



# St. Paul's News Bulletin

## February 14, 2021



### Parish Events

#### **Happy Valentine's Day and Family Day Weekend!**

**The Diocese has suspended all in-person Services.** Because of the number of COVID-19 cases, & the increased contagiousness of new variants, the Diocesan COVID-19 Task Force is continuing this suspension for the immediate future.

**This Sunday's Service is being posted live at 9:30 am on our main Facebook page.** PLEASE NOTE: You don't have to have a Facebook account to watch. You just need to go to the link <https://www.facebook.com/stpaulscalgary> and click on the video. At around 11:45 onward on Jan. 24, if you don't have a Facebook account, you'll be able to watch the Service by going to our website (<https://www.stpaulscalgary.ca/podcasts/media>) or YouTube Channel.

**Sunday School Resources for Sunday School at home are posted each week on our website.** To find them, please type in "Sunday School" in the search box, and then click on "Sunday School."

**Sunday Coffee Time:** everybody's invited to share Virtual Coffee Time after the Sunday Service at 11:30 am via Zoom. The Zoom link is included with the pdf Order of Service on our website under the Sermon tab.

**Our Feb. issue of "Living Waters" is now posted on our website in the "News" section of our website.**

**EPIC-5, our 5<sup>th</sup> EPIC Event, is taking this place at 5:15 pm on Shrove Tues., Feb. 16!** We're going to make pancakes and a Lenten plan together! These Events, St. Paul's expression of "Messy Church," are always great and fun for the whole family! **All ages, toddlers to teens, parents and grandparents, are WELCOME!** To join in, please email Fergus at [pastorfergus@gmail.com](mailto:pastorfergus@gmail.com), so that he can send you the Zoom information and a pancake recipe. Please spread the word, and invite family and friends! THANKS, Shannon, and all helping lead these!

**Shrove Tues. is on February 16. Since we can't meet together for our Annual Pancake Supper, don't forget to have your own family pancake supper!** If you would like to send us a picture of your family pancake supper, we'll do a collage of all the pictures for the March "Living Waters." [If you're making pancakes as part of EPIC-5, we encourage you to photograph you and your family eating the fruits of your labour!]

**Ash Wed. Service:** At 9:30 am on Feb. 17, a Video Service of the Imposition of Ashes will be posted on Facebook and YouTube. We're putting blessed ashes into little bags, for households to pick up, so that we can all place the ashes on each other's brows when that part of the Service is reached. There are 2 ways to receive the bags of ashes. The first way is to go to our parking lot this afternoon, Feb. 14, from 2:00 to 2:30 pm, and roll down the window of your vehicle to receive them. The second way is to contact the Office to arrange a time to pick the ashes up from the mailbox by main entrance to the church (the one with the park bench). Thanks, Robbie, for putting these bags together for us.

**Our Lenten Study this year is "The 7 Last Words of Jesus."** We'll reflect on Our Lord's words on the Cross, & the profound insights they give into the heart of existence. Ash Wed., Feb. 17, to Mar. 31, 10:30-12 noon & 7:30-9 pm. So far, 15 have signed up, and we'd love to have more! To participate, please contact Fergus.

**Prayer Group Ministry:** Members of this vital ministry lift up requests given to the Prayer Group in their daily prayers, and gather on the 2nd or 3rd Mons. of the month via Zoom. **The next Zoom Meeting is 7:30 pm, Mon., March 15.** (We met this month on Feb. 8, because of Family Day.) To share a request, or join this ministry, please contact Dinah at [breu.dinah@gmail.com](mailto:breu.dinah@gmail.com).

**Video Prayer Services** are posted midweek in the 1st & 3rd weeks of the month on Facebook & YouTube. **The most recent was a Candlemas Service of the Word for the Feast of the Presentation of the Lord posted Feb. 4.** You can watch it by clicking [here](#). The easiest way to view these Services on YouTube is to subscribe to our Channel (the link is at the bottom of this page).

**Caring Contact Ministry:** Caring Contact Ministry Helpers contact the households on their lists ice a month, & share any pastoral concerns with Fergus. If you'd like to become a Helper, please contact Fergus.

**Pastoral Visits:** Fergus is available for regular visits via phone, email, or Zoom. He's also available for in-person visits in pastoral emergencies. Please contact him if you'd someone with whom to talk and pray.

**Offerings:** Thank you for continuing to give your Offering when we're unable to be physically present together. It's critical to helping us fulfill our Mission. Here are ways we can do this. We can donate via our website (<https://www.stpaulscalgary.ca/donate>); mail our Offering (e.g. post-dated cheques) via regular post; drop it off in the Office mailbox (phoning 1st); arrange for it to be picked up from our mailbox; set up direct depositing (the form is on our website: type "Donation" in the search box, & click on "Pre Authorized Donations"); or use e-transfers (please use the email [gift@stpaulscalgary.ca](mailto:gift@stpaulscalgary.ca); no password is needed; put your envelope no. in the "message" spot.)

**If you'd like your 2021 Offering envelopes please contact Murray at [murray.sykes@shaw.ca](mailto:murray.sykes@shaw.ca) or 403-200-8869., to arrange for pick-up or delivery.**

St. Paul's Anglican Church  
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E-mail: [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca)  
Website: <https://www.stpaulscalgary.ca>

**Incumbent:** The Rev'd Fergus Tyson  
**Assistants:** The Rev'd Cyril Haynes  
The Rev'd Dr. Norman Knowles  
The Rev'd Dr. Bob Mummery  
**Wardens:** Cam Cline, Murray Sykes, & Ingrid Bolton  
**Facebook Page:** [stpaulscalgary](https://www.facebook.com/stpaulscalgary)  
**Twitter:** [@stpaulscalgary](https://twitter.com/stpaulscalgary) & [@Pastor\\_Fergus](https://twitter.com/Pastor_Fergus)  
**YouTube:** <https://www.youtube.com/channel/UCldxFHv5pFYST-j8astGVg>  
**Pastor's Postings:** [pastorfergus.wordpress.com/](https://pastorfergus.wordpress.com/)

## Youth Group

**Calling All Junior and Senior High Students to be Youth Who Make a Difference!**

**The Alpha Youth Film Series has been postponed.**

**Check out** our Youth Group Facebook page to see more details about what's happening:

<https://www.facebook.com/StPaulsCalgaryYouth>.

## Diocese and Community

### Coldest Night of the Year

Calgary Downtown - Hosted by HomeSpace Society - KAIROS Calgary and Feed the Hungry

*It's cold out there. The Coldest Night of the Year is a covid-safe, family-friendly walk to raise money for charities serving people experiencing homelessness, hurt, and hunger. Walk with us (virtually) on February 20, 2021 – there's a place for everyone!*

### Virtual CNOY Day

This is your own self-organized micro-walk! Virtual CNOY Day should feel pretty familiar once you get walking - here are some key things you'll need to do on February 20 (or whatever day in February you decide to walk):

1. Gather with your covid-safe bubble (or on your own)
2. Map out a safe 2-5 km route
3. Let someone know where you are
4. Bring a cell phone in case of emergency
5. Add pledged funds in your Fundhub
6. Share online as you go! #cnoy21
7. Keep fundraising (half of all fundraising happens in the last week!)
8. Be safe and have fun!

### Spring Cleaning for the Soul: A Lenten Retreat in Daily Life

3 One Hour Workshops: February 27th, March 6th and 13th from 2 pm to 3 pm on Zoom. Fee for each workshop is \$10.00. Payment may be made after you register by e-transfer to [gaelh@telus.net](mailto:gaelh@telus.net).

**February 27<sup>th</sup> - Unlocking the Doors to Forgiveness** - Explore what forgiveness is and learn 3 powerful forgiveness practices to help you release old resentments, anger and pain and replace them with peace.

**March 6<sup>rd</sup> - Turning Fear Into Faith** - Discover how the unknown creates fear in us and learn 3 tools to empower you to Transform your fear into Strength, Hope, Gratitude and Faith.

**March 13<sup>th</sup> - Listening to The Still Small Voice: Deepening Our Prayer** - Spirit speaks in our hearts and minds every day. Learn the signals that Spirit is sending you for growth, tools to empower you to listen more deeply and a powerful question that you can ask every day to keep you close to God. Workshops to be given by Gael Hogan, a Spiritual Director and Transformational Life Coach in Calgary.

\*Links to replays will be available, so if you cannot attend the day and time of the workshop, register anyway and I will send you the link to watch at your convenience.

Click this link to register:

[https://uso2web.zoom.us/meeting/register/tZotceGopzssH9znHr48BF\\_ZSOGzkyY28nHk](https://uso2web.zoom.us/meeting/register/tZotceGopzssH9znHr48BF_ZSOGzkyY28nHk)

**World Day Of Prayer** is on March 5th 2021. The country for World Day of Prayer 2021 is Vanuatu. Vanuatu, a chain of islands to the east of Australia has prepared the prayer service for this year. We will celebrate the theme : "Build on a Firm Foundation" Please see Living Waters for more information.

### Monthly Rosary - via Zoom

Second Saturday of each month at 2:00 pm

The Rev. Jerrod McCormack will be offering a monthly rosary via Zoom, on the second Saturday of each month at 2:00 pm. These services usually run for 30 minutes. Time is taken to share intentions with one another and then to pray the rosary together. If you are interested you can contact Jerrod, and he will send you the link.

### Kuriakos Camp Information Summer 2021

Even in the bleak mid-winter, we can believe in the life-changing power of camp, and it's needed now more than ever. Programs will proceed when we are confident that we can provide them safely, but we're planning for a great summer.

To find next summer's programs and to register online, [click here](#).

### Light Magazine, Alberta (formerly City Light News):

A Monthly Christian Lifestyle/Community publication for Alberta. Only available online at [alberta.lightmagazine.ca](http://alberta.lightmagazine.ca)



### Christian Education

Christian education is a lifelong activity for all of us as Jesus' disciples. It has been aptly described as loving God with our minds. At St. Paul's, we have education for young children, teens, and adults of every age, with opportunities such as Sunday School, multiple mid-week studies, Quiet Days, and movie nights.

Thank you to Tosan for being the new Parish Council representative for Christian education.

## Financial News

**Our deficit to January 31, 2021 is \$4443.00**

**Thank you to everyone who is helping support our Mission financially in this time when we are unable to worship together physically. Ways to do this are listed on the front of this News Bulletin. Please continue to pray for our Parish's finances as we face these challenging times together.**



## Outreach

### PWRDF

A quote from Martin Luther that is relevant to PWRDF's work of loving our neighbours wherever they may be:

***"Faith, like light, should always be simple and un-bending; while love, like warmth, should beam forth on every side, and bend to every necessity of our brother."***

## Pastoral Care

**Inreach:** With many in our Parish congregation going through financial struggles at present due to the economy, a special fund has been set-up. Donations marked "Financial Help for Parishioners" are also welcome. If you are in need of financial help, or know of someone in our Parish who is (and you have their permission), please let Fergus know. He will maintain absolute confidentiality. This is one way we can care for one another, and all get through this challenging time together. Thank you to everyone who has donated to this fund, which presently sits at approximately \$3,700 with \$6,100 having been disbursed.

If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag please contact Robbie Collier.

If you'd like to be part of our Pastoral Care Team, please contact Fergus or Nicola Peden.

Please contact Fergus if you or someone you know would like a visit.

**Grief Support & Prayer Shawl:** Laura Anne is looking at having a ZOOM meeting for both of these Ministries. If you are interested in either one please let her know at [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca). See Living Waters for more details.

## Opportunities to Serve

**2021 Flower Chart is now available.** *We are still taking dedication requests for flowers, if you would like to make a dedication please send it to Laura Anne at [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca).*

The cost for flowers is \$30.00.

**Prayer Chain Requests:** Please contact Dinah Breu with your prayer requests.

**Casserole Ministry:** If you know of anyone who would benefit from receiving a casserole. Please contact Linda Huber.

**Card Ministry:** Gail Munro will send greetings on behalf of our parish to anyone in the parish who is ill, etc.

**Grocery Pick-up Ministry:** If you would like to help pick up groceries or prescriptions for those who cannot get out, please contact the Office.

**Living Waters: Monday, March 1** is the deadline for *Living Waters* submissions for the March Edition. Please submit to [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca).

**Sign:** We'd like to change the sign more regularly, but to do this we need helpers. If you can help, please contact Paul Bourgeois or the Office.

**Servers:** We are looking for more volunteers to be servers at our Sunday services. ***Adults are welcome to join this ministry.***

**Parish Council:** We are looking for people to serve as ***Deputy People's Warden and Youth contacts on Parish Council (for the Youth contact, we are looking for a teen, age 16 or older).*** If you are interested in either of these positions or would like more information, please contact the Wardens or Fergus.

## Regular Weekly Activities at St. Paul's:

(Please Note: All in-person activities are discontinued until further notice)

- Sun.:** Alpha Youth Series 10 am—1st and 3rd Sundays (*postponed*)  
**EPIC (Encouraging People In Christ) Zoom Events (next is Feb. 16 @ 5:15 pm)**
- Mon. :** Bible Study: 7:00 pm (*postponed*)  
**Prayer Group: 7:30 pm (3rd Mondays of the month) (next is March 15)**
- Wed. :** **Video Midweek Prayer Service (1st and 3rd weeks of the month) (next is Feb. 17 @ 9:30 am)**  
**"Seven Last Words" Lenten Video Study (via Zoom): 10:30 am & 7:30 pm (begins Feb. 17)**
- Thurs.:** Prayer Shawl Ministry (2nd Wednesday each Month in new year) (*postponed*)  
TOPS : 6:30 pm (*postponed*)  
Choir practice (*postponed*) (***The Choir is now recording music via Zoom. If you'd like to join the Choir, please contact Paul Bourgeois***)
- Sat.:** Men's Breakfast: 8:30 am—3rd Saturdays (*postponed*)  
Ladies Luncheon: 11:30 am—3rd Saturdays (*postponed*)