



St. Paul's News Bulletin

February 21, 2021



Parish Events

The Diocese has suspended all in-person Services. Because of the number of COVID-19 cases, & the increased contagiousness of new variants, the Diocesan COVID-19 Task Force is continuing this suspension for the immediate future.

This Sunday's Service is being posted live at 9:30 am on our main Facebook page. PLEASE NOTE: You don't have to have a Facebook account to watch. You just need to go to the link <https://www.facebook.com/stpaulscalgary> and click on the video. At around 11:45 onward on Feb. 21, if you don't have a Facebook account, you'll be able to watch the Service by going to our website (<https://www.stpaulscalgary.ca/podcasts/media>) or YouTube Channel.

Sunday School Resources for Sunday School at home are posted each week on our website, by typing "Sunday School" in the search box, & clicking on "Sunday School."

Sunday Coffee Time: everybody's invited to share Virtual Coffee Time after the Sunday Service at 11:30 am via Zoom. The Zoom link is included with the pdf Order of Service on our website under the Sermon tab.

Our Feb. issue of "Living Waters" is posted on our website in the "News" section of our website.

EPIC-5, our 5th EPIC Event, was on Shrove Tues., Feb. 16! We made pancakes and discussed our Lenten plans together! (And we took photos of ourselves with our pancakes—see the "Shrove Tues." announcement below.) Watch for EPIC-6 coming soon. These Events, St. Paul's expression of "Messy Church," are always great and fun for the whole family! **All ages, toddlers to teens, parents and grandparents, are WELCOME!** To join in, please email Fergus at pastorfergus@gmail.com. Please spread the word, and invite family and friends! THANKS, Shannon, and all helping lead these!

Shrove Tues. If you took pictures of your Pancake Supper please send them to us and we'll do a collage of all the pictures for the March "Living Waters."

Our Lenten Study this year is "The 7 Last Words of Jesus." We're reflecting on Our Lord's words on the Cross, & the profound insights they give into the heart of existence. Weds. to Mar. 31, 10:30-12 noon & 7:30-9 pm. So far, 17 are participating, & we'd love to have more! To join us, please contact Fergus.

Daily Lenten Reflections from the Church of England are available. Click here [here](#) to receive them.

Prayer Group Ministry: Members of this vital ministry

lift up requests given to the Prayer Group in their daily prayers, and gather on the 2nd or 3rd Mons. of the month via Zoom. **The next Zoom Meeting is 7:30 pm, Mon., March 15.** To share a request, or join this ministry, please contact Dinah at breu.dinah@gmail.com.

Our Ash Wed. Video Service: was posted on Facebook & YouTube. So far, it's been viewed by 27 households. Baggies of ashes were given to 18 households to use during the Service. (Thanks again, Robbie, for these!) You can watch the Service by clicking [here](#).

Video Prayer Services are posted midweek in the 1st & 3rd weeks of the month on Facebook & YouTube. **The easiest way to view them on YouTube is to subscribe to our Channel (the link is at the bottom of this page).**

Caring Contact Ministry: Caring Contact Ministry Helpers contact the households on their lists ice a month, & share any pastoral concerns with Fergus. If you'd like to become a Helper, please contact Fergus.

Pastoral Visits: Fergus is available for regular visits via phone, email, or Zoom. He's also available for in-person visits in pastoral emergencies. Please contact him if you'd someone with whom to talk and pray.

Offerings: Thank you for continuing to give your Offering when we're unable to be physically present together. It's critical to helping us fulfill our Mission. Here are ways we can do this. We can donate via our website (<https://www.stpaulscalgary.ca/donate>); mail our Offering (e.g. post-dated cheques) via regular post; drop it off in the Office mailbox (phoning 1st); arrange for it to be picked up from our mailbox; set up direct depositing (the form is on our website: type "Donation" in the search box, & click on "Pre Authorized Donations"); or use e-transfers (please use the email gift@stpaulscalgary.ca; no password is needed; put your envelope no. in the "message" spot). **If you'd like your 2021 Offering envelopes please contact Murray at murray.sykes@shaw.ca or 403-200-8869., to arrange for pick-up or delivery.**

St. Paul's Anglican Church
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Website: <https://www.stpaulscalgary.ca>

Incumbent: The Rev'd Fergus Tyson
Assistants: The Rev'd Cyril Haynes
The Rev'd Dr. Norman Knowles
The Rev'd Dr. Bob Mummery
Wardens: Cam Cline, Murray Sykes, & Ingrid Bolton
Facebook Page: [stpaulscalgary](#)
Twitter: [@stpaulscalgary](#) & [@Pastor_Fergus](#)
YouTube: <https://www.youtube.com/channel/UCldxfHv5pFYST-j8as1GVg>
Pastor's Postings: pastorfergus.wordpress.com/

Youth Group

Calling All Junior and Senior High Students to be Youth Who Make a Difference!

The Alpha Youth Film Series has been postponed.

Check out our Youth Group Facebook page to see more details about what's happening:

<https://www.facebook.com/StPaulsCalgaryYouth>.

Diocese and Community

Spring Cleaning for the Soul: A Lenten Retreat in Daily Life

3 One Hour Workshops: February 27th, March 6th and 13th from 2 pm to 3 pm on Zoom. Fee for each workshop is \$10.00. Payment may be made after you register by e-transfer to gaelh@telus.net.

February 27th - Unlocking the Doors to Forgiveness - Explore what forgiveness is and learn 3 powerful forgiveness practices to help you release old resentments, anger and pain and replace them with peace.

March 6rd - Turning Fear Into Faith - Discover how the unknown creates fear in us and learn 3 tools to empower you to Transform your fear into Strength, Hope, Gratitude and Faith.

March 13th - Listening to The Still Small Voice: Deepening Our Prayer - Spirit speaks in our hearts and minds every day. Learn the signals that Spirit is sending you for growth, tools to empower you to listen more deeply and a powerful question that you can ask every day to keep you close to God. Workshops to be given by Gael Hogan, a Spiritual Director and Transformational Life Coach in Calgary.

*Links to replays will be available, so if you cannot attend the day and time of the workshop, register anyway and I will send you the link to watch at your convenience.

Click this link to register:

<https://uso2web.zoom.us/j/64812828282?pwd=ZSOGZkVhY28nHk>

World Day Of Prayer is on March 5th 2021. The country for World Day of Prayer 2021 is Vanuatu. Vanuatu, a chain of islands to the east of Australia has prepared the prayer service for this year. We will celebrate the theme : "Build on a Firm Foundation" Please see Living Waters for more information.

Monthly Rosary - via Zoom

Second Saturday of each month at 2:00 pm
The Rev. Jerrod McCormack will be offering a monthly rosary via Zoom, on the second Saturday of each month at 2:00 pm. These services usually run for 30 minutes. Time is taken to share intentions with one another and then to pray the rosary together. If you are interested you can contact Jerrod, and he will send you the link.

Kuriakos Camp Information Summer 2021

Even in the bleak mid-winter, we can believe in the life-changing power of camp, and it's needed now more

than ever. Programs will proceed when we are confident that we can provide them safely, but we're planning for a great summer.

To find next summer's programs and to register online, [click here](#).

Light Magazine, Alberta (formerly City Light News): A Monthly Christian Lifestyle/Community publication for Alberta. Only available online at alberta.lightmagazine.ca



Coffee Time

The congregation has been grouped into Hospitality Teams. If it's your week, and if possible and you are willing, you're invited to help out at our "Coffee Time" before and/or after worship to help make people feel comfortable and at home by serving coffee, preparing some food, making people feel welcomed, and bringing a nice energy to the room. Have a special skill you'd like to offer? By all means, be creative! Not able? No problem! Bring yourself and we believe the rest will follow suit!

When it's your week, check the list by the kitchen for what can be done, come up with your own idea, or check with Robbie Collier (if you are uncertain about where you can help). Find something you love to do and take it from there. Too many people show up to help? Wander around and make some new friends. This may sound overwhelming, but no one is assigning jobs, and you don't have to sign up. Participation is NOT mandatory but encouraged - this is a great way to interact with our parish members whether you are a single or a couple - adult or child. It's all about being together and creating an experience and culture that leaves people feeling seen, appreciated, loved, and renewed!

Our Coffee Time Ministry is a blessing after our services. Thank you to all who help with this time of fellowship. It is a special gift of service to the whole congregation.

[Please note: we're now sharing Virtual Coffee Times each Sunday at 11:30. See p. 1 for details.]

Financial News

Our deficit to January 31, 2021 is \$4443.00

Thank you to everyone who is helping support our Mission financially in this time when we are unable to worship together physically. Ways to do this are listed on the front of this News Bulletin. Please continue to pray for our Parish's finances as we face these challenging times together.



Outreach

PWRDF

A quote from Martin Luther that is relevant to PWRDF's work of loving our neighbours wherever they may be:

"Faith, like light, should always be simple and un-bending; while love, like warmth, should beam forth on every side, and bend to every necessity of our brother."

Pastoral Care

Inreach: With many in our Parish congregation going through financial struggles at present due to the economy, a special fund has been set-up. Donations marked "Financial Help for Parishioners" are also welcome. If you are in need of financial help, or know of someone in our Parish who is (and you have their permission), please let Fergus know. He will maintain absolute confidentiality. This is one way we can care for one another, and all get through this challenging time together. Thank you to everyone who has donated to this fund, which presently sits at approximately \$3,700 with \$6,100 having been disbursed.

If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag please contact Robbie Collier.

If you'd like to be part of our Pastoral Care Team, please contact Fergus or Nicola Peden.

Please contact Fergus if you or someone you know would like a visit.

Grief Support & Prayer Shawl: Laura Anne is looking at having a ZOOM meeting for both of these Ministries. If you are interested in either one please let her know at office@stpaulscalgary.ca. See Living Waters for more details.

Opportunities to Serve

2021 Flower Chart is now available. *We are still taking dedication requests for flowers, if you would like to make a dedication please send it to Laura Anne at office@stpaulscalgary.ca.*

The cost for flowers is \$30.00.

Prayer Chain Requests: Please contact Dinah Breu with your prayer requests.

Casserole Ministry: If you know of anyone who would benefit from receiving a casserole. Please contact Linda Huber.

Card Ministry: Gail Munro will send greetings on behalf of our parish to anyone in the parish who is ill, etc.

Grocery Pick-up Ministry: If you would like to help pick up groceries or prescriptions for those who cannot get out, please contact the Office.

Living Waters: Monday, March 1 is the deadline for *Living Waters* submissions for the March Edition. Please submit to office@stpaulscalgary.ca.

Sign: We'd like to change the sign more regularly, but to do this we need helpers. If you can help, please contact Paul Bourgeois or the Office.

Servers: We are looking for more volunteers to be servers at our Sunday services. ***Adults are welcome to join this ministry.***

Parish Council: We are looking for people to serve as ***Deputy People's Warden and Youth contacts on Parish Council (for the Youth contact, we are looking for a teen, age 16 or older).*** If you are interested in either of these positions or would like more information, please contact the Wardens or Fergus.

Regular Weekly Activities at St. Paul's:

(Please Note: All in-person activities are discontinued until further notice)

- Sun.:** Alpha Youth Series 10 am—1st and 3rd Sundays (*postponed*)
EPIC (Encouraging People In Christ) Zoom Events (*next is a Sun. in Mar. TBA*)
- Mon. :** Bible Study: 7:00 pm (*postponed*)
Prayer Group: 7:30 pm (3rd Mondays of the month) (*next is Mar. 15*)
- Wed. :** **Video Midweek Prayer Service** (1st and 3rd weeks of the month) (*next is Mar. 4*)
"Seven Last Words" Lenten Video Study (via Zoom): 10:30 am & 7:30 pm (to Mar. 31)
- Thurs.:** Prayer Shawl Ministry (2nd Wednesday each Month in new year) (*postponed*)
TOPS : 6:30 pm (*postponed*)
Choir practice (*postponed*) (*The Choir is now recording music via Zoom. If you'd like to join the Choir, please contact Paul Bourgeois*)
- Sat.:** Men's Breakfast: 8:30 am—3rd Saturdays (*postponed*)
Ladies Luncheon: 11:30 am—3rd Saturdays (*postponed*)