



St. Paul's Anglican Church

Opening Hearts and Minds to God's Grace

Information for New Members



New Members Information

- Parish Council
- Welcome
- Ministry Information
- Volunteer Opportunities
- Calendar of Events

7 Sunmills Green SE

Phone: 403 256-1428

Fax: 403 256-1554

Email:

office@stpaulscalgary.ca

Web Page:

www.stpaulscalgary.ca

Facebook:

<https://www.facebook.com/stpaulscalgary>

Twitter: @stpaulscalgary
@Pastor_Fergus

Pastor's Postings:

<http://pastorfergus.wordpress.com>

Service times:

Sunday: 8:30 am & 10:00 am

Wednesday: 9:30 am

Summer Sunday Service :

July & August: 9:30 am



St. Paul's Anglican Church

Opening Hearts and Minds to God's Grace

Parish Council Members 2020

Incumbent: The Rev. Fergus Tyson

Assistants:

The Rev. Cyril Haynes

The Rev. Dr. Norman Knowles

Incumbent's Warden: Murray Sykes

People's Warden: Cam Cline

Deputy Incumbent's Warden: Ingrid Bolton

Administration: Paul Bourgeois

Adult Christian Education: Murray Sykes

Caring Contact: Fergus Tyson

Children's and Youth Ministry: Gloria Ford

Communication: Paul Bourgeois

Community Connection: Muyi Ekomwenrenren

Hospitality: Steve Colle

Maintenance: Gerald de Vries

Newcomers: Julie Wilson

Outreach: Loret MacDonald

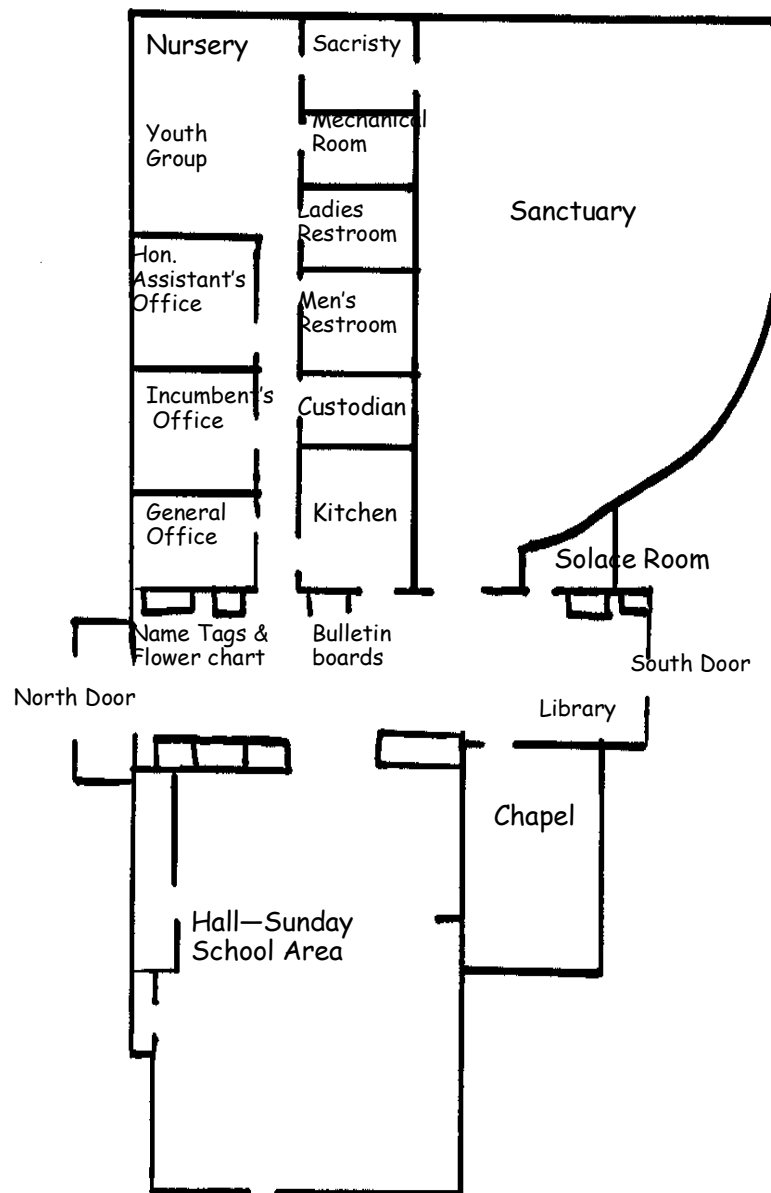
Pastoral Care: Nicola Peden

Stewardship: Kerry Peters

Worship: Fergus Tyson

Youth:

St. Paul's Anglican Church



▶ **Calendar Cont'd**

<u>Activities</u>	<u>Liturgical</u>
<u>October:</u>	
Stewardship Messages	Thanksgiving
Fall Clean Up	St Luke
Fresh Food for Mustard Seed	
<u>November:</u>	
Shoe Boxes for Samaritans	
Purse	
Remembrance Day	
Parish Birthday Party	
Reign of Christ Outreach Focus	All Saints—Baptism
<u>December:</u>	
St Nicholas Tea	Advent
Service of Solace	Christmas Eve
Christmas Pageant and Dinner	Christmas Day

Welcome to St. Paul's

Whoever you are and wherever you are on your journey of faith, you are welcome at St. Paul's. You are warmly invited to share in our worship and life as God's community. If you are new to St. Paul's, introduce yourself to the greeters and our clergy. Join us for coffee after the services. There are visitor cards in every pew. Please complete one and give it to one of the clergy, or a member of Parish Council (wearing a green name tag), or hand it in at the Parish Office.

Our Mission

The mission of St. Paul's is to live out God's love as revealed in Jesus Christ. With God's help, we strive to

- **Discover** Christ's presence in word and sacrament,
- **Deepen** a sense of Christian community,
- **Share** God's word,
- **Nurture** God's people,
- **Encourage** congregational and personal growth on our shared journey
- **Act** on God's call for peace and justice.
- **Build** the Foundation for tomorrow's Church

St. Paul's is a parish within the Diocese of Calgary, one of thirty dioceses within the Anglican Church of Canada. The Anglican Church of Canada is a part of the worldwide Anglican Communion, a fellowship of 80 million members in 100 countries.

- **We are welcoming** yet not high-pressure.
- **Firmly rooted** in the faith of Jesus and in the life of prayer and worship, while encouraging individual thought and interpretation.
- **Seeking to serve Christ** in all persons and places—our homes, schools, work and community.
- **Working for justice** and peace among all people, respecting the dignity of every person and loving our neighbours as ourselves.

- **Willing to openly discuss** any issue in a non-judgmental spirit.
- **Eager to greet you** just as you are, and invite you to join us on a joyous journey with Jesus.

Worship Schedule

8:30 am

Our Sundays begin with a traditional 1962 Book of Common Prayer Rite for the Holy Eucharist (page 230 in the book of Alternative Services). The Service is 1 hour in length. The theme, Readings from the Holy Scripture, and Preacher are all the same for both the 8:30 and 10:00 Services.

10:00 am Contemporary Eucharist

Our main service is a lively contemporary language Eucharist with music, Nursery, Sunday School and a special prayer team. **“Triple C” Service:** On the fourth Sundays of the month we share a special time together that is Christ-centred, Creative, and Compact.

Wednesday Service: 9:30 am Holy Eucharist. 1st to 3rd Wednesdays: from the Grey Booklet (a supplementary resource to the BAS); 4th Wednesday: BCP; 5th Wednesday: Celtic Liturgy.

Communion

We invite everyone to the Lord’s Table. To receive the Bread, extend palms, crossed and upward; when offered the chalice, please assist in guiding it by holding the bottom edge with thumb and fingers. If you prefer, you may receive only the bread or the wine. We believe Christ is fully present in either element. If you prefer not to receive the Sacrament, you may ask for a blessing in the traditional manner of crossing your hands over your chest.



Calendar Cont’d

<u>Activities</u>	<u>Liturgical</u>
<u>June:</u>	
Welcoming of New Members	Pentecost
Father’s Day	Trinity Sunday
Parish Picnic	
Grade Twelve Grads	
<u>July:</u>	
1 service 9:30 am	
Stampede BBQ	
<u>August:</u>	
Heritage Day	
<u>September:</u>	
Return to two Sunday Services at 8:30 & 10:00 am	Holy Cross Sunday
End of Summer BBQ	Baptism
Back to Church Sunday	
Anniversary of First Service at Old Midnapore Church	



Calendar

A Year At A Glance

<u>Activities</u>	<u>Liturgical</u>
<u>January:</u>	Epiphany
Annual General Meeting	Baptism Of Our Lord
	Baptism
<u>February:</u>	
Lenten Cans for Desta	
Shrove Tuesday Pancake Supper	Ash Wednesday
Lenten Study Programme	Lent
<u>March:</u>	
World Day of Prayer	
Mothering Sunday	Palm Sunday
	Holy Week
<u>April:</u>	Easter Vigil/Easter
	Baptism
<u>May:</u>	
Mother's Day	
Spring Clean Up	

Our Worship Is...

- **Biblical.** *Each service contains four scripture readings, one each from the Old Testament, Psalms, Epistles and Gospels. Much of the rest of the service is taken directly from the Bible.*
- **Sacramental.** *We believe that God is actively present in the world and in us. In the sacraments we realize God's presence and favour towards us. Through the sacraments our sins are forgiven, our minds are enlightened, our hearts stirred and our wills strengthened. The two primary sacraments are Baptism and Eucharist. Other sacraments are Confirmation, Ordination, Holy Matrimony, Reconciliation of a Penitent, and Unction or anointing of the sick.*
- **A Celebration of God's Love** *bring to remembrance the mighty acts of God on our behalf throughout history; make God's presence an immediate and personal reality; foster unity and community with all God's people and equip us to serve God in the world.*
- **Highly participatory.** *The clergy and congregation share together actively in prayer and response throughout the service. Participation in our Eucharist is open to all who are baptized.*
- **Poetic in Nature.** *Words, music and actions produce reverence and beauty as well as relevance and community.*
- **Both Ancient and Modern.** *The basic forms of our services were in place by the third century. Although they have undergone many revisions since then to meet the needs of different times and places, we value tradition and our connection with those who preceded us in faith. Our worship is thus both Catholic and Reformed.*

Ministries of St. Paul's

Worship Ministries

Altar Guild - Robbie Coller

Greeters - Roxie Hall

Music Ministries-

Music Group - Paul Bourgeois

Hand chimes— Annette Pingot

Prayer Ministries-

Prayers of the People -Dinah Breu

Prayer Team - Dinah Breu

Readers - Robbie Coller

Sacramental Assistants - Ed Mullaney

Screens & Sound Board— Paul Bourgeois

Servers - Karla Manuel

Sides People - Suzanne Wray

Christian Education

Bible Study Groups—Clergy & Lay

Library - Doreen and Kerry Peters

Nursery - Pamela Fleming

Children's Ministry Coordinator: Shannon Colle

Youth Group— Shannon Colle

Baptism

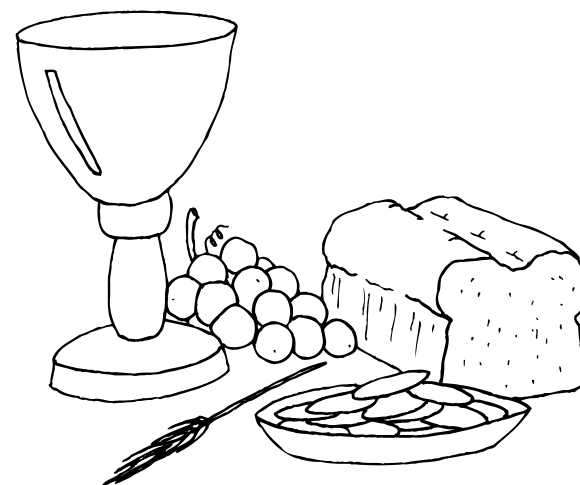
If you are interested in Baptism please contact the parish office at 403 256-1428. Baptisms take place about 4 times a year at scheduled times. Baptisms are usually during the 10:00 am Sunday service. Preparation classes are the two Sundays prior to the baptism.

Confirmation

Confirmations take place once a year. Please contact the church office at 403 256-1428 if you are interested in Confirmation.

Weddings

If you are planning a wedding at St. Paul's you must contact the clergy for an interview to set the date and to find out about preparation classes.





More Information

Altar Flowers

Contact: Parish Office

If you would like to donate flowers for the altar please see the sign up poster in the hall on the side of the shelves at the north door. Please sign the poster and then fill out a form provided below the poster. You can place your donation in the collection plate the week before your date. Anyone is welcome to participate.

St. Paul's as a Scent-Free Parish

We try to be scent-free out of love and respect for those whose health is threatened by fragrances. May we ask your co-operation in avoiding wearing to church, perfumes and after-shave, perfumed hairsprays, etc. Many thanks.

Large Print Book of Alternative Services & Hymn Books

A large print version of the BAS, the Common Praise Hymn book, the red songbook, the Order of Service and the bulletin are available from the sides-people.

Hearing Devices

If you have trouble hearing the service please see the sides-people or the sound person for a hearing device. We have several available.

Hospitality Ministries

Coffee Time - Hospitality

Ladies Potluck Luncheon—Gloria Ford

Men's Breakfast - Paul Bourgeois & Kerry Peters

Fellowship & Food Group - Doreen Peters

Secret Friends - Julie Wilson

Maintenance Ministries

Maintenance - Gerald de Vries

Grass Cutting/Snow Removal — Mike Hogan

Spring and Fall Clean Up— Gerald de Vries

Outreach Ministries

Father Lacombe - Kathleen Robinson

Food Bank, Mustard Seed - Outreach

Outreach Committee—Loret MacDonald

PWRDF—Doreen Peters

Quilt/Shawl Prayer Ministry—Laura Anne Fink

Pastoral Ministries

Caring Contact—Fergus Tyson

Casserole Ministry - Linda Hubert

Greeting Card Ministry - Gail Munro

Grief Support Group—Laura Anne Fink

Hospital Visiting—Clergy & Pastoral Care Team

Pastoral Care Team—Nicola Peden

Prayer Ministries

Prayer Chain - Dinah Breu

Prayer Group - Dinah Breu

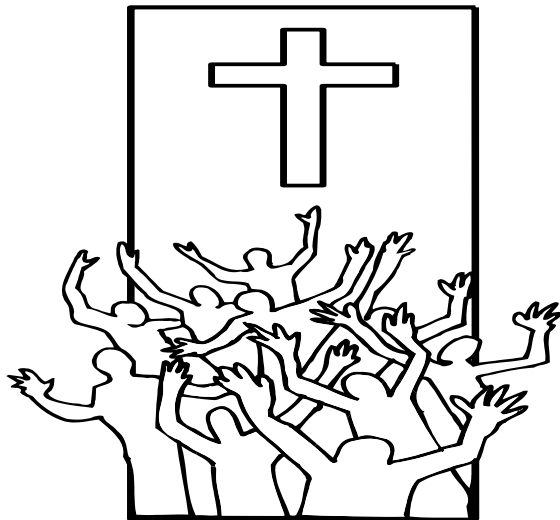
Stewardship Ministries

Envelope Secretary - Debra Brisbin

Stewardship - Kerry Peters

Sunday Offering Counters—Roxie Hall

Treasurer—Karen Huq



Stewardship Ministries Cont'd

Pre-Authorization Contribution

Contact: Parish Office

The Pre-Authorization Contribution is a direct monthly withdrawal, on the 16th of each month, in an amount that you determine. Further information is available on this method of contribution in the information shelving in the front reception area.

Those members who wish to contribute through our "Pre-Authorized Donations" may obtain an authorization form from Laura Anne Fink at the Parish Office or from Debra Brisbin.



▶ **Prayer Ministries Cont'd**

cause He loves us.

The time commitment for the Prayer Chain varies depending on the need. It works by prayers being passed down a chain of people and then these people lifting the prayers in their own time privately at home.

If you are interested in joining this group or would like more information please contact Val.

▶ **Stewardship Ministries**

Contact: Kerry Peters

Below are the 5 elements (and their components) making up the holistic view we have for the Stewardship Ministry at St. Paul's. This is your summary list:

- Biblical Principles—Quotes and Interpretation for weekly bulletins
- Life Stewardship—Health, Spiritual Issues, Talents, Time Management, Relationships.
- Financial Matters—Budgeting, Saving, Investing, Tax, Estate Planning (Planned Giving)
- Giving Wisely—Responsible/Proportionate Giving, Tithing
- Environment—Ecology, Conservation, Recycling, Environmental Management

Envelopes

Contact: Debra Brisbin

Envelopes are available from the church office. Please mark the box on the newcomer cards available in the pews or from a sidesperson. The envelopes with your name on them will be available by the name tags at the north door.

▶ **Worship Ministries**

ALTAR GUILD

Contact Person: Robbie Coller

Members of the Altar Guild prepare the church for worship services by setting out and then cleaning up the communion vessels, polishing brass, arranging or setting out flowers, replacing candles, marking Bible and Altar Book places and keeping the linen washed and ironed.

At present there are four adults in a team. The teams work in rotation, which turns out to be about once a month. During the Christmas and Easter seasons we have need for extra shifts, which are covered on a volunteer basis. Some of our members can only work on a Sunday, others on a Friday, or mid-week, but most come on Saturdays to set-up for the Sunday services. We hold two meetings a year at which time all members get together to discuss issues, ideas, and the future while having a happy time socializing and keeping aware of how wonderful a group we really are.

With two Sunday services we are in need of new members - male or female - to join us, as many hands make light work. If you are interested in this quiet behind-the-scene ministry to our community, please contact one of the clergy at the church - 256-1428 or Jane.

GREETERS

Contact: Roxie Hall

The Greeters come about a half hour before the service and they stay to greet those coming for the second service. The job requires a smiling face, a warm greeting for those arriving, and helping newcomers find name tags and giving them general help. This ministry doesn't require much time but it is very important.

LESSON READERS

Contact: 10:00 am Robbie Coller

8:30 am Laura Anne Fink 403 256-1428

The requirements for this ministry are the ability to read clearly and slowly in front of a group of people. The schedule is made

Worship Ministries Cont'd

up well in advance and you are given your reading with the schedule. The time commitment is the amount of time you need to prepare and to be at the service early on your scheduled day.

Music Ministries

Music Group

Leader: Paul Bourgeois

Purpose: To provide music and music leadership for our worship services. We lead the music through-out the year at the 10:00 am Sunday service as well as other special seasonal services (e.g. Christmas, Holy Week) and we take a 4-6 week summer break.

Practice: Typically, our practices are held Thursday evening at the church at 7:30 pm. Our practice sessions are normally about one and a half hours long.

Materials: All we ask is that you bring your voice and enthusiasm. (There is a brief audition) The ability to read music would be an asset but is certainly not required. The music is provided and Sunday selections are e-mailed to the group a few days before practice.

Fellowship: We try to get together as a group with our spouses a couple of times a year for some relaxation and fellowship.

Hand Chimes

Contact: Annette Pingot

St. Paul's has a 3-octave set of Suzuki Tone Chimes that needs a group of 11-15 people to make them ring. The 'Ding-a-Lings' have played at Thanksgiving, Christmas Eve, Easter, Pentecost and Baptism services as well as performed for fund raising events.

First time chimers will be given an orientation session before their first practice. The orientation will cover the basics of ringing and dampening techniques, counting and the format of

Prayer Ministries

Prayer Group

Contact: Dinah Breu

The main purpose of the Prayer Group is to under gird the Parish with prayer .

We meet every Monday night in the chapel at St. Paul's from 7:30- 8:30 PM. Exceptions are long weekends, the time between Christmas and New Year and bad weather (in which case we pray at home). We do not include a social or coffee time because we feel that takes away from our focus which is prayer.

The group has found a pattern that works well for us. When we arrive, we share any requests with one another. We take turns leading (only if one is comfortable doing so). The leader begins the prayers and then others pray for the various needs and requests that have been brought to us. It is not necessary to pray aloud. Prayers in this group are not formal (as in Sunday Services), but are more in line with what Rosalind Rinker's book called "conversational prayer"-having a conversation with the Lord. The leader signals that Prayer Time is coming to a close by leading the group in the Lord's Prayer after which we say "the Grace". Responsibility for the group is shared by all its members. We do not have a "leader" as such. *Confidentiality is our only rule. We do not discuss prayer requests outside the group with anyone, anytime.*

Everyone in the parish is welcome to attend. At this time we have six who attend regularly and sometimes one or two more. You are welcome to come to see if it is for you, to come on a drop-in basis, or to come for prayer for yourself. We would be more than happy to have you join us. Even if you have never belonged to a prayer group, it is still alright to come! ! !

Prayer Chain

Contact: Dinah Breu

The Prayer Chain is a confidential, compassionate, caring ministry. Everyone who is involved in this ministry believes in the power of prayer, and that God is in charge of all our lives, be-

Pastoral Care Ministries Cont'd

of the congregation, visit those in the parish in whatever their circumstances so that Jesus Christ can be present and bring healing, compassion and understanding.

It is a ministry which does not require a caregiver to DO anything, but does require someone who is willing to be present, and actively listening to the person.

If you have a Pastoral Care need, or if you would like to learn more about becoming part of this ministry, please contact Pastor Fergus phone: 403-256-1428

Grief Support Group

Contact: Laura Anne Fink 403 256 1428

This is open to anyone who may be grieving from a death, loss of health or the break-up of a relationship. It is also open to anyone from the community you don't have to attend St Paul's. If you are interested or you know of someone who maybe interested please contact the parish office.

Newcomers

Contact: Julie Wilson

Welcoming newcomers to St. Paul's is a multi-step process that we hope begins with a warm greeting from the parishioners they sit beside. Once they have filled out a newcomer's card, a personalized welcome letter is sent. The Rev. Fergus Tyson phones the person or family in the first week with a further word of welcome.

Ministry to Father Lacombe

Contact: Church Office or The Clergy

Father Lacombe: Fourth Sunday of Month

Members of the Parish are invited to accompany either Rev. Cyril, Rev. Norman or Pastor Fergus.

Worship Ministries Cont'd

our colour-coded music. No prior formal music training is required, although it is useful.

Practices begin about 6 weeks prior to the event date and are scheduled for one hour at times that are convenient to the ringers.

Prayer Ministries

Prayers of the People

Contact: Dinah Breu

Taking a turn to lead the prayers of the people on Sunday mornings is a labour of love for a small group of parishioners. If you feel that this is a ministry for you please get in touch with Dinah at 256-1684. Training is offered and guidelines provided for those who do this.

Prayer Team on Sundays

Contact: Dinah Breu

The Prayer Ministry is a confidential ministry that is in place to provide **brief** prayer (not counseling) to individuals who desire prayer for themselves or for those close to them. Prayer Teams are available in the chapel most Sunday mornings during and after Communion. Prayer Team members are appointed by the Rector. Each member of the team has covenanted to maintain confidentiality. Each member is fully aware that they are channels of God's peace and love to others and are not operating in their own strength. Everyone who participates in this ministry has been deeply touched and is thankful that it is the Lord who provides the words.

Sacramental Assistants

Contact: Ed Mullaney

Each Sunday at the 9am service, two people are needed to help at communion by administering the chalices. This is such a joy, and if you think it is something that might interest you please contact Father Cyril. At the moment, there are about ten/twelve of us and we would welcome more volunteers. Training will be provided.



Worship Ministries Cont'd

Servers

Contact: Karla Manuel

Those interested in serving must be in grade 6 or older and go through some training with Father Cyril. The time commitment is small, with you arriving about 20 minutes before the service and staying through the service. The schedule is made up about six months at a time.

SIDESPEOPLE

Contact: Suzanne Wray

At every service one or two people are needed to hand out leaflets, make people feel welcome and comfortable, to count the congregation, collect the offering, take up the bread and wine for communion, and usher the congregation up for communion.

It means arriving early on your assigned Sunday to make sure that everything is ready, and then tidying up before closing the doors after the end of the service. Each new sidesperson is given a leaflet detailing the duties, and help from experienced practitioners is offered for your first time. To volunteer, or for more information, please call Suzanne.

SOUND BOARD AND SCREENS MINISTRY

Contact: Paul Bourgeois

The screen ministry enhances the visual experience in worship through the use of the Sanctuary screens. The soundboard ministry supports the music and worship by ensuring appropriate volume levels and minimizing feedback and other disruptions. People working the soundboard need to arrive at least 20 minutes before the service to set up people with lapel and hand held mikes as necessary and to set the sound level for the pre-service music. Throughout the service, it is important to anticipate the need to turn mikes on and off and to adjust volumes. The board is labeled to make this job easier and first timers will work with veterans during the service to become familiar with the board's operation. This ministry is not only required for Sunday services

quilts and shawls are away of wrapping each person in prayer and let them know that they are in God's keeping and are loved. If you know of anyone who would like to receive a shawl or quilt please let Laura Anne or Fergus at (403 256-1428).

Caring Contact

Contact: Fergus Tyson

The purpose of this ministry is to help everyone feel cared for and loved as part of our Parish family. We don't want anyone to "fall through the cracks," and feel that no one knows or cares. A phone call or email once a month is all that's needed. Please give this some prayerful consideration and if you'd like to be a Carer in the Caring Contact Ministry please contact Fergus.

Greeting Card Ministry

Contact: Gail Munro

This ministry is a parish outreach to those who are ill, have suffered a loss, are in need of support, or have had a special or joyous event. A card from the parish is sent out to let the individual or families know that their St. Paul's family is thinking of them. At this time one person takes care of this ministry. If you know of anyone who would benefit from this ministry please contact Gail Munro or Fergus.

Casserole Ministry

Contact: Linda Hubert

This ministry provides casseroles to families or individuals who are in need of support during an illness or crises in their lives. A group of volunteers provide casseroles, which are frozen until they are needed. If you are interested in helping make casseroles or if you know of anyone who would benefit from this ministry please contact Linda Hubert or the Parish office.

Pastoral Care Team

Contact: Nicola Peden

Pastoral Care has been described as the Ministry of Human Presence.

Care givers receive special training so they can, on behalf

▶ Outreach Ministries Cont'd

FOOD BANK:

Donations of non-perishable food items and money are relayed to the Food Bank via the current volunteer. The first Sunday of the month we collect for the Food Bank.

FOSTER CHILD (SUNDAY SCHOOL OF CANADA):

The collection made at Sunday School accumulates to the benefit of Desta, the Ethiopian Foster Child sponsored by St. Paul's Sunday School. Letters and photos are on display in the hall.

PWRDF

Contact: Doreen Peters

What is the PWRDF?

The Primate's World Relief and Development Fund is an organization of Canadian Anglicans "committed to a vision of international development and global justice that is founded on theological reflection and a faith based analysis." (www.pwrdf.org)

The PWRDF is active in many areas in the international arena and in Canada: development work, emergency situations, refugees and education.

If you are interested in learning more about PWRDF or becoming involved at some level please contact Doreen Peters.



▶ Pastoral Care Ministries

Quilt/Shawl Prayer Ministry

Contact: Laura Anne Fink 403 256 1428

Time: 2nd Wednesday or each month 1:00 –3:00 pm

Purpose: To make quilts or shawls to be given to those who are sick or have suffered a loss or also in times of celebration. The

but also for other services such as weddings and funerals and special events like the Christmas pageant and annual general meetings.

▶ Christian Education

BIBLE STUDIES

Monday Evening Bible Study

The Monday evening Bible study group meets from 7:00 to 9:00 pm and is facilitated by Rev. Cyril. The group consists of about 6 men and women who attend on a regular basis. You may bring your own Bible or use one from the church. All are welcome and no previous experience is needed. For more information, contact Father Cyril .

Wednesday Morning Bible Study

The Wednesday morning Bible study group, facilitated , meets at 10:15 am after the 9:30 am service and runs until 11:30 am. Some of the group attends the service while others come for the study only. The group consists of about 10 men and women who attend on a regular basis. You may bring your own Bible or use one from the church. All are welcome and no previous experience is needed. For more information, contact the church office 256-1428.

Library

Contact: Kerry and Doreen Peters

We have a small library located at the south door. We welcome anyone to check out books. If anyone is interested in helping with the library please contact Doreen or Kerry.

▶ Christian Education Cont'd

Nursery

Contact: Parish Office

This ministry is offered to children not yet old enough for Sunday School, including the Sundays in the Summer. Many thanks to Bianca Bolton and Rachael Brisbin for continuing to serve in this ministry of caring for our young children and their families. Others are welcome to join our Nursery Ministry Team. You must have a love of children, be at least 13 years of age, and (if you're not an adult) have a babysitting course.

Special Study Groups

There are other special Christian Education studies available throughout the year. Please contact the church office for details.

SUNDAY SCHOOL

Contacts: Shannon Colle

The purpose of Sunday School is to provide meaningful opportunities for all participants, students and volunteers, to learn and grow in their faith and develop their relationships with God and community.

Graded classes are offered for the preschool through high school students at the 10 AM service from September to June. The Sunday School is totally dependent on volunteers and there are many different ways to share your time and talent. These include teaching, assisting in a class, helping with special events, setting up, cleaning up and maintaining supplies just to name a few. You may wish to share your musical, art, drama, craft, wood working etc. talents as well. You can team up with some friends to teach a class, sign up for a block of time or alternate with someone. The possibilities are numerous. Occasionally there are intergenerational services and Sundays around

- plumbing
- electrical
- appliance repair

just to name a few. If you have skills which could be helpful and you are willing to share, please contact Gerald so he can make a contact list.

Other opportunities to help with maintenance are: lawn maintenance and spring and fall clean up.

▶ **Outreach Ministries**

OUTREACH FOCUS:

Supporting peoples' basic need for food, shelter, clothing, and safety.

This committee is charged with the responsibility of disbursing 10% of the annual church budget. If you are interested in volunteering in this ministry please contact Loret. McDonald

Homeless shelters and Agencies

Several times a year we collect clothing, shoes, toys or small household (dishes, towels, bed linens, etc.) items. We also deliver left over food from events to the Calgary Dream Centre several times a year. Thank you.

FATHER LACOMBE NURSING HOME

VOLUNTEERS: Kathleen Robinson

There is an active Team Ministry to the Father Lacombe Nursing Home. Volunteers offer a few hours a month in various activities. On Friday mornings there is a "Sing-Along" which a group of St Paul's volunteers attend. Our clergy and volunteers also hold a service on the fourth Sunday of each month.

Hospitality Ministries Cont'd

ordinator and a lead host will be designated for each group. There will be 2 separate sessions during the year 1) February to June (2) October – January.

Men's Breakfast

Contacts: Kerry Peters & Paul Bourgeois This group meets the third Saturday morning of the month from 8:30 am until 10:30 am. The men take turns preparing the breakfast. This is a fellowship time for all men of the Parish.

Ladies Potluck Luncheon

Contact: Gloria Ford

The Ladies Potluck Luncheon is on the first Saturday of each month at 11:30 am. Everyone is asked to bring a dish to share and to take a turn hosting the event (ie set up and clean up). We also have a guest speaker for each luncheon. All ladies are welcome.

Secret Friends

Contacts: Julie Wilson

The Secret Friends group begins and ends each year at an annual Christmas Party. Names are submitted and then names drawn for your secret friend. This name is known only to you and the coordinator. You are given information on your Secret Friend so that you know when anniversaries and birthdays are. During the year you leave gifts for your Secret Friend on the gift table at the south door and you will receive gifts from your secret friend also. These gifts are small tokens of friendship and should not be expensive. This is a fun way of letting someone know they are being thought of and prayed for during the year.

Maintenance Ministries

General Maintenance

Contact: Gerald de Vries

We are always looking for people with special skills to help with various problems that surface at the church in

Christian Education Cont'd

Christmas and Easter when there is no Sunday School and the whole congregation has an opportunity to worship together. This creates a whole new set of opportunities to participate.

The Summer Sunday School program offers a multi-aged class for grades 1-6. Here volunteers have signed up on a weekly basis for as many weeks as their schedules allow.

There is a curriculum available for all the classes with lesson plans and resource material. It is then a matter of reading the background information and lesson plan and deciding which options will work best for the class. Preparation time is at least 1-2 hours per lesson. Additional prep time may be required depending on the nature of the lesson or if specific supplies need to be obtained. Help is available from in the lesson preparation.

As you can tell, there are many varied volunteer opportunities just for the Sunday School. If you are interested in any of them, Linda would be happy to hear from you.

Youth Group

Contact: Shannon Colle

What do we do?

Youth Alpha 1st and 3rd Sundays.

Participate in the Triple C service

Help with Sunday School.

Have a Sunday School class

Check out our Youth Group Facebook page to see more details about what's happening: www.facebook.com/StPaulsCalgaryYouth.

Communication Ministries

Contact: Paul Bourgeois or Laura Anne Fink

This committee is open to anyone who has an interest or ideas on how to increase our visibility to the community. We

need to look at signage and also how we communicate with the communities around us. We need to find out what is needed in the community so we can become a beacon.

Please contact Laura Anne Fink or Paul Bourgeois if you have an interest in this area.

Community Advertising

We advertise in several community newsletters— Doug-lasdale, Sundance, Shawnessy, McKenzie, McKenzie Towne, Evergreen, Midnapore, and Somerset.

The Diocesan website has a page for St. Paul's which has our service times and location.

Facebook Page

<https://www.facebook.com/>

We've begun a new St. Paul's Facebook page to help us all stay "in the loop" regarding all the different things that are happening at St. Paul's; provide us with a great way to encourage one another with uplifting videos, songs, or quotes; and give us a new way to connect with those who aren't members of our Parish family. Please do be sure to tell people you know about it. And please "like" us, and visit our Facebook page often.

Living Waters

Contact: Kathleen Robinson and Laura Anne Fink 403 256-1428

Living Waters is our monthly newsletter which is available on the shelf by the south door. Anyone is welcome to take one. It contains articles from different ministries, upcoming events, poems, a calendar of events and other items of interest.

Anyone can submit items for the newsletter. All submissions must be in by the last Sunday of each month.

Website

Contact: Paul Bourgeois

webmaster@stpaulscalgary.ca

Our website is www.stpaulscalgary.ca please have a look. Bulletins and Living Waters are posted here.

Hospitality Ministries

Contacts: Steve Colle

-Giving a generous welcome for our guests and those who are new to us by providing support, being reliable, sensitive and kind.

Hospitality Ministry consists of several different types of gatherings such as Ladies Potluck Luncheon, Men's Breakfast, Movable Feast, and Secret Friends as well as several other events throughout the year. A list of events is in the back of this pamphlet and we are always looking for volunteers to help out in any way they can such as setting up to providing dishes to cooking. If you feel that you would like to contribute some time to such a rewarding ministry there are volunteer forms that you can fill out or just give me a call. This is a wonderful way of getting involved in the parish as well as having fellowship and meeting new people.

Coffee Time—Sunday

Contact: Office

This ministry requires time on Sunday morning and any preparation time you need before hand. There is a sign up sheet on the board by the kitchen door. You may sign up for any number of times you would like, i.e. once a month, every other month or once a year.

This job requires you to set up for coffee before the service by getting the coffee brewing, setting coffee cups, cream and sugar on the trays and providing any sweets if you would like. After communion you will need to come out and set everything up in the hall area, make the tea and at the end clean up. There is always help around so you are not on your own.

Fellowship & Food Group

Contact: Doreen Peters

This ministry, formerly known as Moveable Feasts, is a fun way to connect with new people and get to know your church family better. The Groups are 6 – 8 adults, depending on how many people register, who meet monthly to share food and fellowship. If you would like to meet people in our church in a casual and relaxed atmosphere, then this group is for you! Fill in the sign up form found in the Hall and give it to Doreen Peters or leave it at the office. The Groups will be randomly assembled by the ministry co-