

Youth Group

Calling All Junior and Senior High Students to be Youth Who Make a Difference !

A Youth Bible Study is offered every Sunday morning. As well as activities on 1 Friday a month.

Next meeting Friday, March 22 at 7:00 pm at St. Paul's.

Check out our Youth Group Facebook page to see more details about what's happening: www.facebook.com/StPaulsCalgaryYouth.

Diocese and Community

Soothing the Soul: A Day of Lenten Devotion and Prayer March 23, 2019 Join Archbishop Greg and the Anglican Fellowship of Prayer on March 23 from 9:00 am to 3:00 pm at St. Francis of Assisi Anglican Church in Airdrie for a day of Lenten meditations and prayer. This Lenten Season, why not take one day to re-connect with God's presence in your life. Please register by emailing FellowshipPrayerCalgary@gmail.com. Please list all dietary needs with Registration.

Holy Cross, Calgary: Lectio Divina: All are invited to The Anglican Parish of Holy Cross for an evening of silence, prayer and biblical meditation. **An Evening of Lectio Divina will be held on the second Tuesday of every month, starting at 6:30 pm, next on April 9th. Everyone is welcome.**

Mount St. Francis Retreat Centre: Geographical address: 41160 Retreat Road Cochrane, AB: **March 22-24, 2019 Women's Weekend - The theme is "Who do you say I am?"** To register please contact: Teresa Grice 403-329-8967 teresa.grice2@alumni.uleth.ca **March 29-31: Men's Serenity Weekend** To register please contact: Trent F. 403-803-1444 trent.foley@contractpro.ca **APRIL 12-14: Couples Weekend** To register please contact: Paul and Michelle Grover 403-808-8275 – chan-grover@shaw.ca

The Cathedral Church of the Redeemer: Concert Series 2019: May 4 (Voice and Harp, performed by Lizz Windnagel and Olivia Ritchey); and June 1 (the Cathedral Choir performing works for choir and organ). **All concerts begin at 5:45 pm** and will last approximately one

hour. **General admission is \$10.00**(cash only), payable at the door. Programme details are posted on the Cathedral website <http://www.anglican-cathedralcalgary.ca/cathedral-concert-series/> For further information, please call the **Cathedral Office: (403) 269-1905**.

Anglican Laity Retreat: Come to the Mount! This preached silent retreat comes at a perfect time – the weekend before Palm Sunday. Please join us. **Date: Friday dinner to Sunday after lunch, April 5 – 7;** Theme: "Who do you say that I am?"; Where: 41160 Retreat Road, Cochrane, Alberta; Cost: \$195 but nobody is turned away. Anything above that is eligible for tax receipt. www.mountstfrancis.ca **For Questions or to Register:** Leon/Statia Demers 403-242-1332 or leon-statia@shaw.ca



The Grief Support Group is open to anyone who has suffered a loss and who feels they would benefit from being with others who are travelling a similar journey.

A support group is a safe place where we can share our stories, pains and struggles but no one will be asked to give more than they are comfortable sharing. We ask that everyone make a commitment to attend all the sessions if possible.

A support group is a forum where you are not expecting an answer but know you have the freedom to ask the big questions, share the anguish and process the pain. It is not a therapy group but it is therapeutic. It is loving, caring, generous and concerned, healing and growth enhancing. It can also be fun!

If you are interested in being a part of this group please contact Laura Anne at the Parish Office.

Financial News

January 1 to February 28, 2019

Our deficit to the end of February is \$9,374, our deficit was \$11,469 to the same period in 2018. We pray that our deficit will stop growing in March, and shrink substantially in April.



St. Paul's News Bulletin

March 17, 2019



Parish Events

Today Sunday, March 17 Services—look for a Celtic flavour, in honour of St. Patrick's Day.

NEW SUNDAY SCHOOL CLASS Grades 4, 5 & 6 Starts today Our meeting with families of children under Junior High School age was amazing. PTL. We now have more teacher assistants and a new class for **Grades 4, 5 & 6** starting in Lent, today, with lead teacher Shannon Colle. **Please contact Gloria Ford if you are interested in helping with Sunday school.**

Lenten Study: "What Wondrous Love"—DVD Study using the artwork of John August Swanson. In addition to reflecting on the art shown in the video embedded below, each of our 5 Sessions will also include film depictions of the Passion of Our Lord, songs for reflection about the Cross, and a time of Lectio Divina. The studies are on Wednesdays until April 10, 10:30 a.m. and 7:30 p.m. All are welcome even if you haven't signed up! 14 people are attending.

This Saturday, March 23: Parish Council Focus Day from 9 am to 3 pm.

Next Sunday, March 24: Triple C service at 10:00 am

Celtic Service of Meditation: All are invited to attend a Celtic Service of Meditation on St. Gobnait, next Sunday, March 24 at 7pm at St. Paul's. Refreshments to follow. Thanks to Margaret Anne Knowles for continuing to craft these services for us. See you there!

Saturday, April 6: Alzheimer's Workshop. at St. Paul's. **Contact Nicola Peden to register. Registration starts at 8:30 am with the presentation going from 9 am to 2:30 pm. Cost \$25.**

Men's Breakfast: Saturday, April 20 at 8:30 am. All men 13 years and up are invited to come for great food and fellowship.

Ladies Potluck Luncheon: this Saturday, April 20 at 11:30 am. All ladies 13 years and up are invited to come for a time of fellowship. Please bring a dish to share if you are able.

Parish Council: We are looking for volunteers for the following positions: **Deputy Wardens, and Youth contact on Parish Council (a teen age 16 or older).** If you are interested in any of these positions or would like more information please contact the Wardens or Fergus.

Lenten material available from handout table in the Hall, Fergus' Book Nook outside his office and on our Parish Twitter account. Everyone is welcome to have a look.

Task Force: We are looking for volunteers for a task force to put benches on the church yard. If you are interested in working on this task force please contact the Wardens or Fergus.

Our website has been revamped! Thank you to Paul Bourgeois for all your hard work setting it up! **You can now hear the sermons and also donate online through CanadaHelps. The donation button is at the top right hand side of the screen.** Have a look at www.stpaulscalgary.ca.

Please also remember to like us on Facebook (we have 4 pages: see below. Also: StPaulsCalgaryYouth; toddlerstotweens; and historicstpaulschurch)), or follow us on Twitter. (see below).

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website: www.stpaulscalgary.ca

Incumbent: The Rev'd Fergus Tyson
Assistants: The Rev'd Cyril Haynes
The Rev'd Dr. Norman Knowles
The Rev'd Dr. Bob Mummery
Wardens: Rick Collier & Murray Sykes
Facebook Page: [stpaulscalgary](https://www.facebook.com/stpaulscalgary)
Twitter: @stpaulscalgary & @Pastor_Fergus
Pastor's Postings: pastorfergus.wordpress.com/

Outreach



PWRDF : This Lent we are focusing on PWRDF projects that work towards food security. For Rwandan farmers no two growing seasons are alike, and dealing with unpredictable weather can mean a struggle to maintain a healthy farm. When crops fail in areas that are already impoverished, the results can be catastrophic. PWRDF partner Partners in Health (PIH) has a food security program that is assisting 2,500 families across three districts in Rwanda. They teach a variety of sustainable farming techniques which significantly increase crop yields.

Anyone with used/new backpacks, travel bags, or used clothing, shoes, boots, any winter wear, new socks and underwear, and would like to give it to people in need, Gina Hoey would be happy to collect it and bring it to Alpha House. They are happy to receive anything we can give them in the way of clothing especially winter clothing. The need is great all year round but especially during the winter.

AgeCare Seton: The next service will be this **Monday March 18 at 10 am.** Thank you to Heather Johnson and Leona Zadour for participating in this ministry. If you would like to be a part of the team going please contact Fergus. Thanks, also, to Bob Mummery for leading when Fergus can't be present.

Inreach With many in our Parish congregation going through financial struggles at present due to the economy, a special fund has been set-up. Donations marked "Financial Help for Parishioners" are also welcome. If you are in need of financial help, or know of someone in our Parish who is (and you have their permission), please let Fergus know. He will maintain absolute confidentiality. This is one way we can care for one another, and all get through this challenging time together. Thank you to everyone who has donated to this fund, which presently sits at approximately \$1,800 with \$4,600 having been disbursed.

Habitat for Humanity Interfaith

Build: Soon the final phase of the campaign to raise \$1 million to build 10 affordable homes in Calgary for deserving low-income families will begin. With your participation along with dozens of other congregations, we are optimistic that we can achieve our desired goal. There is no better way to get involved than actually picking up a hammer and nail! Our Diocese is joining with our Christian, Jewish, and Muslim colleagues and friends in this noble project. Watch for more information to come on how to get involved



Pastoral Care

If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag please contact Robbie Collier.

If you'd like to be part of our Pastoral Care Team, please contact Fergus or Nicola Peden. Training (courses from the Roman Catholic Diocese, which are paid for by the Parish) is available.

Prayer Shawl Ministry will be meeting once a month on the second Wednesday of the month next meeting April at 1 pm. All are welcome!

Grief Support Group: If any one is interested or if you know of someone who may be interested please contact Laura Anne (403 256-1428) or Fergus. This is open to anyone who is interested, you don't have to be a member of the Parish. **Our next meeting will be Monday, March 18 at 1 pm.**

Welcome

A word to newcomers and visitors: St. Paul's welcomes you and invites you to make this your church home. Please indicate on a pew card, located in the pew racks, how we can help you feel part of the family. Please place the card on the offering plate or hand it to one of the clergy or Parish Council members.

If you are a newcomer, please sign our guest book which is on the stand by the sanctuary doors

Opportunities to Serve

Coffee Time: Next Sunday will be **Team 4:** Smooth Operators: **Surnames Q-Z**

2019 Flower Chart is on the sign up board by the kitchen. Please remember to fill out a Dedication form and leave it in the envelope when you sign up. The cost for flowers is **\$30.00** and it can be put in your envelope and marked for flowers.

Prayer Chain Requests: Please contact Dinah Breu with your prayer requests.

Casserole Ministry: If you know of anyone who would benefit from receiving a casserole. Please contact Linda Hubert.

Cards Ministry: Gail Munro will send greetings on behalf of our parish to anyone in the parish who is ill, etc.

Living Waters: Sunday, March 31 is the deadline for *Living Waters* submissions for the March Edition. Please submit to office@stpaulscalgary.ca or by hard copy to the office.

Rides Assistance: If you need or can help provide rides for members who have a hard time getting to services, appointments or visiting

their loved ones, please contact the office.

Sign: We'd like to change the sign more regularly, but to do this we need helpers. If you can help, please contact Paul Bourgeois or the Office.

Servers: We are looking for more volunteers to be servers at our Sunday services **Adults are welcome to join this ministry.**

Sunday School: *Thank you, Gloria Ford, for volunteering to be our new Sunday School coordinator. You're an answer to prayer! We pray that God's blessings will be poured out upon and through you as you serve in this ministry.*

Monthly Cleaning Volunteers we are looking for Monthly Cleaners. All supplies are provided and instructions on what needs to be done. The sign up sheet is in the Hall If you would like more info. please contact Laura Anne at the Parish Office.

Altar Guild: *Robbie Collier has volunteered to coordinate the Altar Guild. If you have been serving on the Altar Guild or you are interested in serving please let Robbie know.*

Are you moving? Downsizing? Fall cleaning? Please check our parish wish list below to see if there are any items you could repurpose and help us out...thanks! WISH LIST ✓Card tables – some of ours are starting to get unstable ✓Power washer so north door area can be cleaned more often ✓Cover for BBQ so person barbecuing at our parish events stays dry if it is raining ✓2 couches for back room to replace the very low recliner one currently in there.

Weekly Activities at St. Paul's:

Mon.: Bible Study 1:00 pm
Grief Support Group: 1 pm March 18, April 1 and 15

Tues.: Young at Heart 1 to 3 pm Phone the office for information (e.g. meeting location)
Prayer Group 1:30 to 2:30 pm 1st and 3rd Tuesdays

Wed.: Holy Eucharist 9:30 am
(Grey Booklet 1st to 3rd, BCP 4th, and Celtic 5th Wednesdays.)
Bible Study 10:30 am Studying the Sunday readings
Lenten Study: 10:30 am and 7:30 pm
Prayer Shawl Ministry (2nd Wednesday each Month)

Thurs.: TOPS: 6:30 pm
Après EFM: 1st and 3rd 7:00 pm
Choir practice 7:30 to 8:30 p.m. (If you'd like to join the choir, please contact Paul Bourgeois)