

Youth Group

Calling All Junior and Senior High Students to be Youth Who Make a Difference ! The Alpha Youth Film Series starts today and will continue on the first and third Sundays of the month, during the 10 a.m. Service! For 13 Sessions, our youth will explore together the big questions of life! They will meet in the Great Room at Sundance on the Green.

Check out our Youth Group Facebook page to see more details about what's happening: www.facebook.com/StPaulsCalgaryYouth.

Diocese and Community Events

Christian Young Professionals (20's to 40's) Silent Retreat. This Silent Retreat for Christian Young Professionals, is an opportunity to unplug and disconnect from our busy lives, and experience the beauty in resting in silence, as we engage in personal reflection, prayer and meditation. The weekend will also include reflective talks and short supports to guide you in your silent reflection/prayer/meditation time. **When: May 1 to 3, 2020 | Where: Mount St. Francis Retreat Center** (41160 Retreat Road, Cochrane AB) | **Register/Full details** <https://tinyurl.com/spqyd89> | **Retreat Captains** - Chika and Nakasha at cypretreat@gmail.com

78th Convention of Synod: Archbishop Greg Kerr-Wilson along with the Diocesan Council has announced that the **78th Convention of Synod** has been called for Friday, Saturday and Sunday, June 5, 6 and 7, 2020. Clergy will have received basic information and an announcement. A formal invitation will be coming soon.

This is the fourth year for **Anglicans on the Move** participating in the walk to raise funds for Feed the Hungry and Kairos low-income housing in Calgary. The date is February 22, and the **Anglicans on the Move** team will be joining hundreds of other walkers to support and serve hungry, homeless, and hurting people and

families in our community. To join the team go to <https://calgary.anglican.ca/events/coldest-night-of-the-year-walk/2020-02-22> or contact Marlene Wiens at wiens.me@gmail.com

Our Ministries

Our Handchime group is affectionately called the Ding-a-Lings because we like to have fun chiming and sometimes are a little crazy. We have a 3 octave set of Suzuki Tone Chimes that needs a group of 11-15 people to make beautiful music for a number of occasions like Thanksgiving, Christmas, Easter and special concerts. We are trying a new thing and having practices more regularly so we can try more music and all get more comfortable with the chime.

An introduction to the chimes can be arranged by calling Annette Pingot. You will be introduced to the basic ringing and dampening techniques, counting and the format of our colour coded music. No prior formal music training is required although it is useful.

Come chime with us.

Thank you Annette Pingot for leading this ministry.

Sunday, March 15th, Ministry Sunday – Nursery, youth group, shepherding, promote Easter services, Altar guild



Financial News

Our 2020 deficit to January 31 is 2,970. We pray for a strong February to prevent this deficit from growing further.



St. Paul's News Bulletin

February 16, 2020



Parish Events

Today, Sunday, January 19, Ministry Sunday – Look for information about prayers of the people, Sunday prayer teams, PWRDF, hospitality, our Lenten study and Shrove Tuesday Pancake Supper at Coffee Time after both services.

We give thanks for all of our Parish Officers installed today, and pledge to continue to lift them up in prayer as they serve in these ministries.

Tonight Sunday, February 16th: Celtic Service at 7 pm. All are welcome to share a time of quiet reflection! Thank you to Margaret Anne Knowles for continuing to craft these for us.



Triple C service is Next Sunday, February 23. The family for this service will be the Spoonheim family. If your family is interested in participating in a Triple C service by serving in one of the worship ministries (Greeters, Sidespeople, Soundboard, Music Ministry, Servers, Readers, Leaders of the Prayers of the People, and Sacramental Assistants), please contact Fergus. Our plan is to have one family at each Triple C service look after as many of these ministries as they would like to serve in, and then share the rest among the youth of our Parish.

Tuesday, February 25: Shrove Tuesday Pancake Supper from 5:00 to 7:00 pm. If you are able to help with the supper please contact Kerry Peters or sign the sheet in the Hall. Cost: \$5/person or up to \$15/family.

Wednesday, February 26: Ash Wednesday services are 9:30 am (followed by Ash Wednesday reflections on the screens) at St. Paul's or at All Saints' Lutheran at 6:00 pm for soup and buns followed by the service at 7:00 pm.

Lenten Study: "The Walk: Five Essential Practices of the Christian Life" by Adam Hamilton. Wednesdays March 4 to April 1. A sign-up sheet is in the Hall.

Friday, March 6: World Day of Prayer Service will be held at St Albert the Great Roman Catholic Parish in McKenzie Towne. *If you are interested in participating in the service please contact the Parish Office.*

Thank you, Ingrid Bolton, Gloria Ford, Laura O'Neill, Heather Johnson, and all participants, for making our 2019-20 adult Alpha so awesome!

Men's Breakfast will meet next Saturday, February 15th at 8:30 am join us for good food and fellowship. All men (age 13 and up) are welcome!

Next Saturday, February 15th: Ladies Potluck Luncheon: We will be meeting at 11:30 am for a time of fellowship and great food. All ladies (age 13 years and up) of the Parish and friends are welcome.

Mark your calendar: Intergenerational Team Trivia evening from 7 to 8:30 pm, Friday, March 13th. *There'll be great trivia from the 1940's to the present, great snacks and great fun! Everyone's invited! Thank you Steve Colle for organizing this for us!*

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Incumbent: The Rev'd Fergus Tyson
Assistants: The Rev'd Cyril Haynes
The Rev'd Dr. Norman Knowles
The Rev'd Dr. Bob Mummery
Wardens: Rick Coller & Murray Sykes
Facebook Page: [stpaulscalgary](https://www.facebook.com/stpaulscalgary)
Twitter: @stpaulscalgary & @Pastor_Fergus
Pastor's Postings: pastorfergus.wordpress.com/

Outreach

PWRDF: The Primate's World Relief and Development Fund (PWRDF) is featured in today's Ministry Sunday so please check out the display in the hall. PWRDF is the Anglican Church of Canada's agency for sustainable development and relief. Through the support of Anglican parishes across Canada, PWRDF makes financial and human resources available to partners around the world working to improve health, food security and livelihoods for vulnerable people. Working towards a truly just, healthy and peaceful world is surely a very worthwhile enterprise. If you would like to help please come and talk to us at coffee-time.

5th Sundays of the Month are Food for Others Sundays at St. Paul's. On the fifth Sunday of the month, everyone is invited to bring non-perishable food items to share. The Food Bank bin will be brought to the front and all gifts prayed over at Announcement time. **Sunday, March 29th will be the next 5th Sunday.**

Clothing to donate?: there are two ways to donate clothes at St. Paul's. You can leave new or used backpacks or travel bags, clothes, coats, boots and running shoes in the container marked 'Alpha House' on the coat rack near the chapel. Or, you can donate any clothes or footwear by using the Calgary Humane Society collection bin beside the parking lot.

AgeCare Seton: The next service will be next Monday, February 24 (due to the long weekend) at 10 am. Thank you to Heather Johnson and Leona Zadour for participating in this ministry. If you would like to be a part of the team going please contact Fergus. Thanks, also, to Bob Mumery for leading when Fergus can't be present.

Father Lacombe Service: The next service will be next Sunday, February 23.

Inreach With many in our Parish congregation going through financial struggles at present due to the economy, a special fund has been set-up. Donations marked "Financial Help for Parishioners" are also welcome. If you are in need of financial

help, or know of someone in our Parish who is (and you have their permission), please let Fergus know. He will maintain absolute confidentiality. This is one way we can care for one another, and all get through this challenging time together. Thank you to everyone who has donated to this fund, which presently sits at approximately \$2,000 with \$5,500 having been disbursed.

Pastoral Care

If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag please contact Robbie Collier.

If you'd like to be part of our Pastoral Care Team, please contact Fergus or Nicola Peden. Training (courses from the Roman Catholic Diocese, which are paid for by the Parish) is available.

Prayer Shawl Ministry will be meeting once a month on the second Wednesday of the month. The next meeting will be February 12 at 1 pm. All are welcome!

Thank you to Kerry Peters for making "holding crosses" for our Pastoral Care Team to share with those they visit.



Grief Support Group: we are looking at setting up a new Grief Support Group in March. If you are interested please contact the Parish Office or Laura Anne at 403 256-1428.

Please contact Fergus if you or someone you know would like a visit.

Welcome

A word to newcomers and visitors: St. Paul's welcomes you and invites you to make this your church home. Please indicate on a pew card, located in the pew racks, how we can help you feel part of the family. Please place the card on the offering plate or hand it to one of the clergy or Parish

If you are a newcomer, please sign our guest book which is on the stand by the sanctuary doors

Opportunities to Serve

Coffee Time: Thanks to Team 3 who prepared the coffee for today. Next Sunday is : Team 4: Smooth Operators: surnames Q-Z.

2020 Flower Chart is on the sign up board by the kitchen. Please remember to fill out a Dedication form and leave it in the envelope when you sign up. The cost for flowers is **\$30.00** and it can be put in your envelope and marked for flowers.

Prayer Chain Requests: Please contact Dinah Breu with your prayer requests.

Casserole Ministry: If you know of anyone who would benefit from receiving a casserole. Please contact Linda Hubert.

Cards Ministry: Gail Munro will send greetings on behalf of our parish to anyone in the parish who is ill, etc.

Living Waters: Sunday, February 23 is the deadline for Living Waters submissions for the March Edition. Please submit to office@stpaulscalgary.ca or by hard copy to the office.

Rides Assistance: If you need or can help provide rides for members who have a hard time getting to services, appointments or visiting their loved ones, please contact the office.

Sign: We'd like to change the sign more regularly, but to do this we need helpers. If you can

help, please contact Paul Bourgeois or the Office.

Servers: We are looking for more volunteers to be servers at our Sunday services **Adults are welcome to join this ministry.**

Sunday School: Parents: Please return your child's registration form. This helps us to stay in touch with you and also lets us know about food allergies and permission for photos. Thank you for looking after this promptly.

Monthly Cleaning Volunteers If you would like more info. please contact Laura Anne at the Parish Office.

Altar Guild: If you are interested in serving on the Altar Guild please let Robbie know.

Parish Council: We are looking for volunteers for the following positions: **Deputy Wardens, Outreach, and Youth contact on Parish Council (a teen age 16 or older).** If you are interested in any of these positions or would like more information please contact the Wardens or Fergus.

The following donations would be greatly appreciated for the Celtic Service and Art group. There will be a box labelled Celtic Group in the coat racks for donations. Thank you! empty gift cards or cards of similar size; clean Styrofoam meat trays; magazines with lots of nature photographs; decorative papers.

Regular Weekly Activities at St. Paul's:

Sun.: **Alpha Youth Series** 10 am—1st and 3rd Sundays
Mon.: **Bible Study:** 7:00 pm
Prayer Group: 7:30 pm
Tues.: **Young at Heart** will be taking a break from meeting for the next little while
Wed.: **Holy Eucharist:** 9:30 am
(Grey Booklet 1st to 3rd, BCP 4th, and Celtic 5th Wednesdays.)
Bible Study: 10 am Bible Study on readings for upcoming Sunday
Prayer Shawl Ministry (2nd Wednesday each Month) February 12 at 1 pm
Thurs.: **TOPS:** 6:30 pm
Après EFM: 7:00 pm (1st & 3rd Thursdays)
Choir practice 7:30 to 8:30 p.m. (If you'd like to join the choir, please contact Paul Bourgeois)