

Living Waters

June 2019



**St. Paul's
Anglican Church**

Opening Hearts and Minds to God's Grace

St. Paul's Anglican Church

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@Pastor_Fergus
Pastor's Postings:
<http://pastorfergus.wordpress.com>



Incumbent:

The Rev'd Fergus Tyson

Assistants:

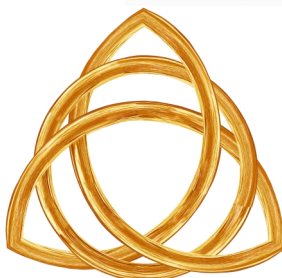
The Rev'd Cyril Haynes

The Rev'd Dr. Norman Knowles

The Rev'd Dr. Bob Mummery

What's Inside

Ministry Leaders	2
Incumbent's Message	3-4
Helpful Info.	5
Services	6
Upcoming Events	6
Bible Studies	6
Ladies Luncheon	6
Youth	6
Treasurer's Report	7
Prayers	8-10
Outreach	11-12
Sunday School	13
Thy Kingdom Come	14
Pastoral Care	15
Pilgrim Study	15
Stewardship	16
MCES	16
Primate Election	16
Yard Sale	17-18
Friendship Family Picnic	19
Stampede BBQ	20
Father's Day	21
Summer Camp	22
Trinity Sunday	22
Alpha	23
St. Boniface	24-25
Mt. St. Francis	25
Diocesan Events	26
Crossword	27
Calendar	28



Ministries of St. Paul's

Parish Council 2019

Administration: Robbie Collier
 Christian Education: Murray Sykes
 Communications: Paul Bourgeois
 Community Connection: Muiy Ekomwenrenren

Hospitality: Angela Richardson
 Maintenance: Gerald de Vries
 Incumbent's Warden: Murray Sykes
 New Members: Julie Wilson
 Pastoral Care: Nicola Peden
 People's Warden: Rick Collier
 Outreach: Kathleen Robinson
 Shepherding: The Rev. Cyril Haynes
 Stewardship: Kerry Peters
 Sunday School: Gloria Ford
 Worship: Robbie Collier
 Youth: Vacant

Synod Delegates

Rick Collier, Kathleen Robinson, Robbie Collier.
 Alternates: Parish Council

MCES Directors

Kerry Peters, Iona Shaw

Treasurer

Treasurer: Karen Huq

Parish Ministries

Worship Ministries

Altar Guild - Robbie Collier
 Sacramental Assistants - Ed Mullaney
 10:00 am Music Group - Paul Bourgeois
 Prayers of the People - Dinah Breu
 Readers 10 am - Robbie Collier
 Readers 8:30 am— Laura Anne Fink
 Servers - Joy Kew
 Sidespeople - Suzanne Wray
 Prayer Team - Dinah Breu
 Envelope Secretary - Debra Brisbin
 Counters—Roxie Hall

Fellowship Ministries

Greeters—Roxie Hall
 Coffee Time - Hospitality
 Ladies Potluck Luncheon—Gloria Ford & Laura Anne Fink
 Men's Breakfast - Kerry Peters
 Fellowship & Foods Group—Doreen Peters
 Secret Friends - Julie Wilson & Val Murray
 Toddlers to Tweens—Abby Ekomwenrenren
 Youth Group - Joanne Wrigley & Keith Daye
 Maintenance - Gerald de Vries

Christian Education

Nursery - vacant
 Youth - Joanne Wrigley
 Adult Education -Clergy & Lay
 Stewardship - Vacant
 Library - Doreen & Kerry Peters
 Anglican Fellowship of Prayer - Dinah Breu
 Sunday School Coordinator - Gloria Ford

Pastoral Ministries

Hospital Visiting -Clergy & Pastoral Care Team
 Home Visiting— Clergy & Pastoral Care Team
 Casserole Ministry - Linda Hubert (Contact Office)
 Shepherding - The Rev. Cyril Haynes
 Prayer Group - Dinah Breu
 Prayer Chain - Dinah Breu
 Card Ministry - Gail Munro
 Pastoral Care Team - Nicola Peden
 Grief Support Group—Laura Anne Fink

Outreach Ministries

Father Lacombe
 Food Bank, Mustard Seed - Shared Through
 Outreach Committee
 PWRDF -Doreen Peters
 Quilt/Shawl Prayer Ministry - Laura Anne Fink
 Living Waters - Laura Anne Fink
 Outreach Committee— Kathleen Robinson
 AgeCare Seton—Fergus
 NeST - Jennifer Solem



INCUMBENT'S MESSAGE

The Promise of Pentecost - Part 1

When the day of Pentecost had come, they were all together in one place. ²And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. ³Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. ⁴All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability. Peter raised his voice and said, "This is what was spoken through the prophet Joel: 'In the last days it will be, God declares, that I will pour out my Spirit upon all flesh, and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams. Even upon my slaves, both men and women, in those days I will pour out my Spirit; and they shall prophesy. Then everyone who calls on the name of the Lord shall be saved.'"

(Acts 2:1-4, 14, 16-18, 21)

The Day of Pentecost commemorates the wonderful fulfillment of Jesus' promise to his disciples in John 14 and 16, Luke 24, and Acts 1: the filling of the disciples with the Holy Spirit. The disciples, of course, could have no idea how Jesus' promise would be fulfilled in them. Nor when he told them in Acts 1 that this would happen "not many days from now," what our Lord meant when he made his promise to them. So they did the only thing that they could do. Acts 1 tells us that they devoted themselves to prayer.

Ten days after Jesus' ascension into heaven, they were still all together in one place, and it's not unreasonable to believe that the reason they were is that they were still united in seeking the Lord- as we ourselves are doing from Ascension Day to the Day of Pentecost, as part of "Thy Kingdom Come." (See later in this month's issue of *Living Waters* for details.) And then, in Acts 2, the fulfillment of the promise took place. The Holy Spirit was poured out, 3,000 people were added to the Church's number, and the Church was born.

At every Flames game the fans wear red, to present a united front, and - in effect - say, "We're not just spectators. We're participants. We're the seventh man on the ice." At St. Paul's, we celebrate what happened to the first disciples together that Sunday, including wearing red every Pentecost, in much the same way. We're not simply spectators of what occurred. We're participants. We're part of this - we're on the ice, too! What happened to these first disciples of whom we read is also meant to happen to us. We know that where Acts 28 leaves off, the rest of the story of the Church begins - and that this is our story, too. Each of us participates in it.

But when we say that we participate in the meaning of Pentecost, what are we really claiming? What's Pentecost all about, anyway? The answer is that Pentecost is nothing less than God's answer to the deepest and most basic of all human needs.

In the Fall of 2008, University of Chicago researcher John T. Cacioppo and his co-author, the science writer William Patrick, released a book entitled *Loneliness: Human Nature and the Need for Social Connection*, in which they claim that loneliness, like pain, is an important signaller to people about the danger they're facing. They found that loneliness is just as bad for your health as smoking, obesity or high blood pressure. Loneliness, they argue, like hunger, is an alarm signal that evolved in hominids hundreds of thousands of years ago, when group cohesion was essential to fight off abrupt attacks from stampeding wildebeests. It's nature's way of telling us to rejoin the group or pay the price. "Nature," they write simply at one point, "is connection."

This yearning for connection, for intimacy, is at our core as human beings. As humans, we're wired to yearn not to be alone, to yearn for intimacy - to be filled, rather than empty. The Day of Pentecost is God's answer to meeting this need for fellowship. It offers us all fellowship, intimacy, with God, and fellowship, intimacy, with one another. In this month's message, I'll focus on the former - fellowship, intimacy, with God. In my message in the July and August issue of *Living Waters*, I'll focus on the latter - fellowship, intimacy, with one another.

The yearning for intimacy with God is the deepest of all desires. St. Paul, in his words to the Athenians from our First Reading on May 29, spoke of people's being created with an innate desire to search, grope for, and find God (Acts 17:27). As St. Augustine wrote, famously, at the beginning of his autobiographical *Confessions*: "God, you have made us for yourself, and our hearts are restless till they find their rest in you."

In the Old Testament, we see the Holy Spirit come on a few, select people, for limited periods of time. The same was true when Jesus walked the earth. But with the Day of Pentecost, this all changes. Now, Peter says in Acts 2:17, God's Spirit has been poured out upon "all flesh." The infilling of the Holy Spirit is for all of us - sons,

daughters, young and old, even on those the world wouldn't see as important enough to be considered persons at all. God desires the Holy Spirit to fill all of us, and to abide, stay, *dwell* inside us, so that we're each God's temples.

This is how God meets our deepest desire. Each of us is experiencing separation from who we were made to be - a deep inner loneliness that we try to fill with power and pleasure and people. We yearn for the deepest intimacy with God that's possible - a oneness, a unity with our God that comes from knowing God not only as being with us, or near us, but as inside us as well. This is exactly what happens in Pentecost. In John 14:17, Jesus contrasts the disciples' present experience with what they will have when the Spirit fills them, saying, "the Spirit lives *with* you now, but will be *in* you then."

What does it mean to be filled with the Holy Spirit? Isn't God everywhere and thus in us already? The answer is that God has chosen not to impose God's own Presence upon us in our hearts, because God desires us to share a relationship of love. So we can, if you like, be surrounded by God, be *in* God, and yet not have God in us.

Our situation isn't unlike deep-sea divers who return to the surface. Despite the oxygen around them, those divers will suffocate, unless their helmets are opened up to let the air in. We're invited by the Lord to open up ourselves and breathe in the Spirit - the breath (the word for "Spirit," *ruach* in Hebrew and *pneuma* in Greek, can also be translated "breath") of God.

To change the analogy, human beings are like air-breathers who get occasional glimpses underwater of wonders under the sea, before we have to surface again. But we desire to become like fish, plunging into and then dwelling forever in the ocean of God's Presence.

Each year, it seems, I share the following Fourth Century story of two of the Desert Fathers, because it expresses to me so powerfully what God is offering us:

Abbot Lot came to Abbot Joseph and said: "Father, according as I am able, I keep my little rule, and my little fast, my prayer, meditation and contemplative silence; and according as I am able I strive to cleanse my heart of wrong thoughts: now what more should I do?" The elder rose up in reply and stretched out his hands to heaven, and his fingers became like ten lamps of fire. He said: "Why not be totally changed into fire?"

To me, this says it all. This is what I am yearning for: to become fire. I don't want to be like the moon, which shines by reflecting the light of the sun while remaining itself lifeless and cold. Rather I want to shine because I share - indeed am filled with - God's light and life. I want to be so one with God that I'm like the burning bush - eternally ablaze with God's fire!

Jan Richardson reaches to express this in her poem about the infilling of the Holy Spirit, "What the Fire Gives," when she says:

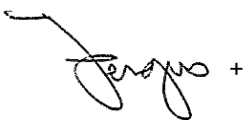
*what came as greatest gift
was to be so heard in the place of your deepest silence,
to be so seen within the blazing,
to be met with such completeness
by what the fire gives.*

This intimacy, this oneness, from being filled with the very Presence of God - this is the promise of Pentecost! Our understanding fails us as we seek to comprehend its awesomeness. But as with the first disciples, we don't need to somehow have all "figured out" exactly what it will mean for us to be filled to overflowing with the Holy Spirit. All we need is, like them, to be open to God's Spirit to enter into us as God desires.

May each of us experience the infilling of the Holy Spirit, and know the kind of intimacy with God that fulfills the promise of Pentecost! Amen.

God bless you this Pentecost, and always.

Your Brother in Jesus,



Helpful Information

SERVICE TIMES

Sunday Services : 8:30 & 10:00 am
Wednesday: 9:30 am
 Celtic Services will resume in the Fall

Church Office Hours:

Office Hours: 9:00 am to 12:00 pm—
 Monday to Friday
 The office is closed on statutory holidays.



Please note: If there is only one person in the church the outside doors will be locked. Please ring the bell at the North door (by the apartments) to get access.

St. Paul's Guest internet is available. Please contact the office for the password.

Shaw Open is available for anyone with a Shaw account.

CHURCH LIBRARY



The Library is open and there for your use. Please have a look at what is available. When you take a book out please fill out the card in the back of the book and leave it in the file. When you return the book leave it in the marked box.

Useful Web-sites and other Social Media Platforms:

St. Paul's:

www.stpaulscalgary.ca

Facebook Page: <https://www.facebook.com/stpaulscalgary>

Twitter:

@stpaulscalgary

@Pastor_Fergus

Toddlers to Tweens Group Facebook:

<https://www.facebook.com/pages/St-Pauls-Toddlers-to-Tweens/1623953807841025?fref=ts>

Youth Group's Facebook:

www.facebook.com/StPaulsCalgaryYouth

MCES: <http://www.historicstpaulsanglicanchurch.ca>

Facebook Historic St. Paul's Anglican Church Midnapore

Pastor's Postings Blog:

<http://pastorfergus.wordpress.com>

Diocese of Calgary:

<http://www.calgary.anglican.ca>

<https://www.facebook.com/calgary.anglican>

Canadian National Church: www.anglican.ca

Worldwide Communion: www.anglicancommunion.org

PWRDF—www.pwrdf.org



St. Paul's as a Scent-Free Parish

A reminder that we try to be scent-free out of love and respect for those whose health is threatened by fragrances.

May we ask your co-operation in avoiding wearing to church, perfumes and after-shave, perfumed hairsprays, etc. Many thanks.

Information you may find helpful:



Large Print Order Of Service:

We have available large print copies of the service and hymn book. Please ask the sides people.

Hearing Devices: If you have problems hearing we have hearing devices which will assist you. Please ask the sides people for assistance.

Welcome Booklets: If you would like to know more about St. Paul's and our ministries please help your self to a booklet. You will find them by the name tags.

Business Cards: We have St. Paul's Business Cards with service times. These are for everyone to carry in their wallets and to give to people who ask about St. Paul's. This is a form of Outreach to the community.

Can Tabs

We will re-start our can tab collection. Rick and Robbie Collier go to St Mark's in Mesa and they collect the tabs, so we can help. Thanks Kerry



Roster for Sunday Services

DATE	OFFICIATING	ASSISTING	PREACHING	CHILDREN'S TALK
June 2	Cyril	Bob & Fergus	Bob	Bob
June 9	Fergus	Cyril	Fergus	Allison Pierce
June 16	Fergus	Cyril	Cyril	Mary-Etta Tutty
June 23	Cyril	Fergus	—	Fergus
June 30	Fergus	Fergus	Fergus	Triple C Planners

SERVICES TO MARK ON YOUR CALENDAR

Sunday, June 2: Ascension Sunday and Jerusalem Sunday

Sunday, June 9: The Day of Pentecost; 'Thy Kingdom Come' service at 7pm.

Sunday, June 16: Trinity Sunday, Father's Day and Holy Baptism

Sunday, June 23: Corpus Christi, Instructed Eucharist, Birth of John the Baptist, Parish Picnic, Graduation Celebration and New Members

Sunday, June 30: Canada Day, Triple C at the 10 am service



Upcoming Events

Garage Sale
Men's Breakfast
Ladies' Luncheon

Saturday, June – 9 am to 3 pm
Saturday, June 15 — 8:30 am
Saturday, May 15 — 11:30 am



Bible Studies :

Monday Bible Study: 7:00 pm.

Wednesday : 9:30 am Holy Eucharist

Wednesday Bible Study: 10:30 am Study of the readings for upcoming Sunday

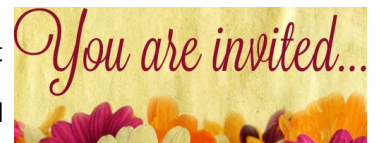
Pilgrim Course: Wednesday at 7:30 pm until June 5



The weekly Bible Studies are a great opportunity to meet fellow parishioners, and to learn more about the Bible. No experience is necessary we are all learning together. Participate as much as you want no pressure. Come and see what it is all about.

Ladies Potluck Luncheon

As we continue to get to know each other we thank Chris Fernando for sharing with us about her family in Sri Lanka and her move to Canada with her husband. What a journey she has been on and continues to travel. We pray for her family at this time of unrest in her beautiful Sri Lanka.



Join us on June 15th at 11:30 am as we continue to share fellowship and great food! All ladies 13 years and up are welcome to share in this wonderful time of friendship.

This is a great way to become apart of your home parish and get to know your fellow sisters in faith.

If you are able, please bring a dish to share.

Calling All Junior and Senior High Students to be Youth Who Make a Difference!

Sunday Youth Bible Study every Sunday morning during the 10:00 am service.

Youth Group will resume in the Fall.

Thank you to Joanne Wrigley and Keith Daye for all their work with our Youth.

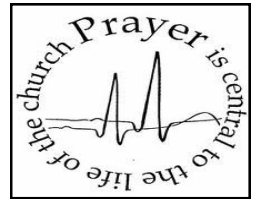
Check out our Youth Group Facebook page to see more details about what's happening: www.facebook.com/StPaulsCalgaryYouth.



Apr 2019 YTD Comparative Income Statement		2019 Actual	2019 Budget Yr To Date	2019 Budget Full Yr	Percentage Over/Under Budget Yr To Date	2018 Actual	Year-to-year \$ Increase/Decrease	Year-to-year % Increase/Decrease
Income								
	General	\$68,550	\$73,983.02	\$226,301	-7.3%	\$68,320	\$230	0.3%
	Open	\$933	\$1,307.69	\$4,000	-28.7%	\$1,116	-\$183	-16.4%
	Special	\$0	\$3,759.62	\$11,500	-100.0%	\$5,250	-\$5,250	-100.0%
Offering Total		\$69,483	\$79,050	\$241,801	-12.1%	\$74,686	-\$5,203	-7.0%
	Other income	\$3,376	\$2,648.08	\$8,100	27.5%	\$2,868	\$508	17.7%
	Fund transfer (Youth events)	\$167	\$166.67	\$500	0.2%	\$167	\$0	0.0%
	Fund Transfers	\$117	\$116.67	\$350	0.3%	\$333	-\$216	-64.9%
	Fundraising events	\$0	\$1,166.67	\$3,500	-100.0%	\$0	\$0	0
Total income		\$73,143	\$83,148	\$254,251	-12.0%	\$78,054	-\$4,911	-6.3%
Expense								
	Utilities/insurance	\$5,506	\$5,457	\$16,371	0.9%	\$8,480	-\$2,974	-35.1%
	General Maintenance	\$5,120	\$4,685	\$14,056	9.3%	\$6,731	-\$1,611	-23.9%
	Administration	\$10,785	\$11,108	\$33,325	-2.9%	\$11,456	-\$671	-5.9%
	Ministerial	\$39,248	\$38,389	\$115,166	2.2%	\$38,548	\$700	1.8%
	Apportionment	\$11,036	\$11,038	\$33,113	0.0%	\$11,997	-\$961	-8.0%
	Communications	\$530	\$512	\$1,536	3.5%	\$303	\$227	74.9%
	Worship	\$2,275	\$2,636	\$7,907	-13.7%	\$2,699	-\$424	-15.7%
	Christian Education	\$727	\$1,833	\$5,499	-60.3%	\$5,960	-\$5,233	-87.8%
	Hospitality, Fellowship	\$432	\$789	\$2,367	-45.2%	\$630	-\$198	-31.4%
	Outreach	\$7,945	\$7,945	\$23,835	0.0%	\$7,776	\$169	2.2%
	Pastoral Care	\$242	\$200	\$600	21.0%	\$0	\$242	#DIV/0!
	Other	\$65	\$159	\$476	-59.0%	\$349	-\$284	-81.4%
Total Expense		\$83,911	\$84,750	\$254,251	-1.0%	\$94,929	-\$11,018	-11.6%
Net Operating Income		<u>-\$10,768</u>	<u>-\$1,602</u>	<u>\$0</u>		<u>-\$16,875</u>	<u>\$6,107</u>	
Other Income	Interest Revenue	\$319				\$269		
	Planned Giving/bequests	\$0				\$0		
Other Expenses	Transfer to Project Fund	\$245				\$210		
	Transfer to Directed Fund	\$0				\$0		
Net Profit		<u>-\$10,694</u>				<u>-\$16,816</u>	<u>\$6,122</u>	
Pass-through/designated fund	PWRDF	\$560						
	CAWST	\$10						
	Capital Improvement	\$60						
	Expansion fund	\$0						
	Youth-general funds	\$205						
	Chattel-Worship Items	\$0						
	Chattel-AV/Technology	\$0						
	Inreach-assistance for parishioners	\$400						
	Cancer Bags - Donated Funds	\$0						
	Sunday School	\$5						
Total pass-through/designated fund donations		<u>\$1,240</u>						



Prayers



O Lord, in the morning you hear my voice, in the morning I make my offering and keep watch.

-Psalm 5:3

Prayer, whether written or flowing freely from the heart, releases the healing power of God into our situation. The results of our prayer may not always correspond to our wishes, but we trust that God's gift to us is always love.

God's desire is always what is best for us and our loved ones. God's vision is always wider and wiser than our own. We anchor our faith on the hope that in God's good time and in God's way "All will be well."

-Lyn Klug

INTO THE SUN AND WIND OF GOD

"And we all, with unveiled face, beholding the glory of the Lord, are being changed into his likeness from one degree of glory to another."

-2 Corinthians 3:18

Let me open my eyes to the glory and the sunshine of God in his creation.

Let me open my heart to receive the full impact of his love.

Let his radiant fire burn away all that is rotten in me.

Let me breathe in the fresh air of life, on which I depend in the miracle of existence.

Let the wind of God's Spirit blow through me and clear away the cobwebs and the garbage.

I surrender my whole being to the wind and sun of God's love. AMEN

-Angela Ashwin

A PRAYER FOR LETTING GO OF OLD HURTS

Lord, this is what happened.....

I give it all to you, every detail, every hurt, the big things and the petty things.

Let the pain I feel be for healing, and not a spring of bitterness.

.Make my wound Christ-centered and for people, rather than self-centered and against them. AMEN

-Angela Ashwin

A PRAYER FOR COMFORT

"I will seek the lost, and I will bring back the strayed, and I will bind up the injured, and I will strengthen the weak."

Ezekiel 34:16 NRSV

Lord Jesus, Grace of My Heart, I turn to you when I am feeling lost and alone. You restore me with grace and hope and the courage to face a new day. You bless me with joy and comfort me through trials and tribulations. You direct my thoughts, guide my actions and temper my words. You give

me the patience and kindness I need to be good. Lord Jesus, Grace of My Heart, I turn to you. AMEN

-adapted from Prayers of Comfort

"Peace I leave with you; my peace I give to you; not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid."

John 14:27

PRAYER FOR JERUSALEM SUNDAY JUNE 2

O God, we give thanks that your dear Son has gathered us in the embrace of his redeeming love and sent us to make that love known to the ends of the earth.

We pray your continued blessings on the steadfast witness of the Church in Jerusalem and throughout the Middle East.

Give your deep joy to those who welcome the pilgrims seeking to know this land and its many peoples.

Grace those who proclaim the Gospel.

Guide all who teach the new generation of young people.

Draw near to those who are sick and bless those who tend them.

Sustain the hope in all who long and labour for a just and lasting peace in the land of the Holy One.

And may the Companions of Jerusalem be many and faithful.

We pray in the name of our merciful Saviour, Friend and Brother, our Lord Jesus Christ.

- Most Reverend Fred Hiltz, Our Primate.

CORPUS CHRISTI June 3

Gracious and merciful God, in a wonderful sacrament you have given us a memorial of the passion of your Son Jesus Christ; grant that we who receive these sacred mysteries, may grow up into him in all things until we come to your eternal joy; through our Saviour Jesus Christ who is alive with you and the Holy Spirit, one God now and forever.

Amen

NZPB p. 586a

Praise and glory to you, creator Spirit of God; you make our bread Christ's body to heal and reconcile and to make us the body of Christ. You make our wine Christ's living sacrificial blood to redeem the world. you are truth.

You come like the wind of heaven, unseen, unbidden.
 Like the dawn
 you illuminate the world around us;
 you grant us a new beginning every day.
 You warm and comfort us.
 You give us courage
 and strength beyond our everyday resources.
 Be with us Holy Spirit in all we say or think,
 in all we do this and every day. AMEN NZPB P.5

OUR FRAGILE WORLD- World Environment Day June 5

May we walk gently among the animals
 Respecting their grazing
 Respecting their hunting.

May we walk gently among the forests
 Respecting their seasons
 Of growing and falling.

May we walk gently beside the waters
 Respecting their flooding
 Their ebbing and flowing.

May we walk gently upon our planet
 Its lands and its oceans
 Their shifting and drifting. AMEN

-author unknown

PENTECOST

Jesus said: "you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria and to the ends of the earth." -Acts 1:8

Fire of God,
 Wind of God,
 Spirit of God,
 purify us in the flame of your mercy,
 change us by the breath of your power
 and take possession of us in the warmth of your love. AMEN
 -Angela Ashwin

May the Spirit, who hovered over the waters when the world was created, breath into us the life he gives.

May the Spirit, who overshadowed the Virgin when the eternal Son came among us, make us joyful in the service of the Lord.

May the Spirit, who set the church on fire on the day of Pentecost, bring the world alive with the love of the risen Christ.

And may the blessing of God Almighty, the Father, the Son and the Holy Spirit be upon *us* and remain with *us* always. AMEN -Michael Perham

ST. BARNABAS- June 11

Christ our Lord, we remember today with thanksgiving your servant Barnabas, that generous and warm-hearted man who was a true Son of Consolation in the apostolic church.
 Help us by your grace to follow his faith, the faith that works

through love; and like him, make us generous in our giving, in our judgments and in our friendship.

Grant this, O Lord, for the honour of your name. AMEN

-Frank Colquhoun

TRINITY SUNDAY

Holy, holy, holy is the Lord God Almighty, who was and is and is to come. Rev. 4:8

O God, Father, moment by moment you hold me in being,
 on you I depend.

O God, eternal Son, friend and brother beside me,
 in you I trust.

O God, Holy Spirit, life and love within me,
 from you I live.

-Richard Harries

Glory to the Father,
 through the Son,
 in the Holy Spirit,
 now and forever, and unto ages of ages.
 from an ancient form of the Gloria

FATHER'S DAY JUNE 16

Thank you Lord God for our fathers. Thank you for their care, guidance and support.

Thank you that they did what they thought best in bringing us up, that they showed us what they thought was right and important in life and trained us to do it.

Thank you for the freedom we were given, all their words of advice and warning, for the practical lessons we have learned from them.

Thank you for fun times with them.

Thank you, Lord, for our fathers. AMEN

-Martin Manser (adapted)

A PRAYER FOR REFUGEES WORLD REFUGEE DAY JUNE 20

Our Gracious Lord,
 There are many in Your world today who have been forced from their homes by persecution and violence.
 Keep them in your constant care, and bring them to a place of safety.

Be the Good Shepherd to refugees who are in flight. Guide them to the green pastures of safety.

Be the Everlasting Father to refugees who have lost home and loved ones. Lead, protect and provide for them.

Be the Great Physician to refugees who are suffering. Grant them healing and hope.

Be the Hiding Place to refugees who are languishing in camps. Shelter their souls as well as their bodies.

Be the Deliverer to refugees who have been able to return home. Restore their lives so that those who have sown in tears may reap in joy.

Be the Wonderful Counselor to refugees who have been re-settled. Help them find their way in a new land.

Be the Giver of all good gifts to those who serve refugees.

Empower them to do justice and love mercy and walk humbly with You.

Be the Lord of lords to all the earth, that those who rule would do so in justice and righteousness, and no one would

have to become a refugee anymore.
We ask these things in the precious and powerful name of Jesus. Amen

Lutheran Immigration and Refugee Service

NATIONAL ABORIGINAL DAY JUNE 21

Creator God, from you every family in heaven and on earth takes its name. You have rooted and grounded us in your covenant love, and empowered us by your Spirit to speak the truth in love, and to walk in your way towards justice and wholeness. Mercifully grant that your people, journeying together in partnership, may be strengthened and guided to help one another to grow into the full stature of Christ, who is our light and our life. Amen.

(Covenant Collect, Anglican Council of Indigenous Peoples)

Creator, we give you thanks for all you are and all you bring to us for our visit within your creation. In Jesus, you place the Gospel in the center of this Sacred Circle through which all of creation is related. Give us your strength to live together with respect and commitment as we grow in your spirit, for you are God, now and forever. Amen.

- Episcopal Native Ministries' Gospel Based Discipleship

THE BIRTH OF JOHN THE BAPTIST- June 24

Give us, O God, something of the spirit of your servant John the Baptist:

his moral courage,
his contentment with simplicity,
his refusal to be fettered by this world,
his faithfulness in witness to the end.

So may we be heralds of Christ and his kingdom and make ready his way,

to the glory of his Name. AMEN

-Adapted from Response

ST. PETER AND ST. PAUL JUNE 29

God of Grace, your church is built on Peter's faith;
grant that we, like him, forgiven and restored,
may overcome our weaknesses and serve you without wavering
now and forever.

Amen

-A New Zealand Prayer Book

Convert us, Jesus the persecuted, as you converted Paul and sent him as apostle to the world.

May our love, our prayers, our suffering carry your gospel at whatever cost to all who wait to hear it.

Amen

-A New Zealand prayer Book

PRAYERS FOR EVENING

Lord, you have brought us through this day
to a time of reflection and rest.

Calm us,

and give us your peace to refresh us.

Keep us close to Christ

that we may be closer to one another
because of his perfect love.

In his name we pray.

AMEN

-Daily Prayer: The Worship of God (adapted)

I will lie down in peace and take my rest,
for you alone, Lord, make me dwell in safety.

Into your hands I commend my spirit,
for you have redeemed me, O Lord, God of truth.

Psalms 4:8 & Psalm 31:5

A BLESSING

"Now may the Lord of peace himself give you peace, at all times and in all ways, the Lord be with you all."

---2 Thessalonians 3:16

Blessing and laughter and loving be yours.

The love of a Great God

who names you

and holds you

while the earth turns and the flowers grow,

this day

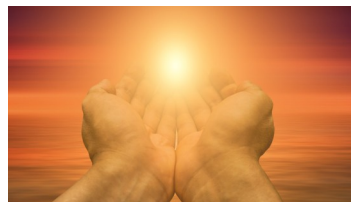
this night

this moment

and forever.

AMEN

-Ruth Burgess



St. Paul's Altar Guild

The St. Paul's Altar Guild team prepares the Altar for the regular weekly services as well as any additional services or special events, as required.

The Altar Guild team is always looking for enthusiastic people who are interested in understanding how our weekly services come together.

There are no pre-requisites, just a willingness to learn and pride in displaying your new skills.

The Altar Guild's commitment level is only three hours a month. We provide training for all those interested in joining our team with, or without experience.

Let us know if you wish to become an integral part of our ministry.

We would appreciate having you. Please contact the church at 403-256-1428 Robbie Coller.



Outreach Ministry



CHANGE FOR CHANGE: Putting some coins (or bills) into the CAWST water filter in the narthex will support the delivery of clean drinking water in poor communities. Through our donations, the health of many people in the third world can be greatly improved. Please make a contribution today, and continue week by week.



Food for Others Sunday

The fifth Sunday of a month is Food for Others Sunday. On the fifth Sunday of the month we encourage everyone to bring a donation for the Food Bank. The box will be at the steps to the altar and the food will be blessed during the service. This is a great way for children to learn about giving to others and hopefully beginning a life long commitment to helping others.

JUNE OUTREACH REPORT

I think most of us like to think we will change the world for the better in some way. Our faith calls us to try.

Personally, I am most comfortable trying to make those changes a very direct, one-on-one basis. But somebody needs to be trying to make the world better in a big way, taking on problems such as hunger, addiction, poverty, refugees, homelessness, unclean water and natural disasters. These are systemic problems, and need complicated answers.

Taking on the role as Outreach representative on Parish Council has challenged me to look at some of the organizations that are tackling the big stuff, and make recommendations for how St. Paul's can help.

As you may be aware, 10% of our annual givings at St. Paul's goes toward those in need. A portion goes to those in our immediate community, sometimes even to members of our own parish family. But the majority goes to outside organizations that we believe are doing an outstanding job of making a difference in a big way.

In May, Parish Council approved the first donations to be made in 2019.

PWRD - \$3,000

Salvation Army - \$1,000

Mustard Seed - \$1,000

CUPS Calgary Society - \$1,000

I am confident each of these organizations will change the world for the better. And thanks to the donations from St. Paul's, all of us are going to be a part of it.

Kathleen Robinson

The Primate's World Relief and Development Fund (PWRDF) is the Anglican Church of Canada's agency for sustainable development and relief. It makes financial and human resources available to partners working to improve health, food security and livelihoods for vulnerable populations in Canada, Africa, Asia and Latin America. It partners with non-profit organizations to finance programs including food security, health care, poverty, relief/refugees, human rights and emergency relief.

The Mustard Seed is a Christian organization that serves people experiencing poverty and homelessness in Calgary and Edmonton. It is a safe and supportive place where people can have their physical needs met in the short term, and begin to heal and grow mentally, emotionally and spiritually. It operates emergency shelters, resource centres and community programs to provide basic services including food, clothing and hygiene supplies. Programs also assist clients find long-term affordable housing solutions as well as services in health & wellness, employment and spiritual care - and send kids to summer camp.

The Salvation Army is an international Christian organization with a mission to help children and families access basic needs, and help transform communities around the world. It is the largest non-governmental direct provider of social services in Canada. It focuses on addiction & housing, health care, community & family services, children & youth, congregational ministries, education and overseas programs. It works in 400 Canadian communities and more than 130 countries, offering services in 175 different languages. When disaster strikes, it can provide immediate aid and relief in a culturally relevant way.

CUPS Calgary Society — formerly Calgary Urban Project Society (CUPS) — helps people in Calgary overcome poverty with programs to help the homeless and those at high risk of homelessness through health care, education and housing. It works with people who are chronically homeless, who have lived on the streets and in shelters for more than 2 years. It also works with women in abusive relationships, especially those with young children. In 2017, CUPS served 9,250 people across its three core programs.

CHECK YOUR INBOX!

St. Paul's we what to hear from you!

By answering 4 quick questions, you can help St. Paul's Parish Council get a better understanding of our Missional Footprint by telling us about what is important to you.

On May 30, email invitations were sent out of everyone on our St. Paul's Parish email list to take part in this survey. We would be thrilled to get your input.



You can answer as a household if you like, or the same survey link can be used by more than one person.

If for any reason you didn't get the email, or if you would prefer a paper copy, they are available on the table just inside the sanctuary doors as of Sunday, June 2.

But don't delay. The paper copies will only be available until Sunday, June 23.

The deadline for all responses — online and paper — is June 25.

All responses are anonymous and there will be no capture of personal information.

BACKGROUND

Parishes in the Diocese of Calgary have been asked to measure our Missional Footprint. The longterm goal is to create a vision for living the love of God beyond the walls of St. Paul's.

The first step is self-evaluation, to get an overview of what members of our parish are already doing.

The survey will be looking at outwardly-focused mission work. That will include any programs initiated through St. Paul's but primarily intended to help people outside our parish. The survey will also ask about volunteer work you do that is not initiated by St. Paul's.

And in both cases, you will also be asked to check a box that best represents how many hours you spend at these activities.

If you have any questions about this survey, please feel free to talk to either myself or your Wardens.

Outreach Representative Kathleen Robinson

Weaving A CULTURE OF PEACE. . . . with healing

PWRDF is a response by Canadian Anglicans to the gospel call to bear witness to God's healing love in a broken world. Our hands—folded in prayer, open in offering, raised in resistance, extended in friendship—are weaving a culture of peace with healing through the many partnerships of the Primate's Fund.



Prayer

Creator God, We offer you the work of our hands. Weave these varied threads into a fabric of peace, strengthened with justice and healing—the tapestry of your new Creation. In the name of Jesus, who stretched out his hands for the whole world. Amen



Support the families the Calgary Pregnancy Care Centre serves by donating through our Baby Bottle Campaign. Participating is easy.

Put your cash, coins or a cheque in the bottle, or donate using your credit card.

Bring your bottle back on Father's Day (June 16th).

Pray for CPCC & sign up for our newsletter to stay connected.

For more information about the CPCC, visit www.pregcare.com



Baby Bottle Campaign at St. Paul's

There is still time to join the Baby Bottle Campaign.

There is a display of bottles in the Hall. Please help yourself.

Please return your bottles by Father's Day, June 16.

The Calgary Pregnancy Care Centre will issue donation receipts for amounts of \$25 or more. If you want a receipt, be sure to put your name on the form inside the bottle.

SUNDAY SCHOOL NEWS

Well, it's continuing to happen in our Sunday School as God said,
"I am about to do something new. It is beginning to happen even now. Don't you see it coming? I am going to make a way for you to go through the desert. I will make streams of water in the dry and empty land."

Isaiah 43:19 NIRV

Young families are starting to come back to their home church.

(And may we **all continue to pray** that coming to church to worship our Lord as a family (or as an individual) is a priority in our lives.)

The children in these young families are being welcomed into Sunday School after the Children's Talk, for their own service:

Order of Service

Light the candle
Sing action song/s
Sing "I Believe in Jesus"
Say your name
Friendship Prayer
Announcements
The Lord's Prayer
Extinguish candle
Leave for classes



This is a time to build lasting friendships so as we get to know each others names, we pray our Friendship Prayer weekly.

"Dear Lord, Friendship is a gift from You. Please help our friendships at St. Paul's Anglican to grow in Your grace."

Continuing with friendship, our family picnic is now called the ***Friendship Family Picnic***. Please invite your family and friends to a picnic of yummies and ice cream and friendship games and relays.

June 23 (after the service)

Friendship Family Picnic

Yummy eats & ice cream

Friendship Games & Relays

Does Sunday School continue during the summer?

YES!!! Not all families are away all the time, so those who come during the summer will still have Sunday School - where friendships will be nurtured in the knowledge and love of Jesus Christ.

"God is working in you. He wants your plans and your acts to be in keeping with His good purpose." Philippians 2:13 NIRV

Your volunteer Sunday School co-ordinator,
Gloria Ford

Graduate of 2019

In 2019 we celebrate with:

Brodie Johnson

(Please let us know if we have missed anyone)

Congratulations to all our Graduate!! We will celebrate this milestone on Sunday, June 23 at the 10:00 am service.

CLASS
of
2019



This year, St. Paul's is participating in "Thy Kingdom Come," a global call to prayer that takes place from Ascension Day (May 30) to the Day of Pentecost (Jun. 9). There'll be resources for daily prayer and reflection, and *we are hosting at St. Paul's an ecumenical Service of Prayer at 7 p.m. on the Day of Pentecost*. Everyone's invited to share in this time of seeking the coming of God's kingdom, and the doing of God's will, on earth as it is in heaven. For materials, see our Facebook & Twitter accounts and the table in the Hall.

Thy Kingdom Come is a global prayer movement that invites Christians around the world to pray for more people to come to know Jesus. What started in 2016 as an invitation from the Archbishops of Canterbury and York to the Church of England has grown into an international and ecumenical call to prayer.

During the 11 days of Thy Kingdom Come, it is hoped that everyone who takes part will

- Deepen their relationship with Jesus Christ
- Pray for God's spirit to work in the lives of those they know
- Come to realise that every aspect of their life is the stuff of prayer

After the very first Ascension Day the disciples gathered with Mary, constantly devoting themselves to prayer while they waited for the outpouring of the Holy Spirit at Pentecost. Like them, our reliance on the gift of the Holy Spirit is total - on our own we can do nothing.

Through the centuries Christians have gathered at that time to pray for the coming of the Holy Spirit. 'Thy Kingdom Come' picks up this tradition. Over the past three years more and more worshipping communities have dedicated the days between Ascension and Pentecost to pray 'Come Holy Spirit'.

We are praying that the Spirit would inspire and equip us to share the Good News of Jesus Christ with our friends and families, our communities and networks. It has been amazing how many varied ways there have been in which people from every tradition have taken up this challenge. The effects have been remarkable.

It is our prayer that those who have not yet heard the Good News of Jesus Christ and his love for the world will hear it for themselves, and respond and follow Him. Specifically, we again invite each and every Christian across the country to pray that God's Spirit might work in the lives of 5 friends who have not responded with their 'Yes' to God's call.

Whether you have joined in 'Thy Kingdom Come' before or not, we invite you to take part this year - along with churches from over 65 different denominations in 114 countries around the world.

"You will receive power when the Holy Spirit has come upon you; and you will be my witnesses ...to the ends of the earth. When he had said this...he was lifted up, and a cloud took him out of their sight...Then they returned to Jerusalem ... and were constantly devoting themselves to prayer... When the day of Pentecost had come they were all together in one place... All of them were filled with the Holy Spirit... and that day about three thousand persons were added." (Acts 1, 2)

"In praying 'Thy Kingdom Come' we all commit to playing our part in the renewal of the nations and the transformation of communities." (Archbishop Justin Welby)

For more information, please see <https://www.thykingdomcome.global/>, or #Pledge2Pray on Twitter.

Pastoral Care

If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag please contact Robbie Collier @ 403-257-5783 or 403-869-6608.

If you'd like to be part of our Pastoral Care Team, please contact Fergus or Nicola Peden. Training will be provided.

Pastoral
CARE

Grief Support

Grief Support Group:

If you are interested please contact Laura Anne at the Parish Office. Our Grief Support Group is a chance to be with others who have suffered a loss. It is a chance to speak from the heart or just listen.

Prayer Shawl Ministry

We will take a break for the summer and resume meeting on September 11 at 1:00 pm.
All are welcome to join us! No experience needed! Everything is supplied. For more info. contact Laura Anne at the Parish Office.

Health Care Apostolate Dioceses of Calgary

Bereavement Education

4th & 5th October Part 1
18th & 19th October Part 2

pilgrim

A COURSE FOR THE CHRISTIAN JOURNEY

www.pilgrimcourse.org [@pilgrimcourse](https://twitter.com/pilgrimcourse)

PILGRIM A COURSE FOR THE CHRISTIAN JOURNEY: Church & Kingdom

Dates:

Wednesdays to June 15

Time: 7:30 pm

Seen in a
new light?

Find out more about the Christian faith

This eighth volume, the final title in the Grow stage, explores what it means to live as a child of the kingdom of God and to follow in the way of Christ each day as a member of his Church. Its six sessions combine simple prayer, reflection on the Bible in the lectio divina style, an article by a modern writer, and time for questions and reflection.

The Sessions

Session Five: Confronting the injustices of the world

With a Reflection by Ann Morisy

Considers how the Christian life requires us to be involved in the affairs of the world and to witness to God's kingdom of peace and justice every day.

Session Six: Treading lightly on the earth

With a Reflection by David Walker

Explores our relationship with the earth itself.



Stewardship Thoughts.

GARDENS On clean up day I would like to dig out a lot of iris and some other plants from the gardens. If anyone wants these you are welcome. The plan is to bring in a little more soil and replace these plants with other flowers. The other flowers I hope will come either from your gardens as you get ready for the growing season or when you buy your spring plants for your garden add an extra tray or two for the church.

I am hoping to get some ongoing help from you to maintain the gardens, I'll explain later.



I have arranged for us to have two plots [8ft by 4ft] at the MidSun Community Garden. The plan is for us to plant these gardens and donate the produce to Vet's Food Bank and the regular food bank or others? It will not take much time but I think will be an important addition to our Stewardship. **There is a sign up sheet for volunteers in the Hall. Our plots are numbers 33 & 34. Watering will depend on the weather.**

HISTORIC CHAPEL There is an ongoing beautification project at the Historic Chapel. People are asked to take over an area and put shrubs and flowers in. We would have to coordinate



our efforts so that it fits in with the overall plan but we can do this. I will find out more and update you.

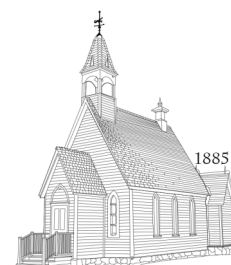


Stewardship
a way of life

As you can see there are opportunities for gardening talents and I look forward to your help. Kerry

The MCES needs new members.

If you are a long time member of St. Paul's who used to worship in our Historic Chapel or you are a new member who is interested in preserving history, you are welcome to join the MCES committee. . What does the MCES committee do? The Historic Chapel upkeep, repair, cleaning... is the responsibility of the committee. We have 3 or 4 meetings a year and extra ones if we have a project going on. Please contact either Iona Shaw or Kerry Peters.



MCES | MIDNAPORE CHURCH
OF ENGLAND SOCIETY
ST. PAUL'S ANGLICAN CHURCH

A Call to Prayer for the Election of Our New Primate

Five Bishops Nominated

The General Synod will choose a new Primate, to replace the retiring Archbishop Fred Hiltz in Vancouver this July.

The nominated Bishops are **The Right Rev. Jane Alexander** (Edmonton), **The Most Rev. Ron Cutler** (Nova Scotia & PEI, and Metropolitan of Canada), **The Most Rev. Greg Kerr-Wilson** (Calgary, and Metropolitan of Rupert's Land), **The Right Rev. Linda Nicholls** (Huron), and **The Right Rev. Michael Oulton** (Ontario).

"Almighty God, giver of all good gifts, look on your Church with grace, and guide the minds of those who shall choose a Primate for our beloved Church, that we may receive a faithful servant who will care for your people and support us in our ministries; through Jesus Christ our Lord."

SPRING IS HERE!

**TIME TO CLEAN OUT YOUR CLOSETS,
BASEMENTS & GARAGES AND
DONATE ALL THOSE UNWANTED
TREASURES TO**

ST. PAUL'S YARD SALE

**9 A.M. – 3 P.M.
SATURDAY
JUNE 22**



**DROP OFF YOUR DONATIONS (PLEASE NO CLOTHING OR
LINENS) AT THE CHURCH MONDAY, JUNE 17 TO THURS-
DAY JUNE 20 FROM
9 AM TO NOON
OR FRIDAY JUNE 21 FROM 9 AM TO 12:30 PM AND 3 TO
6PM.**

**PLEASE ENSURE ALL ELECTRICAL ITEMS ARE IN WORKING
ORDER AND ALL ITEMS ARE CLEAN.**

**PLEASE CONTACT STEVE COLLE IF YOU ARE
AVAILABLE TO HELP WITH THE SALE**

HOW YOU CAN HELP WITH ST PAUL'S YARD SALE

"What's used is useful at St. Paul's Annual Yard Sale! Come find the hard-to-find, the little treasures, and much more from 9 till 3."

Please help us make this our best Yard Sale Yet! We appreciate all the treasures you are able to donate. Please have a look at a few guidelines.

We will accept any items **EXCEPT** for the following:

- Clothing, bedding, towels/wash clothes/dish clothes
- Mattresses or box springs
- Incomplete games, puzzles, or other items requiring all pieces to function
- Broken or damaged items that clearly will not sell



The following are points to consider by our donors:

- 1) **Consider and respect our volunteers.** Their time and effort in separating and pricing the items is valuable. Adding tasks such as separating garbage from sellable items, as well as donating items that require deep cleaning, should be done before donating.
- 2) All **items are priced to sell.** If you feel your donation deserves a higher price than what a garage sale can offer, consider keeping it for sale at a different time.

Items that would be helpful to make our Yard Sale a success:

- -Canopies to cover books and electric household items (TVs, blenders, etc.) in case of rain. Canopies that go over picnic tables are the best due to size.
- Lawn signs made of the corrugated plastic with the metal H-frame stands to go into the ground. We will be adding our own poster board signage to each, so it doesn't matter if they already have print on them. These can be on loan to the church for this sale if donors want them back.

Volunteers Need:

- **Friday, June 21:** sorting and pricing from 9 am to 2 pm Come for a short time or for the whole time it is up to you.
- **Saturday, June 22:** 7:30 to 10:00 am (this is for set-up); 10:00 am to 1:00 pm; 1:00 to 3:00 pm (this includes clean-up)
- Volunteers with large vehicles for clean-up

There is a sign up sheet in the Hall or speak to Steve Colle or the Parish Office.

St. Paul's Friendship Family Picnic and **Welcome of New Members**

Place: St. Paul's

Date: Sunday, June 23

Time: 11:30 am



Great Food and Fun Games

**If you are able please bring a salad or dessert to share.
(New Members are not to bring anything)**

**Hamburgers, Hot Dogs and Drinks are
provided**



If you are new to St Paul's in the last year (since June 2018) please make sure you fill out an information card today (found in the pews) so we can welcome you on this special day.

ST. PAUL'S ANNUAL STAMPEDE BBQ

Come and Join Us for the St. Paul's Stampede BBQ and new this year Line Dancing



Date: Sunday, July 14th

Time: 11:15 am

Place: St Paul's Anglican Church

What to Bring: Friends and neighbours! Salad or Dessert to Share!

*Line Dancing will begin at 11:15 am in the parking lot (weather permitting).
We will have a professional instructor, Steve, to lead us in a fun hour
of energetic line dancing!!!*



Line Dancing

Hot dogs, Hamburgers and Drinks are provided! If you can please bring a salad or dessert to share!



Dress Western and get into the Spirit of the Stampede.



A Tribute To Fathers (Intended to Be Read at Church on Father's Day)

By Norman Lawrence / Submitted On June 06, 2011

On this Father's Day we offer these words of tribute to Fathers, and since the backdrop of this tribute is in the Church, it will be with Godly Fatherhood as the focus of our attention this morning.

For the young son, Dad stands for all he wants to be in life "when he grows up". He watches with eyes and ears that record how Dad lives, whether it be in the home, on the job, or in their time of recreation as a family. This recording takes place on a daily basis in his life, as one day he will push "play", and become a Dad himself.

For the young daughter, Dad is her knight in shining armor with the responsibility to protect her, yet tender enough to shower her with his unconditional love when she needs to know he's there. For her, Dad remains "Daddy" through the turbulent years of teenage trials, then with a falling tear and trembling lips she kisses "Daddy" on the cheek at her wedding in hopes she is marrying someone who will love and protect her "just like Daddy did".

Some Dads have become the leaders of their family without a Godly example in their home as they grew up, yet have determined in their own hearts to start a legacy of love so their own children will have a good example to follow. Like Joshua of old challenged the people in Joshua 24:15b, he states these words, then does all he can to live up to the commitment: "But as for me and my house, we will serve the Lord."

The Godly Father recognizes his own shortcomings and failures from time to time as he shepherds his family, and will be humble enough to draw upon the strength of his Heavenly Father for help and guidance. 2 Corinthians 12:9a "My grace is sufficient for you, for My strength is made perfect in weakness." The Godly Father is not ashamed to admit to times of weakness and insufficiency, and yes, even shed a tear or two at times as he faces the challenges of life and leadership of his family. He looks forward to looking up to God and confessing his need to the one who is all-sufficient and all-knowing.

We applaud you Dad, as you sacrifice for your family in so many ways, yet also encourage you to give your most valuable asset to your Children as much as possible which is of course, your time. Those special times of playing catch in the back yard may provide some wear and tear for the lawn, yet will grow a great relationship. Those early mornings of fishing together may not yield much for the dinner table, but the conversations while fishing will be quite a catch for both Dad and Child. Taking time for a "date you're your daughter" will provide her an example of what to look for in manners and actions when she begins to date.

There is a statement that says "time is of the essence", and this is indeed the case when Dads and Kids interact.

Thank you for working, planning, caring, disciplining, teaching, and yes, learning about being the best Dad you can possibly be. In a world that says "can't", thanks for saying "can too!"

Most of all, thanks for being "Dad" and trusting your Heavenly Father to guide you in the journey.

Happy Father's Day!

Written by

Norm Lawrence of <http://www.churchletters.net>



SouthGate Church Day Camp

What are your Kids doing this summer?

Join us for a of Super Fun Day Camp for Kids Age 4- Grade 6



"Treasure Hunters" Day Camp July 29- Aug 2

Five awesome days of sports, art, science, biking/hiking, sewing, cooking,.....all in wrapped up in a theme of hunting for the greatest treasures of life!. Kids will love these days of examining the world around us and discovering new and exciting things. At this camp kids will spend time each morning learning about God in a fun and relevant way. This camp takes place every day at **St Paul's Anglican Church** (7 Sunmills Green SE). Cost for the week is *\$175.00

(Before and after Care is available for "Explore and Discover Day Camp" Only. Children can arrive at 7:45 and stay as late as 5pm. The cost for this service is \$5/individual morning and \$5/individual afternoon

Link to register online:<https://forms.gle/J7Mu8TCjC7FZjW5s9>.

TRINITY SUNDAY

Trinity Sunday, officially "The Solemnity of the Most Holy Trinity," is one of the few feasts of the Christian Year that celebrates a reality and doctrine rather than an event or person. On Trinity Sunday we remember and honor the eternal God: the Father, the Son, and the Holy Spirit. Trinity Sunday is celebrated the Sunday after Pentecost, and lasts only one day, which is symbolic of the unity of the Trinity. The Eastern Churches have no tradition of Trinity Sunday, arguing that they celebrate the Trinity every Sunday. Westerners do as well, although they set aside a special feast day for the purpose.

The Trinity is one of the most fascinating - and controversial - Christian dogmas. The Trinity is a mystery. By mystery the Church does not mean a riddle, but rather the Trinity is a reality above our human comprehension that we may begin to grasp, but ultimately must know through worship, symbol, and faith. It has been said that mystery is not a wall to run up against, but an ocean in which to swim. The common wisdom is that if you talk about the Trinity for longer than a few minutes you will slip into heresy because you are probing the depths of God too deeply. The Trinity is best described in the Niceno-Constantinopolitan Creed, commonly called the Nicene Creed. Essentially the Trinity is the belief that God is one in essence (Greek *ousia*), but distinct in person (Greek *hypostasis*). Don't let the word "person" fool you. The Greek word for person means "that which stands on its own," or "individual reality," and does not mean the persons of the Trinity are three human persons. Therefore we believe that the Father, the Son, and the Holy Spirit are somehow distinct from one another (not divided though), yet completely united in will and essence. How can this be? Well, think of the sight of two eyes. The eyes are distinct, yet one and undivided in their sight. Another illustration to explain the Trinity is the musical chord. Think of a C-chord. The C, E, and G notes are all distinct notes, but joined together as one chord the sound is richer and more dynamic than had the notes been played individually. The chords are all equally important in producing the rich sound, and the sound is lacking and thin if one of the notes is left out.

The Son is said to be eternally *begotten* of the Father, while the Holy Spirit is said to *proceed* from the Father through the Son. Each member of the Trinity interpenetrates one another, and each has distinct roles in creation and redemption, which is called the Divine economy. For instance, God the Father created the world through the Son and the

Holy Spirit hovered over the waters at creation.

The Nicene definition of the Trinity developed over time, based on Scripture and Tradition. The Scriptures call the Father, the Son, and the Holy Spirit "God," yet the three are also clearly distinct. For instance, St. John gives Jesus the titles *theos* and *monogenes theos* (God and Only-Begotten God) and has Jesus saying that the Father and Son are one, yet in his gospel Jesus also states that the Father and Son are not one witness, but two (John 1:1, 18; 8:17-18; 10:30). So John tells us that Jesus is God but not God the Father? Jesus is one with the Father, but they constitute two witnesses? It is scriptures such as these that led to the development of the Trinity doctrine. The Church had to reconcile the Divinity of Christ and the Holy Spirit with Jewish monotheism. Over time, and with the aid of the Holy Spirit, the Church reflected on the implications of God's nature, and even began using the word Trinity by the middle of the 2nd century to describe the relationship between the Father, Son, and Spirit. When in the 4th century a presbyter named Arius denied the Father and Son were both true God and co-eternal, his bishop Alexander of Alexandria challenged him and deposed him. Eventually the Arian controversy spread, and the emperor Constantine, newly fascinated with Christianity, convened a council of bishops in AD 325 in Nicaea to deal with Arianism. It is there that the Church drew up the beginnings of the current Nicene Creed. In the latter half of the 4th century the Church dealt with those who specifically denied the divinity of the Holy Spirit, adding more text to the creed.

Ultimately, Trinitarianism posits a dynamic God, whose ultimate nature is beyond human conception, yet who voluntarily operates within the created world. Trinitarianism also shows a loving God that is willing to become as we are so that we may become like Him. The implications of believing in Arius' God, a God unwilling to involve himself in our redemption, but who instead sent an angel of the highest order, did not escape the earliest Christians. As St. Athanasius was fond of saying "that which has not been assumed has not been redeemed," meaning that unless God truly became completely human, we could not be fully redeemed, because only God Himself is capable of truly redeeming humanity; an angel does not have this ability. Thus, the Trinity is not about Greek philosophy or pointless metaphysical speculation, but about the heart of our salvation.

<http://www.churchyear.net/trinitysunday.html>



What is Alpha?

Alpha is a series of interactive sessions that freely explore the basics of the Christian faith.

Who is it for?

Alpha is for anyone who's curious. Each session looks at a different question, and is designed to create conversation. There's no pressure, no follow-up and no charge; it's just an open, informal, and honest space to explore and discuss life's big questions together.

How does it work?

Alpha is typically 8-12 sessions with a weekend or day away in the middle. Each session includes food, a short talk and discussion where you can share your thoughts and ask questions.

How much is it?

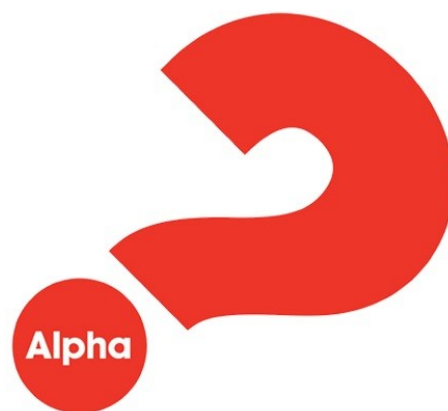
There's usually no charge to attend Alpha, though some may ask for a contribution towards food.

COMING TO ST. PAUL'S THIS FALL: THE ALPHA FILM SERIES

Twelve Wed. Evening Sessions (Including Supper) Plus a Sat. "Day Away"

Starting 6:30 pm on Wednesday, September 18

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Saint Boniface

by Mark Beumer

published on 05 August 2014



Saint Boniface (or in Dutch the Heilige **Bonifatius**) is one of the most famous saints in the Netherlands. His real name was Wynfreth and he lived from 672 until 754 CE. Pope Gregory II, who ruled from 715 to 731 CE, was at that time struggling with pagan Germanic tribes and, keen to convert them, Wynfreth offered Gregory the perfect opportunity to achieve this goal, the Christianization of **Europe**. After he received the name **Boniface** on the 5th of May 719 CE, which means 'he who does good', he served as a missionary in the first half of the 8th century and helped reorganize the church in Germany and the Frankish kingdom.

Early life

Boniface was born in southern **England** in the Essex region, probably near Exeter, and presumably Crediton. Descended from a noble family, from his earliest years he showed great ability and received a religious education. His parents intended him for secular pursuits, but, the young Wynfreth was inspired with higher ideals by missionary monks who visited his home. Consequently, he was, according to **Celtic** and **Anglo-Saxon** tradition, taken in at the monastery of Adescanastre. Such children as these were known as *pueri oblate* and in the monastery the children learned to read and write and became familiar with **Roman** civilisation. Even at this early age the young Wynfreth was both intelligent and eager to learn.

Beliefs & Teachings

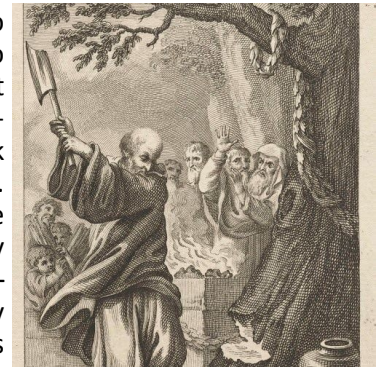
In 705 CE Wynfreth was sent to the bishop Berthwald of Canterbury. Here, leading an austere and studious life under Abbot Winbert, he rapidly advanced in sanctity and knowledge, excelling especially in a profound understanding of scriptures, of which he gives evidence in his letters. He also gained a reputation as a diplomat, teacher and preacher. His students, particularly nuns, were very pleased with his teachings. Wynfreth was, although still at a young age, well aware of the importance of a large network of acquaintances. His career at this time is well evidenced by his letters, and is plausibly, if partially, described in hagiographies by his disciples. A rather different account, however, is also provided by other texts almost equally early in date, some of which come somewhat closer to presenting Boniface as the missionary of the popular imagination.

"ST. BONIFACE HAS BEEN ATTRIBUTED THE EVANGELISATION OF THE LAND TO THE EAST OF THE RHINE: HESSE, THURINGIA, AND PARTS OF BAVARIA."

Role in the Christianization of the Frisians

Much later in life, when Boniface was already 82 years old, he, nevertheless, undertook the journey to the Frisians in 716 CE to convert them to **Christianity**. Indeed, to him has been

attributed the evangelisation of much of the land to the east of the Rhine: Hesse, Thuringia, and even parts of Bavaria. This is precisely what he wished to achieve. Yet the image is deceptive, for he was, in fact, less a missionary to the pagans than he himself had expected. Certainly, he went to the continent in 716 CE to become a missionary, and at the start and end of his continental career he did work among the pagans in Frisia. He also wished to evangelise the **Saxons**, because they were related to the English – a point which has already been made by Willibrord's biographer Ecgbert. For a brief moment in 737 CE it looked as if the victories of



Boniface cuts down holy oak of 'Jupiter' or Donar

Charles Martel would open up Saxony as a mission field, and Boniface lobbied his Anglo-Saxon contacts for support in the expected enterprise. However, this would not go without a fight. In 721 CE, Boniface remembered his papal obligations and moved back to *Germania* and worked in Hesse.

In 722 CE Boniface returned to **Rome**, and was there consecrated bishop, and was given letters of introduction to the leaders of the territories east of the Rhine, and especially to Charles Martel. On his return home he worked first in Hesse and then, further to the east in Thuringia. Within the areas, he was, for the most part, organising a somewhat unstructured and sometimes heretical group of Christian churches, rather than preaching to the pagans, even though it was the pagans who were his avowed objective. He is, however, recorded as having one spectacular showdown with a backwoods pagan community, at Geismar, where he cut down a great oak tree associated with '**Jupiter**' or **Donar**. Miraculously, the tree came down easily, dividing into four pieces as it fell.

Fulda & the Murder of Boniface

Following the **death** of Charles Martel in 741 CE and the establishment of his sons, Pippin III and Carloman, in his place, Boniface turned his mind to reform the Frankish Church – notably in a series of synods held between 742 and 744 CE. In the course of the reform a number of established clerics came under scrutiny, among them Bishop Gewilib of Mainz, who was removed from office in 745 CE. A year later, Boniface himself was appointed in his place: although he had held the position of missionary bishop since 722 CE, he had not hitherto been the incumbent of a fixed diocese. Meanwhile, in 744 CE he founded the monastery of Fulda, almost on the border of Thuringia and Hesse, appointing the Bavarian Sturm as abbot, and subsequently putting it under papal jurisdiction. Fulda would be his most significant monastic foundation, not least because it became the burial place of Boniface himself. It was also to be a missionary centre and a number of manuscripts associated with his mission have been attributed to its scriptorium. More important, in the long run,

would be its intellectual achievements in the 9th century CE.

Ultimately, having installed Lull as his successor at Mainz in 753 CE, Boniface returned to Frisia accompanied by 40 servants (*pueri*) and many Christian books and articles, Boniface converted thousands of Frisians, until they were overtaken by the Frisians on the 5th of June 754 CE and tortured to death. The servants were not allowed to defend themselves at Boniface's command, so they would be the first martyrs. This speaks against the claim that Boniface was the first martyr. He was perhaps the first bishop who was killed for faith, but Boniface would have defended himself. However, the previous assertion seems unlikely since his biographer Willibald describes nothing about the murder of Boniface and the servants were actually trained Frankish soldiers. They were well armed but were unlikely to outweigh the Frisian invasion force. It is also unclear whether the killers were pagan reactionaries or merely thieves. His body was buried in the monastery of Fulda.

St. Boniface's Legacy & Influence in the Netherlands

After his death, Boniface received his own cult no different from the gods of ancient Greece and Rome. Like the Greek goddess of health Hygieia, Boniface even had his own spring and sacred relics. Through the centuries, many pilgrimages were taken to Dokkum to worship those relics. The most precious is a small piece of Boniface's skull. In the 16th century CE Boniface's relics included, according to the Dokkumer author Cornelius Kempius, the skull fragment, an ivory crook, a **gold** chalice, a chasuble, a cope and a gospel book personally written by Boniface himself, probably the Victor Codex from 546 CE Bishop Victor of Capua. Cornelius Kempius saw this codex and the other relics with his own eyes. They are, he describes, every seven years presented to the people.

After the rise of Protestantism and the plundering of the Dokkumer abbey in 1572 CE and its abolition in 1582 CE, the relics were scattered. Where they went is not clear. There is a tradition that says that the abbot of Fulda travelled to Dokkum in 1580 CE to retrieve the rod, the gospel book and take the church treasures to the Cathedral of Fulda. At the end of the 16th century CE, some relics emerge again and the chasuble, the cope and the skull fragment returned to Dok-

kum once again. They are carefully stored and preserved in a reliquary in the new parish church. In 1833 CE - at the request of the German Bishop Johann Leonard Pfaff - the **tomb** of Boniface was opened in order to provide primary relics for the newly-built Boniface Church at Fulda.

The Spring of Boniface in Dokkum is attributed by believers to Boniface himself. When he sat with his staff on the ground - like **Moses** did on the rock - the spring started bubbling and water appeared. In Cornelius Kempius' time the well was contained within the walls of an abbey complex of two churches: a large monastery for Witherendreef and a smaller parish church for the Dokkumse bourgeoisie. Kempius follows the *Vita altera* in his description of the spring and its discovery and puts the *fons* (fountain) in the convent on the west side of the *tumba* (apparent **grave**) of Boniface. He says that the spring neither dries up nor overflows. The especially clear water has since many pilgrims and is thought by some to cure all kinds of diseases and ailments. The Reformation brought an end to the Boniface Worship. The parish church was taken over by Dutch Reformed Church and the abbey was demolished.

Conclusion

It is clear that the mission of Boniface fits the image of the determined process of Christianization that took place in the Early Middle Ages in Europe. Many missionaries went to pagan nations providing Bibles and armed escorts to convert the local people to Christianity. When the leaders of such areas were finally convinced of the new ideas, missionaries gradually penetrated to the rest of the population. Often these missionaries were slain because they were considered a threat to the status quo but, nevertheless, thousands of people were converted by men such as Boniface who, to spread the message of their convictions, were willing to risk their lives.

From: https://www.ancient.eu/Saint_Boniface/

Mount St. Francis Retreat Centre

Geographical address: 41160 Retreat Road Cochrane, AB

Weekend Retreats Theme "*Who do you say I am?*"

June 17-23, 2019

6-Day Preached Retreat "A Profound Mystery"

Facilitated by Fr. Robert Mitchell, OFM and the Retreat Team

Cost \$600.00, Retreats begin with Supper at 5:30 on Monday

July 21-29, 2019

7-Day Directed Retreat "Presence" facilitated by Retreat Team

An individual Director will accompany you on your spiritual journey

Cost \$650.00, Retreats begin with Supper at 5:30 on Sunday



Diocesan webpage (www.calgary.anglican.ca) now has tweets.

Find us on Facebook! <http://www.facebook.com/calgary.anglican>

Education for Ministry Graduation Sunday, June 9 Mentors, students, past graduates and anyone interested in the Education for Ministry program are invited to join the EfM Community at a Eucharist celebration honoring the graduates of the 2018/2019 program, on **Sunday evening, June 9 at 7:00 pm, at St. Barnabas Anglican Church, Calgary.** For more information, please **contact ctubman@shaw.ca**

St. Andrew, Calgary: Spring Concert Series: St. Andrew's is hosting our "second annual" Lunchtime Spring Concert series. It began **Tuesday, May 14** and **continues for 5 weeks at lunchtime (12:00 noon) for 45 minutes. Free admission; donations accepted.** People are welcome to bring a lunch to enjoy while they listen to the music.

June 4: Stephanie Soltice, violin and Kimberley-Ann Bartczak, piano

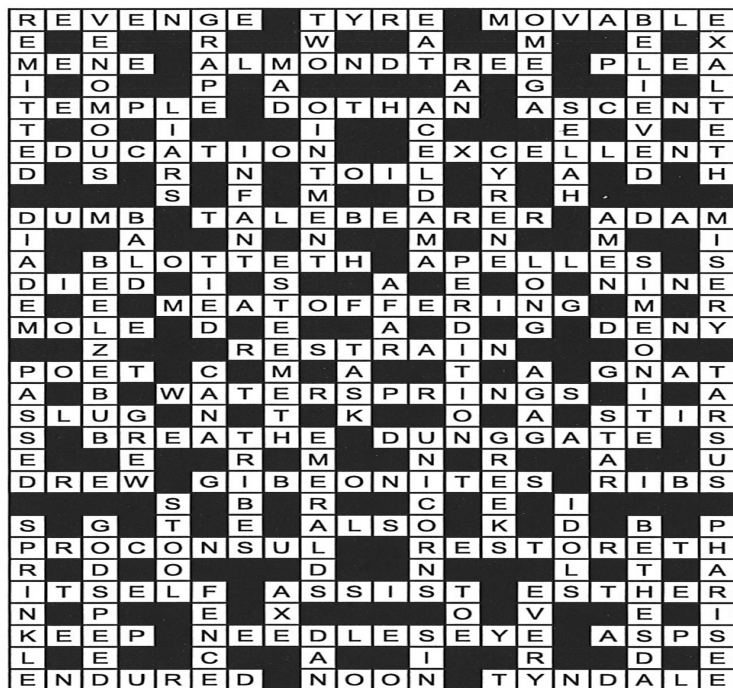
June 11: Nan Hughes Poole, Mezzo Soprano and Claire Butler, piano

For more information about the artists, see www.st-andrews-anglican-calgary.ca.

An Evening of Lectio Divina" returns: All are invited to The Anglican Parish of Holy Cross for an evening of silence, prayer and biblical meditation. Lectio Divina (literally, Divine Reading) is a practice deeply rooted in Christian history. In Lectio Divina, we sit with a biblical text for the purpose of discerning the voice of Jesus as He speaks into our lives. This spiritual practice is perfect for anyone who has ever struggled with questions such as: Is God speaking to me? How do I know what God's voice is like? or How can I discern where God is leading me? An Evening of Lectio Divina will be held on the second Tuesday of every month, **starting at 6:30 pm, next on June 11.** All are welcome.

Now is the time to start planning your summer visit to Sorrento in the beautiful Shuswap. Visit the website (<https://www.sorrentocentre.ca/5-weeks-of-summer>) and review summer offerings. We look forward to welcoming you to the Centre! Also on the website are employment opportunities for a Farm Manager or Summer Youth Staff for 15-20 people.

Hope Mission is a not-for-profit social care agency caring for men, women, youth, and children experiencing poverty across Alberta. We offer meal programs, Kids and Youth programs, and Camp Hope. Founded in 2012, Hope Mission serves over 5,000 meals a month, through community dinners, hot school lunches, kids' dinners, and the Food Bank. You can help through financial support (<https://hopemission.com/donate/>) or by volunteering (<https://hopemission.com/get-involved/volunteer/volunteer-in-calgary/>).



Across: 1 Revenge, 4 Tyre, 6 Movable, 10 Mene, 11 Almond tree, 14 Plea, 15 Temple, 17 Dothan, 20 Ascent, 22 Education, 24 Excellent, 26 Toil, 27 Dumb, 29 Talebearer, 30 Adam, 32 Blotteth, 35 Apelles, 39 Died, 41 Nine, 42 Meat offering, 43 Mole, 44 Deny, 45 Restrain, 47 Poet, 50 Gnat, 52 Watersprings, 53 Slug, 55 Stir, 56 Breathe, 59 Dung gate, 62 Drew, 63 Gibeonites, 64 Ribs, 69 Also, 72 Proconsul, 73 Restoreth, 74 Itself, 76 Assist, 78 Esther, 79 Keep, 80 Needle's eye, 83 Asps, 84 Endured, 85 Noon, 86 Tyndale.

Down: 1 Remitted, 2 Venomous, 3 Grape, 4 Two, 5 Eat, 7 Omega, 8 Believed, 9 Exalteth, 12 Mad, 13 Ran, 16 Liars, 18 Ointment, 19 Aeldama, 21 Selah, 23 Infant, 25 Cyrene, 27 Diadem, 28 Bald, 30 Amen, 31 Misery, 32 Beelzebub, 33 Tied, 34 Esteemeth, 36 Perdition, 37 Long, 38 Simeonite, 40 Afar, 46 Task, 47 Passed, 48 Cana, 49 Agag, 51 Tarsus, 54 Grew, 55 Star, 57 Tribes, 58 Emeralds, 60 Unicorns, 61 Greeks, 65 Stool, 66 Idols, 67 Sprinkle, 68 Godspeed, 70 Bethesda, 71 Pharisee, 75 Fence, 76 Axe, 77 Toe, 78 Every, 81 Dan, 82 Sin.

Bible Crossword by BiblePuzzles.org.uk

GIANT BIBLE CROSSWORD

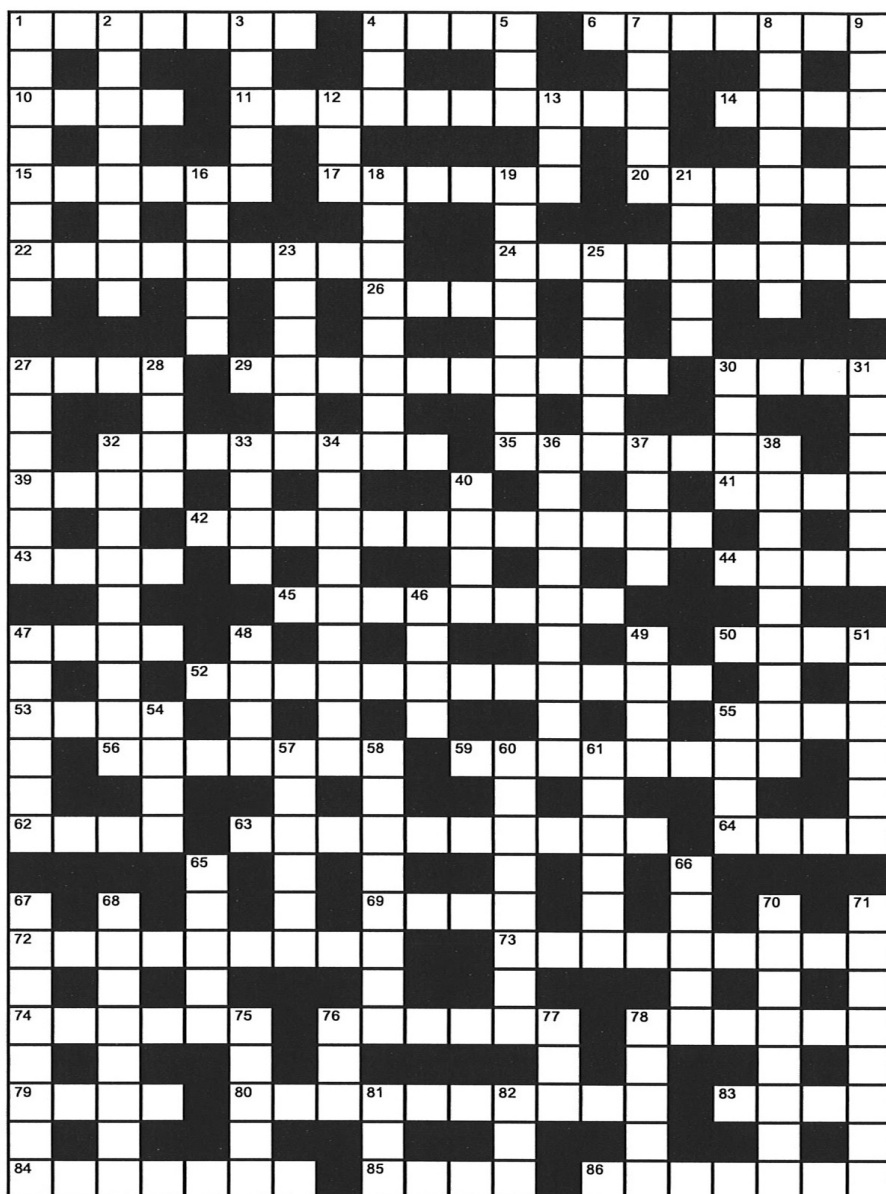
Across

- 1 Retaliation (7)
4 Phoenician trading center (4)
6 Not fixed (7)
10 Word written on a wall (4)
11 Fruit bearing plant (6,4)
14 Urgent request (4)
15 Place of worship (6)
17 Where the Syrian army was made blind (6)
20 Climb (6)
22 Instruction (9)
24 Splendid (9)
26 Work hard (4)
27 Unable to speak (4)
29 Tattler (10)
30 One who raised Cain (4)
32 Stains (archaic) (8)
35 A disciple in Rome (7)
39 Came to an end (4)
41 Number of lepers who did not return to thank Jesus (4)
42 Old Testament ritual (4,8)
43 Burrowing mammal (4)
44 Refuse (4)
45 Hold back (8)
47 Verse writer (4)
50 Pesky insect (4)
52 Sources of rivers and streams (12)
53 Slimy gastropod (4)
55 Mix (4)
56 Have an inspiration? (7)
59 One of the openings in the walls of Jerusalem (4,4)
62 Attracted (4)

- 63 A remnant of the Amorites (10)
64 Bones (4)
69 Likewise (4)
72 Governor (9)
73 Reinstates (archaic) (9)
74 Reflexive pronoun, third person singular (6)
76 Help (6)
78 Persian queen (6)
79 Retain (4)
80 Can a camel pass through one? (7,3)
83 Snakes (4)
84 Suffered (7)
85 Middle of the day (4)
86 English translator of the Bible (7)

Down

- 1 Forgave (8)
2 Poisonous (8)
3 Fruit of the vine (5)
4 Couple (3)
5 Consume (3)
7 Last letter (5)
8 Had faith (8)
9 Praises (archaic) (8)
12 Daft (3)
13 Fled (3)
16 Ananias and Sapphira for example (5)
18 Balm (8)
19 Field of blood (8)
21 Psalms interjection (5)
23 Babe (6)
25 The cross-bearer of Christ, Simon, came from this city (6)
27 Crown (6)
28 Shiny on top, like Elisha! (4)
30 Prayer's end (4)
31 Woe (6)



by Philologus

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- 32 Prince of the devils (9)
33 Bound (4)
34 Respects (archaic) (9)
36 Hell (9)
37 Yearn (4)
38 Member of an Israeli tribe (9)
40 From a great distance (4)
46 Charge (4)
47 Went by (6)
48 Site of Jesus' first miracle (4)
49 King of the Amalekites (4)
51 Birth place of the apostle Paul (6)
54 Got bigger (4)
55 Celestial body (4)
57 There were twelve of them in Israel (6)
58 Precious stones (8)
60 Biblical animals of great strength (8)
61 These people were among the Gentiles (6)
65 Seat (5)
66 False gods (5)
67 Spray (8)
68 A successful journey (8)
70 This place had a pool and five porches (8)
71 Sanctimonious person (8)
75 Palisade (5)
76 Cutting tool (3)
77 Part of foot (3)
78 Each (5)
81 A son of Jacob (3)
82 Transgression (3)

June 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 8:30 & 10 am Holy Eucharist <i>Christian Fellowship</i> 5 pm	3 7:00 pm Bible Study 7:30 pm Prayer Group	4 1 pm Young at Heart	5 9:30 am Holy Eucharist 10:30 am Bible Study 7:30 pm Pilgrim Course	6 6:15 pm <i>TOPS</i> 7 pm Après EFM 7:30 pm Choir Practice	7	8 8 am to 1 pm <i>Kids U Preschool/</i> <i>Graduation Rental</i>
9 Day of Pentecost 8:30 & 10 am Holy Eucharist Thy Kingdom Come Evening Prayer 7 pm	10 7:00 pm Bible Study	11 1 pm Young at Heart 7:00 pm Parish Council	12 9:30 am Holy Eucharist 10:30 am Bible Study	13 6:15 pm <i>TOPS</i> 7:30 pm Choir Practice	14	15 8:30 am Men's Breakfast 11:30 am Ladies Potluck Lunch
16 Trinity Sunday Father's Day 8:30 am & 10 am Holy Eucharist 5 pm <i>Christian Fellowship</i>	17 7:00 pm Bible Study 7:30 pm Prayer Group	18 1 pm Young at Heart	19 9:30 am Holy Eucharist 10:30 am Bible Study	20 6:15 pm <i>TOPS</i> 7 pm Après EFM 7:30 pm Choir Practice	21 3 to 7 pm Set-up for Yard Sale	22 9 am to 2 pm Yard Sale
Corpus Christi 23 8:30 & 10 am Holy Eucharist Instructed Eucharist, Graduation & New Members Celebrations 11:30 am Parish Picnic	24 1:30 pm Pastoral Care Meeting	25 1 pm Young at Heart	26 9:30 am Holy Eucharist 10:30 am Bible Study	27 6:15 pm <i>TOPS</i> 7:30 pm Choir Practice	28	29
30 8:30 am H.E 10 am Triple C Holy Eucharist 5 pm <i>Christian Fellowship</i>	July 1	2	3	4 6:15 pm <i>TOPS</i>	5	6