

# Living Waters

November 2021



**St. Paul's  
Anglican Church**  
*Opening Hearts and Minds to God's Grace*



**Clean-Up Day Aftermath**  
**Thanks to those who came out to help.**  
**A small crew came, but leaves were**  
**raked and gardens tended.**



**Remembrance Day**  
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**VILLAGES  
CALGARY**

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# St. Paul's

information



## SERVICE TIMES

**Sunday Services** at 9:30 online go to Sermons on our website

**1st & 3rd Week of each month (Wednesday or Thursday):** 9:30 a.m. via Facebook and You tube

7 Sunmills Green S.E  
Calgary, Alberta T2X 3P6  
**Phone** (403)256-1428  
**Fax** (403)256-1554

**Email:**  
office@stpaulscalgary.ca  
**Website:**  
www.stpaulscalgary.ca

## Incumbent

The Rev'd Fergus Tyson

## Assistants

The Rev'd Cyril Haynes  
The Rev'd Dr. Norman Knowles  
The Rev'd Dr. Bob Mummery  
The Rev'd Betty Nadurak

## Parish Council 2021

**Administration:** Paul Bourgeois

**Caring Contact:** Fergus

**Christian Education:** Tosan Chigbo

**Communications:** Paul Bourgeois

**Community Connection:**

Muyi Ekomwenrenren

**Hospitality:** Steve Colle

**Maintenance:** Gerald de Vries

**Incumbent's Warden:** Ingrid Bolton

**New Members:** Julie Wilson

**Pastoral Care:** Nicola Peden

**People's Warden:** Cam Cline

**Outreach:** John L'Ecuyer

**Stewardship:** Laura Anne Fink

**Sunday School:** Shannon Colle

**Worship:** Fergus Tyson

**Youth:** Vacant

**Ex Officio:** The Rev'd Cyril Haynes

## Synod Delegates

Cam Cline

Gloria Ford

Alternates: Parish Council

## MCES Directors

Kerry Peters , Iona Shaw

## Treasurer

Treasurer: Ingrid Bolton

## Parish Ministries

### Worship Ministries

Altar Guild - Robbie Coller  
Sacramental Assistants – Ed Mullaney  
10:00 am Music Group – Paul Bourgeois  
Prayers of the People – Dinah Breu  
Readers 10 am – Robbie Coller  
Readers 8:30 am – Laura Anne Fink  
Servers – Karla Manuel  
Sidespeople – Suzanne Wray  
Prayer Team – Dinah Breu  
Envelope Secretary – Debra Brisbin  
Counters— Roxie Hall

### Fellowship Ministries

Greeters – Roxie Hall  
Coffee Time – Hospitality  
Ladies Potluck Luncheon  
– Gloria Ford & Laura Anne Fink  
Men's Breakfast  
– Kerry Peters  
Fellowship & Foods Group  
– Doreen Peters  
Secret Friends – Julie Wilson  
Toddlers to Tweens  
– Abby Ekomwenrenren  
Youth Group – Keith Daye  
Maintenance – Gerald de Vries

### Christian Education

Nursery – Pamela Fleming  
Youth – Keith Daye  
Adult Education  
Clergy & Lay  
Stewardship – Laura Anne Fink  
Library – Doreen & Kerry Peters  
Anglican Fellowship of Prayer  
– Dinah Breu  
Sunday School Coordinator  
– Shannon Colle

### Pastoral Ministries

Hospital Visiting – Clergy  
& Pastoral Care Team  
Home Visiting – Clergy  
& Pastoral Care Team  
Caring Contact - Betty Nadurak  
Casserole Ministry – Linda Hubert  
(Contact Office)  
Prayer Group – Dinah Breu  
Prayer Chain – Dinah Breu  
Card Ministry – Gail Munro  
Pastoral Care Team – Nicola Peden  
Grief Support Group  
– Laura Anne Fink

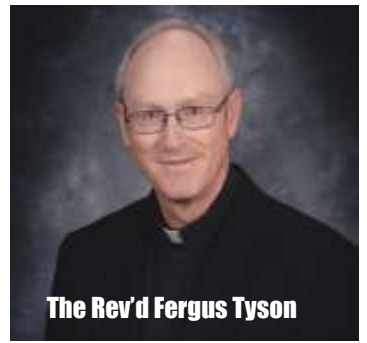
### Outreach Ministries

Outreach Committee  
– John L'Ecuyer  
Father Lacombe Sunday Eucharist—  
Kathleen Robinson  
Father Lacombe Fridays –  
Kerry Peters  
AgeCare Seton — Fergus  
NeST — Jennifer Solem  
Food Bank, CAWST, Alpha House etc. –  
shared through Outreach Committee  
PWRDF — Doreen Peters  
Quilt/Shawl Prayer Ministry  
– Laura Anne Fink  
Living Waters  
– Laura Anne Fink



## INCUMBENT'S MESSAGE

# A Feast to Celebrate as the Saints at St. Paul's



The Rev'd Fergus Tyson

*Paul to the saints who are in Ephesus ... I pray that the God of our Lord Jesus Christ, the Father of glory, may give you a spirit of wisdom and revelation as you come to know him, so that, with the eyes of your heart enlightened, you may know what is the hope to which he has called you, what are the riches of his glorious inheritance among the saints.* (Ephesians 1:1, 17-18)

*See what love the Father has given us, that we should be called children of God; and that is what we are. Beloved, we are God's children now; what we will be has not yet been revealed. What we do know is this: when he is revealed, we will be like him, for we will see him as he is. All who have this hope in him purify themselves, just as he is pure.* (1 John 3:1-3)

November at St. Paul's always begins with the Feast of All Saints. This year, our celebration is made that much more special by our being able, once again, to gather in-person to share it!

What do you think of when you think of the Feast of All Saints? Is it a kind of year-end celebration to include all the saints whose days we celebrate throughout the rest of the Church Year, people like St. Paul, St. Mary, St. Francis of Assisi, and the like? Is it a time to remember all those who've died, and now stand perfected before Our Lord, whom they see face to face? The answer to these questions is "Yes," but it's also much more.

Let's listen again to the words of Ephesians 1:1: "Paul to the saints who are in Ephesus." Note that it doesn't say: "Paul to Saint Timothy," or "Paul to Saint Titus." No, Paul writes his letter to *all the saints* at Ephesus. So, the Feast of All Saints at St. Paul's is also the Feast of St. Aaron

through to St. Zemen, all the 637 saints on our Parish list who make up St. Paul's Parish family!

You may not think of yourself as a saint, but you are!

To be a saint means to be "set apart" for the Lord. I find it helpful to think of marriage as an analogy. On July 18, I experienced one of the greatest joys of my life, as I had the awesome privilege of officiating at the Marriage of our daughter, Alyssa, and her fiancé, Josh! Part of the vows they shared said that they pledged, "Forsaking all others, to be faithful to each other." They're now "set apart" for one other. In the same way, we, as saints at St. Paul's, are set apart for Jesus, having forsaken all other claimants to the throne of our hearts. This is why it's so appropriate for us to often have Baptisms and Confirmations at St. Paul's on All Saints' - and, in fact, we'd scheduled a Holy Baptism for November 7, until the fourth wave of COVID-19 forced us to put that plan on hold. At Baptisms and Confirmations, Baptismal Candidates and Confirmands, and we along with them, vow to be "set

apart" for a life of discipleship as the "saints" at St. Paul's.

Just as we may not realize that the celebration of All Saints is for us, I think we also may not realize just how awesome a celebration it is!

Once more, the words of Ephesians 1 are helpful. In verses 17-18, it says: "*I pray that the God of our Lord*

*Jesus Christ, the Father of glory, may give you a spirit of wisdom and revelation as you come to know him, so that, with the eyes of your heart enlightened, you may know what is the hope to which he has called you, what are the riches of his glorious inheritance among the*

*saints.*" There's absolutely nothing in the entire uni-

**I share the prayer of our Patron that we'll all remember who and whose we are - and what's our glorious inheritance as those set apart for our God.**

verse as incredible as this! There's nothing as awesome as the hope to which we've been called, and the riches of God's glorious inheritance to us!

The precious message shared with us is that Jesus came to earth to catch us up in his life. In Baptism, we die to our old life and rise in this life of our Lord. And so, as Paul writes in Galatians 2:20: *"It is no longer I who live, but it is Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me."* And in 2 Corinthians 5:17: *"So if anyone is in Christ, there is a new creation: everything old has passed away; see, everything has become new!"* In Christ, we know ourselves to be God's children. We experience the beginning of eternal life, as our Lord's life is within us, to transform and make all things new.

This is wonderful beyond telling. But the Good News of our salvation goes infinitely beyond even this! For we are promised that our earthly experience of life as God's children is just the beginning! Whatever we know of God's love in this earthly life, it's been only the tiniest, most tentative taste of the banquet that is to be! To be set apart for Jesus means the glorious inheritance of being set apart for a relationship of love that begins now and continues forever. It means living the reality of there never being anything "too good to be true!" It means truly living happily ever after!

What this will be like is beyond our ability to comprehend. But A.M. Hunter, in his book *Christian Theology in Plain Language*, relates the significance of this for us, points out all we need to know:

*A Christian doctor was making a home visit to a patient on his death bed, when the man asked him to tell him something about the place to which he was going. As the doctor fumbled for a reply, he heard a scratching at the door, and he had his answer. "Do you hear that?" he asked his patient. "It's my dog. I left him downstairs, but he has grown impatient, and has come up and hears my voice. He has no notion what is inside this door, but he knows that I am here. Isn't it the same with you? You don't know what lies beyond the door, but you know that your Master is there."*

Holy Scripture teaches us that at its heart, what is in store for us all is a mystery. 1 John 3:2 reminds us: *"Beloved, we are God's children now; what we will be has not yet been revealed."* But it then continues with the words: *"What we do know is this: when he*



*is revealed, we will be like him, for we will see him as he is."* In his book, *Your Father Loves You*, J. I. Packer writes: *"We know very little about heaven, but I once heard a theologian describe it as 'an unknown region with a well-known inhabitant,' and there is not a better way to think of it than that."*

In Exodus 33:18-20, Moses asked to see God's glory and was told that the intimacy of seeing God's face was beyond him. But our incomparable inheritance as saints is to do just this. Paul writes in 1 Corinthians 13:12: *"For now we see in a mirror, dimly, but then we will see face to face. Now I know only in part; then I will know fully, even as I have been fully known."* What joy fills my heart to know I will look fully into the loving face of Jesus! No wonder 1 John 3:3 concludes: *"All who have this hope in him purify themselves, just as he is pure!"*

And so, I share the prayer of our Patron that we'll all remember who and whose we are - and what's our glorious inheritance as those set apart for our God. Then, on All

Saints' and every Sunday, with hearts overflowing with praise, we'll be able to enter into the very celebration of heaven as the saints at St. Paul's, and together proclaim in the words of the Nineteenth Century Pastor Robert Lowry:

*My life flows on in endless song above  
earth's lamentation.  
I hear the real though far-off hymn that  
hails a new creation.  
No storm can shake my inmost calm, while  
to that rock I'm clinging.  
It sounds an echo in my soul, how can I keep  
from singing?  
I lift my eyes, the cloud grows thin; I see  
the blue above it;  
and day by day this pathway smoothes,  
since first I learned to love it.  
The peace of Christ makes fresh my heart, a  
fountain ever springing;  
all things are mine since I am his, how can I  
keep from singing?*

God bless you all, always.

Your Brother in Jesus,

## ROSTER FOR SUNDAY SERVICES

DATE	OFFICIATING	ASSISTING	PREACHING	CHILDREN'S TIME
Nov. 14	Fergus	Norman & Betty	Norman	Doreen & Kerry
Nov. 21	Fergus	Betty	Fergus	—
Nov. 28	Norman	Fergus & Betty	Guest	Fergus
Dec. 5	Fergus	Bob	Bob	Bob

### UPCOMING SERVICES

Services are In Person and will also be available Live Streamed on Facebook or our YouTube Channel and website (to access Services on our website, please click on the Sermon tab in the top right hand corner of the home page).



- Sunday, November 14:** Remembrance Sunday
- Sunday, November 21:** Last Sunday after Pentecost: The Reign of Christ
- Sunday, November 28:** The First Sunday of Advent—Hope
- Sunday, December 5:** The Second Sunday of Advent—Peace
- Sunday, December 12:** The Third Sunday of Advent—Joy (Gaudete Sunday)
- Sunday, December 19:** The Fourth Sunday of Advent: Love—Lessons and Carols Service

### UPCOMING EVENTS

**Watch announcements for when events will resume or be rescheduled**

- Men's Breakfast:** meeting Saturday, November 20 at 8:30 am
- Ladies' Luncheon:** meeting Saturday, November 20 at 11:30 am
- EPIC :** Returning soon

### St. Paul's Ministries to be featured on the third Sunday of each month:

**November** – Greeters, lesson readers, counters, sacramental assistants, sides persons, servers, communications, St. Paul's Christmas Market, promoting Christmas dinner and pageant, Secret friends ministry

**December** – Christian Education, advertise AMP meeting in January

**January** – Choir, hand chimes, screens & sound boards, newcomers, Outreach

**February** – Prayers of the people, Sunday prayer teams,

**March** – Nursery, youth group, shepherding, promote Easter services, Altar guild, PWRDF, hospitality, promote Lenten study and shrove Tuesday dinner

**April** – Stewardship, fall and spring clean up days, grass cutting, library, book nook, maintenance group

**May** – Bible study, yard sale, Quilt and shawl ministry, grief support, chemo care bags

**June** – Sunday school picnic, Stampede BBQ lunch

**September** – Fellowship and Food Groups, Ladies pot luck, Men's breakfasts, Alpha Groups, Sunday School

**October** – Coffee time, Father Lacombe ministries, food bank, greeting card ministry, casserole ministry, Pastoral Care

### BIBLE STUDIES & PRAYER MEETINGS & SERVICES

**Bible Study:** Will resume in January on the first, third, and fifth Wednesday of the month at 10:30 am.

**Prayer Group:** Second or third Mondays of the month at 7:30 pm on Zoom.

**On line Midweek Prayer Service:** the Midweek services are on the second and fourth Thursday of the month. The November dates are November 10 and 24.

**Wednesday Services of Holy Eucharist:** At 9:30 am on the first, third, and fifth Wednesdays of the month.



# St. Paul's Gardens

Our gardens produced quite well this year and I have taken close to 300 pounds of veggies to the foodbank. The carrots were disappointing but potatoes, onions, beets and apples [from Stephanie Evans] were good and tomatoes very good. A very few lettuce and green veggies made up the total. This was my best year ever growing tomatoes and I took about ten really good sized bags of toms to the food bank. Julie Wilson gave me a couple of Roma plants and a cherry variety that were great. Romas are good for spaghetti sauce.

This year we made use of every tomato grown either fresh, in a sauce or for mince pies. Doreen has a recipe for green tomato mincemeat which I can tell you is very good, so even the little hard green toms were used. Doreen, who likes to make the mincemeat but doesn't eat it makes tarts for the Calgary Dream Centre and they really appreciate it.

Kathleen, Jake, John L, Angela Senneker and Amanda Stoop all helped. Kathleen and Jake were stalwarts.

I thanked the food bank people for their efforts and dedication and they appreciated our efforts, so well done all of us.

Plans for next year are underway so hold your breath in anticipation. I planted a fair number of daffodils which hopefully will brighten our spring garden next year and be a lovely reminder for me of that wonderful homeland of Wales!!



## Remembrance Day



Remembrance Day is a day for all Canadians to remember the men and women who served and sacrificed for our country. It is a day we encourage every individual, young and old, to pause, to give thanks and to remember

### Honour and Remember

The Remembrance Day Ceremony has played a major role in Remembrance since 1931. Every year, at the eleventh hour of the eleventh day of the eleventh month, we gather in memorial parks, community halls, workplaces, schools and homes to stand in honour of all who have fallen.

Pandemic restrictions have meant smaller ceremonies, or their outright cancellation. Other gatherings are being replaced with virtual ceremonies.

Nevertheless, the tradition of Remembrance will continue, and Canada's Fallen will not be forgotten. The Royal Canadian Legion encourages all Canadians to observe a moment of silence on November 11, to mark the sacrifice of the many who have fallen in the service of their country, and to acknowledge the courage of those who still serve.

### The Act of Remembrance

They shall grow not old,  
as we that are left grow old;  
Age shall not weary them,  
nor the years condemn.  
At the going down of the sun  
and in the morning  
We will remember them.  
We will remember them.

From: <https://legion.ca/remembrance/remembrance-day>



# 'I Sing a Song of the Saints of God'

ALL SAINTS DAY

BY MARY M. MACGREGOR



Thursday mornings in my childhood were very special. That was the time my elementary day school class at St. Stephen's Episcopal Church in Houston would go to chapel. This routine that lasted for seven years of my life shaped my young faith. Participating in this child-centric worship filled my heart with joy. We would exuberantly sing as our recessional the classic children's hymn, "I Sing a Song of the Saints of God." I doubt that the mother of three young children and wife of an Anglican priest who wrote this simple hymn had any idea how popular it would become, even jumping the Atlantic to become a favorite hymn of countless Episcopalians. Lesbia Scott wrote this memorable hymn in 1929 and specifically created it for All Saints Day. The lyrics stress that saints not only lived in the past but live and work today as people go about their everyday lives.

"You can meet them in school, or in lanes or at sea, in a church or in trains, or in shops, or at tea. For the saints of God are just folks like me and I want to be one too."

As I sat in that chapel as a little girl my image of saints flowed through the brilliant stained glass windows that adorned St. Stephen's. I would hear the Bible stories of the disciples who became saints and grew to understand their devotion to God and the sacrifices they made. Yet this simple song reminded me that everyday people could end up being saints too. As I grew older and committed my life as a follower of Jesus, it became easier for me to see the everyday saints I encountered and the saints who have played significant roles in my life. They do share some similar characteristics: a remarkable devotion to God and, to a person, exemplary sacrifice in their lives and ministries. I always see Christ in them. Sometimes I experience a glimpse of a saintly moment. Sometimes I see years and years of an unbelievable witness to their love for God, giving of themselves while asking nothing in return. Sometimes I observe an extraordinary act of courage for God's sake. And I have lost so many of them. Whether through moving far away, or the drift that can happen in a friendship over time, or losing them to death as they meet Jesus face to face, I see them as saints.

Who are the everyday saints in your life? As we set aside November 1 as a day to remember the saints of old or the saints we actively encounter in our everyday lives, let us thank God that they all show us a glimpse of how the Holy Spirit can work in and through us, simple folks just like you and me.

*Cn. Mary MacGregor, a TENS board member who has been deeply involved in congregational development for over 25 years, served as Canon for Congregational Vitality and Mission Amplification for the Diocese of Texas.*

From [TENS.org](http://TENS.org)

## For reflection ...

- v Who are the everyday saints in your life?
- v What makes them saints for you?



THE EPISCOPAL NETWORK FOR STEWARDSHIP

## I Sing a Song of the Saints of God

I sing a song of the saints of God,  
patient and brave and true,  
who toiled and fought and lived and died  
for the Lord they loved and knew.  
And one was a doctor, and one was a queen,  
and one was a shepherdess on the green:  
they were all of them saints of God, and I mean,  
God helping, to be one too.

They loved their Lord so dear, so dear,  
and God's love made them strong;  
and they followed the right, for Jesus' sake,  
the whole of their good lives long.  
And one was a soldier, and one was a priest,  
and one was slain by a fierce wild beast:  
and there's not any reason, no, not the least,  
why I shouldn't be one too.

They lived not only in ages past;  
there are hundreds of thousands still;  
the world is bright with the joyous saints  
who love to do Jesus' will.  
You can meet them in school, or in lanes, or at sea,  
in church, or in trains, or in shops, or at tea;  
for the saints of God are just folk like me,  
and I mean to be one too.

Author: Lesbia Scott (1929)

Tune: GRAND ISLE

© Lesbia Scott



# *Every Perfect Gift*

## *The Gift of Light*

“Keep awake!” Jesus tells us, as if we could possibly let ourselves sleep right now. This year, full of plot twists has not given us a chance to rest. Staying vigilant has been standard operating procedure since the first cases of COVID-19 started making news. This was followed quickly by economic unrest and work disruptions, changes of our routines. Suddenly our living rooms were classrooms and our kitchens stocked snacks for quick meals between web conferencing. Our summer was marked by political upheaval, demonstrations for justice, natural disasters of every kind – more sleepless nights. Thank you for the words of advice, Jesus, but keeping awake has not been a problem this year.

But I don’t think Jesus was worried about our sleep cycles; rather, his words were a caution to stay focused, to pay attention. Further, I believe Jesus was not asking us to merely pay attention to the news cycle, to the obvious events that shape the big moments in the world around us, but to notice the subtleties, the patterns of behavior, the nuances.

Advent is a subtle season. Its quiet refrain offers us hope and patience in equal measure. Around us it is characterized by a frenzy of shopping and planning; but deep into the darkening evenings and cooler days of the Northern Hemisphere, or fully into the languid heat and brightening skies of the south of our globe, there is a silent stirring of movement and of expectation, as the things we have planted deep, begin to take root and find the light. Those small moments, the delicate actions and thoughts of Advent, open our hearts to see that faint light as it breaks through the chaos of our culture.

These are the gifts of the season: patience, hope, anticipation, and like every perfect gift, these presents bestow on us just what we need when we need it most. In a season marked by the opposing forces of starkness and extravagance, God’s generosity appeals to us in the simplicity of God’s desires for us: to be patient, to live in hope, to anticipate the freedom that will unshackle us from oppression. “And what I say to you, I say to all: Keep awake!”



### QUESTIONS FOR REFLECTION

**What are the gifts that you can give that meet the needs of the world?**

**What patterns in yourself do you want to nurture with the coming Light?**

# *Every Perfect Gift*



THE EPISCOPAL NETWORK FOR STEWARDSHIP



# Advent Study



Advent is about beginning with the end: preparing for the final stage of God's new mission that resulted from our mission failure.

For many of us, Advent is the launching pad to Christmas morning; a twenty-four-day countdown to stockings and presents. We don't think about Advent as first being about the second coming. After all, it's been two millennia since Christ was born, crucified, rose from the dead, ascended into heaven, and sent the Holy Spirit. And for two thousand years, we've been living somewhere between forgetting about or fretting over his return.

John 3:16-17 gives us Christ's mission: "For God so loved the world that he gave his only son, so that everyone who believes in him will not perish but have eternal life. God did not send his Son into the

world to condemn it, but to save it" (1996 NLT).

Jesus' silent-night arrival in the manger is the first part of that mission. His trumpet-blasting arrival in the clouds is the last part. Taking the two seasons together, Omar Rikabi shows how preparing for this kind of Advent before we celebrate Christmas is how we get in on God's rescue mission.

## St Paul's Advent Study

Our Advent Study this year will be "The Advent Mission" videos plus the "Journeying the Way of Love Advent Curriculum" from the Episcopal Church.

**Date:** Wednesday, November 24 to Wednesday, December 15

**Times:** in-person at 10:30 am; and via Zoom at 7:30 pm (*please register with Fergus by 4 pm on November 24 so Fergus can send you the Zoom link.*)

For the season of Advent, *Journeying the Way of Love* offers four sessions to be explored as we await the coming of Christ by moving through the first two chapters of the Gospel of Luke. Luke's gospel provides a pattern for understanding how we can live the **Way of Love** as individuals, as families and friends, as a community, and out in the world. **Contents**



- **Advent One:** The Annunciation: Saying "Yes" to the Journey
- **Advent Two:** Mary and Elizabeth: Journeying with Family and Friends
- **Advent Three:** The Birth of John the Baptist: Journeying with Community
- **Advent Four:** The Birth of Jesus: Journeying with the World

By Jennifer Gamber and Becky Zartman  
[www.episcopalchurch.org/wayoflove](http://www.episcopalchurch.org/wayoflove)

## Altar Guild



Liturgy begins and ends with the work of the Altar Guild. To care for the sacred vessels, the bread and the wine, the fair linens and hangings and the candles and torches used for worship in the Sanctuary is far more than a task, it is a true ministry. We are told that all things must be done "properly and in good order." It is the work of the Altar Guild that makes it possible to do so. The contribution of each Altar Guild member is important; together those contributions are a devotion to the greater glory of God. The thanks of all the parish family of St. Paul's are given for the devotion and dedication of our Altar Guild.

**Our Altar Guild Coordinator, Robbie, has decided to step down from this position. Thank you Robbie for all the work you have done especially during the trying times of COVID restrictions. We are now looking for a new coordinator. Robbie will be stepping down on January 1 and is willing to train a new coordinator during the next couple of months. If you are interested please contact Fergus or Robbie if you would like more information.**

## Prayer for COP26

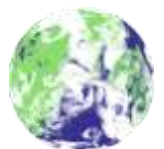
God of life,  
we praise you for the beauty of creation,  
its richness and variety;  
yet, through greed and ignorance,  
we scar your world with plastic waste  
and throw so much away.  
Make us more like Jesus,  
treading gently on our common home,  
and breathe your Spirit on us,  
that we may care more deeply for your earth.  
We ask this through Jesus Christ our Lord.

**Amen.**

*Bishop Graham Usher, Norwich, United Kingdom and Ecologist*



We pray, on the 5th day of [#COP26](#), that people around the world take action in their communities to stop the advancement of climate change. Small actions matter! [#Anglican](#) [#Pollution](#) [#ClimateChange](#)



# St. Paul's August Financial Report

St Pauls Anglican Church



## Income Statement as at October 2021

		Actual		
		Jan - Oct 21	Jan - Oct 20	Budget 21
<b>Income</b>				
	Interest Income	96	198	210
	Offerings	148,440	145,667	168,750
	Offerings Special/SS	0	150	125
	Other Income	8,108	17,440	4,620
<b>Total Income</b>		<b>156,644</b>	<b>163,455</b>	<b>173,705</b>
<b>Expense</b>				
	Administration	17,971	16,519	20,000
	Apportionment	25,390	14,617	25,420
	Christian Education	395	1,140	2,000
	Communication	193	738	1,670
	General Maintenance	5,560	10,856	11,080
	Hospitality/Fellowship	128	27	920
	Ministerial	93,517	99,924	95,830
	Other	0	71	170
	Outreach	14,844	5,152	16,880
	Pastoral Care	0	0	80
	Utilities/Insurance	11,750	10,621	11,580
	Worship	4,714	5,831	6,130
<b>Total Expense</b>		<b>174,462</b>	<b>165,496</b>	<b>191,760</b>
<b>Net Income</b>		<b>-17,818</b>	<b>-2,041</b>	<b>-18,055</b>

# The Post Quarantine Church

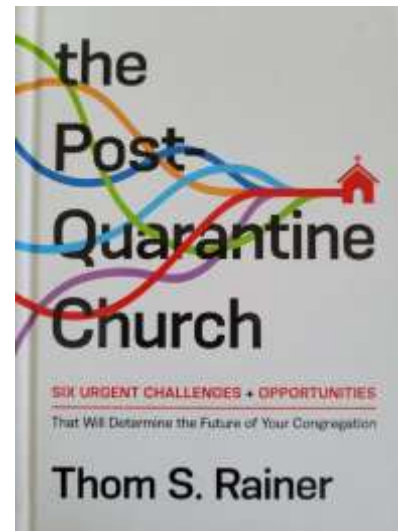
Submitted by Tosan—Christian Education Coordinator

“Do you remember where you were?”

These are the words at the start of a book the parish council read through together. The question, is a common one when talking about historic events, and the author asks this in relation to Covid-19, and if you remember where you were when you first heard about the virus.

The book “The Post-Quarantine Church” was written in 2020 by Thom Rainer, founder and CEO of Church Answers, (A go-to resources for Church Leaders). Rainer addresses the question, “What will our church look like in this new era?”. He doesn’t claim to have all the answers but he does offer a great number of ideas and also an irrepressible tone of optimism.

The book presents six challenges, and opportunities that will determine the future of a church’s congregation. Below is a list of 3 of those challenges along with prompts that help guide our thinking of possible opportunities. A later article will present the other 3.



1. Gather differently and better – We have seen that the church can survive, even thrive, without the every day use of buildings. And though we can advocate the importance of gathering in person, we also see the opportunity in the post quarantine era to use our facilities for greater more efficient purposes.
  - a. Think of one innovative way your church could use its facilities, perhaps something that has never been done before
  - b. Think of alternative days and times when your church could gather for worship services. Think creatively to reach people you are not currently reaching
  - c. Think of ways your church could possibly partner with the local government or schools to use your facilities.
2. Seize the opportunity to reach the digital world – The internet has increasingly become an conduit for the gospel, biblical teaching, and for ministry. Churches of all sizes are beginning to discover a new mission field in the digital world. What is most important though, as an underlying principle is our commitment to obey the Great Commission. We know the world is both digital and physical. For that reason alone, our churches must respond to both.
  - a. Think of the differences in your community since the pandemic and the implications for how you will do ministry in this new era
  - b. Think of which social media channels might be most effective for your church now.
  - c. Think of how your church could connect best with a non-Christian who has only a digital connection to your church
3. Reconnect with the community near your church – The neighborhood church has been experiencing a comeback in areas around the world. Neighborhood churches were started in communities for the community. One of the more positive outcomes of the pandemic will be the accelerated comeback of these churches. Churches are reconnecting with their communities. Congregations are discovering they cannot exist as a meaningful expression of Christ’s ministry if they are focused exclusively on themselves.
  - a. Think of some ways your church can be more of a positive influence in the community
  - b. Think about the principle of slow erosion, and consider whether this gradual decline is taking place in your church
  - c. Think about the comeback of the neighborhood church, and consider whether some of those positive developments are in place in your congregation.

As you ponder these thoughts, if you come up with any ideas, please feel free to share them with Fergus or any member of the parish council. All ideas welcome...

*The Post-Quarantine Church: Six Urgent Challenges and Opportunities That Will Determine the Future of Your Congregation.* Copyright©2020 by Church Answers. All rights reserved.

If you would like to read this book it is available at the Parish Office.



### Join this ministry

If you'd like to be part of our St. Paul's Pastoral Care Team, please contact Fergus or Nicola Peden. Training will be provided to anyone interested in this important ministry.

### Chemo Care Bag

If you know of anyone who is beginning Chemo-therapy treatment and would benefit from receiving a Chemo Care Bag please contact Gloria Ford.



### Prayer Shawl Ministry—

This is a fun ministry where we quilt or knit and share fellowship for an afternoon. We meet on the third Wednesday of each month. No experience needed! Everything is supplied. For more info. contact Laura Anne at the Parish Office.



We will resume meeting on October 20 at 1 pm via Zoom.



### Grief Support Group

Our Grief Support Group is a chance to be with others who have suffered a loss. It is a chance to speak from the heart or just listen. If you are interested, please contact Laura Anne at the Parish Office. If you are interested please contact Laura Anne at the Parish Office.



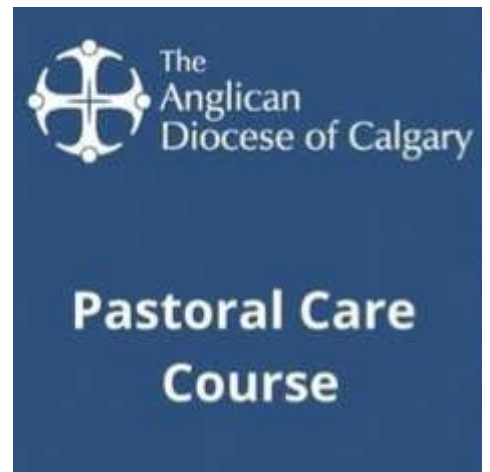
## Diocesan Pastoral Care Training

January, 2022

Do you have an interest, calling or are just curious about Pastoral Care? Maybe you want to be better equipped to support your church community, or friends or even your own family. We are all called to care and care deeply, as we are able, with one another. Maybe this is a "brush up" opportunity or time for skill refreshing; this is an invitation to join us.

Perhaps you know of someone in your church community that has taken this course or other pastoral training. Ask them about what they thought, what they learned; how things changed pastorally for them.

The **Zoom course dates are set for Tuesday evenings, January 18 – March 1, 2022.** The time is **6:30 pm – 8:45 pm.** There will be some reading and/or reflecting as preparation for each of the evenings. There might be learning through new information, sharing and skill development. The course needs to have a minimum of 6 people and no more than a maximum of 15 people. Deadline to register is **December 14, 2021 or a full class.** Please register with [Rev. Tracey](#). Questions are also welcome.



# St. Paul's Outreach Ministry



## Food for Others on Jan. 30/22

When there are five Sundays in a month, that Sunday is **Food for Others Sunday**. The next one is **January 30/22**.

Year-round there is a box by the main entrance to collect donations of non-perishable items for the Calgary Food Bank.



## What's the blue bin?

The big blue bin in our parking

lot is a fundraising effort by the Calgary Humane, an animal welfare organization connects the lives of animals and people while providing essential animal services to the community. Gently used clothing and footwear of any kind can be put in the bin for donation.

## Small change for big change

Putting some coins (or bills) into the CAWST water filter by the library will support the delivery



of clean drinking water in poor communities. Through our donations, the health of many people in the third world can be greatly improved.

## Clothing appreciated

Calgary Alpha House Society gratefully accepts donations of clothing and backpacks to help provide a safe and caring environment for those whose lives are affected by alcohol and other drug dependencies. Top needs include backpacks, , jeans, hoodies, shirts, athletic pants and shorts, pyjama pants, belts, jackets, gently used towels and sleeping bags.



There is a clearly marked Alpha House bin on the

base of a coat rack near the south entrance where you can leave donations.

## What Should I Donate to the Food Bank?

This was posted on Facebook. It maybe handy when deciding what to give.

So I spent time at the Food Bank today, and spoke to the people getting food. Here are some things I learned from those in need:

1. Everyone donates Kraft Mac and cheese in the box. They can rarely be use it because it needs milk and butter which is hard to get from regular food banks
2. Boxed milk is a treasure, as kids need it for cereal which they also get a lot of.
3. Everyone donates pasta sauce and spaghetti noodles.
4. They cannot eat all the awesome canned vegetables and soup unless you put a can opener in too or buy pop tops.
5. Oil is a luxury but needed for rice-a-roni which they also get a lot of.
6. Spices or salt and pepper would be a real Christmas gift.
7. Tea bags and coffee make them feel like you care.
8. Sugar and flour are treats
9. They fawn over fresh produce donated by farmers and grocery stores.
10. Seeds are cool in spring and summer because growing can be easy for some.
11. They rarely get fresh meat.
12. Tuna and crackers make a good lunch.
13. Hamburger Helper goes nowhere without ground beef.
14. They get lots of peanut butter and jelly but usually not sandwich bread.
15. Butter or margarine is nice too.
16. Eggs are a commodity.
17. Cake mix and frosting makes it possible to make a child's birthday cake.
18. Dishwashing detergent is very expensive and is always appreciated.
19. Feminine hygiene products are a luxury and women cry over that.
20. Everyone loves Stove Top Stuffing.

In all the years I have donated food at the holidays, I bought what I thought they wanted, but have never asked. I am glad I did. If you are helping a family this Christmas, maybe this can help you tailor it more.

## OUTREACH DONATIONS FOR THE THIRD QUARTER

<b>CALGARY DROP IN</b>	500
<b>CALGARY FOOD BANK</b>	500
<b>CALGARY HOMELESS Foundation</b>	500
<b>INN FROM COLD</b>	500
<b>MEALS ON WHEELS</b>	500
<b>MUSTARD SEED</b>	500
<b>Vetrans Association Food Bank</b>	500
<b>WOMEN IN NEED Society</b>	500

The Advent Calendar that does good!

GOOD DEED? INDEED!



## Charity Advent Calendar Full of Good Deeds

### How it works

Starting in October each year, our donors can take delight in the 24 GOOD DEEDS Charity Advent Calendar that features surprising good deeds! Behind every door, they'll find a project from a Canadian Charity. With as little as \$24, our donors can support 24 projects locally and globally with a focus on healthcare, education, nutrition, nature, and the environment.

1.

#### DONATE ONLINE

For a donation starting at as little as \$24, our donors can receive a calendar for themselves or, send one to friends and family along with a holiday greeting.

2.

#### OPEN THE DOORS

Donors will receive the Advent Calendar either in the mail before the advent season, or via email for those that choose the online version. Every day in December leading up to Christmas, with each door that is opened, they will support one additional new project.

3.

#### ONE GOOD DEED A DAY

Behind every door, our donors discover how good deeds can come true thanks to their support. Our project selection process guarantees that their donation has a specific and tangible impact.

4.

#### MAKING CHANGE HAPPEN AROUND THE WORLD

All good deeds are implemented by 24 organizations. Every contribution enables great impact both in Canada and around the world.

### Examples of where help was given in 2020:

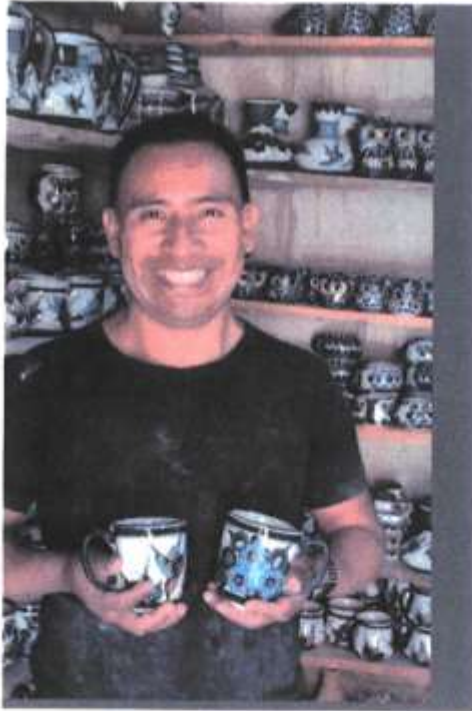
**Nomad Aid** was able to supply 12,774 days of clean drinking water for school children in Bhutan. The country is increasingly struggling with water shortages due to climate change.

### Supporting the health and wellbeing of children

Sick Kids Foundation was able to acquire 4,258 arts and crafts supplies for hospitalized children in Canada. The Creative Arts Therapy programme encourages children to take their minds off treatments, surgeries and tests, so they can focus on just being a kid again.



[Order your calendar here](#)



FAIR TRADE IS OUR WORLD

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**15% of in-person sales at  
Villages Calgary on November  
14, 2021 from 4:00pm-8:00pm  
will be donated to PWRDF**

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OR SHOP OUR WEBSTORE USING ONLINE  
CODE "PWRDF" ANYTIME NOV 10 - NOV 14

**220 CROWCHILD TRAIL NW  
WWW.VILLAGESCALGARY.CA**





# Prayers



*“Prayer is a living conversation with a loving God, which means that we must listen as well as talk.”* Pete Grieg

O Lord, the scripture says, “ There is a time for silence and a time for peace.” Saviour, teach me the silence of humility, the silence of wisdom, the silence of love, the silence of perfection, the silence that speaks without words, the silence of faith.

Lord, teach me to silence my own heart that I may listen to the gentle movement of the Holy Spirit within me and sense the depths which are of God. AMEN

-Source unknown, 16th century

## A MORNING PRAYER

Almighty God, you fill all things with your presence. In your great love, keep us near you this day. Grant that in all our ways and doings we may remember that you see us, and may always have grace to know and perceive what things you would have us do, and give us strength to do the same; through Jesus Christ our Lord. Amen.

*Source: An Ancient Collect, fifth century; Source of this version: Freely modified from Prayers of the Early Church, edited by J. Manning Potts, 1953*

## WE ARE NOT ALONE

The Lord is near to all who call on him Psalm 145:18

God you are invisible but not unseen. You reveal yourself in creation and demonstrate your kindness in a stranger’s sincere smile

You are intangible but not unfelt. You caress our faces with the wind and embrace us in a friend’s arms.

We look for you and feel your presence. AMEN

-author unknown

“God is our refuge and strength, an ever present help in trouble. Therefore, we will not fear, though the earth give way

and the mountains fall into the heart of the sea.” Ps.46:1-2

How comforting, steadfast God, to know that you tend us as we move through life’s extremes. You are there with us in births and deaths, in stillness and activity. We find the courage to live through these present moments and to move into the future, knowing that we cannot wander so far in any direction that you are not already there.

Thank you for your unwavering faithfulness. AMEN

From Prayers of Comfort

## SEASONAL PRAYERS

### ALL SAINTS

November 1

Almighty God, the God not of the dead but of the living: we praise and bless your holy name for your saints of every time and place who have served you faithfully in their generation and have enriched the world by their lives, their witness and their example.

Help us by your grace to follow them as they followed Christ, that with them we may be partakers of your everlasting joy; through the merits of Jesus our Saviour and our Lord. AMEN

-adapted

### ALL SOULS November 2

Eternal God, Lord of heaven and earth, we remember with thanksgiving and commend to your infinite love, those faithful souls who having served you here on earth are now at rest in your presence, .....especially those most dear to us.....

Give us grace so to follow their faith and good examples that we may share their joy, and at last be numbered with your saints in glory everlasting; through the mercy of our Lord and Saviour Jesus Christ. Amen

-Frank Colquhoun

## Prayers in This Season of Pandemic

“Do not fear, for I am with you, do not be afraid, for I am your God; I will strengthen you, I will help you, I will uphold you with my victorious right hand.” Isaiah 41:10 NRSV

Lord, today as we walk through this season of the unknown help us to see you. God, encourage our hearts with the truth of your word – Overcome us with your Peace. Protect us and give us discernment as we journey this out with you



leading the way. In Jesus’s name, Amen

-adapted from a prayer of C. DeMatteis

We thank you Lord, that you DO hear our prayers and we ask your healing for our Province of Alberta in each and every area and person where it is needed. We pray that by your power this terrible virus be stopped in its’ tracks, never again to create such far reaching turmoil and pain, emotionally, physically and economically.

We ask this in the Name of your Son, our Saviour and Redeemer, Jesus Christ. AMEN

- D.B.

## **REMEMBRANCE DAY** Nov. 11

On this Remembrance Day we come, O Lord, in gratitude for all who have died that we might live, for all who endured pain that we might know joy, for all who suffered imprisonment that we might know freedom.

Turn our deep feeling now into determination, and our determination into deed, that as men & women died for peace, we may live for peace for the sake of the Prince of Peace, even Jesus Christ our Lord. AMEN

Leslie D. Weatherhead

Lord, as we remember with sadness the horror of war, help us to work for a better understanding between races and nations.

Open our eyes to see our own part in discord and aggression between people now;

forgive us our pride and divisions, and renew in us the search for peace,

so that trust may replace suspicion, friendship replace fear, and your spirit of reconciliation be known among us.

AMEN

-author unknown

Almighty God, on this day we remember and lift up to you  
-all those who have sacrificed their lives in times of war  
-all those currently serving in troubled areas of the world and their families

-all those who were and are prisoners of war

-all those who have returned wounded and suffering in body, mind and spirit

-all those who have lost loved ones and we pray to you, Lord, asking that the nations of the world learn your way of peace and that your people be freed from war, tyranny and oppression. AMEN

-D.B.

Have mercy on us, Lord, for all the damage done to people by people in war and strengthen those who are striving to bring peace in our world now. Amen

-adapted/Angela Ashwin

## **PRAYERS FOR PEACE AND RECONCILIATION**

Lord, as we remember with sadness the horror of war, help us to work for a better understanding between races and nations.

Open our eyes to see our own part in discord and aggression between people now;

forgive us our pride and divisions, and renew in us the search for peace,

so that trust may replace suspicion, friendship replace fear, and your spirit of reconciliation be known among us. AMEN

-author unknown

Grant to us to look with your eyes of compassion,  
O merciful God, at the long travail of mankind:  
the wars, the hungry millions,  
the countless refugees,  
the natural disasters,

the cruel and needless deaths,  
man's inhumanity to one another,  
the heartbreak and hopelessness of so many lives.  
Hasten the coming of the messianic age  
when the nations shall be at peace,  
and all peoples shall live free from fear and free from want  
and there shall be no more pain or tears,  
in the security of your will,  
the assurance of your love,  
the coming of your Kingdom,  
O God of righteousness, O Lord of compassion. AMEN  
-George Appleton

## **THE ANNIVERSARY OF OUR CHURCH BUILDING**

I was glad when they said to me, 'Let us go to the house of the Lord.'" Psalm 122:1

How lovely is your dwelling place,

O Lord of Hosts!

My soul desires and longs

to enter the courts of the Lord.

My heart and my flesh sing joyfully  
to the living God.

Happy are those who dwell in your house;  
they will sing your praises forever.

-Psalm 84: 1-2, 4

O God,

make the door of this house wide enough to receive all who need human love and fellowship; narrow enough to shut out all envy, pride and strife.

Make its' threshold smooth enough to be no stumbling-block to children, nor to straying feet, but rugged and strong enough to turn back the tempter's power.

God make the door of this house the doorway to thine eternal kingdom. AMEN

-Thomas Ken

Living God,

In this house, used to the sound of singing;  
this house which has seen baptisms and funerals;  
this house where people have come to be married, or to celebrate the birth of a child;

this house where people have wept, and been filled with joy;

this house where people have wrestled with the deep things of life,

have prayed urgently, and been stirred and changed;  
in this house, where you have so often been with your people, be with us now. AMEN

-Patterns and Prayers for Christian Worship

## **THE REIGN OF CHRIST THE KING NOV.21**

"Hallelujah, for the Lord our God the Almighty Reigns!  
Let us rejoice and be glad and give him glory!"

Rev. 19: 6-7

All power glory and honour be to Jesus-  
Name above all Names  
Lamb of God, Redeemer,  
Living Word,  
Alpha and Omega,  
King of Kings and Lord of Lords.

Almighty God and Father, we thank you that the head  
that once was crowned with thorns is crowned with glory  
now.

We celebrate with joy the kingship of Jesus.

Give us grace to acknowledge his rule in our lives as  
well as with our lips, and to serve his worldwide kingdom;  
that the day may be hastened when all nations shall own him  
Lord, and He shall reign for ever and ever. AMEN

-F. Colquhoun

### **THE FIRST SUNDAY OF ADVENT NOV. 28**

Make clear to us, O Lord our God,  
the meaning of Christ's coming  
to Bethlehem long ago,  
in our lives now,  
and at the last great day;  
that we may receive his forgiveness,  
know the power of his living presence,  
and rejoice in the hope of his kingdom;  
for his name's sake. AMEN

-Roger Pickering

### **AN ADVENT BLESSING**

Be steadfast in faith, joyful in hope and untiring in love all the  
days of your life;

and the blessing of God almighty, the Father, the Son and the  
Holy Spirit be among you and remain with you always.

AMEN

- the BAS

### **ST. ANDREW NOV. 30**

Lord Jesus Christ, who called Andrew from his nets to be-  
come a fisher of men and a messenger of your good news;  
may we so find in you our Saviour and our Lord that  
others through our testimony may come to put their trust in  
you and rejoice in your salvation,  
to the honour of your name.

AMEN

Leo Stephens-Hodge

### **AT THE END OF THE DAY**

Visit, Lord, we pray, this place,  
and drive far from it all the snares of the enemy.  
Let your holy angels dwell here to keep us in peace,  
and may your blessing be upon us evermore;  
through Jesus Christ our Lord. AMEN

The Office of Compline

### **A BLESSING**

We go nowhere by accident.  
Wherever we go, God is sending us.  
Wherever we are, God has put us there.  
God has a purpose in our being right where we are.  
Christ, who indwells us by the power of his Spirit,  
wants to do something in and through us.  
Believe this and let us go in his grace, his love, his power.  
In the name of the Father, Son, and Holy Spirit. AMEN

-Richard Halverson (adapted)



# The Anglican Fellowship of Prayer Fall Conference



*The Anglican Fellowship of Prayer in the Diocese of Calgary invites you to attend our Fall Conference entitled...*

## “Peacemakers”

What does it mean to be an instrument of peace in times of crisis and chaos?

9:00AM **Morning Prayer**  
**The Most Rev. Gregory Kerr-Wilson**, *Archbishop of Calgary*



9:30AM  
**The Ven. Alan Getty**  
*Archdeacon of Macleod*  
Silent Reflection, Discussion, Prayer

10:15am  
**The Ven. Dr. Pilar Gateman**  
*Executive Officer and Archdeacon of Calgary*  
Silent Reflection, Discussion, Prayer



11:00am  
**The Ven. Dr. Stephen Hambidge**  
*Archdeacon of Bow Valley*  
Silent Reflection, Discussion, Prayer

11:45am **Mid-day Prayer**  
**The Reverend Joan Schellenberger**

Saturday, November 20, 2021; 9:00AM to Noon on Zoom  
**Registration: [afpfellowship@gmail.com](mailto:afpfellowship@gmail.com)**  
*(Zoom link will be sent to registrants)*

# Christ the King Sunday

Christ the King Sunday celebrates the all-embracing authority of Christ as King and Lord of the cosmos. Officially called the Feast of Our Lord Jesus Christ the King, it is celebrated on the final Sunday of Ordinary Time, the Sunday before Advent. In 2014, the feast falls on November 23rd.

## Introduction

Pope Pius XI instituted The Feast of Christ the King in 1925 for the universal church in his encyclical *Quas Primas*. He connected the denial of Christ as king to the rise of secularism. At the time of *Quas Primas*, and many Christians (including Catholics) began to doubt Christ's authority and existence, as well as the Church's power to continue Christ's authority. Pius XI, and the rest of the Christian world, witnessed the rise of non-Christian dictatorships in Europe, and saw Catholics being taken in by these earthly leaders. Just as the Feast of Corpus Christi was instituted when devotion to the Eucharist was at a low point, the Feast of Christ the King was instituted during a time when respect for Christ and the Church was waning, when the feast was most needed. In fact, it is still needed today, as these problems have not vanished, but instead have worsened.

Pius hoped the institution of the feast would have various effects. They were:

1. That nations would see that the Church has the right to freedom, and immunity from the state (*Quas Primas*, 32).
2. That leaders and nations would see that they are bound to give respect to Christ (*Quas Primas*, 31).
3. That the faithful would gain strength and courage from the celebration of the feast, as we are reminded that Christ must reign in our hearts, minds, wills, and bodies (*Quas Primas*, 33).

Today, the same distrust of authority exists, although the problem has gotten worse. Individualism has been embraced to such an extreme, that for many, the only authority is the individual self. The idea of Christ as ruler is rejected in such a strongly individualistic system. Also, many balk at the idea of kings and queens, believing them to be oppressive. Some even reject the titles of "lord" and "king" for Christ because they believe that such titles are borrowed from oppressive systems of government. However true these statements might be (some kings have been oppressive), these individuals miss the point: Christ's kingship is one of *humility and service*. Jesus said:

You know that those who are recognized as rulers over the Gentiles lord it over them, and their great ones make their authority over them felt. But it shall not be so among you. Rather, whoever wishes to become great among you will be your servant; whoever wishes to be first among you will be the slave of all. For the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many (Mark 10:42-45, NAB). and Pilate said to Jesus, "Are you the King of the Jews?"... Jesus answered, "My kingdom does not belong to this world. If my kingdom did belong to this world, my attendants would be fighting to keep me from being handed over to the Jews. But as it is, my kingdom is not

here." So Pilate said to him, "Then you are a king?" Jesus answered, "You say I am a king. For this I was born and for this I came into the world, to testify to the truth (John 18:33b, 36-37).

Thus, Jesus knew the oppressive nature of secular kings, and in contrast to them, he connected his role as king to humble service, and commanded his followers to be servants as well. In other passages of Scripture, his kingdom is tied to his suffering and death. While Christ is coming to judge the nations, his teachings spell out a kingdom of justice and judgment balanced with radical love, mercy, peace, and forgiveness. When we celebrate Christ as King, we are not celebrating an oppressive ruler, but one willing to die for humanity and whose "loving-kindness endures forever." Christ is the king that gives us true freedom, freedom in Him. *Thus we must never forget that Christ radically redefined and transformed the concept of kingship.* Christ the King Sunday used to be celebrated on the last Sunday of October, but since the calendar reforms of 1969, the feast falls on the last Sunday of Ordinary Time, which is the Sunday before Advent. It is fitting that the feast celebrating Christ's kingship is observed right before Advent, when we liturgically wait for the promised Messiah (King).



## History

The earliest Christians identified Jesus with the predicted Messiah of the Jews. The Jewish word "messiah," and the Greek word "Christ," both mean "anointed one," and came to refer to the expected king who would deliver Israel from the hands of the Romans. Christians believe that Jesus is this expected Messiah. Unlike the messiah most Jews expected, Jesus came to free all people, Jew and Gentile, and he did not come to free them from the Romans, but from sin and death. Thus the king of the Jews, and of the cosmos, does not rule over a kingdom of this world.

Christians have long celebrated Jesus as Christ, and his reign as King is celebrated to some degree in Advent (when Christians wait for his second coming in glory), Christmas (when "born this day is the King of the Jews"), Holy Week (when Christ is the Crucified King), Easter (when Jesus is resurrected in power and glory), and the Ascension (when Jesus returns to the glory he had with the Father before the world was created). However, Pius XI wanted to specifically commemorate Christ as king, and instituted the feast in the Western calendar in 1925.

In the 21st century many Western Christians, Catholic and Protestant, celebrate Christ the King Sunday, including Anglicans and Lutherans. Unfortunately, in some mainline Protestant churches, "king" language is not popular, and the feast is downplayed. However, in a chaotic and unjust world that seems to scorn any kind of authority, many Christians proudly celebrate Christ the King Sunday, where the loving and merciful - and just - king of the universe is praised and glorified.

<http://www.churchyear.net/ctksunday.html>

# What's Happening to Keep Us Connected

**Prayer Group Ministry:** Members of this ministry lift up prayer requests given to the Prayer Group in their daily prayers, and are now gathering together on the 3rd Mondays of the month via Zoom. The next Zoom Meeting is 7:30 p.m. on May 17. If you have a prayer request, or would like to join this vital ministry, please contact Dinah at [breu.dinah@gmail.com](mailto:breu.dinah@gmail.com), or Fergus.



**Caring Contact Ministry:** Helpers in our Caring Contact Ministry contact the households on their lists once a month, and share any pastoral concerns with Fergus. If you'd like to join this Ministry, please let Fergus or Betty Nadurak know.

**Children's Time Ministry:** *We're beginning to record 5 min. Children's Time messages (stories or songs) to show to bless the children watching our Sunday Services. If you have a heart for Jesus and for children, and would like to be part of this Ministry, please contact Fergus. Look to the next of these new Children's Time recordings on May 9.*



**Pick-up Ministry:** Thank you to the 4 households who have volunteered to pick up groceries or prescriptions for those who can't get out. If anyone else would like to join this Ministry, please contact the Office at 403-256-1428; [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca).

**Pastoral Visits:** Fergus is available for regular visits via phone or email. He will also continue to respond to all pastoral emergencies.

## Library

We have a small library located at the south door. We welcome anyone to check out books. If anyone is interested in helping with the library please contact Doreen or Kerry. If you would like to borrow a book (as you may have more time at home right now), please contact the office at 403-256-1428, or [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca). Fergus or Laura Anne can put books in the church mailbox, using gloves. None of the Book Nook books have been touched since Mar. 7.

## Book Nook

Fergus also has a lending library just outside his office. If you'd like to see if there's anything from it you would like to read, please contact Fergus in August. Everything said about borrowing Church Library books at this time applies here, too.



## Offerings

**Offerings:** Thank you for continuing to give your Offering when so many of us are unable to be physically present together. It's critical to helping us fulfill our Mission. Here are ways we can do this. We can donate via our website (<https://www.stpaulscalgary.ca/donate>). This is completely secure, with the highest level of PCI compliance. We can also mail our Offering (perhaps post-dated cheques) via regular post; drop it off in the Office mailbox (phoning 1st); arrange for it to be picked up from our mailboxes; or set up direct depositing (for the form, go to our website, type "Donation" in the search box, and click on "Pre Authorized Donations"). **We can also now use e-transfers. Please use the email [gift@stpaulscalgary.ca](mailto:gift@stpaulscalgary.ca). No password is needed; to help our Envelope Secretary, please included your envelope number in the "message" spot.**

**E TRANSFER  
PAYMENTS**



**2022 Church  
Calendars are  
now available.**

Calendars can be picked up at the Parish office, Monday to Friday from 9:00 am to noon.

The cost is \$5.00.

## For Those Celebrating Birthdays in November

A special Happy November Birthdays to Kai and Gloria and to all those who join them in celebrating a November Birthday!

*Happy birthday to you! We celebrate the life that God has given you and give thanks to Him for the many blessings you bring to our lives. May the LORD bless you on your birthday, and may your day be filled with joy and your year full of many blessings.*

## St. Paul's Secret Friends Annual Christmas Party

When: Thursday December 16th  
Where: Via Zoom Invitation  
Time: 7:00 PM

All ladies of the Parish are welcome.  
This year we will be making a Folded Christmas Ornament.  
It will be a time of crafting and sharing.



**Please RSVP to Julie Wilson by December 9th**

For those wishing to be a Secret Friend in 2022, please fill out the attached questionnaire and text or email (you can take a photo of it) to me. I will then make the draw and send you your new Secret Friend information.

Email: [jthompsonwilson@shaw.ca](mailto:jthompsonwilson@shaw.ca)

Cell# 403 630-1533

# St. Paul's Secret Friend Ministry



The Secret Friend Ministry is designed to bring the women of our parish closer together through the blessings of a "Secret Friend."

Throughout the year, try to get to know your new Secret Friend. Lift them up in prayer and bless them with regular correspondence (aim for once a month) and perhaps a small gift for special occasions, all secretly, of course. Cards and gifts can be left on the table at the south entrance of St. Paul's. The reveal and choosing of a new Secret Friend takes place at the annual Secret Friend Christmas Party.

**If for some reason you are not able to continue your commitment please let the coordinator know. We will match her up with someone new.**

## Personal Profile:

Name: \_\_\_\_\_ Birthday: \_\_\_\_\_

Address: \_\_\_\_\_

Email Address: \_\_\_\_\_ Special Day: \_\_\_\_\_

Married: \_\_\_\_\_ Single: \_\_\_\_\_ Children: \_\_\_\_\_

Grandchildren: \_\_\_\_\_ Pets: \_\_\_\_\_

## Spiritual:

Favourite Scriptures: \_\_\_\_\_

### *Prayer Requests:*

Personal: \_\_\_\_\_

Family: \_\_\_\_\_

## Favourites:

Colours: \_\_\_\_\_ Food: \_\_\_\_\_

## Allergies:

Foods: \_\_\_\_\_ Scents: \_\_\_\_\_

## Interests/Hobbies:

\_\_\_\_\_

**Coordinator:** Julie Wilson (403) 630-1533, Email: [jthompsonwilson@shaw.ca](mailto:jthompsonwilson@shaw.ca)





## MIDWEEK IN-PERSON SERVICES And VIDEO PRAYER SERVICES

In-Person midweek services of Holy Eucharist postpone for October.

The video prayer services will be posted on the second and fourth Thursdays of the month on Facebook & YouTube.—the next on Nov. 25. You can watch them by clicking [here](#).

## RESERVED SACRAMENT IS NOW AVAILABLE!



Pick up time: Monday to Friday 9 am to noon

Reserved Sacrament consecrated wafers with drops of wine are available for pickup just inside the main entrance. For safety, they are in individual cups, in sealed plastic baggies.

Everyone is encouraged to hold on to the wafers until the following Sunday Service, and partake when it is Communion time.

## Bible Verses About Self Care

But he would withdraw to desolate places and pray. Luke 5:16

He said to them, "Come away to a deserted place all by yourselves and rest a while." For many were coming and going, and they had no leisure even to eat. Mark 6:31

"Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light." Matthew 11:28-30

do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. 7 And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:6-7

do not fear, for I am with you, do not be afraid, for I am your God; I will strengthen you, I will help you, I will uphold you with my victorious right hand. Isaiah 41:10

You will surely wear yourself out, both you and these people with you. For the task is too heavy for you; you cannot do it alone. 19 Now listen to me. I will give you counsel, and God be with you! You should represent the people before God, and you should bring their cases before God; Exodus 18:18-19

Beloved, I pray that all may go well with you and that you may be in good health, just as it is well with your soul. 3 John 1:2

I can do all things through him who strengthens me. Philippians 4:13

So then, a sabbath rest still remains for the people of God; for those who enter God's rest also cease from their labors as God did from his. Let us therefore make every effort to enter that rest, so that no one may fall through such disobedience as theirs. Hebrews 4: 9-11

Casting all your anxieties on him, because he cares for you. 1 Peter:5:7



# DIOCESAN EVENTS



## St. Edmund's Food Bank Appeal

We are once again appealing for help with stocking our Food Bank shelves. We currently find that we are running short on canned goods – especially canned meats (tuna, salmon, ham, etc), vegetables, soups, beans, etc. as well as cereals, snack foods for kids, and jams. The Food Bank is open **Monday and Thursday mornings from 9:30 to 11:30** for dropping off donations, or you can call Marilyn (our Food Bank Coordinator) at **403-288-6330** to arrange a time for drop-off outside of those hours (please leave a message and she will call you back). If you would like more information about our Food Bank and how you can help, please [email](#) us. Thank you for your support!



## Rosary Gathering via Zoom

Fr. Jerrod McCormack will be offering the Rosary Gathering via Zoom on the second and fourth Saturdays of the month. This is open to all who wish to participate. For the Zoom link or more information, please email Fr Jerrod.

## Dying to Know

Fall Sessions 2021

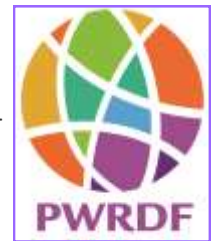
Hospice Calgary's Dying to Know education program is for family caregivers, patients, volunteers working in any setting and anyone who is interested in the variety of topics from living with uncertainty to self-compassion.

The sessions are free on Zoom on the third Tuesday of each month from 6:00 to 7:30 pm, and feature professional, expert speakers.

To download the printable schedule, click [here](#).

## Welcoming The Stranger - Profiling PWRDF Refugee Support:

This webinar introduces the work of the PWRDF in supporting refugees, including in the Kakuma Refugee Camp in northern Kenya and through the Canadian network of Anglican Sponsorship Agreement Holders. Presenters include Suzanne Rumsey, Public Engagement Coordinator and Refugee Network Coordinator; George Kimani, Programs Manager with PWRDF partner National Council of Churches Kenya; and Jane Townsend, Diocese of Huron Refugee Committee Chair.



**November 9, 11:00 am ET. To register, click [here](#).**

## The Holy Spirit and You

Friday, Nov. 12, 7:00 - 9:00 pm & Saturday, Nov. 13, 9:00 am - 4:00 pm

You are invited to a weekend workshop to explore and expand your relationship with the third person of God.

Speakers will be Pastor Jim Bredeson, The Rev. Oz Lorentzen and The Rev. Canon Gene Packwood.

All COVID restrictions apply. Please bring your own lunch on Saturday. Coffee and water will be supplied. Free Will offering at the door. Call Jenn to register at (403) 526-7713.



## For Such A Time As This

free\_eBook available

Many are fearful and anxious about their future as the pandemic lingers.

A free eBook created by St. Luke, Calgary continues to circulate, bringing encouragement and Good News to more than 1,000 readers. To download and share, please click [here](#).



## Evangelization

There's that scary word again - Evangelization. But for those whose faith is strong and supported, we should not be afraid to share the Good News about our salvation and the security of being in a life-giving relationship with Jesus Christ. Our faith lives are meant to be lived in community, and we should want to bring others into that community.

As Christians, we should be seeking to grow in our relationship with Christ, we should be actively participating in missional work on our own, and we should be working with fellow Christians to carry out missional work, with forethought, planning and prayer, as we seek God's will to discern where we need to go.

Start small. Bloom where you're planted. Share your faith story with those around you: spouses, children, grandchildren, friends, co-workers, people you encounter in your day-to-day life. The more you share that story, the easier it will become - like exercising a muscle.

Take time to "bloom" this week.

- photo credit: Jim Tubman

## Missional Minute 2

On the evening of Monday, October 4, the Companions of the Bishop event organizers held a Zoom "Dinner." The guest speaker for this event was our Primate, The Most Rev. Linda Nicholls. It was a joy to meet her in a relaxed setting, albeit socially distanced.

Her talk was on being Surprised by the Spirit, about how the Holy Spirit has been revealed during this time of pandemic, which she described as "sparks." Archbishop Linda shared with us her "surprises" during the past eighteen months, and a discussion took place on the call for each of us to be sensitive to each other in these strange days, to reach out to those who need encouragement by the various means of technology we now have available to us, and to bring hope to those who are grieving the loss of a former way of life.

More information on this initiative, and how to discern and share your "spark" can be found [here](#).

God of wind and flame, send your life-giving Spirit upon your people: give fire to our words, strength to our witness and boldness to our proclamation of your wondrous work in Christ; who, with you and the Spirit, lives and reigns now and forever. Amen.



### ***surprised by the Spirit***

Welcome to Surprised by the Spirit, a cross-Canada conversation for Anglicans to reflect on our days in the pandemic and listen to the Spirit about the path ahead.



# Helpful Information

**Parish Office Hours:** Monday to Friday 9 am to noon.

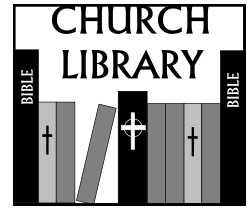
**Sunday Services:** 9:30 am Live Streamed on Facebook or after 11:30 on our website under the Sermon tab

**Wednesday In –Person Services:** 9:30 am 1st, 3rd and 5th Wed. Postponed for October

**Thursday Video Prayer services:** posted on Facebook and YouTube on the 2nd & 4th Thursdays of the month. You can watch them by clicking [here](#).



The Library is open and there for your use. Please have a look at what is available. When you take a book out, please fill out the card in the back of the book and leave it in the file. When you return the book leave it in the marked box.



Useful Websites and other Social Media Platforms:

**St. Paul's Website:**

<https://www.stpaulscalgary.ca>

**Instagram:** [stpaulsanglicanocalgary!](https://www.instagram.com/stpaulsanglicanocalgary/)

**Facebook Page:** <https://www.facebook.com/stpaulscalgary>

**Twitter:**

@stpaulscalgary

@Pastor\_Fergus

**YouTube Channel:**

<https://www.youtube.com/channel/UClDxfHv5pFYST--j8as1GVg>

**Toddlers to Tweens Group Facebook:**

toddlerstotweens

**Youth Group's Facebook:**

StPaulsCalgaryYouth

**St. Paul's Alpha Facebook:**

stpaulscalgaryalpha

**MCES:** <http://www.historicstpaulsanglicanchurch.ca>

**Facebook** historicstpaulschurch

**Pastor's Postings Blog:**

<https://pastorfergus.wordpress.com>

**Diocese of Calgary:**

<https://www.calgary.anglican.ca>

**Diocesan Facebook** calgary.anglican

**Canadian National Church:** <https://www.anglican.ca>

**PWRDF**—[www.pwrdf.org](http://www.pwrdf.org)



## St. Paul's is a Scent-Free Parish



A reminder that we try to be scent-free out of love and respect for those whose health is threatened by fragrances. May we ask your cooperation in avoiding wearing to church, perfumes and after-shave, perfumed hairsprays, etc.

## Information you may find helpful:



**Large Print Order Of Service:** We have large print copies of the service and hymn book available. Please ask the sides people.

**Hearing Devices:** If you have trouble hearing the service, we have hearing devices that can help. Please ask the sides people for assistance.

**Welcome Booklets:** If you would like to know more about St. Paul's and our ministries, please help your self to a booklet. You will find them by the name tags.

**Business Cards:** St. Paul's Business Cards with service times are available. They are designed to carry in your wallet to give to people who ask about St. Paul's. This is a form of Outreach to the community.

## Can Tabs

Those little tabs from your drink cans can do some good. Rick and Robbie Collier seasonally attend St Mark's in Mesa. That parish collects the tabs as a fundraiser, so please



# Advent 2021

*Mount St. Francis Retreat Centre*

COME AWAY TO PREPARE YOUR HEART

Advent is... *It is the beautiful task of Advent to awaken in all of us memories of goodness and thus to open doors of hope.*  
Pope Benedict XVI

Advent is a time for us to review our journey, renew our vision and return to the message of love and hope woven in our heart. At Mount St. Francis Retreat Centre, we provide space for you to come and be, for prayer, for peace and for healing during this season.

We invite you to register for any of these Advent Retreats by contacting Deb at 403-932-2012 Mon.-Fri., 9 am – 4:30 pm.

## **Advent Twilight – “Prepare Your Heart” Tuesday, November 30 \$30**

Registration at 6:00 pm Supper at 6:30 pm

A delicious homecooked supper followed by a guided reflection to help you enter into the season of Advent, time for quiet and moments of shared prayer to close off the evening. Consider gifting this Twilight Retreat to a friend or family member.



## **Advent Retreat – “Prophets, Mystics & Storytellers” December 3-5 \$195**

with Pastor Matt and Br. Michael

God is the great storyteller; history has proved this and our place in history continues to show how God is still writing the message of Good News for all people. The Advent Season is filled with great stories and great people from scripture. It also invokes in us our stories and often brings to mind the people who we have journeyed with and those we share the journey with now. Prophets, Mystics and Storytellers all have defining roles during the Advent Season. They call to us, they encourage us, they help us find words for our story in this season and in all the seasons of our life. Our life is story entwined with the life of Christ. This will retreat will give you the space to explore your story and the hope which the remaining days of the Advent Season can be filled with for you.

Register with Linda and Russ Nicol 403-932-1804 [lindamnicol50@gmail.com](mailto:lindamnicol50@gmail.com)

## **Winter Stillness Retreat Friday, December 10 – Sunday, December 12 \$195**

A quiet weekend entering into Advent silence. Come and rest. Delicious meals to nourish your body, quiet and nature to nourish your soul.



## **Greccio: A St. Francis Christmas Pageant December 12, Sunday, 2021 –**

Virtual Event St. Francis of Assisi started the popular tradition of re-enacting the Christmas story in Greccio, Italy. Mount St. Francis has held the Greccio Christmas pageant since 2006, to continue this tradition, this year we again offer a virtual event.

Check our website beginning December 12. Please consider making a donation to a local food bank.



## **Advent Twilight – “In Thy Dark Streets” Wednesday, December 15 \$30**

Registration at 6:00 pm Supper at 6:30 pm

As we enter these final Advent days enjoy a hearty homecooked meal followed by a guided reflection, time for quiet and moments of shared prayer.

# What kind of World are We Leaving to the Next Generation?



An interview with Bishop Henry Bull, Bishop of Vanua Levu and Taveuni, Fiji, from Lambeth Conference

The plight of the next generation is the biggest concern for Fijian-born bishop Henry Bull who

is praying that the world will listen to the climate concerns of young people.

Polynesian Bishop, the Rt Revd Henry Bull, grew up in the remote interior island of Vanua Levu – Fiji’s second island. His faith sprang from an encounter with an evangelist at his grandfather’s logging camp, where he first heard about the God of the Bible.

After being licensed as a lay evangelist, Henry was ordained to the priesthood in 2000, and was appointed as a Bishop of Vanua Levu and Taveuni, Fiji, in 2017.

“In my time as bishop,” he says, “my dream is to see each person know the love of God. Because in my life, I’ve seen that it’s only when we understand how much love God has for us... it’s only then that we can reflect that love.”

## How is climate change impacting you in your part of the world?

“I’ve never experienced things in my life that I’ve experienced just in these last few years, when it comes to cyclones – category five! For the first time in my life, I had a flood all around my home. In many places people were losing everything, villages were flooding for the first time.”

He said the impact of the floods meant even the grass stopped growing due to the saltiness of the water and many homes were completely submerged.

“One of our coastal families where they have the old homestead is now underwater, they are moving further inland. I’ve visited other places where the villagers had to be resettled from seaside to interior. And that is happening right now. We were able to predict weather in the past, now we don’t know when it’s going to rain or when it’s going to be dry.”

He said land clearance and mining had made the rivers shallow, so that boats couldn’t even get up them. “People will start to find difficulties; especially fishing grounds are getting affected. And all these things are taking place now – so we are feeling the effects.”

## What are people in your communities saying about what’s happening to their environment?

Bishop, Henry Bull said, “The real concern, if this carries on, is about the next generation, our children, our grandchildren. They are the real concern, how it will affect them because if this continues, it will affect their fishing grounds, especially in the rural context, their farms and all these things, with the flooding and the cyclones. I live among people who are unemployed, low-income earners, who cannot build strong homes, and their concern is wondering how they will manage if another category five hits again.”

## How are you working as the Church to try and respond to some of these issues?

The last of the mission statements in our Anglican mission church is care for creation, looking after our Earth, which is so important today, and it is something that was not really talked about much before. Now, it’s a reality. We need to stop putting rubbish everywhere, throwing things out of the window, putting plastic bags in the river. This is something that we bring into our preaching and we have workshops to continue to talk, to educate people that it will affect us if we continue to do this, throwing rubbish in the river, or cutting down mangroves.”

The Diocese is also involved in clean up campaigns with young people, Bishop Henry said they had also begun planting mangroves to help secure riverbanks.

“I live on the land. And I told my children never allow anybody to come and log the land. Trees are so important to us. Let nature be nature and just utilise the land by planting vegetables, farming, so we can help ourselves and help others. That’s what we’re doing at the moment, and this is something I’m trying to encourage, to stop looking for quick money, selling land for mining and logging, but getting back to planting again.”

Bishop Henry said the Church had also been able to respond to some of the direct effects of climate change following devastating flooding across the islands.

“With support from our Anglican Communion, through Anglican Aid, Australian Relief Development Fund and Anglican missions, we were able to supply food packs to church members and the wider community. It is a way of showing the love of God and demonstrating that God really cares.” In addition to food packs, he said the churches had been able to help rebuild homes destroyed in the floods, with the support of funds from around the world. They had also helped set up new local market places to help people sell their products.

## How can the Church work together across the globe to try and raise attention about climate change?

“I’m really excited about bishops meeting all over the world at the moment, which I’m new to; I’m learning from what’s happening in other parts of the world. But I believe that we have people within our Anglican Communion who are concerned and that can connect with people in other bigger governments to bring the message that this is a reality and we have to stop doing certain things that are affecting the ozone layer,” Bishop Henry said.

“My real hope is that we can stand against all these unjust structures that are happening in the world today to really support the issue of climate change. My concern is my children, my grandchildren, other children... I think we have to humble ourselves and pray and seek his face and turn away from all the greed and selfishness.”

<https://www.lambethconference.org/what-kind-of-world-are-we-leaving-to-the-next-generation/>

# ADVENT CALENDAR 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>28 Worship</b> <b>Advent 1</b></p> <p>Read Luke 21:25-36. How do the symbols of the Advent season help you understand the story of Jesus? Where do you see them in your worship today?</p>	<p><b>29 Go</b></p> <p>Go out of your way to have a conversation with someone you might not normally visit with today. Ask God to open your heart to hear this person as God does.</p>	<p><b>30 Learn</b></p> <p>Read Matthew 4:18-22. How do these verses from Matthew inspire you to read Scripture with new eyes? Try reading several different translations of this passage. See how the language might change your reading of it.</p>	<p><b>1 Pray</b></p> <p>Pray along with the Collect for Advent 1, found on page 211 of The Book of Common Prayer. Set a timer for three minutes to sit in silence and hear what God might be saying back to you.</p>	<p><b>2 Bless</b></p> <p>We know that angels are God's special messengers to us, and that Gabriel spent intentional time with Mary, helping her to understand her part in God's story. Who has shared an important lesson or their presence with you this week? Thank them today with a call or note.</p>	<p><b>3 Turn</b></p> <p>Read Isaiah 58. How does this reading challenge you to think about feasts and festivals differently? How might this lesson change the way you celebrate or recognize this holy season?</p>	<p><b>4 Rest</b></p> <p>Put your phone on airplane mode and leave it in a dresser drawer for an hour or two. Whatever happens in that time, you can handle later. Give this time to yourself and Jesus, to rest and recharge for the week ahead.</p>
<p><b>5 Worship</b> <b>Advent 2</b></p> <p>Read Luke 3:1-6. How does the story of John the Baptist fill your heart with hope?</p>	<p><b>6 Go</b></p> <p>Read or watch your local news. Ask God to open your heart and eyes to ways you can promote reconciliation and healing in your community.</p>	<p><b>7 Learn</b></p> <p>Read Luke 1:45. Share your faith story with one new person this week. It can be someone you have known for a while who has not heard the faith part of your story.</p>	<p><b>8 Pray</b></p> <p>Pray along with the Collect for Advent 2, found on page 211 of The Book of Common Prayer. As you are out and about for the rest of this week, notice the people you pass. Ask God to bless them in their lives and work. See how this changes the way you go about your week.</p>	<p><b>9 Bless</b></p> <p>Call or write a letter to a family member with whom you would like to have a closer relationship. Make plans in the new year to chat on the phone or meet over Zoom or in person. Let them know how much you love them and look forward to knowing them better.</p>	<p><b>10 Turn</b></p> <p>Where did you struggle this week? Do you have amends or apologies or adjustments you need to make? Ask God to open your heart and mind to those opportunities for reconciliation and growth. Thank God for the gifts of mercy and love, and the courage to make the changes necessary. And then do your best, with God's help, to make those changes.</p>	<p><b>11 Rest</b></p> <p>Set aside 30 minutes to spend in silence with your best friend today. Sure, it may feel a little weird to be silent on the phone or while sitting next to each other on the couch or across the table. Just give it a try. Make sure to set aside time after your silence to pray for each other and to say thanks for the time of rest.</p>
<p><b>12 Worship</b> <b>Advent 3</b></p> <p>Imagine the faces you'd like to see at church — an all-star list of folks you want to worship with. This could be people you know from summer camp when you were a kid, people who might have already died, people you work with — all your favorites. Commit to pray for those folks this week. And make a commitment to ask one of your all-stars to come to church with you in the next month.</p>	<p><b>13 Go</b></p> <p>Take a new or different route to work, or school, or out to run errands. See how using a different route requires you to see the world differently — to pay a different kind of attention. What do you notice along the way that makes you stop and take a second look? Does anything on this new route inspire your faith journey or remind you of lessons learned?</p>	<p><b>14 Learn</b></p> <p>Read Luke 1:59-80. When Zechariah's speech returns, he praises God. If you lost the power to speak for nine months like Zechariah did, what would be your first word of praise? Share this with your family, friends, and on social media.</p>	<p><b>15 Pray</b></p> <p>Pray along with the Collect for Advent 3, found on page 212 in The Book of Common Prayer. How will prayer guide you through the rest of the week? Set aside special time today to focus your intentions on stirring up peace and spreading joy.</p>	<p><b>16 Bless</b></p> <p>Spend a significant amount of time today discerning if there is a special blessing or gift you can share with your church, a local ministry, or with your community. Ask God to inspire and equip you with the fortitude and tools to make this gift something truly memorable and heartfelt.</p>	<p><b>17 Turn</b></p> <p>Turn away from the busyness of the world right now. Turn your heart and mind toward giving thanks for this time of reflection, refreshment, and renewal. Turn your attention toward how you will be resting tomorrow, and put things in place so you can make the most of your sabbath time.</p>	<p><b>18 Rest</b></p> <p>Spend at least 45 minutes outside today, without doing yard work or fixing lights or redoing bows on the garland. Take some time to just sit outside and let the air wash over you, taking away the stress and worry of the moment. Read Psalm 100 before and after your outside time. See how this psalm may help you rest and recharge your spirit.</p>
<p><b>19 Worship</b> <b>Advent 4</b></p> <p>Linger before leaving your worship time today. How is God calling you to hear and sing along with Mary's Song? Read Luke 1:39-55.</p>	<p><b>20 Go</b></p> <p>Go out into your neighborhood today. Where is God at work? Ask God to show you how you can celebrate that good work and name God's presence in your community.</p>	<p><b>21 Learn</b></p> <p>Read Habakkuk 2:1-4. Does this reading remind you of Thomas the disciple? Why do you think the folks who organized the lectionary picked this reading from the Old Testament for this friend of Jesus?</p>	<p><b>22 Pray</b></p> <p>Pray along with the Collect for Advent 4, found on page 212 in The Book of Common Prayer. Pick three or four of your beloveds to focus your prayers on today. Make sure to leave some silent space for God to offer you some wisdom about what they may need right now.</p>	<p><b>23 Bless</b></p> <p>Make sure to pick up an extra present or two — a nice candy sampler or a warm pair of slippers or pajama pants, just in case you have extra friends or guests drop by. Ask God to bless those who travel and those who may be alone in the coming days. Take some bottled water and sports drinks over to your local community cold weather shelter. They will be extra glad to have that during the winter months.</p>	<p><b>24 Turn</b> <b>Christmas Eve</b></p> <p>If you are gathering with friends and family today, consider taking time during the meal to turn to the folks on your right, and then on your left, to thank them for their love in your life. See how this might spread some joy and comfort around the table — or maybe even ease some potentially prickly guests.</p>	<p><b>25 Rest</b> <b>Christmas Day</b></p> <p>The conventional wisdom is that new parents should rest when the baby is resting. Make sure you take some time out to rest with Baby Jesus — and marvel in the wonder of a fresh, new, clean, shiny, tiny, precious start. Take a nap and thank God for the gift of Jesus and for peace at Christmas.</p>

# November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>7</b> All Saints' Day 9:30am H.E. Live streamed on Facebook	<b>8</b> 9am—12 pm Reserved Sacrament Pick-up	<b>9</b> 9am—12 pm Reserved Sacrament Pick-up	<b>10</b> 9am—12 pm Reserved Sacrament Pick-up  7:30 pm Discovery 3: A Path to Spiritual Maturity	<b>11</b> 9am—12 pm Reserved Sacrament Pick-up	<b>12</b> 9am—12 pm Reserved Sacrament Pick-up	<b>13</b>
<b>14</b> Remembrance Sunday 9:30am H.E. Live streamed on Facebook	<b>15</b> 9am—12 pm Reserved Sacrament Pick-up 7:30 pm Prayer Group Meeting via Zoom	<b>16</b> 9am—12 pm Reserved Sacrament Pick-up 7 pm Parish Council via Zoom	<b>17</b> 9am—12 pm Reserved Sacrament Pick-up 9:30 am Holy Eucharist 1pm Prayer Shawl via Zoom	<b>18</b> 9am—12 pm Reserved Sacrament Pick-up	<b>19</b> 9am—12 pm Reserved Sacrament Pick-up	<b>20</b>
<b>21</b> The Reign of Christ 9:30 am H.E. Live streamed on Facebook Guest Speaker	<b>22</b> 9am—12 pm Reserved Sacrament Pick-up	<b>23</b> 9am—12 pm Reserved Sacrament Pick-up	<b>24</b> 9am—12 pm Reserved Sacrament Pick-up 10:30 am In-person Advent Study 7:30 am Zoom Advent Study	<b>25</b> 9am—12 pm Reserved Sacrament Pick-up  YouTube Service	<b>26</b> 9am—12 pm Reserved Sacrament Pick-up	<b>27</b> 8 am to 3 pm Rental
<b>28</b> Advent 1 9:30 am Triple C & H.E. Live streamed on Facebook	<b>29</b> 9am—12 pm Reserved Sacrament Pick-up	<b>30</b> 9am—12 pm Reserved Sacrament Pick-up	<b>December 1</b> 9am—12 pm Reserved Sacrament Pick-up 9:30 am Holy Eucharist 10:30 am In-person Advent Study 7:30 am Zoom Advent Study	<b>2</b> 9am—12 pm Reserved Sacrament Pick-up	<b>3</b> 9am—12 pm Reserved Sacrament Pick-up	<b>4</b>