

# Living Waters

## September 2019



**St. Paul's  
Anglican Church**

*Opening Hearts and Minds to God's Grace*



Hey Nana, that's a good burger! Below, line dancers get instructions before stepping out. Check out more Stampede BBQ photos on Page 5.

**Historic  
chapel draws  
a crowd  
See Page 7**



**Check out Missional  
Footprint survey results  
See Pages 13-15**

**Alpha begins  
Sept. 18  
See Page 11**







# St. Paul's

## information



## SERVICE TIMES

**Sunday Services** at 8:30 and 10:00 a.m.

**Wednesday:** 9:30 a.m.

**Celtic Service:** October 20, November 10  
and December 8: 7:00 pm

7 Sunmills Green S.E  
Calgary, Alberta T2X 3P6  
**Phone** (403)256-1428  
**Fax** (403)256-1554

**Email:**  
office@stpaulscalgary.ca  
**Website:**  
www.ststpaulscalgary.ca

## Incumbent

The Rev'd Fergus Tyson

## Assistants

The Rev'd Cyril Haynes

The Rev'd Dr. Norman Knowles

The Rev'd Dr. Bob Mummery

## Parish Council 2019

**Administration:** Robbie Coller

**Christian Education:** Murray Sykes

**Communications:** Paul Bourgeois

**Community Connection:**

Muyi Ekomwenrenren

**Hospitality:** Angela Richardson

**Maintenance:** Gerald de Vries

**Incumbent's Warden:** Murray Sykes

**New Members:** Julie Wilson

**Pastoral Care:** Nicola Peden

**People's Warden:** Rick Coller

**Outreach:** Kathleen Robinson

**Shepherding:** The Rev. Cyril Haynes

**Stewardship:** Kerry Peters

**Sunday School:** Gloria Ford

**Worship:** Robbie Coller

**Youth:** Vacant

## Synod Delegates

Rick Coller, Kathleen Robinson, Robbie Coller.

Alternates: Parish Council

## MCES Directors

Kerry Peters, Iona Shaw

## Treasurer

Treasurer: Karen Hug

## Parish Ministries

### Worship Ministries

Altar Guild - Robbie Coller

Sacramental Assistants – Ed Mullaney

10:00 am Music Group – Paul Bourgeois

Prayers of the People – Dinah Breu

Readers 10 am – Robbie Coller

Readers 8:30 am – Laura Anne Fink

Servers – Joy Kew

Sidespeople – Suzanne Wray

Prayer Team – Dinah Breu

Envelope Secretary – Debra Brisbin

Counters— Roxie Hall

### Fellowship Ministries

Greeters – Roxie Hall

Coffee Time – Hospitality

Ladies Potluck Luncheon

— Gloria Ford & Laura Anne Fink

Men's Breakfast – Kerry Peters

Fellowship & Foods Group

– Doreen Peters

Secret Friends – Julie Wilson

Toddlers to Tweens

— Abby Ekomwenrenren

Youth Group – Keith Daye

Maintenance – Gerald de Vries

## Christian Education

Nursery – vacant

Youth – Keith Daye

Adult Education

Clergy & Lay

Stewardship – Vacant

Library – Doreen & Kerry Peters

Anglican Fellowship of Prayer

– Dinah Breu

Sunday School Coordinator

– Gloria Ford

## Pastoral Ministries

Hospital Visiting – Clergy

& Pastoral Care Team

Home Visiting – Clergy

& Pastoral Care Team

Casserole Ministry – Linda Hubert

(Contact Office)

Shepherding -

The Rev. Cyril Haynes

Prayer Group – Dinah Breu

Prayer Chain – Dinah Breu

Card Ministry – Gail Munro

Pastoral Care Team – Nicola Peden

Grief Support Group

– Laura Anne Fink

## Outreach Ministries

Father Lacombe

Food Bank, Mustard Seed –

Shared Through Outreach Committee

PWRDF -Doreen Peters

Quilt/Shawl Prayer Ministry

– Laura Anne Fink

Living Waters

– Laura Anne Fink

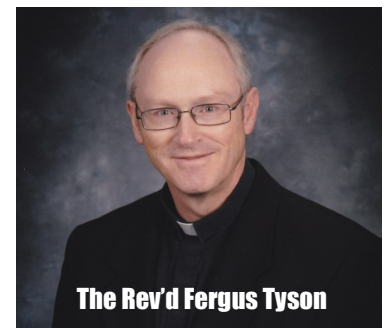
Outreach Committee

– Kathleen Robinson

AgeCare Seton—Fergus

NeST - Jennifer Solem

# An Invitation to “Come and See” This September



*“Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. <sup>29</sup>Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls.” (Matthew 11:28-29)*

*Nathanael said to Philip, “Can anything good come out of Nazareth?” Philip said to him, “Come and see.” (John 1:46)*

It's wonderful to all be back together for an awesome late-summer and early fall this month! What a month it is! We begin on Sep. 1 by returning to two morning Services on Sundays. Then, Saturday, Sep. 7, we're sharing our End of Summer BBQ! The following Monday, Sep. 9, we're resuming our weekly Prayer Group Meetings. (If you think of the Parish as a ship, this group is the engine-room!) Two days later, on Wednesday, Sep. 11, we're resuming our weekly Wednesday morning Holy Eucharist and Bible Studies, and our Prayer Shawl Ministry meetings. The following Sunday, Sep. 15, we're celebrating Back to Church Sunday, a day on which we're especially encouraged to invite a friend or family member to come to church with us. Sep. 15 also features the “Blessing of Backpacks.” (You can see what this is about later in this issue.) This day also marks the beginning of Ministries' Sundays at St. Paul's. (You can see more about these later in this issue as well.) The following Wednesday, Sep. 18, our Alpha Film Series is beginning. Beyond this, on Sep. 22, we're having our first Triple C Service since June. And on Sep. 29, we're having an evening Service and 2 tours of our Historic Chapel to mark its 134<sup>th</sup> Anniversary! (You can also read more about this later in this issue.) There's all this happening, and this doesn't even mention the activities that are continuing in September that actually continued throughout the summer: our Nursery and Sunday School, Men's Breakfast and Ladies' Luncheon, and our Food and Fellowship Groups!

For the rest of this message, I'd like to focus on one of these activities: the Alpha Film Series. Alpha is run in 169 countries; and has had over 29 million people attending. In my last Parish, we ran Alpha 13 times, and we've run it twice here at St. Paul's, one time before I was here, and the other in 2013. In 2016, Alpha put together a Film Series, shot on different locations throughout the world, with 2 main presenters, and a number of others (including Nicky Gumbel) sharing. I've watched it myself, and think it's fantastic!

## What is Alpha

Alpha is a series of sessions exploring the Christian faith, typically run over eleven weeks. Each talk looks at a different question around faith and is designed to create conversation. Alpha is run all around the globe, and everyone is welcome.



But what exactly is Alpha? (I'm glad you asked!) One of the best short descriptions I've seen of Alpha is contained in the first box to the left: “Alpha is a series of sessions exploring the Christian faith, typically run over 11 weeks [in our case, 13]. Each talk looks at a different question around faith and is designed to create conversation. ... [E]veryone is welcome.”

Three key components to Alpha are Food, Talk, and Discussion. There's no charge, no pressure, and no follow-up, if you decide Alpha isn't for you at this

point in your life. In Nicky Gumbel's book *Telling Others: How to Run the Alpha Course*, he uses the letters in the word “Alpha” to spell out further what Alpha is all about (on pages 58-62 of the 2011 edition).

**A is for anyone.** Alpha is for anyone interested in finding out more about the Christian faith. This includes at least five categories of people: 1. Those who are not Christians; 2. Those who are not churchgoers; 3. Those who are new Christians; 4. Those who want to brush up on the basics; and 5. Those new to the church.

**L is for learning and laughter.** We believe it's possible to learn about the Christian faith and have a great deal of fun at the same time. There's always a lot of laughter over the meals and in discussion groups. There's

also humour in the talks.

**P is for pasta or potatoes or paella or pizza.** Pasta is not a theological term, although in a sense it is. As someone said to Nicky: "There's something almost sacramental about the meal on Alpha." We see throughout Holy Scripture the significance of breaking bread together (especially, of course, in Holy Eucharist). It's over the meal at Alpha that friendships are formed.

**H is for helping one another.** It's amazing to see how close those in the small groups in Alpha (typically around 12 people) come to be. Everyone is treated with respect and genuine interest in their story. There's no "Teacher-Student", "Leader-Follower" relationship. All of us are learners, together. Those helping run Alpha are called Hosts and Helpers, because their role is to try to give everyone participating in Alpha the best experience possible.

**A is for ask anything.** No question is regarded as too simple. Whatever question you may have, you can be sure there are others in the group who are wondering about it themselves. No question is too hostile. Some of the people who come on the course are very angry> That's fine. We want people who are angry, confused, or antagonistic to come - that's who the course is designed for.

In the passage of Holy Scripture at the beginning of this message, we see 2 invitations. In the first, Our Lord is inviting everyone who finds themselves exhausted by the heavy loads of life to come and apprentice ourselves to him as his disciples ("disciples" = "learners"). I believe that Jesus is offering this invitation through the Alpha Film Series at St. Paul's to many people in our Parish, our families, and the wider community. At the time of my writing this, we have 16 people signed up to participate in Alpha this fall, and I believe the Lord would like to draw many others to join us.

This is where the invitation in the second Holy Scripture passage at the beginning of this message comes in. It's an invitation to the Lord given, not by Jesus, but by Philip, one of Jesus' disciples. He invites Nathaniel to "come and see" Jesus and what Jesus is doing for himself. By far the majority of people who come to Alpha do so because of a personal invitation. Many of us find it hard to talk about our faith with family, friends, and neighbours. But we can all say, "I'm not very good at expressing all of this about Jesus to you, but I'm going to the Alpha Film Series at St. Paul's this fall. I'd be delighted if you'd like to *come and see* what it's all about by coming to Alpha with me." at Nicky calls Alpha "evangelism for ordinary people." I invite all of us to consider if Our Lord is inviting us to come to Alpha this fall. And if we decide that he is, I invite us to also consider if he would like to call others we know through us.

I can't wait to see how Our Lord uses Alpha and all the wonderful activities at St. Paul's this September to deepen our discipleship and spread his love in his world.

God bless you all, always.

Your Brother in Jesus,

 +

A promotional graphic for Alpha. On the left, a photograph shows hands holding a white mug with a simple line drawing of a person's face. Overlaid on the photo is the text "Try Alpha" in large white letters, with a red speech bubble containing the word "Alpha" next to it. The right side of the graphic has a red background with white text. It includes three sections: "What is Alpha?", "Who's it for?", and "How does it work?". Each section has a brief description. At the bottom right, it says "For More Information:" followed by the website "www.facebook.com/stpaulscalgaryalpha".

**Try Alpha**

**What is Alpha?**  
Alpha is a series of interactive sessions that freely explore the basics of the Christian faith.

**Who's it for?**  
Alpha is for anyone who's curious. The talks are designed to encourage conversation and explore the basics of the Christian faith in a friendly, open and informal environment.

No question is out of bounds and you are free to discuss as much or as little as you wish.

**How does it work?**  
Alpha is eleven sessions with the option of a day or weekend away in the middle.

Each session includes food, a short talk and a discussion at the end where you can share your thoughts.

At any point, if you think Alpha isn't for you, that's not a problem. There's no pressure, no follow up and no charge.

**For More Information:**  
[www.facebook.com/stpaulscalgaryalpha](http://www.facebook.com/stpaulscalgaryalpha)





# Yahoo!

## That was fun

St. Paul's Stampede BBQ was loads of fun. Thanks to everyone who brought food or helped out in any way. And special thanks to our brave line dancers.

**Thank you to Julie Wilson for the photos**





## ROSTER FOR SUNDAY SERVICES

DATE	OFFICIATING	ASSISTING	PREACHING	CHILDREN'S TALK
Sept. 8	Fergus	Bob & Cyril	Bob	Bob
Sept. 15	Fergus	Cyril	Cyril	Doreen Peters
Sept. 22	Fergus	Norman	Norman	Sunday School

## SERVICES TO MARK ON YOUR CALENDAR



**Sunday, Sept. 8:** Grandparent's & Senior's Day  
**Sunday, Sept. 15:** Holy Cross Sunday & Back to Church Sunday  
**Sunday, Sept. 22:** Triple C at 10:00 am service

**Sunday, Sept. 29:** St. Michael & All Angels  
**Sunday, Sept. 29:** Evensong at the Historic Chapel at 7:30 p.m.  
**Sunday, Oct. 13:** Thanksgiving Sunday

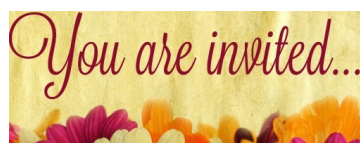
## UPCOMING EVENTS

Men's Breakfast	Saturday, Sept. 21 —8:30 am	Back to Church Sunday	Sunday, Sept. 15—8:30 & 10 am
Ladies' Luncheon	Saturday, Sept. 21—11:30 amEnd	Alpha	Begins Wednesday, Sept. 18
of Summer BBQ	Saturday, Sept. 7 - 5 pm to 7 pm	Historic Chapel tours	Sunday, Sept. 29 at 12:15 & 6:15

## BIBLE STUDIES

**Monday Bible Study:** 7:00 pm  
**Wednesday :** 9:30 am Holy Eucharist  
**Wednesday Bible Study:** 10:30 am Study of the readings for upcoming Sunday

The weekly Bible Studies are a great opportunity to meet fellow parishioners, and to learn more about the Bible. No experience is necessary we are all learning together. Participate as much as you want no pressure.



## LADIES POTLUCK LUNCHEON (every third Saturday of the month)

### A PICNIC LADIES POTLUCK LUNCHEON

at THE TALL, TINY CHURCH St. Paul's Midnapore

What fun to gather together for a potluck picnic outside (praying for sunshine which came and warmed us) .....our very own mother church built in 1885 - St. Paul's Midnapore.

It was the third Saturday (of August) as usual and though it had been quite chilly and had rained the day before, the sun came out just in time to warm us and cheer us. Many of our regulars were away on holidays. Even so, we were 7 hearty souls, dining like gourmards on picnic delights, sharing our stories. We even had coffee and tea! Provided by the ever so gracious Doreen Peters.

After our yummies, it was time for some history of our church. Walking around the old cemetery, we learned a bit about the early settlers buried there and some hardships encountered. Rosamund (Ros) Sanderson shared some of the stories she grew up with as we strolled the grounds.

Inside the Tiny, Tall Church we had the privilege of hearing more history, prepared by our own journalist, Kathleen Robinson, with the aid of her son, Jake, who joined us and is a history buff. And again Ros shared some of the history she knew very well.

To know that a group of people from Pine Lake who were on their way to move the tiny church were stopped in their tracks! when they learned from their scout - a notice

had been place on the front door of the church, saying something like...

**ANYONE ATTEMPTING TO MOVE THIS CHURCH BUILDING WILL BE PROSECUTED TO THE GREATEST EXTENT OF THE LAW!!!**

And that the person who donated the land for the church, John Glenn, also donated the land right next door to the Roman Catholic Church. Such a loving act of kindness!!

These stories lit my imagination and helped me to appreciate the wonderful history our church of St. Paul's has. We are truly blessed!

Maybe we'll make this an annual event as someone suggested?!



Respectfully submitted by  
Gloria Ford

Join us on **September 21** at 11:30 am at St Paul's as we continue to share fellowship and great food! If you are able, please bring a dish to share.

All ladies 13 years and up are welcome to share in this wonderful time of friendship.





# HISTORIC ST. PAUL'S DRAWS A CROWD

Prairie churches are a testament to community and faith of the past present and future

The historical chapel of St. Paul's Anglican Church in Midnapore drew a big crowd on Monday, Aug. 5 for a public tour that was part of Calgary Historic Week 2019.

Neil Brown of the Midnapore Church of England Society (MCES) explained the architecture, history and cultural significance of the chapel for about 80 people who attended.

The tour included a walk around the cemetery and a talk inside the chapel with a mix of historical information and entertaining stories about the many people who shaped the chapel's history from its construction in 1885 to the present.

MCES is a philanthropic arm of St. Paul's Anglican Church. Its main purpose is to raise funds to maintain, repair, preserve, restore and improve the Historic St. Paul's Chapel, cemetery and grounds. The volunteer Board of Directors that runs MCES is always looking for people who have an interest in helping maintain, preserve and promote the physical and cultural significance of Historic St. Paul's.

Prairie churches like St. Paul's stand as a testament to faith and community - not just of the past - but also of the present and future.

Because so many country churches have disappeared, it is an honour that St. Paul's still stands as a monument to the convictions of the pioneers who built it. This chapel pays tribute to the founders' heritage, their faith, their God. And it provides inspiration and a direct connection to the St. Paul's congregation of today.

On behalf of Parish Council, Jake Robinson and Kathleen Robinson (Outreach representative and Jake's mom) are looking to find ways to assist MCES in promoting interest in Historic St. Paul's both within our congregation and the broader community. If you are interested in helping, please contact Kathleen.



**JOIN AN ANNIVERSARY TOUR:** Each year a service is held at the historic chapel to mark the anniversary of its construction in 1885. This year's Evensong service will be held on Sunday, Sept. 29 at 7:30 p.m. This year, one-hour historic tours of the chapel are being also offered that same day at 12:15 p.m. and 6:15 p.m. Watch the bulletins for more details.

July 2019 YTD Comparative Income Statement		2019 Actual	2019 Budget Yr To Date	Percentage-Over/Under Budget Yr To Date	2018 Actual	Year-to-year \$ Increase/ Decrease	Year-to-year % Increase/ Decrease
<b>Income</b>							
	General	\$118,836	\$130,558	-9.0%	\$133,540	-\$14,704	-11.0%
	Open	\$1,618	\$2,308	-29.9%	\$1,814	-\$196	-10.8%
	Special	\$0	\$6,635	-100.0%	\$5,250	-\$5,250	-100.0%
<b>Offering Total</b>		<b>\$120,454</b>	<b>\$139,501</b>	<b>-13.7%</b>	<b>\$140,604</b>	<b>-\$20,150</b>	<b>-14.3%</b>
	Other income	\$5,476	\$4,673	17.2%	\$5,283	\$193	3.7%
	Fund transfer (Youth events)	\$292	\$292	0.1%	\$292	\$0	0.0%
	Fund Transfers	\$204	\$204	-0.1%	\$583	-\$379	-65.0%
	Fundraising events	\$1,628	\$2,042	-20.3%	\$2,529	-\$901	0
<b>Total income</b>		<b>\$128,054</b>	<b>\$146,711</b>	<b>-12.7%</b>	<b>\$149,291</b>	<b>-\$21,237</b>	<b>-14.2%</b>
<b>Expense</b>							
	Utilities/insurance	\$8,949	\$9,550	-6.3%	\$10,597	-\$1,648	-15.6%
	General Maintenance	\$7,617	\$8,199	-7.1%	\$8,879	-\$1,262	-14.2%
	Administration	\$17,083	\$19,440	-12.1%	\$19,363	-\$2,280	-11.8%
	Ministerial	\$68,683	\$67,180	2.2%	\$67,459	\$1,224	1.8%
	Apportionment	\$19,313	\$19,316	0.0%	\$20,995	-\$1,682	-8.0%
	Communications	\$678	\$896	-24.3%	\$303	\$375	123.8%
	Worship	\$4,125	\$4,612	-10.6%	\$4,640	-\$515	-11.1%
	Christian Education	\$1,092	\$3,208	-66.0%	\$6,717	-\$5,625	-83.7%
	Hospitality, Fellowship	\$1,037	\$1,381	-24.9%	\$1,192	-\$155	-13.0%
	Outreach	\$13,904	\$13,904	0.0%	\$13,608	\$296	2.2%
	Pastoral Care	\$242	\$350	-30.9%	\$0	\$242	#DIV/0!
	Other	\$0	\$278	-100.0%	\$369	-\$369	-100.0%
<b>Total Expense</b>		<b>\$142,723</b>	<b>\$148,313</b>	<b>-3.8%</b>	<b>\$154,122</b>	<b>-\$11,399</b>	<b>-7.4%</b>
<b>Net Operating Income</b>		<b>-\$14,669</b>	<b>-\$1,602</b>		<b>-\$4,831</b>	<b>-\$9,838</b>	
<b>Other Income</b>	Interest Revenue	\$556			\$453		
	Planned Giving/ bequests	\$0			\$0		
<b>Other Expenses</b>	Transfer to Project Fund	\$245			\$210		
	Transfer to Directed Fund	\$0			\$0		
<b>Net Profit</b>		<b>-\$14,358</b>			<b>-\$4,588</b>	<b>-\$9,770</b>	
<b>Pass-through/ designated fund donations</b>	PWRDF	\$900					
	CAWST	\$325					
	Capital Improvement	\$60					
	Expansion fund	\$0					
	Youth-general funds	\$205					
	Chattel-Worship Items	\$0					
	Chattel-AV/Technology	\$0					
	Inreach-assistance for parishioners	\$400					
	Cancer Bags - Donated Funds	\$0					
	Sunday School	\$5					
<b>Total pass-through/ designated fund donations</b>		<b>\$1,895</b>					



Thanks to you all, there has been a positive financial response to Fergus' letter. I will be putting notes in the bulletin and Living Waters to keep time, talents, treasure and creation in our minds. Stewardship is on going

and there is always a concern about money, school and youth leaders. Please consider pre authorised giving since it helps with budgeting and the summer dip in giving. St Paul's is a lovely place to worship and meet our family so let's be good stewards and take care of it. Kerry



# ST. PAUL'S END OF SUMMER COMMUNITY BBQ



**WHO: EVERYONE!  
INVITE YOUR  
FRIENDS AND  
NEIGHBOURS!  
WHEN: SATURDAY,  
SEPT. 7  
BEGINNING AT 5 P.M.  
WHERE:  
ST. PAUL'S  
ANGLICAN CHURCH  
7 SUNMILLS GREEN  
COST: FREE**

**GREAT FOOD, GAMES,  
FACE PAINTING,  
BOUNCY CASTLE  
COME FOR AN  
EVENING OF FAMILY  
FUN!!!**



On Saturday, Sept. 7 the Community Connection Committee is sponsoring our fourth annual Community BBQ. Last year's was a big success. By inviting the community we are increasing our visibility in the neighbourhood. It is a family event with games, face painting, food, music, bouncy castle and fun for all. We need volunteers to help in a variety of ways to be successful once again. Please watch for the sign-up sheet in the Hall or contact Muiy Ekomwenrenren or the Parish Office.





# **WOW!**

**Our First Harvest From Our  
Mid-Sun Community Garden Plots!**

**To date we have given to the Food Bank  
forty two pounds of beets, onions, let-  
tuce, and carrots. It's likely that there is  
another two hundred pounds in the  
garden to be harvested so well done to  
us all.**

**Many thanks to Kerry Peters  
for his leadership, and for everyone  
who has helped with the planting  
and watering.**

**What a wonderful way to  
serve our community!**





### **What is Alpha?**

Alpha is a series of interactive sessions that freely explore the basics of the Christian faith.

### **Who is it for?**

Alpha is for anyone who's curious. Each session looks at a different question, and is designed to create conversation. There's no pressure, no follow-up and no charge; it's just an open, informal, and honest space to explore and discuss life's big questions together.

### **How does it work?**

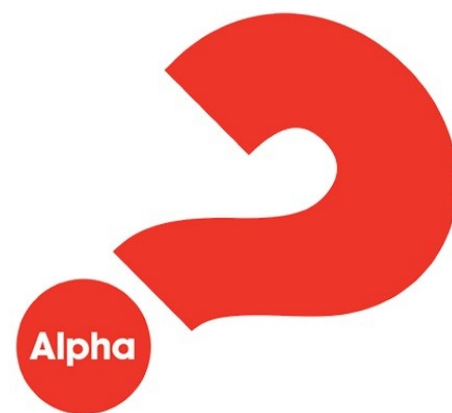
Alpha is typically 8-12 sessions with a weekend or day away in the middle. Each session includes food, a short talk and discussion where you can share your thoughts and ask questions.

### **How much is it?**

There's usually no charge to attend Alpha, though some may ask for a contribution towards food.

## **COMING TO ST. PAUL'S THIS FALL: THE ALPHA FILM SERIES**

Twelve Wed. Evening Sessions (Including Supper) Plus a Sat. "Day Away"  
Starting 6:30 pm on  
Wednesday, September 18



Please Keep Looking for Information Updates  
on Our Website, Facebook and Twitter.

# That is some serious change

St. Paul's came through big time for the Calgary Pregnancy Care Centre. A total of **\$1,134.25** was donated by St. Paul's through the Baby Bottle campaign, which ran from Mother's Day to Father's Day this year.

Whether you wrote a cheque, saved change throughout the year, or just found a crazy amount of coins down the back of our couch, thank you for participating.

In fact, the Centre was thrilled to report that this year's campaign raised **more than \$144,000 — an increase of more than 10% over 2018.**

The goal of the Calgary Pregnancy Care Centre is to help reduce the **challenges** women and families face during an unexpected pregnancy.

One of the ways the Centre tries to thank groups that support its campaign is by making trained speakers available on a new topic each year.

This year the speaker series is called Take Charge: Growing Up Digitally.

Created with the family unit in mind, workshops are designed to help students navigate life in the digital age while equipping parents to help their kids along the way. Both workshops — one for parents, one for teens — provide insight, re-

sources and tangible tips to manoeuvre through today's culture.

**Teens:** Navigating relationships, communication, and boundaries

This workshop talks about healthy relationships and sexual decision-making in the context of the digital world.

Topics discussed:

Healthy relationships and communication

Boundaries and consent

Social media and sexting

**Parents:** Equipping you to raise your kids in the digital age

Topics discussed:

Building healthy, trusting relationships with your kids

Pornography and Internet safety

Safe-proofing your home

Healthy digital boundaries

How to talk with your kids about all of the above!

We are looking to gauge if there is any interest with St. Paul's parents in asking that either or both of these workshops be made available. If you are interested, please email Kathleen Robinson.

— Outreach representative Kathleen Robinson



## Food for Others Sunday

The fifth Sunday of a month is Food for Others Sunday. On the fifth Sunday of the month we encourage everyone to bring a donation for the Food Bank. The box will be at the steps to the altar and the food

will be blessed during the service. This is a great way for children to learn about giving to others and hopefully beginning a life long commitment to helping others.



## CHANGE FOR CHANGE:

Putting some coins (or bills) into the CAWST water filter in the narthex will support the delivery of clean drinking water in poor communities. Through our donations, the health of many people in the third world can be greatly improved. Please make a contribution today, and continue week by week.

## Help PWRDF help Refugees

Helping refugees is an important part of the work of PWRDF, and with the numbers of refugees in the world increasing greatly more help is always needed.

The United Nations high Commissioner for Refugees estimates that every minute 20 people leave everything behind to escape war, persecution or terror.

PWRDF works in many countries to try to improve the lot of uprooted people.

One example is the development project in the Kakuma refugee camp in northern Kenya. PWRDF has partnered with the National Council of Churches who has worked in Kakuma refugee camp since 1994.

They deliver services and education on reproductive health care, and HIV and AIDs prevention. They also carry

out projects to improve the livelihood of refugee communities, such as food production and income generation for youth.

The refugee camp now has a population of 182,000 refugees, and the number still increasing due to regional conflicts and famine affecting the region. Since, inevitably, many refugees will have to stay in the camp for a long time, these projects are vital to their well-being.

You can help by supporting PWRDF or by donating directly to the UNHCR.





# St. Paul's Missional Footprint Survey Results

**Method:** An email invitation with link was sent May 30 to congregation members. A reminder email was sent June 9. Paper copies were also available. The survey was promoted in the weekly bulletin, monthly Living Waters newsletter and on pre-service screens. The survey closed on June 25.

**Participation:** There were 68 total responses received. Not everyone answered every question. The vast majority of the responses were received on the dates the emails were sent. The total average time for a participant to complete the survey was 1 minute 56 seconds.

## Introduction presented on email invitation to take survey:

Parishes in the Diocese of Calgary have been asked to measure our Missional Footprint. The longterm goal is to create a vision for living the love of God beyond the walls of St. Paul's. The first step is self-evaluation, to figure out what members of our parish are already doing. That's why we want to hear from you. This survey will take about five minutes to complete. Your participation is much appreciated. The deadline for submissions is June 25.

## Question 1 - Total of 60 responses

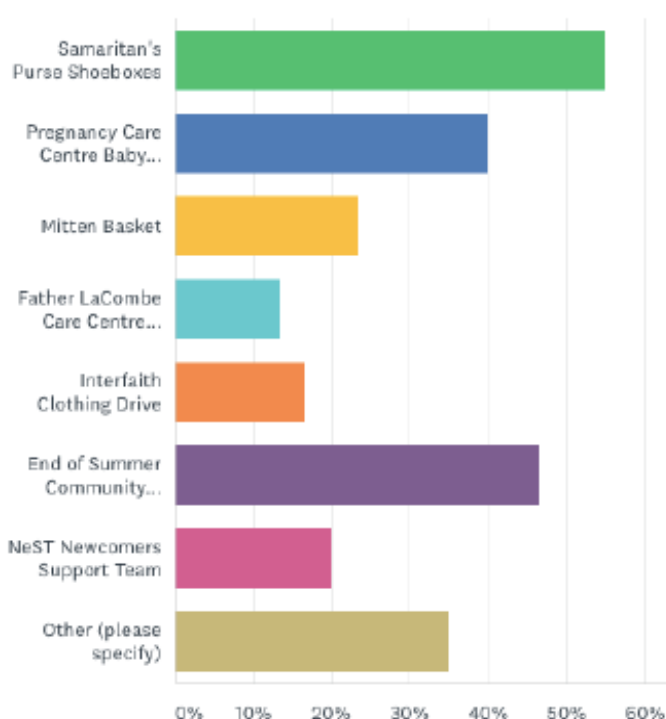
We want to ask you about outwardly focused mission work. Do you participate in any programs initiated through St. Paul's that are primarily intended to help people outside our parish? Here are some examples to get you thinking, but please feel free to use the "Other" box.

Organization	% participating	# participating
Samaritan's Purse Shoeboxes	55%	33
Pregnancy Care Centre Baby Bottles	40%	24
Mitten Basket	23.33%	14
Father LaCombe Care Centre ministries	13.33%	8
Interfaith Clothing Drive	6.67%	10
End of Summer Community Barbecue	46.67%	28
NeST Newcomers Support Team.	20%	12

## Other - write-in responses

Percent of responses 35% Total 21

PWRDF	3
Calgary Food Bank Donation box	8
Community Gardens for Food Bank (2 work & 1 donate)	3
Garage Sale	2
Age Care Seton	2
Pancake Supper	1
Dream Centre	2
Clean up parking lot for neighbours	2
Volunteer for funerals	1
Use Calgary Humane Society bin	1
Jacket Racket	1
Remembrance Service at Sundance on the Green	1

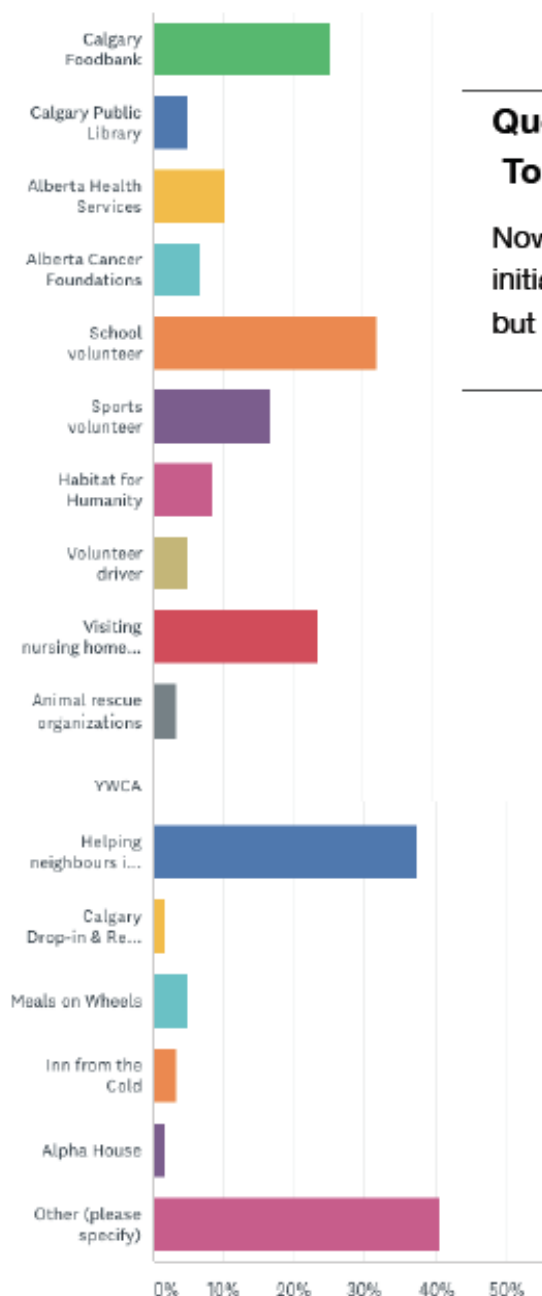
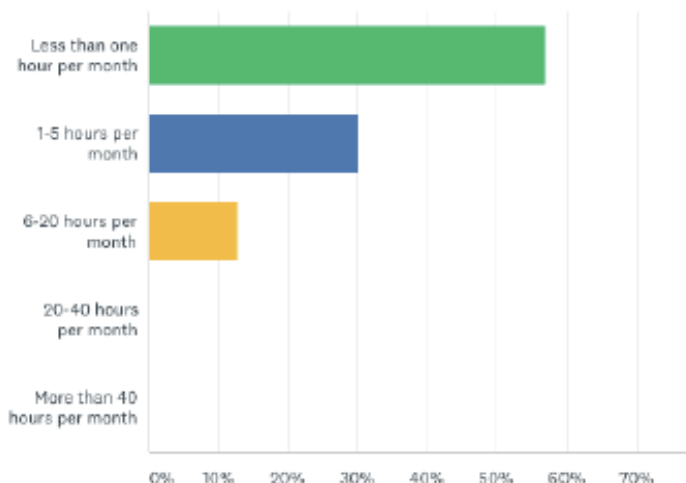


## Question 2

### Total of 63 responses

On average, how many hours a month do you spend on these activities

	Percentage	Total
Less than one hour/month	57.14%	36
1-5 hours/month	30.16%	19
6-20 hours/month	12.70%	8
20-40 hours/month	0	0
More than 40 hours/month	0	0



## Question 3

### Total of 59 responses

Now, please think about any volunteer work you do that is not initiated by St. Paul's. Below are a few ideas to get you thinking, but please tell us about your missional footprint.

Organization	% participating	#
Calgary Foodbank.	25.42%	15
Calgary Public Library	5.08%	3
Alberta Health Services	10.17%	6
Alberta Cancer Foundations	6.78%	4
School volunteer	32.20%	19
Sports volunteer	16.95%	10
Habitat for Humanity	8.47%	5
Volunteer driver	5.08%	3
Visiting nursing homes/ shut-ins/lonely	23.73%	14
Animal rescue organizations	3.39%	2
YWCA	0	0
Helping neighbours ie. Snow Angels	37.29%	22
Calgary Drop-in & Rehab Centre	1.69%	1
Meals on Wheels	5.08%	3
Inn from the Cold	3.39%	2
Alpha House	1.69%	1



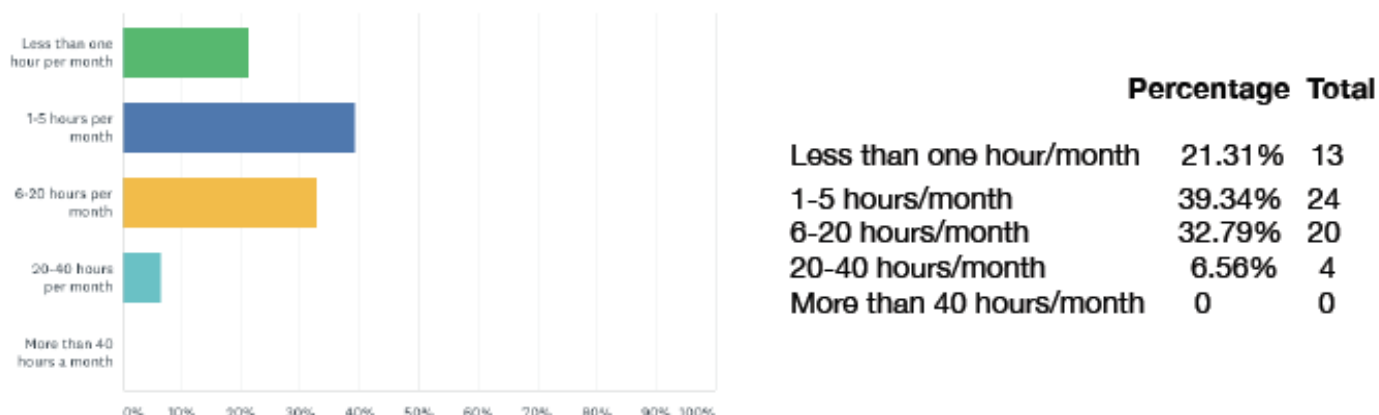
### Question 3 - Other write-in responses

Percent of responses: 40.68% Total: 24

Girl Guides of Canada	1	United Way	1
Cursillo	1	Alzheimer's Society	2
Seniors choir performs in seniors homes	1	YWCA women's shelter	1
Heritage Park	1	Volunteers at Grandchildren's school	1
The Mustard Seed	2	Elder care - driving to bank, gardening, shopping, meal prep	1
Lions Club	1	Drives and visits lonely friend	1
Community Cleanup (organized 1/casual 1)	2	Behind-the-scenes work to support other volunteers	1
Wellspring	2	Agency that dresses women with donated clothes for school or work	1
Brown Bagging for Calgary's Kids	1		
YMCA	2		
Salvation Army	2		
Women in Need	1		

### Question 4 Total of 61 responses

On average, how many hours a month do you spend on these activities?



Notes: There is overlap between some of the "Other" answers and possible answer categories that were suggested. The answers were recorded here as provided.

However, if condensing responses, some of those answers could be assigned to similar categories. Also, because the "Other" category was write-in instead of prompted answers, the response is seriously under-represented in some categories. For example, the Garage Sale, Pancake Supper and Funerals all draw numerous volunteers, but most people (including the author) didn't think to include them.

If another survey were done in the future, some of the write-in answers given in this survey could be included in the suggested lists.

- prepared by Kathleen Robinson



# Prayers



## **SEPTEMBER 1ST WORLD DAY OF PRAYER FOR THE CARE OF CREATION**

**The psalmist sings, "The earth is the Lord's and the fullness thereof, the world and those who dwell therein" (Ps 24:1-2)**

Prayer for the Season of Creation 2019

**God of the universe,**

**We thank You for Your many good gifts -  
For the beauty of Creation and its rich and varied  
fruits, For clean water and fresh air, for food and  
shelter, animals and plants.**

**Forgive us for the times we have taken the earth's re-  
sources for granted**

**And wasted what You have given us. Transform our  
hearts and minds**

**So that we may learn to care and share,  
To touch the earth with gentleness and with love, Re-  
specting all living things. Amen**

- Adapted from Fiona Murdoch, Eco-Congregation Ireland

## **PREPARING TO PRAY**

Lord, we come into your presence, aware of your holiness  
but drawn by your gentleness.

We come because we have heard of your mercy, and we  
come bringing our sinfulness.

We come, confessing you are Creator, aware of our need of  
your recreation.

We come declaring your sovereignty and majesty and ready  
to offer thanksgiving and glory.

We come knowing that you are our judge but trusting your  
mercy and the grace of Christ.

We come because you are worthy of our worship and  
commitment.

We come because you called us.

We come because in you we have life, hope and eternal life.

We come in Christ's name. **AMEN**

- Let Us Pray: D. Clowes

## **A SERVANT PRAYER**

Our Father, we remember your words: "to whom much is  
given, much is required." We thank you for the blessings of  
life that have come to us as your people, for health and  
strength, for opportunities of education, the advantages of  
living in this land, for employment and jobs in which we can  
exercise creativity and the abilities you have given us.

We would ask, Lord, that you create in us an eager desire  
to present all of these good things that come from your  
hand, back to you.

And we ask that by your Holy spirit you will anoint us as  
your holy people; we ask that by your Holy Spirit you will let  
us be chosen, anointed servants of the Lord, Christians in  
the full sense of the word.

And for this we praise you in the name of our Saviour,  
Jesus Christ. **AMEN**

-Terry Fullam

## **A Prayer for Our Parish Ministries**

O Lord our God, our Creator,

we give you thanks for the many gifts you have given your  
people of the Parish of St. Paul and for the many wonderful  
ways in which these gifts are already being used to glorify  
you. We pray that you will continue to strengthen, encour-  
age and uphold all those who share their time and talents in  
ministries of every kind. Our prayer is also that you, our Pro-  
vider, will continue to build up these ministries, touch peo-  
ple's hearts for service and fill up vacancies where needed.

It is you alone, Lord, who supplies our every need. We pray-  
this in the name of your Son, our Saviour, Jesus Christ.

**AMEN -D.B.**

## **FOR OUR SPIRITUAL LEADERS**

Give them, O Lord, firm faith, unwavering hope and perfect  
charity.

Pour into their hearts

the spirit of wisdom and understanding,  
the spirit of counsel and spiritual strength  
the spirit of knowledge and true godliness  
and the spirit of your holy fear.

Light eternal, shine in their hearts.

Power eternal, be their shield and protector.

Grant that they may ever seek your face

with all their heart, soul and strength.

May your blessing be upon them always.

**AMEN**

-adapted from a prayer of Alcuin 8<sup>th</sup> Century

## **A PRAYER FOR OUR SUNDAY SCHOOL, YOUTH GROUP AND THEIR LEADERS**

Lord, we give you thanks for our children and young people  
in these groups. May they continue to grow in the love and  
knowledge of you all the days of their lives.

We give thanks to you also, for the faithfulness of those who  
lead and teach. May they be inspired, encouraged,  
strengthened and blessed in all their undertakings by your  
Holy Spirit. **AMEN**

- adapted

## **FOR THOSE WHO ARE ILL**

*"Heal me, O Lord, and I will be healed; save me and I will be  
saved; for you are the one I praise."* -Jeremiah 17: 14

Father of compassion and mercy, who never fails to help  
and comfort those who cry to you for succour: give strength  
and courage to them in their hour of need. Hold them up  
and they shall be safe; enable them to know you are near,  
and to know that underneath are the everlasting arms; and  
grant that resting on your protection, they may fear no evil,  
for you are with them; through Jesus Christ our Lord.

**AMEN**

-adapted from BCP Church of Ireland



### **THE PEACE AND PRESENCE OF GOD**

"And surely I am with you always....."

Matthew.28:20b

O God, I am so thankful for the unutterable peace that possesses me when I realize that no matter what lies ahead, you will always be there.

Life's consequences are safe because you are safe. I am so thankful. AMEN

- from the prayer journal of Jeanne Tearne

### **HE CARRIES OUR CARES**

*"Cast your cares upon him because he cares for you."*

1 Peter 5:7

Lord Jesus, as I walk with you, there is no cause for fear or anxiety. Thank you for inviting me to be in this close relationship with you. I lay down the concerns of my life right now, knowing you will take care of each one in your time and in your way ---the way that is best for me. Help me walk with peace in my heart and mind today as I place my hand in yours. AMEN

-You'll Never Walk Alone-Publications International

### **HE RESTORETH MY SOUL**

"he restores my soul" Psalm 23:3a

Father, you come quickly to heal me when I call on you. You may heal me in a single moment or you may choose to work through a process over time, but either way you restore my soul with your wisdom and power. I give you praise today for what you are doing in my life as you walk with me, step by step, to wholeness AMEN

-You'll Never Walk Alone-Publications International

### **A PRAYER FOR LABOUR DAY**

Almighty God, you have so linked our lives one with another that all we do affects, for good or ill, all other lives: so guide us in the work we do, that we may do it not for self alone, but for the common good; and as we seek a proper return for our own labour, make us mindful of the rightful aspirations of other workers, and arouse our concern for those who are out of work; through Jesus Christ our Lord.

AMEN

### **PRAYERS FOR HOLY CROSS DAY SEPT. 14**

Almighty God, whose Son our Savior Jesus Christ was lifted high upon the cross that he might draw the whole world to himself: Mercifully grant that we, who glory in the mystery of our redemption, may have grace to take up our cross and follow him; who lives and reigns with you and the Holy Spirit, one God, in glory everlasting. AMEN [ECUSA]

O God, who by the passion of your blessed Son made an instrument of shameful death to be for us the means of life and peace: Grant us so to glory in the cross of Christ, that we may gladly suffer shame and loss for the sake of your Son our Savior Jesus Christ; who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

AMEN (C OF E.)

### **A PRAYER FOR ST. MATTHEW, APOSTLE & EVANGELIST**

#### **SEPT. 21**

O God, who through the record given to us by Saint Matthew revealed your Son as the fulfillment of the law and the prophets and as the promised Son of David: grant to us, who are members of the new Israel and acknowledge the kingship of Jesus, the obedience of faith, that we may go and make all nations his disciples, knowing that he is with us always, to the end of time.

Amen

Llewellyn Cuming

### **PRAYERS FOR ST. MICHAEL & ALL ANGELS**

#### **SEPT. 29**

Almighty God, sovereign of all creation, we praise your name for men and angels who have joined in the war against the powers of evil. Most of all we praise you for the cross of your son Jesus Christ which ensures the final victory. Grant that we who are marked with the sign of that victory may continue Christ's faithful soldiers and servants to our lives' end.

AMEN

Basil Naylor

Lord of the heavenly hosts, your angels dwell always in your presence and do all that you command them. Open our eyes to become aware of this great company; that encouraged by their example we may serve you faithfully and advance your glory, til we rejoice in their fellowship; through Jesus Christ our Lord.

AMEN

-Leo Stephens-Hodge

### **A PRAYER FOR INNER PEACE**

May the light of lights come  
to my dark heart from thy place;  
May the Spirit's wisdom come  
to my heart's tablet from my Saviour.  
Be the peace of the Spirit mine this night,  
Be the peace of the Son mine this night,  
Be the peace of the Father mine this night,  
The peace of all peace be mine this night,  
Each morning and evening of my life. AMEN  
-source unknown (Celtic)

### **A BLESSING**

Go, and know that the Lord goes with you: let him lead you each day into the quiet place of your heart, where he will speak with you; know that he loves you and watches over you; that he listens to you in gentle understanding, that he is with you always, wherever you are and however you may feel: and the blessing of God- Father, Son and Holy Spirit be yours forever.

AMEN

-Author Unknown

## Pastoral CARE

If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag please contact Robbie Coller .

If you'd like to be part of our Pastoral Care Team, please contact Fergus or Nicola Peden. Training will be provided.

**Grief Support Group:**

*If you are interested please contact Laura Anne at the Parish Office. Our Grief Support Group is a chance to be with others who have suffered a loss. It is a chance to speak from the heart or just listen.*

### Prayer Shawl Ministry

We will resume meeting on September 11 at 1:00 pm. All are welcome to join us! No experience needed! Everything is supplied. For more info. contact Laura Anne at the Parish Office.

### Health Care Apostolate Dioceses of Calgary

#### Bereavement Education

4th & 5th October Part 1  
18th & 19th October Part 2

# Compassion Fatigue – The High Cost of Caring

Presented by Rev. Kerri Kroeker

Caring too much can hurt. When caregivers focus on others without practicing healthy care giving they are at risk for developing "Compassion Fatigue". Come and learn how it is possible to practice healthy self-care while continuing to care for others. We will explore the following topics:

- What is Compassion Fatigue?
- What are the causes?
- What is healthy care giving?
- Breaking the Compassion Fatigue cycle
- Developing authentic, sustainable self-care practices

**Saturday, October 19th 9:00 am – 1:00 pm**

At Symons Valley United Church Calgary, AB

**The cost is \$55.00 for CPCA members, \$70.00 for non-members**

**Registration Deadline October 17, 2019**

**Deadline for Cancellation October 17, 2019**

Refreshments will be provided.

**This event is open to everyone.**

For more information, to register, or to become a member, visit <https://cpcassoc.ca> or Contact Karen at 403-253-7946 Email [events@cpcassoc.ca](mailto:events@cpcassoc.ca)

*We ask that you refrain from wearing scented products due to sensitivities*



## The Christian Pastoral Caregivers Association

is pleased to present

### Companioning at End of Life

This course approaches the issue of visiting with residents/patients and family in a caring, compassionate manner that goes beyond simple passing of time. The ministry of presence is a vital part of companioning. However, understanding the dynamics of how to companion in an effective way and understanding the needs of the dying person and their families are key to effective companioning.

This is an interactive seminar with opportunities to practice what you are learning.

The cost is \$100 for CPCA members and \$125 for non-members.



**Friday, Oct 20, 6:30 pm – 9:30 pm**

**Doors open at 6:00 pm**

**Saturday, Oct 21, 8:30 am – 3:30 pm**

at Symons Valley United Church  
38 Kincora Rise N.W.

**Registration Deadline Sept. 18, 2019**

**Deadline for Cancellation Sept. 18, 2019**

**This event is open to everyone.**



# Registration begins Sept. 1



**"Train a child in the way  
he should go. When he is  
old,  
he will not turn away  
from it."**

St. Paul's Anglican is starting Sunday School Registration early on Sept. 1, 2019, on the long weekend. I will be doing Registration after the service. Since I will be away the following Sunday, Shannon Colle will continue with registration on Sept. 8. Our hope is to have three Sunday School classes:

**Preschool, Ages 3 and 4      Kindergarten to Grade 3  
Grades 4 to 6**

In order to give our teachers a chance to attend services and not burn out, we have a roster of teachers.

Unfortunately, we are a bit short staffed for K to Grade 3

presently so we might have to combine them with Grades 4 to 6 in the short term.

Please speak to me or Fergus if you think God might be calling you to this ministry teaching K to Grade 3, or to the Pre-school class.

We will continue to start our classes with the Order of Service, including our Statement of Faith song and action songs, our Friendship Prayer and announcements before breaking out to the classes. And mainly we will be having our lessons based on the Anglican liturgical calendar so that the scriptures read in the sanctuary are what the children are hearing and learning - an excellent way for families to ask questions and share learnings from the Bible while growing in the knowledge and love of Jesus Christ together.

Respectfully submitted,  
Gloria Ford

Your Volunteer Sunday School Coordinator

## What's coming up for Sunday School

We are planning to have a St. Paul's Family Tree in the Sunday School area where we will attach a leaf displaying a picture of each child and their name - our hope is that everyone in our Parish will GROW WITH US and add their names and photos as well. Please note photo consents for children will be part of the registration process (children without consent will simply draw a selfie).

Please make note that we will have a special "Blessing of the Backpacks" on Sunday September 14<sup>th</sup>. Children are invited to bring their backpacks/school bags to receive a special blessing from Pastor Fergus.

Here's what's coming up in September for Sunday

School for Grades 4 - 6 (as well as any combined classes with K-3).

**GOD IS GOOD...** You will likely hear the shouts of "**God is good**"... "**All the time**" echoing from the Sunday School area - Don't be alarmed - this is our "Attention Grabber"! With so many children and the abundance of energy I had to find something to grab their attention back ... when I raise my hand and shout "**God is good**"...the children stop and respond "**All the time**" in whatever tone I use. Hopefully this will catch on and it won't disrupt the service!

By Shannon Cole

## Nursery is a shared ministry

Jesus calls us to bring the little ones to Him. Therefore we need to create an environment where even the youngest ones can come, be lovingly cared for and experience a family community.

Mothers and fathers need to be cared for as well. We need to give them a break from caring for their children each time they come to St. Paul's to worship God.

This will be a shared ministry. Parents are asked to take a turn in the nursery once every 2 months. Since there needs to be more than one care giver in the nursery to allow for one person taking a child to the bathroom, our youth are scheduled to be part of this important ministry.

I am hoping that one difficult problem regarding youth volunteering for nursery and not having a child to care for, will be removed. By scheduling one parent each Sunday, there hopefully will be at least one child or more each Sunday for our youth to enjoy sharing the love of Jesus.

This wonderful ministry to the youngest in our family congregation of St. Paul's needs someone to be the lead organizer. Is our Lord God calling you to be Nursery Coordinator?

With love & blessings in His service,  
Gloria Ford 403-993-7214

**Calling All Junior and Senior High  
Students to be Youth Who Make a  
Difference!**

**Sunday Youth Bible Study** every Sunday morning during the 10:00 am service.

**Check out** our Youth Group Facebook page to see more details about what's happening: [www.facebook.com/StPaulsCalgaryYouth](http://www.facebook.com/StPaulsCalgaryYouth).

# Promoting Ministries at St. Paul's

*The third Sunday of each month different groups get to shine*

The new Ministries Sunday on the third week of each month is a refreshing way to share the joy and relevance of St. Paul's many ministries.

Ministries will be divided into groups and assigned a month to participate. Then it is up to each group to find a way to promote their ministry in any way they see fit, but creativity is encouraged.

The previous system of trying to promote every ministry on the same day was daunting for newcomers ... and everyone else!

Now each group will have the opportunity and elbow space to really have their ministry highlighted.

For those who prefer a more traditional approach, a Ministry Corner with a card table will set up, which could be staffed on your assigned month to answer questions or host signup sheets.

But maybe you want to hand out invitations or prayer cards to your target audience as they exit the sanctuary, or prepare a special insert for the bulletins.

Food ministries might want to provide a taste - quite literally - of the fellowship they offer.

Find a way to tell your story.

This is a chance to learn about each other and support each other by sharing what we do and why we value it.

The goal is that ministries will get a breath of fresh life and congregation members get the opportunity to learn about some of the really rewarding groups that make up our church family.

If you need help generating innovative ideas, Laura Anne has a list in the office with the names and contact information of some very creative people in our parish who are willing to help.

They will not be doing the work for you, but may be able to help you brainstorm some new ways to promote and recruit for your ministry.

Below is a list of the monthly schedule for Ministries Sunday.

If you are part of a ministry that has not been listed and you would like to be included, please let me know.

Blessings,

Robbie Coller

## Ministries Sunday Schedule for 2019-2020

### Ministries to be featured on the third Sunday:

**September** -Fellowship and Food Groups, ladies pot luck, men's breakfasts, Alpha Groups, Sunday School

**October** - Coffee time, Father Lacombe ministry, food bank, greeting card ministry, casserole ministry, Pastoral care

**November** -Greeters, lesson readers, counters, sacramental assistants, sides persons, servers, communications

**December** - Secret friends ministry, Christian Education, advertise AMP meeting in January, Promote St. Nicolas tea and Xmas dinner and pageant

**January** - Choir, hand chimes, screens & sound boards, newcomers, outreach

**February** - prayers of the people, Sunday prayer teams, PWRDF, hospitality, promote Lenten study and shrove Tuesday dinner

**March** - Nursery, youth group, shepherding, promote Easter services, Altar guild

**April** - Stewardship, fall and spring clean up days, grass cutting, library, book nook, maintenance group

**May** - Bible study, après EFM, yard sale, Quilt and shawl ministry, grief support, chemo care bags

**June** - Sunday school picnic, Stampede lunch



# Celtic Service and Creative Group

We want to invite you to join our monthly group that meets 7 to 9pm at St. Paul's Church for a half hour Celtic service with music, followed by a snack and time to be social and creative! No special skills are required, and we challenge people who think that they are not creative to join us. This year the services will each focus on interesting lives and wisdom of the fourth and fifth century desert ammas, who mainly retreated to pray in the Middle Eastern deserts.



The creative time will allow us to reflect further on this wisdom through **art journaling**. Each week we will do a multi-media response in our journals. The creative process is very spiritual, meditative, relaxing and sociable! We have a lot of fun.

**The fee for the seven monthly sessions (October to April) of the Celtic creative group is \$70 dollars for which you will receive a kit of supplies.** If this cost is not possible for you, please talk to Fergus who can arrange for the economic fund to pay all or part of this fee as we don't want anyone to feel unable to attend.

If you know anyone outside of the parish who might enjoy this group, please invite them! **Anyone interested in becoming involved in the group this year should call or email Margaret**

**Anne Knowles for more information and to register (403-256-1428) as soon as possible. The deadline to enroll and pay the fee is September 15, 2019. Cheques should be payable to St. Paul's church and clearly marked Celtic Service and Creative Group.**

Please feel free to just attend the Celtic service at no charge of course if you are not interested in the creative group. No pre- registration is required. The service runs from 7 to 7:30 pm, followed by light refreshments.

## Tentative Dates for the Celtic Services and Creative Group:

Once we meet as a group we can change dates as required if there is a consensus. A revised list will be published for the parish.

October 20, 2019

January 12, 2020

April 19, 2020

November 10, 2019

February 16, 2020

December 8, 2019

March 15, 2020

*A picnic held at Edworthy Park earlier this summer celebrated the second anniversary of the arrival to Canada of our NeST-supported Syrian refugee family. Our official sponsorship agreement ended in June 2018, but the partnership was extended for another year in order to provide additional support. Our formal partnership has now come to an end, although friendships will endure. We intend to close the NeST account with a zero balance in October, 2019. Currently, there are funds remaining which*



*have been earmarked for urgent dental work. As many mothers might do, Kholoud's dental needs were secondary to those of her children, but issues have now become urgent. Remaining funds will only partially cover this cost, and the family is prepared to cover the remainder of the cost; however, as a final gesture of good will, the NeST committee will accept donations up until*

*Sept 20<sup>th</sup>, specifically for this purpose. Any funds raised above what is needed will go to support the work of the Diocesan Refugee Committee.*

# Back to Church Sunday

Back to Church Sunday is about inviting back to church those who used to attend, and ensuring that everyone who visits his or her local church will be warmly welcomed.

Back to Church Sunday started in 2004 in Man-

chester, England, and is now one of the largest invitational church initiatives in the world.

September 15 is "Back to Church Sunday".

On this Sunday, we're encouraged to each invite a friend, family member, neighbour, or colleague to come and share worship with us.

This is because we want to be not only a *welcoming* church (offering warmth to those who come to join us), but also an *inviting* church (going out to connect with people and share God's welcome with them where they're at).



## Fear Keeps Us from Inviting Others

By Diana Swift, staff writer

Anglican Journal News, September 12, 2012

Anglican Church of Canada Continuing Education Plan

The Anglican church's five marks of mission include proclaiming the good news of the kingdom and nurturing new believers. Yet eight out of 10 Anglican parishioners are

ignoring one of the easiest ways to do both of these: inviting someone to church.

Fear of failing lies at the root of this lapse, says Michael Harvey, the Manchester-based linchpin of the Back to Church Sunday movement, launched in 2004. The average Anglican is afraid to invite someone to attend a service. Why? Like an awkward teenager at his first school dance, he or she fears rejection.

"Anglicans are afraid people will say no, and that negative answer will reflect on them personally," says Anglican inspirational speaker Michael Harvey, who travels the world on his own money giving talks and seminars on how people can grow their churches.

According to Harvey's research, about 80 per cent of congregants do not extend invitations to others. Here are some of the reasons driving their reluctance.

**1. Fear of no.** Yet the possibility of rejection should not be an issue, says Harvey. "The results are God's problem. We just need to invite and let God do the rest. It is documented that people sometimes need a few invitations to get up the courage and momentum to go to church."

**2. No one to invite.** Many Christians feel they have no friends outside of the church to invite, but they ought to draw on the people they encounter in their daily routines. "Do we frequent a coffee shop, gas station, grocery store, insurance company or bank?" Harvey asks. "Have we recently dealt with a real estate agent, lawyer, floor installer, teacher, police officer, badminton or tennis partner? How have we tried to connect with people who serve us?"

**3. Inviting is the clergy's job.** "That's what we pay our pastors to do. But maybe we could think of this in another way," says Harvey. "Just think: if we all invited one person

each, we could potentially double our congregations in one week!"

**4. Privacy of faith.** Anglicans don't want to intrude on people who have their own forms of religion (or none). "Why would I invite someone to my church who already adheres to some other denomination or religion?"

**5. Passivity.** "They know who we are. They know where to find us." Yet very few non-churchgoers will attend a service without an invitation, Harvey says. "Unchurched people need to know that everyone is allowed to come to church. We should try to overcome the hurdles that unchurched people might have in their minds."

**6. Apathy.** Many church members don't care about God's call to them to nurture others in their spiritual journey. "This does not give God much of a chance to touch people outside of the church. How are we locking down the growth in our churches?"

According to Harvey, the whole Anglican Church needs to surmount its timidity about inviting others. "God wants his churches to thrive and serve. Are we guilty of the sin of omission?" he asks. "Christians

often focus on the active sins so much that the sin of inaction is not considered. The sin of commission has had more focus than the sin of omission."

Harvey is no stranger to growth principles. A former entrepreneur in London, he founded a company that was bought by a large insurance brokerage. He has spoken to thousands of church leaders the world over in his *Unlocking the Growth* seminars and has seen thousands of Christians mobilized to invite others to church, resulting in hundreds of thousands of accepted invitations. His new seminar series for 2013 is entitled *Fear: The Elephant in the Room*.

His book, *Unlocking the Growth: You'll be Amazed at Your Church's Potential* (Monarch Books, 2012), is available through Augsburg Fortress. \$19.99, ISBN 978-0857211989

<http://cep.anglican.ca/tag/back-to-church-sunday-movement/>





# Quilts share God's love

**What are prayer shawls?** The purpose of a prayer shawl is to give someone a tangible example of God's love and care. A prayer shawl is made with prayer. The maker of the shawl prays before, during, and after they work on the shawl. Sometimes we know who we are making the shawl for, and sometimes we don't, but we pray for the person who receives it just the same.

**Who do we minister to?** Those in need of strength while undergoing medical procedures; those in need of comfort after a loss; those in need of peace and patience during an illness and recovery; those in celebration of graduation, a marriage or a birth of a child...There are endless possibilities!

**How do I take part in this great ministry?** The wonderful thing about our prayer shawl ministry is anyone can join! We meet regularly to share tips, to teach and help the new knitters and quilters enjoy fellowship. What makes each quilt or shawl special is not the pattern, color, or workmanship, but the fact that prayer is symbolically tied into each one.

**The Knots Tied in the Quilts Represent a Prayer** The idea behind these prayer quilts is simple. A heavy thread is used to take stitches through the quilt layers, and the ends are left free to be tied with square knot. As each knot is tied, a silent prayer is said for someone in special need, who then receives the finished quilt.

**Who should receive them?** A Prayer Quilt or shawl is always given free, no money is ever exchanged! There should be no obligation to the receiver in any way. The receiver should be informed of the quilt and be willing to receive the prayers said for them. Out of respect for that person, you should never **surprise** someone with this ministry.

**We are meet the second Wednesday of each month with the first one being September 11. If you are interested in being a part of this ministry please come and join us. No experience is necessary! All supplies are provided. For more information contact Laura Anne at 403 256-1428.**

## Monthly Helpers for Cleaning

We are looking for volunteers to help with the monthly cleaning duties. These duties which need to be done on a monthly bases. Our Parish cleaner takes care of the weekly duties. Help and instruction will be available and it can all be done when it works best for you.

Here are the duties:

- Wipe down all interior doors
- Dust bases and book ledges of the pews
- Dust keyboard and around sound board
- Dust ceiling vents in the washrooms and the wall vent in the Sanctuary.
- Dust shelves, desks and cabinets in chapel, the fam-

ily room off the sanctuary, Sunday school areas and third office (do not do main office or Fergus' office)

- Dusting of blinds on all windows
- Clean windows on exterior doors inside and out. As well as windows above the doors.
- Clean Windows in Hall, Sanctuary, and Nursery (If time)

We are asking for two volunteers a month and it should take 2 to 2½ hours to complete (does not have to be done all at one time). If all task don't get done then they will go to the top of the list for the next month. Please see the sign up sheet on the Janitor's door between the washrooms. We appreciate all the help in keeping our church home clean.



## DIOCESAN EVENTS

**Diocesan webpage** ([www.calgary.anglican.ca](http://www.calgary.anglican.ca)) now has tweets.

Find us on Facebook! <http://www.facebook.com/calgary.anglican>

**Education for Ministry 2019/2020 Registration is On-going**

**Education for Ministry** is a program of theological education for lay people. There are four years of study, but participants commit for one year at a time, meeting in small groups with a trained mentor. The program combines academic study with components to help participants take what they learn about Scripture, church history, theology and ethics into their own lives and hearts, supporting them to live out a vibrant baptismal ministry in the church and in the world. A second daytime class has been added, to begin in September. Registration is still open for this class. For more information, please **contact ctubman@shaw.ca**

**Save the Date: Companions of the Bishop Dinner**

October 7, 2019 Planning has begun for our next **"Companions of the Bishop"** Dinner. This year's Dinner will be held at the Ranchmen's Club in Calgary on October 7, at 7:00 pm. We are pleased to have Dr. Gordon T. Smith, President of Ambrose University, as our Guest Speaker. Please mark your calendars for this event.

**The Fall Cursillo Weekend for Men will be held from Thursday, October 24 to Sunday, October 27. The Weekend for Women will be held from Thursday, October 31 to Sunday, November 3.** Please consider sponsoring someone to attend, and pray for both teams and candidates. For more information go to <https://cursillo.ab.ca/>.

**St. Luke, Calgary: Save the Date:** Join us for a **one-day Healing Conference on Saturday, October 19 at St. Luke, Calgary.** Archbishop Greg will be the keynote speaker and celebrant. More information will be coming next week.

# Holy Cross Day

BY DIANA SWIFT

September 12, 2014

## September 14 is Holy Cross Day

A fresco from one of the chapels at Sacra Monte of Varallo Sesia in Italy depicts angels venerating Christ's cross. The cross—a method of ignominious execution in the ancient world—often strikes non-Christians as an unlikely object of veneration. Yet to the followers of Jesus, it is ultimately emblematic not of a cruel death but of a life-giving sacrifice that generates forgiveness, redemption and immortality. The tree of death becomes the tree of life.

Across the Christian world, churches set aside a day for honouring the holy cross in a more joyful atmosphere than is appropriately done during the solemnities of Good Friday. In the Anglican Communion that day is September 14, and the *Book of Common Prayer* designates specific readings, psalms, collects and hymns for Holy Cross Day, also known as the Feast of the Holy Cross or the Feast of the Exaltation of the Holy Cross. In the Anglican lectionary the day's liturgical colour is red.

The feast has ancient origins. According to Christian legend, it commemorates the dedication, in 335, of Jerusalem's Church of the Holy Sepulchre. This was built at the location where St. Helena, mother of the first Christian Roman emperor, Constantine the Great, allegedly "discovered" the true cross during her famous archeological pilgrimage to significant sites of the Holy Land in 326.



Photo: Mattana/Wikimedia Commons Images

The relic's authenticity was verified by its ability to heal a local sick woman, and a piece of it was placed inside the church. September 14 is also the feast day of the Episcopal Benedictine Order of the Holy Cross.

The Rev. Warren Wilson, priest-in-charge at St. David's Anglican Church, in east-end Toronto, plans to use the recommended propers for Holy Cross Day on Sunday, September 14, and to work them into his homily. In addition to the message of hope and redemption, "the cross for me symbolizes our vertical relationship with God in the context of our horizontal relationship with each other," he said.

<https://www.anglicanjournal.com/september-14-is->

# The Feast of St. Michael's

A long tradition identifies St. Michael the Archangel, as the leader who remained faithful to God, and cast Lucifer at God's command. His powerful aid has always been invoked by the Church in time of emergency.

The Popes have constantly called on St. Michael as the special protector of the Church whenever great evils threatened God's people. For this reason, St. Michael is especially honored at Rome, on Monte Gargano, near Foggia, in Italy, and in France on Mont St. Michel in Normandy.

In times of unusual danger, when the malice of the devil seems triumphant, St. Michael will come to our aid.

## September 29th

This is the feast day of St. Michael and all the Angels. It is the most ancient of all the angel festivals. The Anglican Church celebrates all angels, both



name and unnamed on one day. Roman and Orthodox Churches separate them into two categories (with the unnamed angels having their feast day on October 2nd).

From fairly early on, Michaelmas was an important holiday, the religious or Christian equivalent of the autumn equinox. In England, it was considered the start of a new

quarter. It marked the start of a new business year, a time for electing officials, making contracts, paying rent, hiring servants, holding court and starting school. Obviously we still see the remnants of this in the timing of our elections and school year.

This is also a time when the weather is known to change. In Italy, they say "For St. Michael, heat goes into the heavens." In Ireland, people expect a marked decrease in sickness or disease. The Irish also consider this a lucky day for fishing: Plenty comes to the boat on Michael's Day.

<https://www.feastofstmichael.com/>



# Helpful Information

Office Hours: 9:00 am to 12:00 pm—  
Monday to Friday  
The office is closed on statutory holidays.



**Please note:** If there is only one person in the church the outside doors will be locked. Please ring the bell at the North door (by the apartments) to get access.

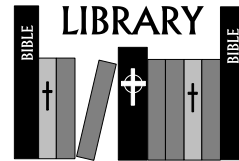
St. Paul's Guest internet is available. Please contact the office for the password.

Shaw Open is available for anyone with a Shaw account.

## Welcome to Chinook Free Learners Co-op

**The Chinook Free Learners Co-op** will be renting use of the Parish Hall during the day on Mondays and Fridays as of September. The co-op focuses on fostering independent, self-reliant and creative learners.

## CHURCH LIBRARY



The Library is open and there for your use. Please have a look at what is available. When you take a book out please fill out the card in the back of the book and leave it in the file. When you return the book leave it in the marked box.

## Useful Web-sites and other Social Media Platforms:

### St. Paul's:

[www.stpaulscalgary.ca](http://www.stpaulscalgary.ca)

**Facebook Page:** <https://www.facebook.com/stpaulscalgary>

### Twitter:

@stpaulscalgary

@Pastor\_Fergus

### Toddlers to Tweens Group Facebook:

<https://www.facebook.com/pages/St-Pauls-Toddlers-to-Tweens/1623953807841025?fref=ts>

### Youth Group's Facebook:

[www.facebook.com/StPaulsCalgaryYouth](http://www.facebook.com/StPaulsCalgaryYouth)

**MCES:** <http://www.historicstpaulsanglicanchurch.ca>

**Facebook** Historic St. Paul's Anglican Church Midnapore

### Pastor's Postings Blog:

<http://pastorfergus.wordpress.com>

### Diocese of Calgary:

<http://www.calgary.anglican.ca>

<https://www.facebook.com/calgary.anglican>



## *St. Paul's is a Scent-Free Parish*

A reminder that we try to be scent-free out of love and respect for those whose health is threatened by fragrances. May we ask your co-operation in avoiding wearing to church, perfumes and after-shave, perfumed hair-sprays, etc. Many thanks.



## Information you may find helpful:

### Large Print Order Of Service:

We have available large print copies of the service and hymn book. Please ask the sides people.

**Hearing Devices:** If you have problems hearing we have hearing devices which will assist you. Please ask the sides people for assistance.

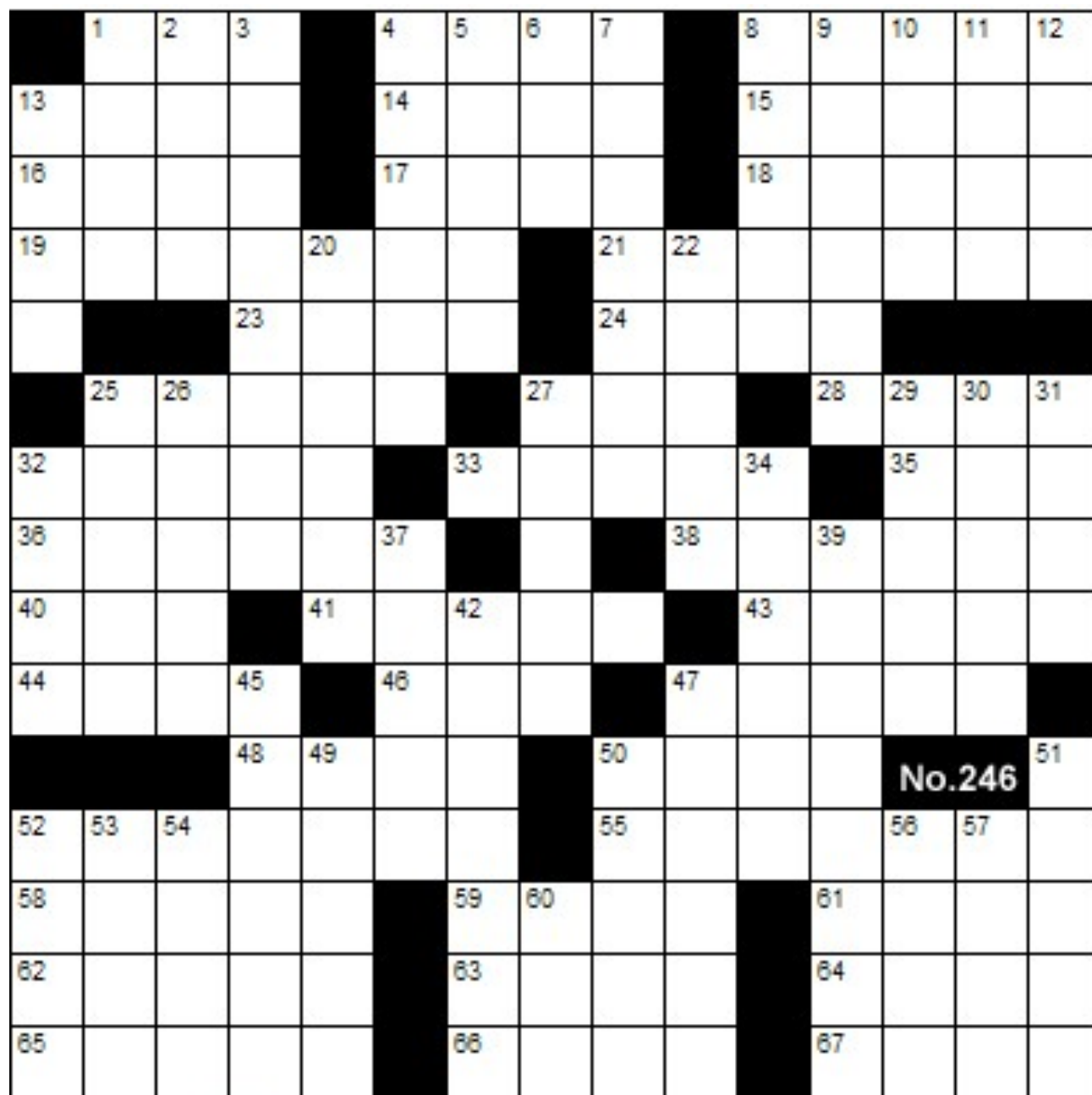
**Welcome Booklets:** If you would like to know more about St. Paul's and our ministries please help your self to a booklet. You will find them by the name tags.

**Business Cards:** We have St. Paul's Business Cards with service times. These are for everyone to carry in their wallets and to give to people who ask about St. Paul's. This is a form of Outreach to the community.

## Can Tabs

**We will re-start our can tab collection.** Rick and Robbie Collier go to St Mark's in Mesa and they collect the tabs, so we can help.





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## ACROSS

1 back end of Peter's boat

4 A \_\_\_ answer turneth away wrath (Prov 15:1) KJV

8 But Jesus \_\_\_ made no reply, and Pilate was amazed (Mark 15:5)

13 let us consider how we may \_\_\_ one another on toward love (Heb 10:24)

14 Likewise every good \_\_\_ bears good fruit (Matt 7:17)

15 and be killed, and after \_\_\_ days rise again (Mark 8:31)

16 lest he \_\_\_ thee to the judge, and the judge deliver thee (Luke 12:58) KJV

17 The fear of the LORD \_\_\_ length to life (Prov 10:27)

18 the next morning they \_\_\_ and worshiped before the LORD (1 Sam 1:19)

19 Oh, that you would bless me and \_\_\_ my territory (1 Chron 4:10)

21 To one he gave five \_\_\_ of money, to another two (Matt 25:15)

23 Then will the lame leap like a \_\_\_ (Isa 35:6)

24 they are not plagued by human \_\_\_ (Ps 73:5)

25 Suppose he has a violent son, who \_\_\_ blood (Ezek 18:10)

27 How \_\_\_ is the candle of the wicked put out! (Job 21:17) KJV

28 They will neither \_\_\_ nor destroy on all my holy mountain (Isa 11:9)

32 Jesus crossed to the far \_\_\_ of the Sea of Galilee (John 6:1)

33 in the morning there was a \_\_\_ of dew around the camp (Ex 16:13)

35 My beloved is like a \_\_\_ or a young hart (Song 2:9)

36 with a blue cord on each \_\_\_ (Num 15:38)

38 I \_\_\_: Let no one take me for a fool. (2 Cor 11:16)

40 just as \_\_\_ was deceived by the serpent's cunning (2 Cor 11:3)

41 something rotten, like a garment eaten by \_\_\_ (Job 13:28)

43 lips that speak knowledge are \_\_\_ jewel (1,4) (Prov 20:15)

44 For I was an hungred, and ye gave me \_\_\_ (Matt 25:35) KJV



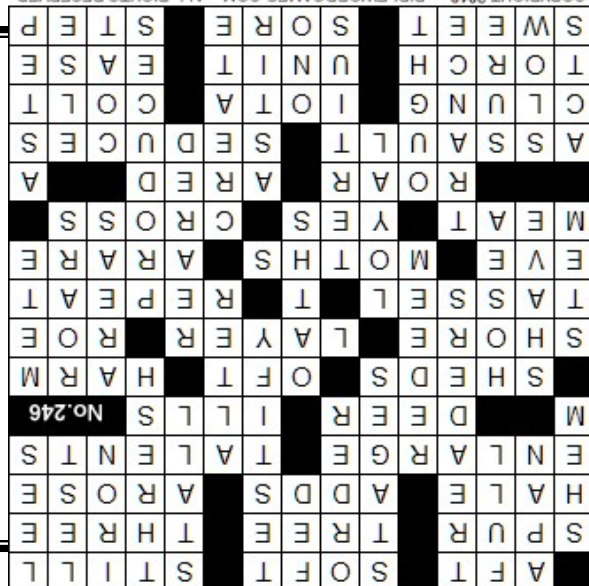
46 she answered and said unto him, \_\_\_\_, Lord (Mark 7:28)  
 47 he must deny himself and take up his \_\_\_\_ and follow me (Matt 16:24)  
 48 The young lions \_\_\_\_ after their prey (Ps 104:21)  
 50 behold a man riding upon \_\_\_\_ horse (1,3) (Zech 1:8)  
 52 and to decide all cases of dispute and \_\_\_\_ (Deut 21:5)  
 55 If a man \_\_\_\_ a virgin who is not pledged to be married (Ex 22:16)  
 58 Nevertheless he \_\_\_\_ to the sins of Jeroboam (2 Kings 3:3)  
 59 ninth letter of Greek alphabet  
 61 brought the ass, and the \_\_\_\_, and put on them (Matt 21:7) (KJV)  
 62 He then fastened a \_\_\_\_ to every pair of tails (Judg 15:4-5)  
 63 The body is a \_\_\_\_, though it is made up of many parts (1 Cor 12:12)  
 64 now therefore \_\_\_\_ thou somewhat the grievous servitude (2 Chr 10:4)  
 65 Pleasant words are as an honeycomb, \_\_\_\_ to the soul (Prov 16:24)  
 66 if the \_\_\_\_ has faded and has not spread in the skin (Lev 13:6)  
 67 Terrors startle him on every side and dog his every \_\_\_\_ (Job 18:11)

#### DOWN

1 In \_\_\_\_ it shall be made with oil (1,3) (Lev 6:21)  
 2 Stephen, a man \_\_\_\_ of God's grace and power, did great wonders (Acts 6:8)  
 3 the \_\_\_\_ shall tread out no wine in their presses (Isa 16:10) KJV  
 4 The structure surrounding the temple was built in ascending \_\_\_\_ (Ezek 41:7)  
 5 but a man of understanding and knowledge maintains \_\_\_\_ (Prov 28:2)  
 6 But you would be \_\_\_\_ with the finest of wheat (Ps 81:16)  
 7 Do not \_\_\_\_ against your neighbor without cause (Prov 24:28)  
 8 you will go out and leap like calves released from the \_\_\_\_ (Mal 4:2)  
 9 You will \_\_\_\_ the mountains and crush them (Isa 41:15)  
 10 It had large \_\_\_\_ teeth; it crushed and devoured its victims (Dan 7:7)  
 11 \_\_\_\_ there be debates, envyings (2 Cor 12:20) KJV

12 fat things full of marrow, of wines on the \_\_\_\_ well refined (Isa 25:6) KJV  
 13 Noah had three sons: \_\_\_\_, Ham and Japheth (Gen 6:10)  
 20 To \_\_\_\_ them that were under the law (Gal 4:5)  
 22 He shall not \_\_\_\_ it, nor change it, a good for a bad (Lev 27:10) KJV  
 25 a sharp sword and use it as a barber's razor to \_\_\_\_ your head (Ezek 5:1)  
 26 One of the minor prophets  
 27 They make many promises, take false \_\_\_\_ and make (Hos 10:4)  
 29 Forts and towers in the wooded \_\_\_\_ (2 Chron 27:4)  
 30 like a lion in the forest she \_\_\_\_ at me (Jer 12:8)  
 31 you devise injustice, and your hands \_\_\_\_ out violence (Ps 58:2)  
 32 And there shall come forth a rod out of the \_\_\_\_ of Jesse (Isaiah 11:1)  
 34 Brought up or raised (Lam 2:22)  
 37 Only the tribe of Judah remained \_\_\_\_ to the house of David (1 Kings 12:20)  
 39 land that \_\_\_\_ thorns and thistles is worthless (Heb 6:8)  
 42 I, \_\_\_\_, who wrote down this letter, greet you in the Lord (Rom 16:22)  
 45 while the meal was being prepared, he fell into a \_\_\_\_ (Acts 10:10)  
 47 For, behold, I \_\_\_\_ new heavens and a new earth (Isaiah 65:17)  
 49 We \_\_\_\_ always to thank God for you, brothers (2 Thess 1:3)  
 50 See how your enemies are \_\_\_\_, how your foes rear their heads (Ps 83:2)  
 51 there is only \_\_\_\_ between me and death (1,4) (1 Sam 20:3)  
 52 The \_\_\_\_ of the sinful nature are obvious (Gal 5:19)  
 53 The LORD is \_\_\_\_ to anger, abounding in love (Num 14:18)  
 54 the testimony of the LORD is \_\_\_\_, making wise the simple (Ps 19:7)  
 56 Who can strip off his outer \_\_\_\_? (Job 41:13)  
 57 Salvation is found in no one \_\_\_\_, for there is no other name (Acts 4:12)  
 60 Eber, Misham, Shemed who built \_\_\_\_ and Lod (1 Chron 8:12)

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## Why is that box upside down?

Sometimes we run the answers to this month's crossword puzzle the following month to keep you from peaeing. But some people don't want to wait a month for the answers. So here is a compromise, the answers to this month's crossword are at left, but we turned the box upside down. The idea is you are not so likely to peek, by accident of course. But if you really, really want to, you still can.

# September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>8:30 &amp; 10 am</b> Holy Eucharist	<b>2</b>	<b>3</b> <b>1 pm</b> <i>Young at Heart</i>	<b>4</b> <b>9:30 am</b> Holy Eucharist <b>10:30 am</b> Bible Study	<b>5</b> <b>6:15 pm</b> TOPS <b>7:00 pm</b> EFM <b>7:30 pm</b> Music Group	<b>6</b> <b>8:30 am to 4 pm</b> <i>Free Learner Co-Op</i>	<b>7</b> <b>5:00—7:00 pm</b> End of Summer BBQ
<b>8</b> <b>8:30 &amp; 10 am</b> Holy Eucharist <b>5 pm</b> <i>Christian Fellowship</i>	<b>9</b> <b>8:30 am to 4 pm</b> <i>Free Learner Co-Op</i> <b>7:30 pm</b> Prayer Group	<b>10</b> <b>1 pm</b> <i>Young at Heart</i> <b>7:00 pm</b> Parish Council	<b>11</b> <b>9:30 am</b> Holy Eucharist <b>10:30 am</b> Bible Study	<b>12</b> <b>6:15 pm</b> TOPS <b>7:30 pm</b> Music Group	<b>13</b> <b>8:30 am to 4 pm</b> <i>Free Learner Co-Op</i>	<b>14</b>
<b>15</b> <b>Backpack Blessing &amp; Back to Church Sunday</b> <b>8:30 &amp; 10 am</b> Holy Eucharist <b>5 pm</b> <i>Christian Fellowship</i>	<b>16</b> <b>8:30 am to 4 pm</b> <i>Free Learner Co-Op</i> <b>7:00 pm</b> Bible Study <b>7:30 pm</b> Prayer Group	<b>17</b> <b>1 pm</b> <i>Young at Heart</i>	<b>18</b> <b>9:30 am</b> Holy Eucharist <b>10:30 am</b> Bible Study <b>6:30 pm</b> Alpha	<b>19</b> <b>6:15 pm</b> TOPS <b>7:00 pm</b> EFM <b>7:30 pm</b> Music Group	<b>20</b> <b>8:30 am to 4 pm</b> <i>Free Learner Co-Op</i>	<b>21</b> <b>8:30 am</b> Men's Breakfast <b>11:30 am</b> Ladies Potluck Lunch
<b>22</b> <b>8:30</b> Holy Eucharist <b>10 am</b> Holy Eucharist & Triple C <b>5 pm</b> <i>Christian Fellowship</i>	<b>23</b> <b>8:30 am to 4 pm</b> <i>Free Learner Co-Op</i> <b>7:00 pm</b> Bible Study <b>7:30 pm</b> Prayer Group	<b>24</b> <b>1 pm</b> <i>Young at Heart</i>	<b>25</b> <b>9:30 am</b> Holy Eucharist <b>10:30 am</b> Bible Study <b>6:30 pm</b> Alpha	<b>26</b> <b>6:15 pm</b> TOPS <b>7:30 pm</b> Music Group	<b>27</b> <b>8:30 am to 4 pm</b> <i>Free Learner Co-Op</i>	<b>28</b>
<b>29</b> <b>St. Michael &amp; All Angels</b> <b>8:30 &amp; 10 am</b> Holy Eucharist <b>12:15, 6:15 &amp; 7:30</b> Historic Chapel Events	<b>30</b> <b>8:30 am to 4 pm</b> <i>Free Learner Co-Op</i> <b>7:00 pm</b> Bible Study <b>7:30 pm</b> Prayer Group	<b>October 1</b> <b>1 pm</b> <i>Young at Heart</i>	<b>2</b> <b>9:30 am</b> Holy Eucharist <b>10:30 am</b> Bible Study <b>6:30 pm</b> Alpha	<b>3</b> <b>6:15 pm</b> TOPS <b>7:00 pm</b> EFM <b>7:30 pm</b> Music Group	<b>4</b> <b>8:30 am to 4 pm</b> <i>Free Learner Co-Op</i>	<b>5</b>