beg off with some lame excuse, but in the future, I could say, "I love going to church but I could meet you afterward." I don't have to be preachy about church, just that I like going. This is the truth; I do like church. I like the peace I feel when I enter. I like the beauty of the stained glass. I just feel God when I'm there. I don't have to say so, but if friends ask me why, I am ready with an answer. Maybe that's the key, to be prepared.

And maybe the other key thing is prayer itself. If my friend with the sick husband asks me if I believe prayer works, I can say I know prayer works. God has answered my prayers many times. There was the time I crashed into a barrier on a remote highway and had no cell service. I was stuck. A desperate prayer and some helpless waiting followed. Ten minutes later, a tow truck, out on another call, saw my predicament and stopped. True story! Prayer was answered! I think I am going to ask God to give me little opportunities where I can share with others that God is real, and has worked in my life.

Finally, I realized I can start with baby steps. Telling a friend that I will pray is not a big thing, but I know that God can use little things. So, with preparation and prayer, I just might be able to "go and tell" even if it's just a little bit. And God can take it from there!



## Father Lacombe Ministry

Starting back on this ministry has been delayed somewhat by the security requirements etc of Father Lacombe and more recently since I tested positive for COVID last Monday.

Anyway I am anticipating getting **church service started on May 22nd** and **sing-along started by May 20th** at the latest. I will let you know when orientation times are. Kerry



# What's Happening to Keep Us Connected

**Prayer Group Ministry:** Members of this ministry lift up prayer requests given to the Prayer Group in their daily prayers, and are now gathering together on the 3rd Mondays of the month via Zoom. The next Zoom Meeting is 7:30 p.m. on May 17. If you have a prayer request, or would like to join this vital ministry, please contact Dinah at [breu.dinah@gmail.com](mailto:breu.dinah@gmail.com), or Fergus.



**Caring Contact Ministry:** Helpers in our Caring Contact Ministry contact the households on their lists once a month, and share any pastoral concerns with Fergus. If you'd like to join this Ministry, please let Fergus or Betty Nadurak know.

**Children's Time Ministry:** *We're beginning to record 5 min. Children's Time messages (stories or songs) to show to bless the children watching our Sunday Services. If you have a heart for Jesus and for children, and would like to be part of this Ministry, please contact Fergus. Look to the next of these new Children's Time recordings on May 9.*

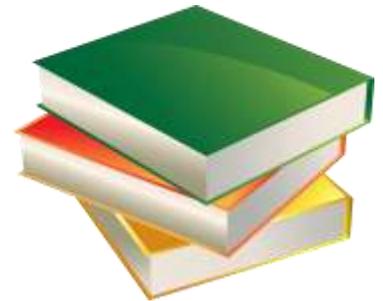


**Pick-up Ministry:** Thank you to the 4 households who have volunteered to pick up groceries or prescriptions for those who can't get out. If anyone else would like to join this Ministry, please contact the Office at 403-256-1428; [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca).

**Pastoral Visits:** Fergus is available for regular visits via phone or email. He will also continue to respond to all pastoral emergencies.

## Library

We have a small library located at the south door. We welcome anyone to check out books. If anyone is interested in helping with the library please contact Doreen or Kerry. If you would like to borrow a book (as you may have more time at home right now), please contact the office at 403-256-1428, or [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca). Fergus or Laura Anne can put books in the church mailbox, using gloves. None of the Book Nook books have been touched since Mar. 7.



## Book Nook

Fergus also has a lending library just outside his office. If you'd like to see if there's anything from it you would like to read, please contact Fergus in August. Everything said about borrowing Church Library books at this time applies here, too.

# Offerings



**Offerings:** Thank you for continuing to give your Offering when so many of us are unable to be physically present together. It's critical to helping us fulfill our Mission. Here are ways we can do this. We can donate via our website (<https://www.stpaulscalgary.ca/donate>). This is completely secure, with the highest level of PCI compliance. We can also mail our Offering (perhaps post-dated cheques) via regular post; drop it off in the Office mailbox (phoning 1st); arrange for it to be picked up from our mailboxes; or set up direct depositing (for the form, go to our website, type "Donation" in the search box, and click on "Pre Authorized Donations"). We can also now use e-transfers. Please use the email [gift@stpaulscalgary.ca](mailto:gift@stpaulscalgary.ca). No password is needed; to help our Envelope Secretary, please included your envelope number in the "message" spot.



# Helpful Information

**Parish Office Hours:** Monday to Friday 9 am to noon.

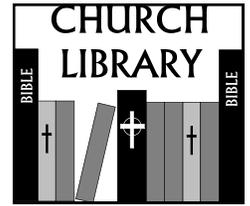
**Sunday Services:** 9:30 am Live Streamed on Facebook or after 11:30 on our website under the Sermon tab

**Wednesday In –Person Services:** 9:30 am 1st, 3rd and 5th Wed. Postponed for October

**Thursday Video Prayer services:** posted on Facebook and YouTube on the 2nd & 4th Thursdays of the month. You can watch them by clicking [here](#).



The Library is open and there for your use. Please have a look at what is available. When you take a book out, please fill out the card in the back of the book and leave it in the file. When you return the book leave it in the marked box.



Useful Websites and other Social Media Platforms:

**St. Paul's Website:**

<https://www.stpaulscalgary.ca>

**Instagram:** [stpaulsanglicanocalgary!](https://www.instagram.com/stpaulsanglicanocalgary/)

**Facebook Page:** <https://www.facebook.com/stpaulscalgary>

**Twitter:**

@stpaulscalgary

@Pastor\_Fergus

**YouTube Channel:**

<https://www.youtube.com/channel/UClDxfHv5pFYST--j8as1GVg>

**Toddlers to Tweens Group Facebook:**

toddlerstotweens

**Youth Group's Facebook:**

StPaulsCalgaryYouth

**St. Paul's Alpha Facebook:**

stpaulscalgaryalpha

**MCES:** <https://www.stpaulscalgary.ca/ministries/midnapore-church-of-england-society>

**Facebook** historicstpaulschurch

**Pastor's Postings Blog:**

<https://pastorfergus.wordpress.com>

**Diocese of Calgary:**

<https://www.calgary.anglican.ca>

**Diocesan Facebook** calgary.anglican

**Canadian National Church:** <https://www.anglican.ca>

**PWRDF**—[www.pwrdf.org](http://www.pwrdf.org)



## St. Paul's is a Scent-Free Parish



A reminder that we try to be scent-free out of love and respect for those whose health is threatened by fragrances. May we ask your cooperation in avoiding wearing to church, perfumes and after-shave, perfumed hairsprays, etc.

## Information you may find helpful:



**Large Print Order Of Service:** We have large print copies of the service and hymn book available. Please ask the sides people.

**Hearing Devices:** If you have trouble hearing the service, we have hearing devices that can help. Please ask the sides people for assistance.

**Welcome Booklets:** If you would like to know more about St. Paul's and our ministries, please help your self to a booklet. You will find them by the name tags.

**Business Cards:** St. Paul's Business Cards with service times are available. They are designed to carry in your wallet to give to people who ask about St. Paul's. This is a form of Outreach to the community.

## Can Tabs

Those little tabs from your drink cans can do some good. Rick and Robbie Collier seasonally attend St Mark's in Mesa. That parish collects the tabs as a fundraiser, so please



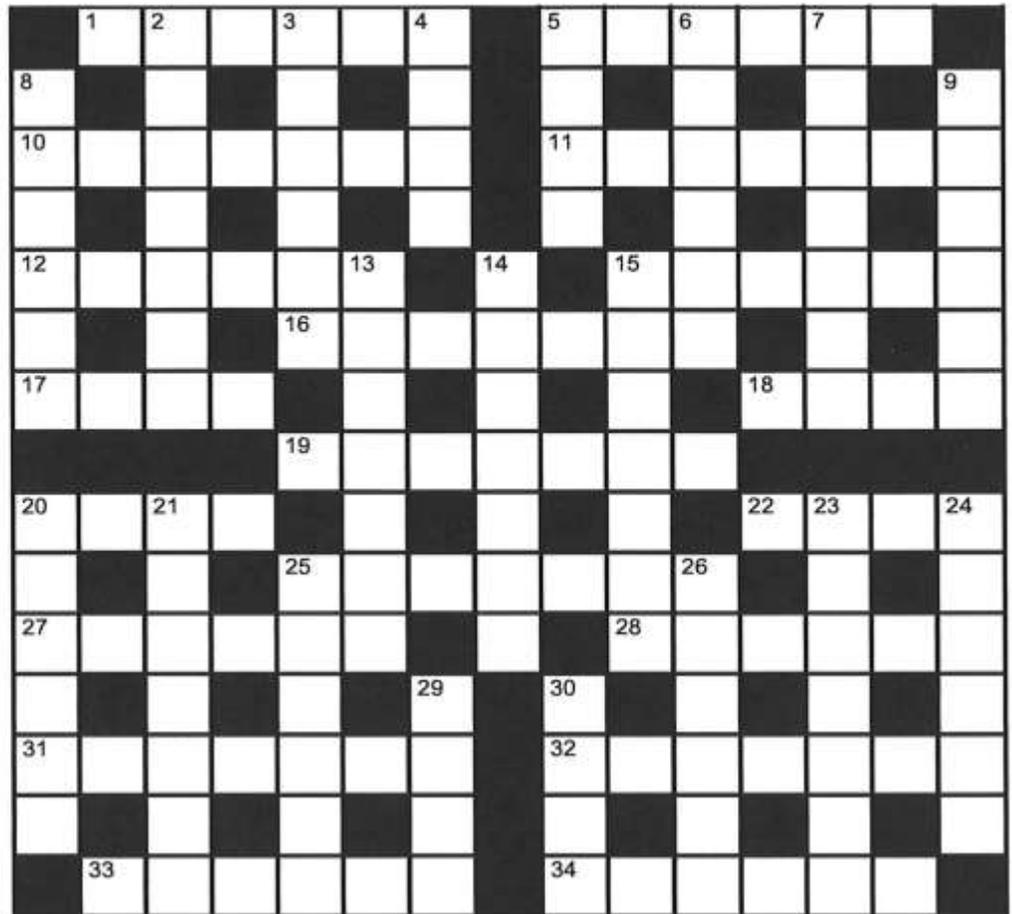
# BIBLE CROSSWORD IX

## Across

- 1 A nation referred to in the O.T. and the N.T. (6)
- 5 Teacher; leader (6)
- 10 Letter (7)
- 11 Blood was painted on these (7)
- 12 "Out of the \_\_\_\_\_ came something sweet" (6)
- 15 Where was Jacob? (6)
- 16 Made unholy (7)
- 17 Ezekiel lay on this for three years (4)
- 18 Very old (4)
- 19 Sure (7)
- 20 Ethiopia (4)
- 22 Remaining (4)
- 25 Naaman's maid, for example (7)
- 27 Seraiah's father (6)
- 28 Land (6)
- 31 Hold inside (7)
- 32 The teaching place of the Ethiopian eunuch (7)
- 33 Jews are renowned for celebrating these (6)
- 34 A child of Caleb & Maachah (6)

## Down

- 2 The lame man was too slow to reach this type of water (7)
- 3 To wait on, or be present (6)



by Philologus

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- 4 Untruths (4)
- 5 The Promised Land was said to be flowing with this (4)
- 6 We have all done this (6)
- 7 Late in the day (7)
- 8 Animals (6)
- 9 A Philistine city (6)
- 13 Sisera, for example (7)
- 14 A nation in the O.T. neighbouring Israel (7)
- 15 Anyone who comes to God must do this (7)
- 20 Together with 'time' this happens to all (6)
- 21 Did Nadab and Abihu have a match for this? (7)
- 23 Self scrutiny before communion (7)
- 24 Half the time of Jesus' fasting (6)
- 25 Lebanese trees (6)
- 26 Provided by God when we are tempted (6)
- 29 Far extremes of the earth (4)
- 30 Luke Part II ? (4)

# May 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 9:30am H.E. In-Person & Live streamed on Facebook	<b>2</b> 9am—12 pm Reserved Sacrament (R.S.) Pick-up	<b>3</b> 9am—12 pm R.S. Pick-up	<b>4</b> 9am—12 pm R.S. Pick-up	<b>5</b> 9am—12 pm R.S. Pick-up  7:30 pm Choir Practice	<b>6</b> 9am—12 pm R.S. Pick-up	<b>7</b>
<b>8</b> Mother's Day 9:30am H.E. In-Person & Live streamed on Facebook	<b>9</b> 9am—12 pm R.S. Pick-up	<b>10</b> 9am—12 pm R.S. Pick-up 7 pm Parish Council via Zoom	<b>11</b> 9am—12 pm R.S. Pick-up	<b>12</b> 9am—12 pm R.S. Pick-up  7:30 pm Choir Practice  Video Midweek Prayer Service	<b>13</b> 9am—12 pm R.S. Pick-up	<b>14</b> 9am-4 pm Spring Clean-up Day (Lunch Provided)
<b>15</b> 9:30am H.E. In-Person & Live streamed on Facebook	<b>16</b> 9am—12 pm R.S. Pick-up  7:30 pm Prayer Group Meeting via Zoom	<b>17</b> 9am—12 pm R.S. Pick-up	<b>18</b> 9am—12 pm R.S. Pick-up 9:30 am Holy Eucharist 1pm Prayer Shawl	<b>19</b> 9am—12 pm R.S. Pick-up  7:30 pm Choir Practice	<b>20</b> 9am—12 pm R.S. Pick-up	<b>21</b> 8:30 am Men's Breakfast 11:30 am Ladies Luncheon
<b>22</b> Grad Celebration 9:30am H.E. Triple C In-Person & Live streamed on Facebook	<b>23</b> 9am—12 pm R.S. Pick-up	<b>24</b> 9am—12 pm R.S. Pick-up	<b>25</b> 9am—12 pm R.S. Pick-up  7:30 pm Study "Being Angli- can" Session 1 via Zoom	<b>26</b> 9am—12 pm R.S. Pick-up Video Midweek Prayer Service  7:30 pm Choir Practice	<b>27</b> 9am—12 pm R.S. Pick-up	<b>28</b>
<b>29</b> Ascension Sunday Jerusalem Sunday 9:30am H.E BCP. In-Person & Live streamed on Facebook	<b>30</b> 9am—12 pm R.S. Pick-up	<b>31</b> 9am—12 pm R.S. Pick-up	<b>June 1</b> 9am—12 pm R.S. Pick-up  7:30 pm Study "Being Angli- can" Session 2 via Zoom	<b>2</b> 9am—12 pm R.S. Pick-up 7:30 pm Choir Practice	<b>3</b> 9am—12 pm R.S. Pick-up	<b>4</b> 8 am to noon Walden Kids U Rental